

## **Prayer intentions this week**

Almighty God,  
who sent your Holy Spirit  
to be the life and light of your Church:  
open our hearts to the riches of your grace,  
that we may bring forth the fruit of the  
Spirit

in love and joy and peace;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever. Amen.

or

Gracious Father,  
revive your Church in our day,  
and make her holy, strong and faithful,  
for your glory's sake  
in Jesus Christ our Lord. Amen.

Merciful redeemer,  
who, by the life and preaching of your  
servant Bernard,  
rekindled the radiant light of your Church:  
grant us, in our generation,  
to be inflamed with the same spirit of  
discipline and love  
and ever to walk before you as children of  
light;

through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit ,  
one God, now and for ever. Amen.

## **Those in need**

Sarah Davis	Kelly Sanderson
Stephen Milner	Eric Dunstan
19,198,582,767	Ann Kuczak
Beverley Reaney	Lindsay Richards
Francis Berryman	Rebecca Ormian
Margaret Johnson	Teresa Nicholls

## **Those who have died recently**

Stella Rimmington	Casey Poponne
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## **Those in our year's mind**

George Ruggles	Desmond Creed
Mike Stonach	Jackie Valentine
Margaret Hayden-Scott	

***Rest eternal grant unto them O Lord; and  
let light perpetual shine upon them***

## **Nar Valley Benefice**

**This Sunday 17<sup>th</sup> August 2025 is the  
ninth Sunday after Trinity (green)**

**9am at West Acre**

**BCP said Eucharist**

The scriptures are:  
Hebrews 11.29-12.2 & Luke 12.49-56

**10.30am at Narborough**

**CW sung Eucharist**

The scriptures are: Jeremiah 23.23-29  
Hebrews 11.29-12.2 & Luke 12.49-56  
The hymns are: 466,580,711,56

**Wednesday 20<sup>th</sup> August**  
**St Bernard of Clairvaux (white)**

**9am at Narborough**

**CW midweek Eucharist**

The scriptures are:  
Revelation 19.5-9 & Luke 9.57-end

**Next Sunday 24<sup>th</sup> August**  
**St Bartholomew the apostle (red)**

**10.30am at Pentney**

**CW Morning Praise**

The scriptures are: Psalm 145.1-7  
Acts 5.12-16 & Luke 22.24-30

**10.30am at Castle Acre**

**CW sung Eucharist**

The scriptures are: Isaiah 43.8-13  
Acts 5.12-16 & Luke 22.24-30  
The hymns are: 19,198,582,767

**6pm at South Acre**

**Healing Service with anointing**

The scripture is: Matthew 10.1-22

## Welcome to all

We are always welcome in God's house and greet one another with joy.  
Just before worship, we quieten ourselves to be met by God in prayer, word, and sacrament.

### **Children**

We love it when babies or children of any age come to church. We do not expect them to impersonate adults. Please feel relaxed if they wander about. In both Castle Acre and Narborough there are dedicated children's spaces in the worship area and quiet rooms at the back of church. Do use them if they are a help to you.

### **Use hearing aids?**

There are hearing loop systems in Castle Acre, Narborough & Pentney Churches

## Safeguarding

We are committed to safeguarding children, young people and adults from harm. We follow the House of Bishops' guidance and policies. Each church has its own Parish Safeguarding Officer (PSO). Their contact details are :

### **Castle Acre**

Dr Ilga Chakrabarti (01760 755368)

### **Pentney**

Andrew Smith (01760 755102)

### **Narborough & Narford**

Joan Upton (01760 337053)

### **West Acre**

Henry Birkbeck (01760 755254)

### **South Acre**

James Stephenson (01760 337901)

### **Newton**

Tony Bell (01760 755506)

Contact our Diocesan safeguarding team  
[safeguarding@dioceseofnorwich.org](mailto:safeguarding@dioceseofnorwich.org) or  
01603 882345

Sue Brice, diocesan safeguarding advisor  
[sue.brice@dioceseofnorwich.org](mailto:sue.brice@dioceseofnorwich.org) or  
07958377079

If you have immediate concerns about the safety of someone, please contact the police and your local authority's children or adult social care services.

## Contact details

**Mother Angela** is very happy to be contacted on her landline **01760 338552** or by email [narvalleyrector@hotmail.com](mailto:narvalleyrector@hotmail.com)  
Her usual rest day is Friday.

**Father Richard** balances a full-time job with being a priest. He is happy to be contacted by email [richardgranthowells4@gmail.com](mailto:richardgranthowells4@gmail.com) or on his mobile **07802432594**

**Churchwardens** for each church may be rung at home. They are all volunteers.

### **Castle Acre:**

David Bowman 01603 483658

Anne Loch 01760 755403

### **Narborough:**

James Stephenson 01760 337901

### **Newton:**

Tony Bell 01760 755506

Stephen Laing 01760 755455

### **Pentney**

Sue Neep 01760 338037

Andrew Smith 01760755102

### **South Acre:**

Davina Barber 01760 755618

### **West Acre:**

Henry Birkbeck 01760 755254

## Future Events

Mother Angela is out of the benefice from **Saturday 16<sup>th</sup> August to Saturday 23<sup>rd</sup> August**. Please contact Chris at the Rectory or Father Richard or a churchwarden during this time. Thank you to Canons Michael and Allan for agreeing to preside this week.

**Castle Acre Flower Festival** in church  
**Saturday 23<sup>rd</sup>-Monday 25<sup>th</sup> August**.

**Healing service** with anointing: 4pm on **Sunday 24<sup>th</sup> August** in South Acre church.

**Summer Entertainment** with Leah Spence's 3's company and friends. £12.50 Organised by the Friends of Castle Acre Church for 4pm on **Monday 25<sup>th</sup> August** in Church.

**Pentney PCC** meets in Little Abbey Farm at 2pm on **Tuesday 26<sup>th</sup> August**.

**The Churchwardens** meet at the Rectory 2.30-4.30pm on **Wednesday 27<sup>th</sup> August**.

**Castle Acre PCC** at the Rectory 10.30am followed by lunch on **Monday 1<sup>st</sup> September**

**Saturday 13<sup>th</sup> September**. Raise money for your church by participating in the **sponsored walk/cycle/drive** visiting churches. Alternatively, be present to welcome visitors to our church buildings.