

# The Combs and Finborough News Sheet

Buxhall, Combs, Gt and Lt Finborough, Harleston, Onehouse and Shelland



## WELCOME

As we keep in touch, pray and support each other

### 27<sup>th</sup> July 2025 : The Sixth Sunday after Trinity

#### Church Services Today:

9.30 am	Morning Worship	Buxhall
9.30 am	Holy Communion	Shelland
11.00 am	Morning Worship	Onehouse
11.00 am	Holy Communion	Great Finborough
3.00 pm	Healing & Wholeness Service	Combs

#### Demonstration of Sacred Circle Dancing

Onehouse circle dancers will be dancing sacred dances in Shelland church on Tuesday, 29<sup>th</sup> July from 2pm to 3pm. You are most welcome to come and observe this spiritually reflective form of dance to inspiring music.

#### Quiet Day – Saturday, 9<sup>th</sup> August 2025

We will be holding a benefice quiet day on Saturday, 9<sup>th</sup> August in Stowupland. The theme for the quiet day will be the story of the Road to Emmaus. The venue is Stowupland Church Hall with a start time of 10am for coffee, please bring a packed lunch with you and we anticipate the day finishing by around 3pm. There is no cost involved but donations would be welcomed. Places are limited so please email [revdsarahjenkins@gmail.com](mailto:revdsarahjenkins@gmail.com) to book a place.

#### Forthcoming Events

- 27<sup>th</sup> July** – Healing and Wholeness Service, 3pm, St Mary's, Combs
- 2<sup>nd</sup> August** – Buxhall & Shelland Fete, 11am to 3pm, St Mary's, Buxhall
- 4<sup>th</sup> August** – Little Finborough PCC, 7.30pm, The Rectory, Combs Ford
- 5<sup>th</sup> August** – Onehouse PCC, 7.30pm, Trinity Hall, Onehouse
- 9<sup>th</sup> August** – Benefice Quiet Day, 10am to 3pm, Church Hall, Stowupland (see above)
- 10<sup>th</sup> August** - Hymns & Pimm's, 3pm, St Mary's, Little Finborough,

suggested donation of £5 for glasses of Pimm's

**11<sup>th</sup> August** – Rural Coffee Caravan, 2pm to 4pm, Harleston Green

**11<sup>th</sup> August** – Buxhall PCC, 7.30pm, St Mary's, Buxhall

**13<sup>th</sup> August** - Summer Picnic with children's activities, 11am to 1.30pm, St Mary's, Little Finborough. Please bring your own picnic, drinks will be available. Please bring chairs and/or rug if needed. Children must be accompanied by a responsible adult.



**14<sup>th</sup> August** – Rural Coffee Caravan, 10am to 12pm, Combs Green, Combs

**20<sup>th</sup> August** – Rural Coffee Caravan, 2pm to 4pm, Finborough Court, Great Finborough

### **Meet Up Mondays in Church Hall, Combs**

Our next meeting will take place on **28<sup>th</sup> July 2025** from 10.30am to 12.30pm, please contact Revd Alison on 01449 541794 if you require further details. All most welcome.

### **Wednesday Mornings in Trinity Hall, Onehouse**

9.30am Wednesdays Said Holy Communion followed at 10.30am by coffee and cake.

### **Saturday Morning Prayer on Zoom at 10am**

Join us for a short service of Morning Prayer on Zoom, this is the link to join the service

<https://us02web.zoom.us/j/84537834344?pwd=dmZRdXpkbXNpUk15aVNjdzMwdmg5dz09> Meeting ID: 845 3783 4344 Passcode: 916836

### **Prayer Group**

We have a group of people from across the Benefice who pray individually and privately for anyone who asks for prayerful support, whatever the situation may be. All information given is kept totally confidential. Our only request is that the person receiving prayer gives their consent. If you or someone you know would welcome prayer, please contact Elizabeth Mooney at [emooney6@sky.com](mailto:emooney6@sky.com).

### **Collect for the Sixth Sunday after Trinity**

Merciful God, you have prepared for those who love you such good things as pass our understanding: pour into our hearts such love toward you that we, loving you in all things and above all things, may obtain your promises, which exceed all that we can desire; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

### **Readings**

#### **The New Testament reading is taken from Colossians 2.6-15**

As you therefore have received Christ Jesus the Lord, continue to live your lives in him, rooted and built up in him and established in the faith, just as you were taught, abounding in thanksgiving. See to it that no one takes you captive through philosophy and empty deceit, according to human tradition, according to the elemental spirits of the universe, and not according to Christ. For in him the whole fullness of deity dwells bodily, and you have come to fullness in him, who is the head of every ruler and authority. In him also you were circumcised with a spiritual circumcision, by putting off the body of the flesh in the circumcision of Christ; when you were buried with him in baptism, you were also raised with him through faith in the power of God, who raised him from the dead. And when you were dead in trespasses and the uncircumcision of your flesh, God made you alive together with him, when he forgave us all our trespasses, erasing the record that stood against us with its legal demands. He set this aside, nailing it to the cross. He disarmed the rulers and authorities and made a public example of them, triumphing over them in it.

This is the word of the Lord: **Thanks be to God.**

### **The Holy Gospel is taken from Luke 11.1-13: Glory to you O Lord**

Jesus was praying in a certain place, and after he had finished, one of his disciples said to him, 'Lord, teach us to pray, as John taught his disciples.' He said to them, 'When you pray, say: Father, hallowed be your name. Your kingdom come. Give us each day our daily bread. And forgive us our sins, for we ourselves forgive everyone indebted to us. And do not bring us to the time of trial. And he said to them, 'Suppose one of you has a friend, and you go to him at midnight and say to him, "Friend, lend me three loaves of bread; for a friend of mine has arrived, and I have nothing to set before him." And he answers from within, "Do not bother me; the door has already been locked, and my children are with me in bed; I cannot get up and give you anything." I tell you, even though he will not get up and give him anything because he is his friend, at least because of his persistence he will get up and give him whatever he needs. 'So I say to you, Ask, and it will be given to you; search, and you will find; knock, and the door will be opened for you. For everyone who asks receives, and everyone who searches finds, and for everyone who knocks, the door will be opened. Is there anyone among you who, if your child asks for a fish, will give a snake instead of a fish? Or if the child asks for an egg, will give a scorpion? If you then, who are evil, know how to give good gifts to your children, how much more will the heavenly Father give the Holy Spirit to those who ask him!'

This is the Gospel of the Lord. **Praise to you O Christ.**

### **Intercessions**

Jesus taught His disciples and us to pray saying: Our Father in heaven, hallowed be Your name;

Father God, direct all our living; all that we think, say, and do. May your name never be a curse or a blasphemy on our lips but always a name that is loved, honoured and praised; and may the way that we speak of You move our world closer to a heavenly kingdom on earth.

Lord, in your mercy: **hear our prayer**

Your kingdom come;

Mighty God, we pray that You will strengthen our diocese and the churches in our benefice as we seek to draw folk into worship and faith. Keep our churches strong and growing and help us to encourage others to take up the Christian faith through our worship and social events.

Lord, in your mercy: **hear our prayer**

Your will be done on earth as it is in heaven;

Gracious God, sometimes we find this very difficult to accept, especially when some is seriously ill or dying, but we pray for those we know who are ill or have died asking that they may be surrounded by your loving presence.

Lord, in your mercy: **hear our prayer**

Give us today our daily bread;

Creator God, in a world of greed and selfish desires may we see that we are sustained only by your wonderful provision. May our eagerness to acquire material possessions pale in comparison to our joy in the wonderful gift of Your Son to be our Saviour.

Lord, in your mercy: **hear our prayer**

Forgive us our sins as we forgive those who sin against us

Merciful God, how easy it sometimes is for us to ask for forgiveness and yet at the same time refuse forgiveness for those who perpetrate acts of terrorism and war.

Lord, in your mercy: **hear our prayer**

And lead us not into temptation, but deliver us from evil

Almighty God, protect us from the constant dangers and enticing temptations we face each day. Deliver us from the oppressive evils of apathy, addiction, and abuse.

Lord, in your mercy: **hear our prayer**

For the kingdom and the power and the glory are Yours forever and ever.

Everlasting God, we make all these requests because You are King of Kings and Lord of Lords, Alpha and Omega, beginning and end.

Merciful father: **accept these prayers for the sake of your Son, our Saviour, Jesus Christ. Amen.**

### **Services on 3<sup>rd</sup> August: The Feast of the Transfiguration**

9.00 am	Holy Communion	Little Finborough
9.30 am	Spiritual Communion	Zoom
9.30 am	Holy Communion	Harleston
11.00 am	All Age Worship	Combs

**Please remember the families and loved ones of those who have recently died including Rosemary Gascoine.  
May they Rest in Peace and Rise in Glory.**

As a Group of Churches we are committed to promoting a 'Safer Church' for all. Information relating to Safeguarding is available in all our churches and from our Diocesan Website <https://www.cofesuffolk.org/promoting-a-safer-church>

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