



**FRIENDS OF KENT CHURCHES**

**RIDE & STRIDE**

**Saturday 13 September 2025**

**10.00 am to 6.00 pm**

**CYCLE OR WALK AROUND KENT CHURCHES**

***SPONSORSHIP MONEY RAISED  
WILL BE DIVIDED EQUALLY BETWEEN  
THE FRIENDS OF KENT CHURCHES AND THE CHURCH OR  
CHAPEL OF YOUR CHOICE***

**Sponsorship Forms available to download from:  
[www.kentrideandstride.co.uk](http://www.kentrideandstride.co.uk) or a Church Local Organiser**

**Enquiries:**

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