

COLLECT

Let your merciful ears, O Lord,
be open to the prayers of your
humble servants;
and that they may obtain their
petitions
make them to ask such things as
shall please you;
through Jesus Christ your Son our
Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

FIRST READING Isaiah 58:9b-end

A reading from the book of the prophet Isaiah.

You shall call, and the LORD will answer; you shall cry for help, and he will say, Here I am. If you remove the yoke from among you, the pointing of the finger, the speaking of evil, if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday. The LORD will guide you continually, and satisfy your needs in parched places, and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters never fail. Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to live in. If you refrain from trampling the sabbath, from pursuing your own interests on my holy day; if you call the sabbath a delight and the holy day of the LORD honourable; if you honour it, not going your own ways, serving your own interests, or pursuing your own affairs; then you shall take delight in the LORD, and I will make you ride upon the heights of the earth; I will feed you with the heritage of your ancestor Jacob, for the mouth of the LORD has spoken.

Or Jeremiah 1:4-10

PSALM Psalm 103:1-8

R Bless the Lord, O my soul!

Bless the Lord, O my soul,
and all that is within me, bless his
holy name.

Bless the Lord, O my soul,
and forget not all his benefits. **R**

He forgives all your sins
and heals all your infirmities;
He redeems your life from the grave
and crowns you with mercy and
loving-kindness; **R**

He satisfies you with good things,
and your youth is renewed like an
eagle's.

The Lord executes righteousness
and judgement for all who are
oppressed. **R**

He made his ways known to Moses
and his works to the children of
Israel.

The Lord is full of compassion and
mercy,
slow to anger and of great kindness. **R**

SECOND READING

Hebrews 12:18-end

A reading from the letter to the Hebrews.

You have not come to something that can be touched, a blazing fire, and darkness, and gloom, and a tempest, and the sound of a trumpet, and a voice whose words made the hearers beg that not another word be spoken to them. (For they could not endure the order that was given, "If even an animal touches the mountain, it shall be stoned to death." Indeed, so terrifying was the sight that Moses said, "I tremble with fear.") But you have come to Mount Zion and to the city of the living God, the heavenly Jerusalem, and to innumerable angels in festal gathering, and to the assembly of the firstborn who are enrolled in heaven, and to God the judge of all, and to the spirits of the righteous made perfect, and to Jesus, the mediator of a new covenant, and to the sprinkled blood that speaks a better word than the blood of Abel. See that you do not refuse the one who is speaking; for if they did not escape when they refused the one who warned them on earth, how much less will we escape if we reject the one who warns from heaven! At that time his voice shook the earth; but now he has promised, "Yet once more I will shake not only the earth but also the heaven." This phrase, "Yet once more," indicates the removal of what is shaken – that is, created things

– so that what cannot be shaken may remain. Therefore, since we are receiving a kingdom that cannot be shaken, let us give thanks, by which we offer to God an acceptable worship with reverence and awe; for indeed our God is a consuming fire.

GOSPEL Luke 13:10-17

Hear the gospel of our Lord Jesus Christ according to Luke.

Now he was teaching in one of the synagogues on the sabbath. And just then there appeared a woman with a spirit that had crippled her for eighteen years. She was bent over and was quite unable to stand up straight. When Jesus saw her, he called her over and said, "Woman, you are set free from your ailment." When he laid his hands on her, immediately she stood up straight and began praising God. But the leader of the synagogue, indignant because Jesus had cured on the sabbath, kept saying to the crowd, "There are six days on which work ought to be done; come on those days and be cured, and not on the sabbath day." But the Lord answered him and said, "You hypocrites! Does not each of you on the sabbath untie his ox or his donkey from the manger, and lead it away to give it water? And ought not this woman, a daughter of Abraham whom Satan bound for eighteen long years, be set free from this bondage on the sabbath day?" When he said this, all his opponents were put to shame; and the entire crowd was rejoicing at all the wonderful things that he was doing.

POST COMMUNION

God of our pilgrimage,
you have willed that the gate of
mercy
should stand open for those who
trust in you:
look upon us with your favour
that we who follow the path of your
will
may never wander from the way of
life;
through Jesus Christ our Lord.

August 24th 2025 – Tenth Sunday after Trinity

Parish of the Harwich Peninsula

Questionnaire: there is a short questionnaire out in church. You are under no obligation to complete it, but it will help us map the congregations and be a benchmark for the years ahead. Please return any completed ones today.

Peninsula Post: issue number 4 is out, please make sure you have collected a copy. If you feel you have a short article, poem or contribution to future issues please send them to the Rector.

Good News for Everyone: is the name the Gideons now go under in the UK. They will be coming to each of our churches to do a short presentation in the morning services. They also have an opportunity to hear more about them and perhaps become involved on Wednesday 17th September at 7.30pm at Holland on Sea Baptist Church, 145 Frinton Road, Clacton on Sea CO15 5UR. More information from stevengaunt99@hotmail.com.

St Helena Hospice half marathon: on Sunday 7th September from 10am there is a half marathon in Harwich for our local hospice. Chris George from All Saints is running in it. Donations are welcome. There is a link on our All Saints Facebook page to support him. £150 was donated at the last baptism at All Saints!

All Saints Coffee Morning: last week's coffee morning raised nearly £250. Thank you

Kirsty: takes her summer holiday to the 25th of August please don't send messages during that time which is hers to rest and be refreshed. We wish her and the family a super break.

Ian: please note that Ian will take his summer holiday 18th September to 4th October.

Parish Giving Scheme: We are delighted that we are now successfully registered with the Parish Giving Scheme. If you wish to give you are now able to set up a regular Direct Debit by following the link below which will take you directly to the parish page,

<https://www.parishgiving.org.uk/donors/find-your-parish/harwich-peninsula-harwich/>

Groups and Activities: have you seen our new groups and activities leaflet? Do take one to pass on to someone you might know or leave where it might be picked up.

Deanery Evensong: the deanery choir will be at St Nicholas on Sunday 31st August at 6.30pm. The Area Dean will lead the service and the Rector will preach.

Fryatt Cross: the cross that stood over Captain Fraytt's grave in Belgium after he was shot has now been donated by his family to All Saints for future display at the rear of the building.

Shanty Festival: on Sunday October 12th there will be a Maritime Service at 10am at St Nicholas, this replaces the usual 10.30am service that day to accommodate all the activities in the building.

Baptised in August: Samuel Dennis James Hayles; Louis Lee Jordan, Jude Arthur Williams

Married in August: Tom Keeble and Jess Newberry; Christopher Thomas and Danielle French; Alex Bell and Amy Oxborrow; Jamie Sayers and Clare Plant.

Blessing after civil Marriage: Adrian Jacob and Krishnaprabha Madambath Ramesan.

Departed in July: Kathleen Wallace; Malcolm Button; Brian Chambers; Velia Bradley; Eileen Terry; Doris Versey; Carol Heath; Joy Wilkinson; Teunis Wynhoff.

St Michael's worship 9am each Sunday (Communion on the 2nd and 4th Sundays)

All Saints worship 10.30am each Sunday (Communion on the 1st and 3rd Sundays)

St Nicholas worship 10.30am each Sunday (Communion on the 2nd and 4th Sundays)

You should be able to access the hearing loop in each building – please let us know if you cannot

1st Sunday of every month: Prayer Book Evensong at St Nicholas at 5pm

3rd Sunday of every month: Prayer and Praise at St Michael's at 5pm

4th Sunday of every month (except August and December): Messy Church in

the Esplanade Hall from 2-4pm. Children must be accompanied by an adult.

For more information please visit our social media:

www.harwichparish.co.uk or www.achurchnearyou.com or our Facebook pages.

<https://www.facebook.com/> All Saints Church Dovercourt or St Nicholas Church Harwich or St Michael's Church Ramsey