



**St Mary's**  
Parish Church  
**Frinton** 2025

I press on to reach the end of the race  
and receive the heavenly prize for which God,  
through Christ Jesus, is calling us.  
Philippians 3:14

## Welcome!

Tea and coffee available from 10:30 at the back of the church.  
Time for a chat with friends, old and new.

**Sunday 6<sup>th</sup> July 2025**

### Parish Church Services (Sundays only)

9:30am **Traditional Service - CW**

**Galatians 6:7-16 & Luke 10:1-11, 16-20**

11am **All-Age Service (also livestreamed) (HC)**

**Luke 10:1-11, 16-20**

### Old Church Services

Sunday 6:30pm **Evening Service - BCP HC**

Wednesday 11am **Service of the Word**

Hearing  
Loop  
available



Access via  
the Old  
Road  
Entrance



Our toilets are located by  
the Old Road entrance



**The harvest is plentiful. Go.**

### Get in touch:

Rector: Rev Funmilayo Vaughan

Tel: 01255 679164 Email: [Office@stmarysfrinton.org](mailto:Office@stmarysfrinton.org)

Website: [www.stmarysfrinton.org](http://www.stmarysfrinton.org)

St Mary's Parish Church, Church Office, Old Road,

**LIVE**



**STREAMING**

Prayer requests for this sheet should be made via the **Church Office**.

Tel: 01255 679164 Email: [Office@stmarysfrinton.org](mailto:Office@stmarysfrinton.org) Website: [www.stmarysfrinton.org](http://www.stmarysfrinton.org)

**Prayer requests for the Prayer Chain** (a group of church members who will pray, in complete confidence, for serious situations) Stewart and Mary Wilson: 01255 814 594

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**NEVER  
DOUBT THE  
POWER  
OF PRAYER**

### For our prayers during the week ... ... those who are unwell, and those who care for them:

Gina Butler, David Chapman, Linda Halfacre, Kelsey Hawkins,  
Rosemary Heddle, David Kidney, Terry Puttick, and Cate Wilby.

**Jerry Russell:** The family would like to thank you all for your prayers, cards and messages at this difficult time. The family would also like to invite everyone to attend Jerry's Thanksgiving Service on **Sunday 31<sup>st</sup> August at 2:30pm** in the Parish Church, with tea, coffee and refreshments in the Church Hall after the service.

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We probably can't imagine what it must be like to be homeless and living on the streets in London, but London City Mission's Centre at Waterloo provides a daily welcome for over 70 guests.

Tea and coffee is available from 8:30 am. This is followed by a cooked breakfast, after which there is a short message from God's Word. Guests can sign up to have access to showers, toiletries and fresh clothes. There are also regular visits from a nurse and a podiatrist. Referrals can also be made to help with mental health issues and immigration advice. With activities in the afternoon including board games, art classes and Bible studies, the team at Webber Street seek to practically share the love of Christ and the message of His salvation.

**Lesley Holland**

### Building Closure at St Mary's during Frinton Mission

Please note that the Church Premises is closed to **EVERYONE** except the Frinton Mission teams from **7am on Saturday 27<sup>th</sup> July until 10pm on Sunday 4<sup>th</sup> August**. No member of the church, hirer, church volunteer, etc. should enter the premises for any reason, unless you have a pre-booked appointment with the Church Office or are attending a Sunday church service at 09:30 or 11am on Sunday 28<sup>th</sup> July.

*The Old Church is open 7 days a week including Frinton Mission, if you require a prayer space.*

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### Confirmation Service at Great Bentley

We are pleased to announce that **Sam Beck** is being confirmed at 7:30pm on **Tuesday 22<sup>nd</sup> July**. You are all invited to come along as part of the church family to support Sam, and those from other churches taking part in this service. Refreshments will be served from 6:30 pm. The full address is: St Mary's Church, Great Bentley, Colchester, Essex, CO7 8QG

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### Sign up NOW!!

Registration to sign up for Frinton Mission's children's activities has opened. Please go to [www.frintonmission.net/kids-youth](http://www.frintonmission.net/kids-youth) to register. If you want to attend any of the activities and events such as the Quiz Night, please head over to [www.eventbrite.co.uk/o/frinton-mission-49136795603](http://www.eventbrite.co.uk/o/frinton-mission-49136795603) to book your tickets online. Much more information is available on the [Frinton Mission website](http://www.frintonmission.net) or in the FM Guide.



## Homegroups available

Some of our groups are full, but some have room for more people. If you have been thinking about joining a group, this information might be helpful.

### These groups all have room at the moment:

Tue 11am, monthly, Old Hall Lane (Wendy Willis)  
Wed 2:30pm, weekly, Glebe Way (Mike Denny)  
Wed 3pm, weekly, Holland Road (Jean Allen)  
Wed 4pm, weekly, Harold Road (Andrew Rose)  
Wed 7pm, weekly, Old Road (Judy Morris)



And for those for whom online is more convenient: Wed 8:30pm, weekly (Dominic Gardner)

Please speak to Heather Ursell, or the group leader, if you are interested in joining any group. Speak to Heather if none of these times suit you and you'd like to find another group.



**Men's Breakfast** - Saturday, 12<sup>th</sup> July at 8:30am. If you are interested in joining the Men's Breakfast, please contact David Kidney or get in touch with the [Church Office](#). For catering purposes, we ask that you let Reception know if you wish to attend - or click [here](#)!

## Jaywick Project

Please consider donating towards the food parcels for Jaywick which we will be delivering through the school holidays to supplement families' supplies while the children do not have school meals. Monetary donations or packets and tins with a sell-by-date past September would be good. Items such as cereals, rice, pasta, tinned fruit or vegetables are ideal.

*Please also continue to pray for families and the elderly of Jaywick.*

Thank you for your support. **Eleanor Young**



## Over 90's Group

Please note our *Over 90's Group* will be meeting on **Monday 7<sup>th</sup> July at 3pm** in the Church Lounge for tea, cake, and a chat. It will be great to see anyone in this age group, so please do join us. Contact Reception, if you'd like to know more, otherwise we look forward to seeing you there.

**Ruth and Tricia**

## Summer Concerts 2025 - Thursdays at 1:15pm

Light lunches (*supplied by Lilley's Bakery*) in the Church Hall 12:00-1:00pm

10<sup>th</sup> July - Violin & Piano: Laure Chan & Siqian Li

17<sup>th</sup> July - Organ: Duncan Archard

*Retiring collection for St Helena Hospice and St Mary's Parish Church*



We were planning to meet on 24<sup>th</sup> July, but for several reasons, this has now been postponed. Our next gathering will be on 17<sup>th</sup> September instead, when we hope you will be able to join us. Further details to follow later on.

**Barbara B, Chris, Judy, Marilyn and Tricia - The WoW team**

# During the week ...

**Morning Prayer - 9am to 9:30 - Monday to Thursday - in the church - all welcome**

Monday 7<sup>th</sup> Over 90's Group 3pm  
Wednesday 9<sup>th</sup> Wednesday Group 10am  
Service of the Word 11am (Old Church)  
Thursday 10<sup>th</sup> Smallsorts 10am  
Lunchtime Concerts 1:15pm  
Knit & Natter 1:30pm  
Friday 11<sup>th</sup> Coffee Morning 10am  
Choir Practice 6pm



## Sunday 13<sup>th</sup> July

9:30am Traditional Service - CW (HC)  
11am All-Age Service (also livestreamed)  
6:30pm Evening Service - BCP (Old Church)

Rotas for 2025 available on ChurchSuite. [Logins](#) available upon request.

## Secure Giving and Donations

We are members of the **Parish Giving Scheme** which means you can set up regular monthly giving, or leave a 'one-off gift'.

Giving regularly via PGS means (unlike other ways of giving) the Church receives 100% of your donation, plus Gift Aid - WITH NO BANK FEES!

Donors who would like to use the services of PGS can simply visit [parishgiving.org.uk/home](https://parishgiving.org.uk/home) and find our Church using the easy search tool. Then follow a few simple steps to set up your donation securely (or [click here](#)).

Or you can scan the QR code on this page, which will take you straight to our parish's landing page on the PGS website, where you can click on the 'one-off gift'. It couldn't be easier!

Alternatively, you can set up your regular gift by phoning the PGS team on 0333 002 1271, Monday to Friday, 9-5.

If you need any help, please get in touch with **Dominic Gardner, Operations Manager**



PARISHGIVINGSCHEME



## DATES FOR YOUR DIARY

**Frinton Mission** - Sat. 27<sup>th</sup> July to Sun. 3<sup>rd</sup> August

**Alpha Course** - Tues 16<sup>th</sup> September, 7pm

**Macmillan Coffee Morning** - Fri. 26<sup>th</sup> September 10am

## Find us on the web!



**Noticesheet Items:** please submit to the Church Office by noon Tuesday to [office@stmarysfrinton.org](mailto:office@stmarysfrinton.org)

**Homegroup Information:** Heather Ursell - 07882 402 768

**Media & PowerPoint items:** email to office before 6pm Wednesday

**Bookings for Church Premises:** [OpsMgr@stmarysfrinton.org](mailto:OpsMgr@stmarysfrinton.org)