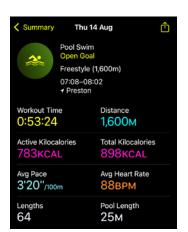


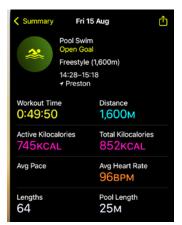
www.stleonardspenwortham.org.uk

TRINITY X

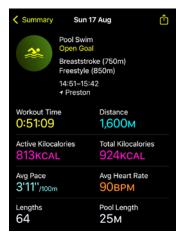
The Weekly Newsletter for St. Leonard's Church

Marshall's Brow, Penwortham PR1 9JA











Swim challenge done, 21 miles in 21 days.

It's time to hang up the goggles as this morning I swam the final lengths of the 21 miles in 21 days challenge – the equivalent of swimming the English Channel, though thankfully in the warmth of the Total Fitness pool rather than the cold waters of Dover!

It really was a challenge: swimming so many lengths day after day was tiring, and there were moments when I wondered what I had taken on. Some days the pool was almost empty and peaceful, other days it was so full that weaving

around other swimmers became part of the workout!

I am especially grateful to the staff at Total Fitness, who have been wonderfully supportive throughout, and to so many in our church community who have cheered me on. Your encouragement has kept m on track and meant more than I can say.

What has amazed me most of all is the generosity of those who have sponsored the challenge. Together, you have helped raise over

64 25м
£1,000 (final details to
follow) – a fantastic sum
which will go towards our
shared work. Thank you for
every donation and every
word of encouragement.
Now that the challenge
is complete the only

Freestyle (850m)

Distance

1,600м

Total Kilocalories

990kcal

Avg Heart Rate

119врм

Pool Length

07:20-08:17

Workout Time

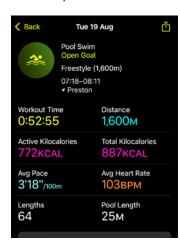
870kcal

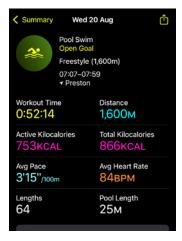
Avg Pace 3'30"/100m

Active Kilocalories

Now that the challenge is complete, the only question is: what next? If you have any ideas for a future challenge, I'd love to hear them - but no promises!

Summary	Mon 18 Aug		₾
20	Pool Swim Open Goal		
-	Freestyle (1,600m)		
	07:06-07:56 → Preston		
Workout Tin 0:50:16	ne	Distance 1,600M	
Active Kiloca		Total Kilocalories 844KCAL	
Avg Pace 3'08"/100)m	Avg Heart Rate 103BPM	
Lengths 64		Pool Length 25M	







Sidespersons, Readers & Coffee Rota

Sunday 24 August Trinity 10 / St Bartholomew

8.30am Angela and Peter Milner. *Reader:* Peter Milner

10.00am Laraine Southwell and Jenny Stanton. *Reader:* Brian Bamber. *Prayers:* Revd. Janet. *Coffee:* Brian and Melvyn.

Sunday 31 August - Trinity 11

8.30am Irene Farrimond and Elizabeth Bunyan. *Reader:* Philip Range.

10.00am Brian Bamber. *Reader:* Andrea Waine. *Prayers:* Revd. Simon. *Coffee:* Larraine and Ann.

The scarecrows are coming back!

20 – 28 September 2025 Our theme: Noah's Ark

Get ready to join the fun as we prepare our animal-themed entry for this year's Scarecrow Festival!

Scarecrow Workshop

Saturday 13th September, save the date!

Come along and help assemble our display. Bacon and sausage barms will be provided to keep everyone fuelled! Everyone is welcome – bring your creativity and a friend! More details coming soon.



Our church vestments, a stitch in time...

Church vestments are a beautiful and important part of our worshipping tradition, marking the seasons of the Church's year and adding dignity to our services.

Recently, while looking over the vestments at St Leonard's, Revd's Simon and Janet realised that we do not have a complete set of purple vestments — which are used during Advent and Lent. They also noticed that some of the existing sets are in need of a little tender loving care.

Revd Janet took the green and red sets home to wash and repair, but the green vestments





in particular are very fragile and beginning to show their age.

Replacing vestments can be costly — a new set often runs into several hundreds of pounds. So instead, we are exploring the possibility of setting up a sewing group here at St Leonard's to make new vestments ourselves.

If you enjoy sewing, or would be interested in learning, this could be a wonderful way to contribute your skills to the life and worship of our church. If you'd like to get involved, please have a word with Revd Janet. Thank you.



A thank you to all parishioners for their thoughts, prayers and cards following the death of my father Colin Milner on the 20th July after a short illness and whose funeral took place on Monday 18 August at his village chapel.

Peter, Angela & Alex.



ST LEONARD'S

ST LEONARD'S FORTHCOMING EVENTS

Saturday 27 September at 7pm

"Magic Voices Choir"
A Concert for Preston Arts Week sponsored by Preston Arts. (Church)

Sunday 28 September at 12 noon

"Harvest Lunch" (Hall)

Sunday 5 October at 7pm

"An Evening of Music from Stage and Screen" Preston Symphony Orchestra (Church)

Sunday 2 November at 12 noon

"Patronal Lunch" (Hall)

Sunday 16 November at 2pm

Concert by St. Leonard's Gilbert & Sullivan Group (Church)

Saturday 22 November at 1pm

"Christmas Fair" — A Purrfect Friend Group

Saturday 29 & Sunday 30 November

"Christmas Tree Festival" (Church & Halls)

Saturday 6 December 10am

"Arts and Crafts Fair" Ian Hamilton (Halls)

Sunday 7 December at 2pm

Preston Opera presents "Opera Classics from the Small and Silver Screen" (Church)

Please note - church events in red type.

Afternoon Tea

To be held on

Sunday 31 August 2025

in the Church Hall from 2pm

Please sign up on the sheet at the back of church - Don't miss out spaces are filling

up quickly.



ALL PROCEEDS TO THE CHURCH FUNDS

St Leonard's Afternoon Tea, time is running out!

With only two weeks to go, time is running out to book your place at our Afternoon Tea on Sunday 31st August.

Come along and enjoy a relaxed afternoon with friends, delicious cakes, and plenty of tea and coffee. It promises to be a lovely occasion for all ages, but places are limited and going fast!

If you haven't booked yet, now is the time. Don't miss out – make sure your name is down and join us for what will be a wonderful afternoon together.

Are you our new Parish Safeguarding Officer?

As mentioned in previous issues, we are currently looking for a new Parish Safeguarding Officer—a vital role in helping to make our church a safe place for everyone.

You don't need to be an expert already—training and support are available—but you do need to care

about people's wellbeing and be willing to follow clear procedures to help protect children and vulnerable adults.

If you're interested in finding out more, please speak to Rev Simon or Philip Walsh. Even if you're unsure, we'd be happy to talk it through with you.



CHURCH DIARY

Friday 22 August

8am Morning prayer in church for growth and renewal.

Sunday 24 August - Trinity 10

8.30am Said Eucharist 10am Sung Eucharist

Wednesday 27 August

10am Eucharist

Friday 29 August

8am Morning prayer in church for growth and renewal.

Sunday 31 August - Trinity 11

8.30am Said Eucharist 10am Sung Eucharist

Wednesday 3 September

10am Eucharist

Friday 5 September

8am Morning prayer in church for growth and renewal.

Sunday 7 Sept - Trinity 12

8.30am Said Eucharist 10am Sung Eucharist

St Bartholomew, a faithful apostle

On 24th August each year, the Church celebrates the Feast of St Bartholomew, one of the twelve apostles of Jesus. Although he is mentioned by name in the Gospels, we know very little about him — which perhaps makes him one of the more mysterious disciples.

In John's Gospel he is often identified with Nathanael, the man who asked the famous question: "Can anything good come out of Nazareth?" (John 1:46). Philip invited him to "come and see," and when Nathanael met Jesus, he was astonished to be told that Jesus had seen him under the fig tree. This encounter convinced him that Jesus was indeed the Son of God.

Tradition tells us that after
Pentecost, Bartholomew travelled
far and wide to share the Good
News, with ancient sources
suggesting he went as far as India,
Armenia and Mesopotamia. In many
places, he is remembered as a
missionary and martyr who gave his
life for the faith.

Bartholomew reminds us that discipleship is not about fame, status or recognition. We don't know much about his background or personality, but we do know that he was faithful. He responded



to the call to follow Jesus, and he carried the gospel to new places. His witness encourages us to do the same — to remain steady in faith, to share God's love wherever we are, and to trust that our lives, however ordinary they may seem, can speak powerfully of Christ.

As we give thanks for Bartholomew, may we be inspired by his quiet faithfulness and his courage to say yes to Jesus' call.

If you have any prayer requests that you would like to share in this newsletter, please email revsimonking@gmail.com

ST LEONARD'S CHURCH DIRECTORY

Vicar: Rev. Simon King (01772 956698) revsimonking@gmail.com

Assistant Priest: Rev. Janet Taylor (01772 615421) curatejanet@gmail.com

Churchwardens: Philip Walsh (01772 745409)

Vacant

PCC Secretary: Ian Dawson (0771 1053722)
PCC Treasurer: Susan Walsh (01772 745409)
Pastoral Assistant: Jenny Stanton (01772 748701)
Organist: David Cookson (07721 677831)

Safeguarding Officer: Vacan

Leo's (Sunday School) Please see Jenny Stanton or

Jeanette Smith

Church Hall Enquiries: Social Media: Eco Champion: Acting Choir Leader: Church Flowers:

Electoral Roll Officer:

Gift Aid Officer:

St. Leonard's News

If you have any news that you would like to share in this newsletter, please email revsimonking@gmail.com

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