



# Upper Alde Benefice

Badingham | Bruisyard | Cransford | Dennington | Rendham | Sweffling

## Weekly Link

### Sunday 24<sup>th</sup> August

**9.30am Holy Communion @ Rendham**

**9.30am Morning Prayer @ Cransford**

**11am Sunday Morning Worship with Thought for the Day @ Dennington**

### Sunday 31<sup>st</sup> August – 5<sup>th</sup> Sunday of month

**10am Benefice Holy Communion @ St Mary's Sweffling**

#### The Collect for Trinity 10

Let your merciful ears, O Lord, be open to the prayers of your humble servants; and that they may obtain their petitions make them ask such things as shall please you; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

#### The Collect for Trinity 11

O God, you declare your almighty power most chiefly in showing mercy and pity: mercifully grant to us such a measure of your grace, that we, running the way of your commandments, may receive your gracious promises, and be made partakers of your heavenly treasure; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

I am pleased to say great fun was had by all at our second Summer Messy Morning. This time we were at St John's Badingham with activities inside and out, the focus was on God's care for us using the image of God as shepherd and us his sheep. This time we had 18 children and 2 babies. A big thank you to every one who helped with these two mornings, we have had so many positive comments from those who came. I am also very grateful to the diocese for giving us a grant to buy equipment to help with our children's ministry. The mainly animal themed activities at the Messy Mornings fitted in with the Church of England's social media campaign #Great And Small and I am pleased to say they shared one of our photos. The Upper Alde Churches Instagram post about the Dennington Summer Messy Morning was viewed by 1,038 people.

Badingham book sale on August 9<sup>th</sup> raised £614 which was an amazing result. Many thanks go to those who came to buy books and to Patricia and Andy for organising the sale.

Rendham's new hymn books arrived just in time for the Summer Songs of Praise on August 10<sup>th</sup>. The books were dedicated at the beginning of the service, the hymns were chosen by parishioners, Charles played the organ and the congregation were rewarded for their singing with a glass of Pimms at the end.

Last Saturday it was great to catch up with villagers at the Cransford Village Hall Coffee Morning. I followed that by going on to the Sweffling Village Fete, the barrel organ making a lovely atmosphere for the many people who enjoyed the all the attractions, including the popular dog show. The Tesh Family cheese burgers were good too!

This weekend I am looking forward to popping in to the Dennington Arts Festival. Whatever your plans are I hope you have a lovely bank holiday weekend.

**Suffolk Historic Churches Ride and Stride.**

The SHCT Cycle Ride will soon be upon us - September 13<sup>th</sup> is the day! Thank you to those of you who are planning to ride this year. Some people may still be undecided but it is not too late to think about getting on your bike. Or perhaps you would rather be sitting in the church waiting to greet the cyclists. Sponsor forms will be available in the churches or online. Please sponsor someone if you have not done so already.

We have a new Facebook page: Dennington St Mary's Church. Please like the page. This has been created to help the village stay in touch with all that is going on at the church. I find most other villages have Facebook pages that I can share benefice news on.

**Contact Details**

**Revd Claire Kiddy**

[revclairekiddy@gmail.com](mailto:revclairekiddy@gmail.com) | 07469718695

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**Dennington St Mary's Church**

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