



The Magazine for the Parish of Chigwell & Chigwell Row

September 2025



£1

where sold,
online free!

St Mary's Church, Chigwell Village
All Saints' Church, Chigwell Row
St Winifred's Church, Chigwell



The Churches in Chigwell and Chigwell Row, open & online

St Mary's Church

High Road, Chigwell IG7 6QA www.stmaryschigwell.org.uk

Churchwarden: Joy Madeiros 07976 803887

Sunday Services: 9:15am – traditional CofE service
10:45am – service on a big screen with a blend of informality and liturgy, and our children's group, Treasure Seekers, during term time.

Morning Prayer: 9:00am on Wednesdays



All Saints' Church

Romford Road, Chigwell IG7 4QD www.allsaintschigwellrow.org

Churchwardens: Helen Ellis-Poole 07887 731320
Cindy Barber 07506 387070

Sunday Service: 10:00am

Morning Prayer: 9:00am on Thursdays

Holy Communion: 9:15am, on 18th September, in lieu of Morning Prayer



St Winifred's Church

Manor Road, Chigwell IG7 5PS www.stwinifredschurch.org.uk

Churchwarden: Daniel Forshaw 07591 857657

Sunday Service: 11:15am with Tiga Club
on the 2nd & 4th Sundays

Morning Prayer: 9:00am on Tuesdays



Morning Prayer is online as well as meeting in person as above. It is hosted on the Parish of Chigwell & Chigwell Row Facebook page at 9:00am on Tuesdays, Wednesdays and Thursdays. Watch live or later.

The Parish of Chigwell & Chigwell Row is part of the [Vale of Roding](#) benefice, alongside the parishes of Lambourne with Abridge, and Stapleford Abbotts.

Paula writes...

There is a Season

As I write we are in the closing days of the Summer Holidays and looking forward to the Autumn and I am reminded of the well-known words in the book of Ecclesiastes:



*There is a time for everything,
and a season for every activity under the heavens: The Bible.*

If you have been able to get to our church services in July and August, I hope you have enjoyed and learned something new from our sermon series on Heroes of the Old Testament. I have certainly enjoyed re-visiting these texts and digging a bit deeper in the characters of each one and I hope you have too.

At the All Saints' Summer Fayre in June, one of the activities on the programme was:

“Have a go at Bell Ringing”. The Bell tower was open and fair goers had the opportunity to have a go at ringing one of the eight refurbished bells. We were under the close supervision of Fred, our Tower Master together with Margaret, Perry and others from the Essex Association of Change Ringers (EACR).

Learning any new skill requires perseverance, practice and the patience of good teachers. Taking up bell ringing for me has been a big challenge, and to be honest I find it quite difficult. However, I do get a great sense of satisfaction when I realise I am making progress and remembering the basics. We do have good and patient teachers and it's been lovely to get to know some new people too.

In the learners' workbook from the Central Council of Church Bell Ringers the introductory paragraph says:

“Welcome, new bell-ringer!

You are beginning to learn an art which has been developed and passed from generation to generation in Britain for three hundred years. It’s a wonderful blend of SPORT, MUSIC, EXERCISE, FRIENDSHIP, A CHALLENGE TO YOUR WITS AND SKILL, WONDERFUL SATISFACTION WHEN YOU GET IT RIGHT, AND A SERVICE TO THE CHURCH.”

Our group meets at 7:30pm on Mondays in the All Saints’ Bell Tower and includes people of all ages. As a novice bell ringer I have experienced all the benefits listed above. Taking up bell ringing has been a positive move for me, and I can recommend it. So, if you’d like to join us, please do. There is, of course, a well-established ringing band that practises at St Mary’s on Thursday evenings and rings on Sunday mornings before the 9:15am services, why not make enquiries about joining in with them too.

As we look forward to the new term with all its potential and challenge, let’s pray that it will be a season of mellow fruitfulness for all of us.

With my love and prayers

Paula

Team Vicar

**There is a time
for everything,
and a season for every
activity under heaven...**





Parish Registers

We welcomed in Baptism ...



Hector James Arthur Murphy	17 th August	St Mary's
Rhea-Jane Jorge Powell	31 st August	St Mary's
Ozley Arthur John Powell	31 st August	St Mary's
Asma Cheema (Ash)	31 st August	St Winifred's

And reaffirming her baptism

Temitayo Sarah Adekunjo	31 st August	St Winifred's
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We celebrated the Weddings of



Ellis Mitchell Jordan & Gabriella Ada Erratt	25 th July	Chigwell School
Benjamin Anojan Veluppillai & Monisha Santheswaran	1 st August	All Saints'

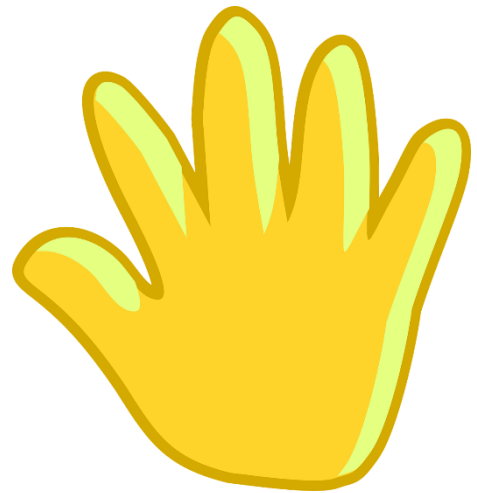
We mourned the loss of ...



Beryl Edith Dredge	2 nd July	Funeral	St Mary's Church & Forest Park Crematorium
Roger Derek Ball	7 th July	Funeral & Burial of Ashes	St Winifred's Church & St Mary's Churchyard
Pamela Margaret Harper	4 th August	Burial of Ashes	St Mary's Churchyard
Iris Christine Hansen	19 th August	Funeral	St Mary's Church & Chigwell Cemetery

The Rev'd Dr Jo White considers ...

Reflecting Faith: Saying 'farewell'



Last time, we considered how we are welcomed at the beginning of a church service, as we come together to enter into the real presence of God.

This month let's consider how we say 'goodbye' at the end of the service.

For the leader of the service doesn't just say something like, "Thanks for coming, lovely to see you - have a great week." Rather, there's a promise and a blessing for each of us as we take what we have 'received' from the service into the world.

So the crunch question is: what do you get out of coming to a church service?

The ideal is: You have been met with a friendly welcome followed by music you love, played at the perfect speed with no squeaky singers in the congregation. Then, an inspiring sermon which gives you something to think about for the coming week. After that, prayers that speak of what is on your heart and what you have heard on the news that week. Finally, good fellowship and a cuppa after the service, where you can feel part of 'them', rather than ignored because you are only visiting.

Following all that good stuff, you go out of the church with a spring in your step!

Of course, in the real world not all those boxes get ticked.

But still we can go to church with hope, and ideally, we leave it in peace. The time that we spend together is the 'easy' bit. The real challenge begins when we go out the door and back into the daily

round of home life and work. But we can be sure that we do not leave God at the church door. He always comes home with us, and He is there to help us throughout the coming week. That is why we can indeed 'go in peace'.

This month

When you next go to a church service take note of the leader's closing words and your expected responses to them. How heartily can you agree with them? How do they make you feel?

Reflecting Faith: First Impressions

This series has recently been looking at the opening and closing words of most church services.

They usually go something like this:

(In) The Lord be with you. And also with you.

(Out) Go in the light and peace of Christ. Thanks be to God.

This month let's consider what's pretty much the very next thing we generally do / say at the start of the service.

We acknowledge how great God is: the recognition of His power and might, His goodness and mercy as well as His ability to give us never-ending love. This makes us realise how 'little' we are and how we have not been as loving and forgiving to others – and indeed to ourselves – as we could have been.

This is sometimes called the 'Prayer of Humble Access'.

In a way it mirrors the prodigal son when he returns to his father. The son had demanded his inheritance NOW and then rushes off to have a good time in all the 'usual' ways, followed by poverty and having to work in the lowliest of jobs just to keep alive. Eventually he realised that even the pigs in his father's house lived better than he did – so he decides he will humble himself and return home. He

doesn't expect to go back to his previous standing, but rather to beg forgiveness and ask to be a servant.

It's the ending of this story that is so exciting. The prodigal's father is told of his wayward son's approach, and everyone is expecting him to turn away. Instead he rushes out to meet and greet him. Not waiting for an apology or a begging word, the father covers him in rich clothes, holding his (no doubt) smelly body close and just loving him.

And spiritually that is what God does to each of us, as we come deliberately and consciously into His presence and turn to Him. He holds us close and forgives us.

This month

Next time you go to a church service, take note of the words you are asked to say close to the beginning and the wording of 'forgiveness' said over you. Then having been forgiven, try not to stir whatever it was up again – God won't.

Prayer of Humble Access

We do not presume
to come to this thy table, O merciful Lord,
trusting in our own righteousness,
but in thy manifold and great mercies.
We are not worthy
so much as to gather up the crumbs under thy table.
But thou art the same Lord,
whose property is always to have mercy:
grant us therefore, gracious Lord,
so to eat the flesh of thy dear Son Jesus Christ,
and to drink his blood,
that our sinful bodies may be made clean by his body,
and our souls washed through his most precious blood,
and that we may evermore dwell in him, and he in us.
Amen.



The Nicene Creed is one of the most enduring statements of faith, uniting us with believers down the centuries and around the world.

It is 1700 years since its development.

Join our Benefice Autumn Course to learn more about what *We Believe*...

Wednesdays 1-29 October
in person: 10:30am, All Saints' House (IG7 4QD)
on Zoom: 7:30pm, details to follow

Sign up in church or contact the Parish Office.
Phone/WhatsApp: 07835 721815
Email: office.parish@gmail.com

Our series on the Nicene Creed continues this month. Canon Paul Hardingham considers a bedrock of our Christian belief: that Jesus is the Son of God.



The Nicene Creed part 3: The Incarnate Jesus

For us men and for our salvation He came down from heaven; by the power of the Holy Spirit.

He became incarnate of the Virgin Mary, and was made man. For our sake He was crucified under Pontius Pilate; He suffered death and was buried.

In this study we are looking at what the Nicene Creed says about the ministry of Jesus on earth.

‘For us men and for our salvation He came down from heaven’: Jesus came down to earth to save us all. Salvation involves healing and rescuing us from the wrong things in our lives, which result in death itself. The Creed demonstrates the importance of having a proper understanding of Christ that safeguards the gospel of salvation. *‘For the Son of Man came to seek and to save the lost.’* (Luke 19:10).

‘by the power of the Holy Spirit He became incarnate of the Virgin Mary, and was made man’:

Although the word *‘incarnate’* doesn’t appear in the New Testament, it expresses the meaning of Jesus’ birth. Heresies of the time included Adoptionism (ie Jesus became God’s Son only at His baptism) and Docetism (ie Jesus appeared to be human, as a fully divine being). The incarnation affirms that the divine son, was conceived in Mary’s womb by the power of the Spirit and born in time as a human being: *‘The Holy Spirit will come on you, and the power of the Most High will overshadow you. So the holy One to be born will be called the Son of God.’* (Luke 1:35). If Jesus was not conceived both fully divine and human, the Christian understanding of salvation is lost.

‘For our sake He was crucified under Pontius Pilate; He suffered death and was buried’:

In the Creed we move straight from Jesus’ birth to His death, which is the climax of His ministry. Jesus dying for our sins on the cross lies at the heart of God’s plan of salvation. The mention of Pontius Pilate roots our faith in history and reminds us of the important part people played in God’s plan. *‘He himself bore our sins in His body on the cross, so that we might die to sins and live for righteousness; by His wounds you have been healed.’* (1 Peter 2:24).

What is the place of the incarnation in your understanding of the Christian Faith?

The Nicene Creed part 4: The Ascended and Returning Jesus

On the third day He rose again in accordance with the Scriptures; He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and His kingdom will have no end.

This time we are looking at what the Nicene Creed says about the present and future ministry of Jesus.

‘On the third day He rose again in accordance with the scriptures’: Jesus’ resurrection is central to the Christian Faith, for as Paul says, without it *‘our preaching is useless and so is your faith.’* (1 Cor 15.14). The Resurrection demonstrates the triumph of Jesus over sin and death, as well as recognising the breaking in of the new creation and Jesus as Lord over creation. The Creed affirms that it also fulfils the promises of Scripture, as Jesus explains on the Road to Emmaus: *‘And beginning with Moses and all the Prophets, Jesus explained to them what was said in all the Scriptures concerning Himself.’* (Luke 24:27).

‘He ascended into heaven and is seated at the right hand of the father’: In the Creed, the Ascension is given equal weight to the Cross and Resurrection, as Jesus is restored to the place of honour alongside His Father. With Christ seated on the throne, there is now a

man on the throne who is also God the Son. In His absence on earth, Jesus sends His Spirit to live in believers, ‘Exalted to the right hand of God, He has received from the Father the promised Holy Spirit and has poured out what you now see and hear.’ (Acts 2:33). He remembers His people, ‘because He always lives to intercede for them’ (Hebrews 7.25).

‘He will come again in glory to judge the living and the dead, and His kingdom will have no end’: Jesus will return in judgement as *‘the one whom God appointed as judge of the living and the dead.’* (Acts 10:42). God will put all things right, punishing all evil and establishing His full reign over everything. In contrast to human judgment, which is always partial and subject to error, this final judgment will be utterly true and right, because God knows our hearts completely.

How much does the idea of judgment help make sense of the fate of evil in the world?

Online Services



‘Online’ or ‘Live streaming’ services essentially started during the Covid lockdowns in 2020, as many churches filmed their services and broadcast them through YouTube or other channels. It was difficult to know how many of their members actually watched these services, although YouTube did count the number watching at any particular moment.

The Church of England (C of E) attempted to collect details from its 15,500 churches of those providing such service filming and broadcasting – what they called ‘Church at Home’. These numbers, being based on a large percentage of churches who replied, have given some idea of the impact caused by Covid on church attendance.

In 2020 it was estimated (across all denominations) that attendance was about 44% of what it might have been with no Covid.

When in 2021 some relaxations were allowed, total English attendance was 78% of the pre-Covid attendance trend. In 2022, when virtually all restrictions had been withdrawn it was 87%, and in 2023 it was 94%.

Cathedrals tend to have attenders spread over a wider geographical area, and most do film and record their main service (97% did so in 2020 and 94% in 2021, falling to 82% in 2022 but increasing to 93% in 2023, the latest figure. In 2020 64% of services were downloaded, 34% in 2021, but 49% in 2022 and 43% in 2023.

It shows that the number of churches and cathedrals live-streaming their services has dropped in the last three years (as might be expected as greater numbers returned in person). While this suggests a continuing decline in live-streaming, it is still a very useful aid for older members of the congregation unable easily to get out or those in Care Homes.

By Peter Brierley. Sources for this article: Cathedral Statistics 2023 and Statistics for Mission 2023, Data Services Team, Church of England, May and December 2024 respectively.







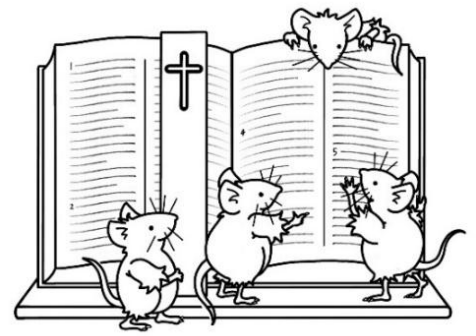
Thank you to everyone who helped make St Win's Anniversary so special.

All Saints' had some special visitors too, Andy & Lynne Neale, on furlough from Spain.



And fun at the Benefice BBQ!

Canon Paul Hardingham continues his series on the books of the Bible.



What's the Big Idea?

An Introduction to the Books of the New Testament:

1 & 2 Corinthians

'When people become Christians, they don't at the same moment become nice. This always comes as something of a surprise'
(Eugene Peterson).

After founding the church in Corinth Paul spent a year and a half with them, showing them how to live out this new life as a community of believers. Corinth was a major commercial centre in Greece and a crossroads for travellers and traders across the Empire. Its people placed a high premium on wisdom, but Corinth was also known for its immorality. Little wonder that the church was plagued with so many problems! However, after Paul left the church factions developed, immorality was rife, and worship had become a selfish grabbing for the supernatural. Paul's letter, written around AD 55 in Ephesus, is a response to these problems.

It is clear that, although the church was gifted (1:4–7), it was immature and unspiritual (3:1–4). Paul's purpose for writing was to:

- instruct and restore the church in its areas of weakness, correcting erroneous practices such as divisions (1:10—4:21), immorality (ch. 5; 6:12–20), litigation in pagan courts (6:1–8) and the abuse of the Lord's Supper (11:17–34).
- correct false teaching concerning the resurrection (ch. 15).

This letter is very relevant for us today, as we are also powerfully influenced by our cultural environment. Many of the questions and problems that confronted the church at Corinth are still with us. Yet despite the problems, Paul's focus remained on knowing Christ in His life and trusting in the power of the cross: *'For I resolved to know nothing while I was with you except Jesus Christ and Him crucified.'* (2:2).

2 Corinthians: *‘For anyone operating under the naïve presumption that joining a Christian church is a good way to meet all the best people and cultivate smooth social relations, a reading of Paul’s Corinthian correspondence is the prescribed cure’ (Eugene Peterson).*

Paul sent four letters to the Corinthian church: one mentioned in 1 Cor. 5:9; 1 Corinthians; a ‘severe’ letter mentioned in 2 Cor. 2:3–4; and 2 Corinthians sent around AD 55 around a year after 1 Corinthians.

Paul had a number of reasons for writing this letter:

- To express the joy he felt at their response to his painful letter (1:3-4; 7:8-9, 12-13).
- To share his troubles in Asia (1:8-11) and why he changed his travel plans (1:12-2:4).
- To ask them to forgive those who had offended him (2:5-11).
- To warn them not to be “*yoked together with unbelievers*” (6:14-7:1).
- To explain the true nature of Christian ministry (2:14-7:4).
- To encourage them in giving and completing the collection for the Jerusalem Christians (chs. 8-9).

To deal with the opposition (chs. 10-13) and prepare for his coming visit (12:14; 13:1-3, 10).

In this very personal letter Paul defends his leadership against accusations of inconsistencies in motives and credentials. A major theme concerns the relationship between suffering and the power of the Spirit. His opponents argued that Paul *suffered too much* to be a Spirit-filled apostle.

Paul responds by saying that his sufferings embody Christ’s death and his endurance reveals God’s glory: *‘He said to me, “My grace is sufficient for you, for My power is made perfect in weakness.” Therefore, I will boast all the more gladly about my weaknesses, so that Christ’s power may rest on me.’* (2 Cor 12:9).



**ST
WINIFRED'S**

Quiz Night

Join us for a fun Quiz Night
at St Winifred's Church Hall,
Manor Road, Chigwell IG7 5PS

**SATURDAY, 4TH OCTOBER
6:30 FOR 7:00PM**

RAFFLE

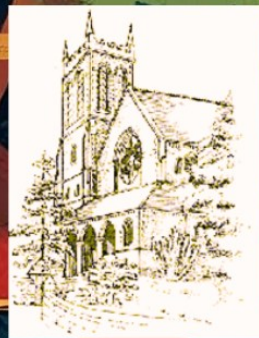
TICKETS £5

BRING YOUR OWN FOOD & DRINK

More Info : stwinifredschurch.org.uk

ALL SAINTS' CHURCH HALL

CHIGWELL ROW IG7 4QD



Barn Dance

Saturday 11th October

7:00 for 7:30pm

Tickets £10 (concessions £7), bring your own food & drink, hot drinks provided. Raffle.

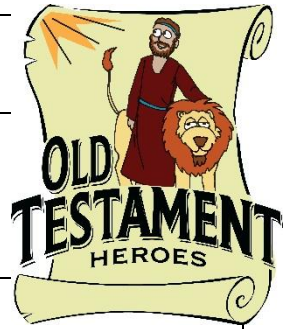
Raising funds to install a toilet and kitchenette in the church.

Book your tickets: office.parish@gmail.com

or phone/WhatsApp 07835 721815

allsaintschigwellrow.org

Sunday Services & Readings for September



Sunday 31st August 11th Sunday after Trinity	Daniel: Daniel 6:10-26 Luke 14:1, 7-14
St Mary's: All Saints': St Mary's: St Winifred's:	9:15 Holy Communion CW 10:00 Holy Communion 10:45 Morning Worship 11:15 Morning Worship
Sunday 7th September 12th Sunday after Easter	Ruth: Ruth 1:15-22 Luke 14:25-33
St Mary's: All Saints': St Mary's: St Winifred's:	9:15 Holy Communion BCP 10:00 All Age Holy Communion 10:45 All Age Morning Worship 11:15 All Age Holy Communion
Sunday 14th September Holy Cross	Numbers 21:4-9 John 3:13-17
St Mary's: All Saints': St Mary's: St Winifred's:	9:15 Holy Communion BCP 10:00 Morning Worship 10:45 Morning Worship 11:15 Morning Worship
Thursday 18th September	
All Saints'	9:15 Holy Communion
Sunday 21st September 14th Sunday after Trinity	Jeremiah 8:18-9:1 Luke 16:1-13
St Mary's: All Saints': St Mary's: St Winifred's:	9:15 Holy Communion CW 10:00 Holy Communion 10:45 Morning Worship 11:15 Holy Communion
Sunday 28th September 15th Sunday after Trinity	Jeremiah 32:1-3, 6-15 Luke 16:19-31
St Mary's: All Saints': St Mary's: St Winifred's: All Saints' House:	9:15 Matins 10:00 Morning Worship 10:45 Holy Communion 11:15 Holy Communion 4:00pm Café Church
Sunday 5th October Harvest	Deuteronomy 26:1-11 John 6: 25-35
St Mary's: All Saints': St Mary's: St Winifred's:	9:15 Holy Communion BCP 10:00 All Age Holy Communion 10:45 All Age Morning Worship 11:15 All Age Morning Worship



Parish Diary

For Sunday services, please see the Sunday Readings page.



Date	Time	Event	Venue
Mondays	8:00pm	Hour of Prayer	circulates around the benefice
Tuesdays	9:00am	Morning Prayer	St Win's Church
Wednesdays	9:00am	Morning Prayer	St Mary's Church
	10:30am	'Open House'	St Mary's Church
	6:15pm	Time 2 De-stress	All Saints' Church
Thursdays	9:00am	Morning Prayer	All Saints' Church
	10:30am	'Open House'	St Mary's Church

Mon 1 st Sept	8:00pm	Hour of Prayer	Stapleford Abbots
Tuesday 2 nd	3:00pm	Monthly Service	Lambwood Heights
Wed 3 rd	10:00am	Ladies' Coffee & Chat	St Win's Church
Thursday 4 th	9:45am	Hour of Cleaning	All Saints' Church
Monday 8 th	8:00pm	Hour of Prayer	St Win's Church
Tuesday 9 th	2:30pm	Let's Make Music	All Saints' House
Thursday 11 th	7:30pm	Thursday Club	All Saints' House
Monday 15 th	8:00pm	Hour of Prayer	St Mary's Church
Tuesday 16 th	2:30pm	Time 4 Tea	All Saints' House
Thursday 18 th	9:15am	Parish Holy Communion	All Saints' Church
Saturday 20 th	8:00am	Men's Breakfast	All Saints' House
	8:30am	Ladies' Breakfast	St Mary's C/rooms
Monday 22 nd	8:00pm	Hour of Prayer	Lambourne Church
Tuesday 23 rd	2:00pm	Time 4 God	All Saints' House
	8:00pm	PCC	St Win's Church
Sunday 28 th	4:00pm	Café Church	All Saints' House
Monday 29 th	8:00pm	Hour of Prayer	All Saints' Church
Wed 1 st Oct	10:00am	Ladies' Coffee & Chat	St Win's Church
	10:30am	Autumn Course	All Saints' House
	7:30pm	Autumn Course	Zoom
Saturday 4 th	6:30pm	Quiz	St Win's Hall
Sunday 5 th		Harvest Services	
	12:30pm	Parish Lunch	St Mary's C/rooms

Keep up to date with the Parish Calendar on GCal: bit.ly/3H5LXS7

Please contact the Parish Office for further information about any events.

Holy Days: 14th September: Holy Cross Day

On Holy Cross Day the Church celebrates the Cross as a symbol of triumph, as the sign of Christ's victory over death. Holy Cross Day goes right back to 14 September 335, and we have the mother of a Roman Emperor to thank for it.

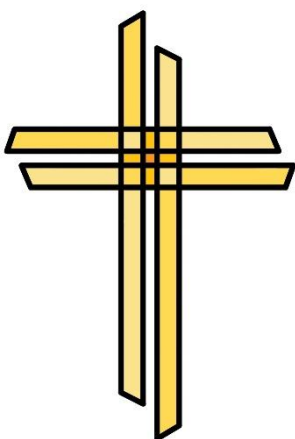


Helena was a devout Christian, and after her son, Constantine, was converted, they agreed that she should travel from Rome to Israel, and seek out the places of special significance to Christians.

Of course, much of Jerusalem had been destroyed by the Romans around 135 AD. But even so, Helena finally located what she believed to be the sites of the Crucifixion and of the Burial (and modern archaeologists think she may well be correct). The sites were so close together that she built one large church over them - the Church of the Holy Sepulchre.

That church, built in honour of the Cross, was dedicated on 14th September 335.

The sign of the Cross has been used by Christians since early times. Tertullian, writing his *De Corona* (3:2) around AD 211, noted that Christians seldom did anything significant without making the sign of the cross.



What is its significance? Well, people often put their initials or some sort of personal mark on something to show that it belongs to them. The Cross is the personal mark of our Lord Jesus Christ, and we mark it on ourselves as a sign that we belong to him. Even in the book of Revelation, we read that the servants of God are 'sealed' or 'marked' on their foreheads as a sign that they are His.

A preacher once put it this way: if you were explaining to someone how to make a cross, you would say: "Draw an I." That is you standing before the Lord, saying, 'here I am'. Then cancel that vertical stroke with a horizontal stroke – as if to say: "Lord, I abandon my self-will and make you the centre of my life instead. I abandon myself to your love and service."

On Holy Cross Day, we recall Jesus' wonderful promise: "And when I am lifted up, I will draw all men unto me." (John 12:32)

**Holy Days: 19th September:
Theodore of Tarsus
Archbishop of Canterbury in troubled times**



Theodore had several things in common with Justin Welby: despite living in troubled times, and in the aftermath of a severe national plague, he made extensive tours of his archbishopric, spoke at many Synods, and worked tirelessly to unite the bickering factions of the Church in England.

But, unlike Justin Welby, Theodore did not start off as English. He was a Greek living quietly in a Roman monastery when in 664, after Archbishop Deusdedit died, the Pope began looking for a new Archbishop of Canterbury. Theodore was recommended as a good candidate, even though he was not even ordained at the time.

The Pope moved quickly: Theodore was ordained deacon, and four months later (when his hair had grown long enough) he was ordained priest and immediately consecrated bishop. Then he was sent, with some companions, off to Canterbury to be Archbishop. It was a very long journey, but Theodore used the weeks on the road well: by the time he arrived in Canterbury he could at least speak English.

Theodore arrived in Britain in May 669 and soon set about strengthening the leadership of the Church through appointing more bishops, improving administration and order, and setting up a yearly meeting for the whole church.

His main challenge was settling the areas with Celtic tradition and bringing them gently but firmly into the Roman Church. He wisely allowed a blending of Roman and Celtic traditions, which went well, and which began to give a common and unique identity to the church in Britain.

Theodore's legacy was immense: he is regarded as being the principal force behind the common Church in Britain. He was a gifted theologian and teacher, teaching science, astronomy, law, Latin and Greek. Above all, Theodore was an astute church politician and a visionary leader. Little wonder he is credited with having overseen one of the most fruitful periods of the church in Britain.

Next to you and lonely

(Matthew 25:40)

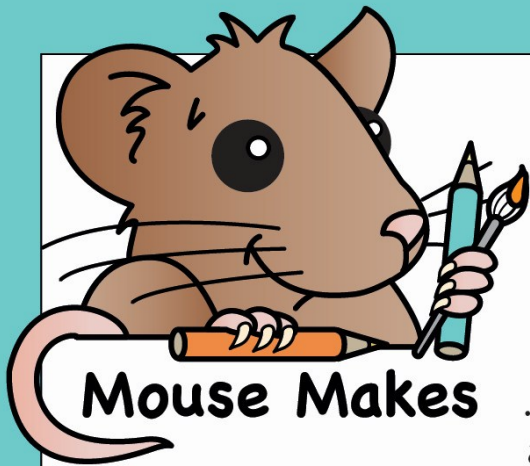
Cups of tea and people,
People who do and who know.
People with purposeful expressions,
Their eyes searching beyond her, through her,
The invisible one.
She's next to you and she's lonely.

Smiles and one-way conversations,
With thoughts and eyes elsewhere,
Never noticing the masks of brightness
Hiding hurting children,
The tired ones,
Who are next to you and lonely.

And the makers of the cups of tea,
The knowers and the doers,
Those who smile and seem to have so much.
They too wear masks that hide their crying,
The *together* ones
Sit next to you and are lonely.

by Daphne Kitching





Mouse Makes

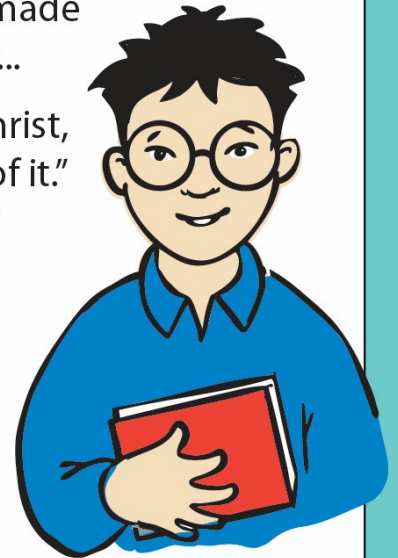
"Just as a **body**, though **one**, has **many** parts, but all its many **parts** form one body, so it is with **Christ**. For we were all baptised by one **Spirit** so as to form one body... Even so, the body is not made up of one part but of many..."

...Now you are the body of Christ, and **each** one of you is part of it."

from 1 Corinthians 12:12-27

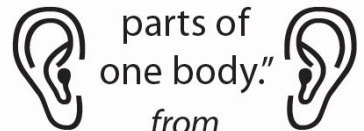


Just as the different parts of our body need each other to make a **whole**, living person so Christians need each other to make a whole living church!



"Though we are many, we are one body in **union** with Christ, and we are **joined** to each other as **different** parts of one body."

from Romans 12:1-7



K N E E S
J O W H O L E
T E E T H H Q J V
E A F H E A D O E
Y C F M A N Y I R
H E B O D Y N Y
C E Y E S D E F
H T K C P M D I
R U Q U I O I N
I N F T R U F G
S I M O I T F E
T O G E T H E R
O N O S E A R S
N G D B Q I E N
G I W O U A N F
V U F A P A R T S M
K E T L R L M V Y D
B W S L E G S Q E B

Look in the Bible verses for the words written in **bold** then look for these words too!

GOD • TOGETHER • EQUAL • ALL • EVERY
HEAD • EYES • EARS • MOUTH • TONGUE
TEETH • NOSE • ARMS • HANDS • FINGERS
LEGS • KNEES • FEET • TOES • GIFTS



WORDSEARCH

On 3rd September, the Church remembers St Gregory the Great (540 – 604AD), one of the most important popes and influential writers of the Middle Ages. He is well worth remembering, because he also changed the course of history in the British Isles. The son of a very rich Roman senator, Gregory converted as a young man, and then sold his vast estates to found six monasteries in Sicily and a seventh in Rome. He gave generously to the poor and became a monk.

Christians in England owe him a great deal. When Gregory came across some English slaves for sale in Rome, he asked who they were, and was told, “They are Angles.” Moved with compassion for these despised men, he replied, “They are not Angles, but angels!” He planned to go to England to evangelize the Angles, but plague broke out in Italy about 590, and during this time he was elected Pope. But Gregory did not forget the Angles. In 596 He sent Augustine to England, and so indirectly became the apostle of the English.

How many words can you find on these themes in this month’s Wordsearch?

Words to search for:

Gregory	history	son	Roman
senator	converted	young	estates
monasteries	generous	poor	monk
English	slaves	angels	angles
plague	Pope	apostle	elected

N	G	R	A	N	G	L	E	S	A	L	T
O	A	D	O	O	G	T	E	T	D	O	E
Y	H	S	N	T	M	V	S	L	E	S	L
M	S	P	H	H	A	P	O	S	T	L	E
O	H	S	I	L	G	N	E	N	R	E	C
N	O	P	S	U	O	R	E	N	E	G	T
K	S	E	T	A	T	S	E	S	V	N	E
N	Y	R	O	M	A	N	N	G	N	A	D
S	E	I	R	E	T	S	A	N	O	M	G
E	P	O	Y	L	O	I	S	U	C	R	S
G	O	P	L	A	G	U	E	O	N	E	Y
P	P	S	D	L	R	O	E	Y	N	R	E

Bible Bite

A short story from the Bible

It can be read in the Bible in Ruth chapters 3 and 4

Naomi and Ruth had returned to Bethlehem as widows. Ruth had worked during the harvest in the fields of Boaz, a near relative.

Naomi told her daughter-in-law Ruth

You need someone to marry and look after you. I have a plan

I will do all you ask of me.

So Ruth went to where the grain was threshed. Boaz was on guard that night..

but she stayed out of his sight until he was asleep.

Then she uncovered his feet and lay down by them.

At midnight, Boaz woke, and was shocked to find her there.

As my relative who must look after me, will you marry me?

You have a closer relative; I will ask him tomorrow. If he will not marry you, I will do so gladly. Lie down now, and sleep.

Just before dawn, Ruth returned to Naomi.

All we can do now is wait.

Boaz went to the meeting place, and waited for the relative to pass.

Naomi wants to sell the land she inherited from her husband, and as nearest relative, you get first refusal.

I want to buy the land.

Then you must marry Ruth as the land must be inherited by her son

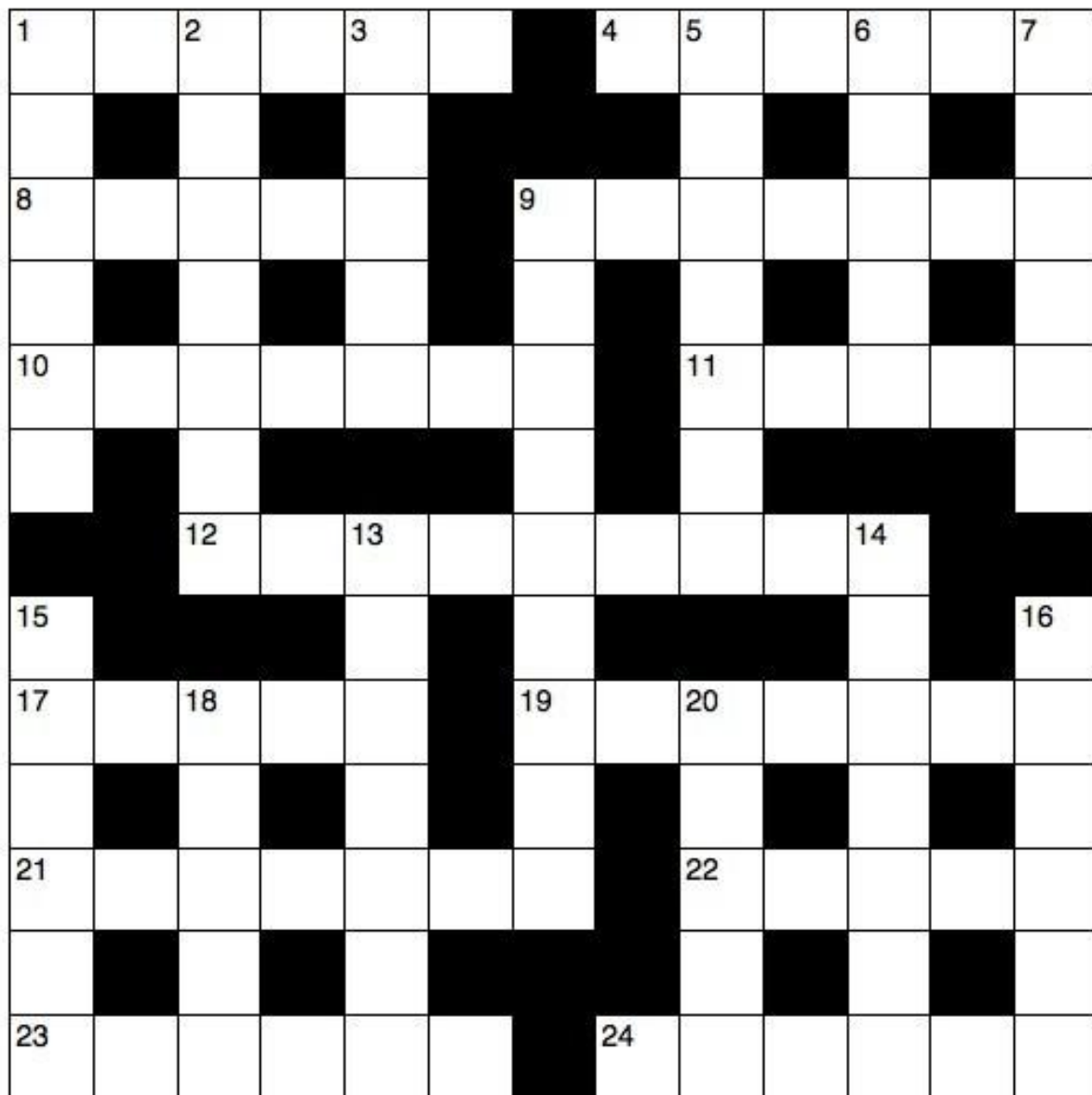
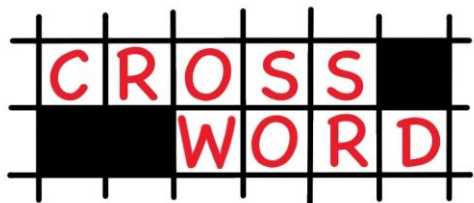
In that case, I don't want to buy it.

Then I will buy the land and marry Ruth.

So Boaz married Ruth and they had a son.

and he was an ancestor of King David!

My life is no longer bitter!



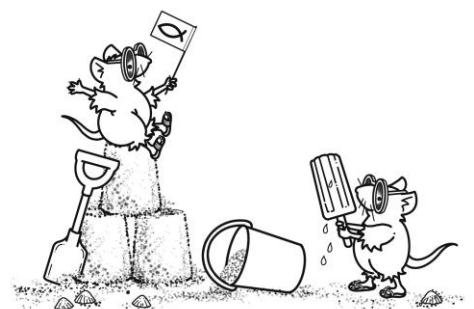
ACROSS

- 1 'The people were — at his teaching' (Mark 1:22) (6)
- 4 'He saved —; let him save himself' (Luke 23:35) (6)
- 8 He addressed the crowd in Jerusalem on the day of Pentecost (Acts 2:14) (5)
- 9 Father of James and John (Matthew 4:21) (7)
- 10 One who charges another with an offence (Job 31:35) (7)

- 11 ' — thy ministers with righteousness' (Book of Common Prayer) (5)
- 12 and 15 Down 'All — is God-breathed and is — for teaching, rebuking, correcting and training in righteousness' (2 Timothy 3:16) (9,6)
- 17 'No — of the field had yet appeared on the earth and no plant of the field had yet sprung up' (Genesis 2:5) (5)
- 19 Made to feel embarrassed (Isaiah 24:23) (7)
- 21 This man built his house on sand (Matthew 7:26) (7)
- 22 David's hypocritical message to Joab on the death in battle of Uriah: 'Don't let this — you' (2 Samuel 11:25) (5)
- 23 Detest (Job 10:1) (6)
- 24 'God made two great lights, the greater light to govern the day and the — light to govern the night' (Genesis 1:16) (6)

DOWN

- 1 To make a serious request (1 Corinthians 1:10) (6)
- 2 Launches an assault against (Genesis 32:8) (7)
- 3 'The wicked man — deceptive wages' (Proverbs 11:18) (5)
- 5 Tuba ale (anag.) (7)
- 6 'The day thou gavest, Lord, is — ' (5)
- 7 Old Testament measure of weight, equivalent to about 12 grammes (Exodus 30:13) (6)
- 9 Where Elijah restored life to the son of a widow with whom he lodged (1 Kings 17:10) (9)
- 13 Paul said of whatever was to his profit, 'I consider them — , that I may gain Christ and be found in him' (Philippians 3:8) (7)
- 14 City visited by Paul, described by the city clerk as 'the guardian of the temple of the great Artemis' (Acts 19:35) (7)
- 15 See 12 Across
- 16 Rioted (anag.) (6)
- 18 She had a surprise when she answered the door and found 8 Across outside (Acts 12:13) (5)
- 20 Maltreat (1 Chronicles 10:4) (5)



Time 2 Destress ...

drop in, relax, slow down ...
music, silence, prayer,
meditation on
the Scriptures,
a time of peace



Wednesdays, church opens at 5:30pm,
30 minutes of relaxation ... from 6:15pm

All Saints' Church, Chigwell Row

Further info from Rev'd Paula Preston 020 8501 5226



**A little bit of
Time 2 Destress,
discussing spirituality,
with light refreshments.
Open to all.**

**4th Tuesday of each month,
2:00pm at All Saints' House,
Chigwell Row.**

Further info from Rev'd Paula Preston
020 8501 5226, 07743 534647 reupaulapreston@gmail.com



Breakfast!

**Saturday 20th
September**

**8:00 men at All Saints'
House**

8:30 ladies at

**St Mary's
Churchrooms**

Time 4 Tea

*For the over 50s, free
Afternoon Teas, an
enjoyable afternoon
with friendly chat, for
all faiths or none.*

at All Saints' House,
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Romford Road, Chigwell Row.

More info from
Rochelle 07817 862053
(Chigwell Row Parish
Councillor), or
Hazel 020 8500 0355
(All Saints' Church)

Time 4 Tea is an initiative supported
by Chigwell Parish Council and
All Saints' Church, Chigwell Row.



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Teach
us to number
our days,
that we may gain a
heart of
wisdom.

Psalms 90:12, NIV



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Fish & Chips

Some tourists touring the north of England stopped to visit a Priory. The Prior gave them a tour of the buildings, ending in the kitchen, where one monk was making fish and chips. One tourist said brightly: "You must be the fish friar," to which the monk gravely replied, "No, I am the chip monk."



*As far as Reg could tell, the burglar had
disturbed nothing in the vestry*

Get something of out it

Coming out of church, the wife asked her husband, "Do you think that Johnson girl is tinting her hair?" Her husband looked vague. "And that dress Mrs Hansen was wearing," she continued, "Really, don't tell me you think that's the proper costume for a mother of two." Her husband looked blank. "Oh, for heaven's sake," snapped his wife. "A lot of good it does you to go to church!"

Church service

A minister, known for his lengthy sermons, noticed a man get up and leave during the middle of his message. The man returned just before the conclusion of the service. Afterwards the pastor asked the man where he had gone. "I went to get a haircut," was the reply.

"But," said the minister, "why didn't you do that before the service?"

"Because" the gentleman said, "I didn't need one then."

Using the English language...

If lawyers are disbarred and clergymen defrocked, doesn't it follow that. . .

electricians could be delighted, musicians denoted, cowboys deranged, models deposed, and dry cleaners depressed?

Likewise, bedmakers might be debunked, bulldozer operators degraded, organ donors delivered, software engineers detested, and underwear manufacturers debriefed?

And won't all composers one day decompose? On a more positive note, perhaps we can hope politicians will someday be devoted...

PUZ?LES

ACROSS:

4, Others. 8, Peter. 9, Zebedee.
10, Accuser. 11, Endue.
12, Scripture. 17, Shrub.
19, Abashed. 21, Foolish.
22, Upset. 23, Loathe.
24, Lesser.

DOWN: 1, Appeal. 2, Attacks.
3, Earns. 5, Tableau. 6, Ended.
7, Shekel. 9, Zarephath.
13, Rubbish. 14, Ephesus. 15, Useful.
16, Editor. 18, Rhoda. 20, Abuse.



The hard core fans were at the back, playing air-organ

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Abridge

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St Mary's Stapleford Abbots Quiz Night



Friday 19th September 2025

Entry from 7:00pm for 7:30pm start

Stapleford Abbots Village Hall

RM4 1EJ

£10.00 per person please bring your own food, the bar will be open for drinks.

6 - 8 people per table or less numbered groups can be accommodated



Crime Scene Challenge

Join us for an exciting night of solving mysteries at **Abridge Village Hall** in support of **Lambourne Church**.

When?

FRIDAY 3RD OCTOBER 2025 7pm

Time?

7pm (bar open from 6.30pm)

Where?

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crime and
have a great
time!**

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or phone 01992 523849



<p>All contributions to the Parish Mag gratefully received, no later than the 15th of the month.</p> <p>Post: c/o Parish Office (as below) Email: sandie.forshaw@btinternet.com Tel: 07749 258616</p>	<p>To advertise in the magazine, please contact the Parish Office.</p> <p>Parish Calendar on GCal: bit.ly/3H5LXS7</p> 
<p>The Parish Office c/o All Saints' House Romford Road, Chigwell Row IG7 4QD</p> <p>Email: office.parish@gmail.com Tel/WhatsApp: 07835 721815 (closed Monday)</p>	<p>All Saints' Office All Saints' House Romford Road, Chigwell Row IG7 4QD</p> <p>Email: info.allsaintschigwell@gmail.com Tel: 020 8500 0914</p>

Contact phone numbers for hiring our church halls are on the back page under '**Hall Bookings**'.

Ministry Team

Team Rector:	<p>Rev'd Charlie Kosla (<i>rest day Friday</i>) St Mary's Rectory 66 High Road, Chigwell IG7 6QB Tel: 020 8501 2077 Email: charliekosla@gmail.com</p>
Team Vicar:	<p>Rev'd Paula Preston (<i>rest day Saturday</i>) All Saints' Vicarage Romford Road, Chigwell Row IG7 4QD Tel: 020 8501 5226 / 07743 534647 Email: revpaulapreston@gmail.com</p>
Associate Team Priests:	<p>Rev'd Lorraine Smart (<i>parish duties: Sundays, Mondays, & Thursdays</i>) Tel: 020 8502 2017 Email: lorraine.smart@btinternet.com</p> <p>Rev'd Ann Kosla Tel: 020 8501 2077 Email: annkosla@gmail.com</p>
Licensed Lay Minister:	<p>Mrs Sandie Forshaw (<i>rest day Monday</i>) Tel: 07749 258616 Email: sandie.forshaw@btinternet.com</p>

USEFUL CONTACTS

	St Mary's	All Saints'	St Winifred's
Breakfasts etc	Men's Breakfast & Group - Paul Preston 07546 656659 Ladies' Group (The Thursday Club) - Cindy Barber 07506 387070 Ladies' Breakfast - Rev'd Ann Kosla 020 8501 2077		
Bookstall	n/a	Cindy Barber 07506 387070	n/a
Brownies, Guides & Rainbows	Email: chigwellgirlguiding@gmail.com or website: girlguiding.org.uk		
Cubs	Geoff Dunk 020 8500 2375		
Electoral Roll	Alison Jordan 01992 610717	Helen Ellis-Poole 07887 731320	Janice Randall 07512 085546
Flowers	c/o Parish Office 07835 721815	Cindy Barber 07506 387070	c/o Parish Office 07835 721815
Gift Aid	Philip Gittins 01992 814519	John Barber 020 8500 4085	Janet Remon 07946 349410
Hall Bookings	Tricia Johnson 020 8500 5759	All Saints' Office 020 8500 0914	Alison Sheppard 07907 460278
Magazine	Alison Jordan 01992 610717	All Saints' Office 020 8500 0914	Daniel Forshaw 07591 857657
Magazine	Advertisements: c/o Parish Office - 07835 721815 Editorial: Sandie Forshaw – 07749 258616		
Parish Office	07835 721815		
Scouts	Tom Emmett 07799 335815 Anthony Fautley 07903 291452		
Explorer Scouts	Dan Greaves 07891 652492 Michael Greaves 07890 400987		
Safeguarding	Vanessa Watling 07810 120877	c/o Helen Ellis-Poole 07887 731320	Daniel Forshaw 07591 857657
Secretary	Alison Jordan 01992 610717	Sandie Forshaw 07749 258616	Sandie Forshaw 07749 258616
Sunday Children's Groups	Andrew Barnes 020 8501 4792	Rev'd Paula Preston 020 8501 5226	Juliet Smith 07966 244472
The Children's Society	Rosemary Sweet 01992 846028		
Tower Master	-	Fred Goodwin 01708 720145	n/a
Treasurer	Philip Gittins 01992 814519	John Barber 020 8500 4085	Janet Remon 07946 349410
Worship Group	Janet Stanton 020 8501 1629	Zoe Sims 020 8500 5787	Andy Lambell 07738 664177

From the Editor:

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