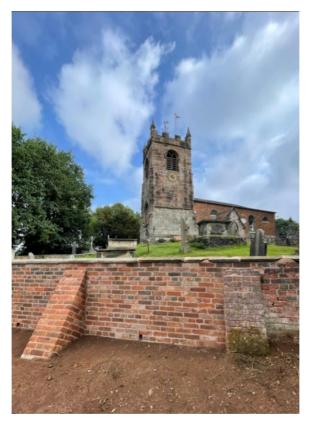


Lawton Light!

Church Lawton Parish Magazine

August 2025 50p



Your people will rebuild the ancient ruins and will raise up the age-old foundations:
You will be called Repairer of Broken Walls,
Restorer of Streets with Dwellings.

Isaiah 58v 12

www.allsaintschurchlawton.co.uk Sharing the love of Jesus in our community



We really appreciate the support of our advertisers in the Lawton Light magazine. We produce 150 hard copies and it has a readership locally of 2.5 times that. It is available on our website and also on a Church Near You—so it reaches the world!

If you would like to advertise in Lawton Light please contact the editor Jane Baker on Telephone 01270 876363 or email: editor@allsaintschurchlawton. co.uk



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LAWTON LIGHT! Who's Who at All Saints'?

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Messy Church	Jackie Moss	Tel:01782 771067
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Musical Director	Margaret Cruxton	Tel:01270 876366

^{**} Members of our team are very pleased to visit you in your home, to listen to you, talk with you, and pray with you. Nothing is too trivial, and nothing is beyond the reach of God's love and grace.

All you have to do is pick up the telephone and call.

We will be delighted to hear from you, and respond to your need.



Please scan me to donate to help maintain our church



August Letter

Dear Friends, The school holidays are here, the weather (as I write this) is scorching, and our church building is the coolest place in the parish! Whether you are enjoying the garden this summer with a staycation, or planning a trip away, I pray that you are able to enjoy some rest and relaxation this month. It may interest you to know that the word holiday was originally linked to the church's Holy Days which were days on which the church remembered a particular saint or Christian festival.

In addition to holidays, this
August is also an occasion for
remembering as the 80th
anniversary of Victory over Japan
falls on 15th August. You may
recall we marked the 80th
anniversary of VE Day with a
special service on Sunday 4th
May, followed by a wonderful
afternoon tea in church on the
8th, complete with a sing-a-long
and finishing with our church
bells. But of course, VE Day is only
half the story.

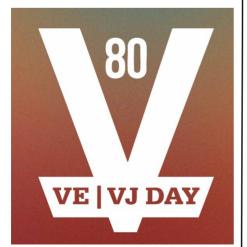
The other half happened on 15th August 1945 as Japan surrendered, bringing the fighting in the Far East to close, and with it WWII finally came to an end. Fighting in the Asia-Pacific took place from Hawaii to North East India, Britain and the Commonwealth's principle fighting force, the Fourteenth Army, was one of the most diverse in history – more than 40 languages were spoken, and all the world's major religions represented. Victory over Japan (VJDay) marks this important day, and there will be various events across the nation to mark the 80th anniversary.

On the day itself, Friday 15th August, there will be a special midday National Commemorative Event at the National Memorial Arboretum organised by the Royal British Legion in partnership with the Government. To honour and remember all those who fell during the Second World War, there will be a military procession from Whitehall to Buckingham Palace followed by a flypast of current and historic military aircraft including the famous Red Arrows.

Here at All Saints' Church, we will be having a special service on Sunday 17th August, which is the closest Sunday to the anniversary date. We will be using the official theme for VJ Day 2025, which is "Remembering the past, celebrating the future". This theme emphasizes both honouring the sacrifices made during the war and looking forward to a peaceful future — which seems particularly appropriate given the current war in Europe and conflict in the Middle East.

As we remember the past and celebrate the future, I trust you will have an enjoyable month.

God bless, Heather



6th August 1945

A day like any other (Though wartime days are hard) He said 'farewell' to mother Set off through streets bomb scarred.

The weather now was warming, The sun shone in the sky The siren screamed a warning – A single plane up high.

He saw the plane quite clearly The silver 'gainst the blue; He shrugged, now wartime weary What harm can one plane do?

A light, intense, astounding
A fearsome blast of heat
Destroyed the world around him
And blew him off his feet.

He lay, all burned and broken Amidst that ruined hell His agony unspoken – His throat was burned as well.

So many like him, dying In fearful silent pain Their voices, though, are crying, "This can't be done again."

By Nigel Beeton

Meru's Musings Remembered...

What word is pronounced the same if you take away four of its five letters?

What can fill a room but takes up no space?

What is so fragile that saying its name breaks it?

What five-letter word has one left when two letters are removed? What has branches, but no fruit, trunk, or leaves?

What word contains 26 letters but has only three syllables? What can talk but will reply when spoken to?

What is taken before you can get it?

Listed below are towns and cities in the British Isles, can you name them?

Clue

A tub of water
Toilet
Don't allow the funeral
Jacket Crossing
Robin Hoods colour
Prohibit very loudly
Replacement ship for Noah

Town Answers

Bath, Lewes, Banbury, Coatbridge, Lincoln, Banff, Mewark A poem by Kahlil Gibran a Lebanese poet who passed away in 1931 aged 48

On Children

And a woman who held a babe against her bosom said, 'Speak to us of children'.

And he said:

Your children are not your children. They are the sons and daughters of Life's longing for itself. They come through you but not from you, And though they are with you, yet they belong not to you.

You may give them your love but not your thoughts, For they have their own thoughts. You may house their bodies but not their souls. For their souls' dwell in the house of tomorrow, which you cannot visit, not even in your dreams.

You may strive to be like them but seek not to make them like you. For life goes not backward nor tarries with yesterday.

You are the bows from which your children as living arrows are sent forth.

The archer sees the mark upon the path of the infinite, and He bends you with His might that His arrows may go swift and far. Let your bending in the archer's hand be for gladness: For even as He loves the arrow that flies, so He loves also the bow that is stable.

So profound and beautiful

Meru Ullah

The World's Biggest Coffee Morning

Saturday 27th September at **All Saints' Church**, Church Lawton 10.30am-12.30pm

It's time for a Macmillan Coffee Morning and you're invited.
Let's do whatever it takes to support people living with cancer.

Don't like coffee? Don't worry we have tea, bacon butties, toast and of course cakes!







All Saints' Church, Church Lane Church Lawton ST7 3DD
Tel 07473355646 www.allsaintschurchlawton.co.uk
FB AllSaints Church, Church Lawton



What's the Big Idea? Books of the New Testament: 1 Corinthians



'When people become Christians, they don't at the same moment become nice. This always comes as something of a surprise' (Eugene Peterson).

After founding the church in Corinth Paul spent a year and a half with them, showing them how to live out this new life as a community of believers. Corinth was a major commercial centre in Greece and a crossroads for travellers and traders across the Empire. Its people placed a high premium on wisdom, but Corinth was also known for its immorality. Little wonder that the church was plagued with so many problems!

However, after Paul left the church factions developed, immorality was rife, and worship had become a selfish grabbing for the supernatural. Paul's letter, written around AD 55 in Ephesus, is a response to these problems.

It is clear that, although the church was gifted (1:4–7), it was immature and unspiritual (3:1–4).

Paul's purpose for writing was to: instruct and restore the church in its areas of weakness, correcting erroneous practices such as divisions (1:10—4:21), immorality (ch. 5; 6:12 –20), litigation in pagan courts (6:1–8) and the abuse of the Lord's Supper (11:17–34). Correct false teaching concerning the resurrection (ch. 15).

This letter is very relevant for us today, as we are also powerfully influenced by our cultural environment. Many of the questions and problems that confronted the church at Corinth are still with us. Yet despite the problems, Paul's focus remained on knowing Christ in His life and trusting in the power of the cross: 'For I resolved to know nothing while I was with you except Jesus Christ and Him crucified.' (2:2).

Canon Paul Hardingham



Big Summer Safeguarding Survey

Your voice matters — please help us shape a safer Church.

This autumn, the Diocese of Chester will welcome a team of independent auditors from INEQE Safeguarding Group as part of a nationwide independent safeguarding review of all dioceses and cathedrals across the UK.

The process got underway this week with the launch of a survey which has been sent out with a joint message from the Bishop of Chester, Mark Tanner and Jane Pleace, Diocesan Secretary and Chief Executive.

Bishop Mark said:

"This is your chance to share your honest thoughts: to celebrate what's working well and highlight where we can do better. Whether you've had positive experiences or see areas for improvement, your insight is essential. The more voices we hear, the better we can serve and support everyone in our community here in the Diocese of Chester."

Jane explained that every voice matters and that this is not just for leadership, but for the entire community. She said: "It's my hope and prayer that every church and meeting place across Chester Diocese is safe and welcoming to all who visit – whether they come once or often. We have a hugely valuable opportunity this year to listen and learn how we can all improve. That starts with listening to you!

"We want to reach families who access our activities – there's a special section for those under 18, as well as adults. And it's not just those in leadership roles, we welcome the views of those who take part in our playgroups, church choirs, bellringers, gardeners ... so you'll be hearing a lot about this over the coming weeks."

We're calling this our Big Summer Safeguarding Survey – big, because we want it to reach as many people as possible. However, the questionnaire is designed to be simple, short and should not take longer than ten minutes to complete.

The survey is open until 11:30 p.m. on Wednesday, September 3rd, and the responses will go directly—and confidentially—to the independent auditors at the INEQE Safeguarding Group.

Take the survey now: https:// ineqe.com/churchofengland/ chester/

Daily Prayer

Prayer grows in popularity

Well over three million people have now used the Church of England's <u>Daily Prayer podcast and app</u>, which offers Morning and Evening Prayer in audio form.

Launched during the pandemic, the service has seen over 12 million downloads, with thousands tuning in each day. Blending scripture, music, and reflection, it reflects a wider resurgence of interest in regular prayer and spiritual rhythm, showing that ancient words continue to find new life in modern formats.

You can Click on the **MORE OPTIONS** to filter the full range of text-based versions of our Services of Daily Prayer by:

- Type of service
- Time of day
- Date

By default, the view shows the most recent service in Contemporary form. You can view services up to a year in advance.



Sometimes By Mark Tanner Bishop of Chester

Book overview

It seems like lots of people are noticing that something is missing today. It's like they are hungry inside, or tired of being lost.

Week by week we see some are wandering into church and others grabbing Christians at school, work, or in the shops. This little book explores seven things Jesus says about himself which meet our deepest needs...

It is simple, colourful, playful, and inviting... and there is something here for everyone who is looking for more.

It's a 'little guide for the wonderers, and the wanderers, and the searching.'

Copies are available in church



Join Us!

COMMUNITY CHURCHYARD VOLUNTEERS NEEDED

Tuesday & Thursday 10:00am 12:00pm All Saints' Church Lawton

Waiting to go off to university, college or starting a new job. Why not come along on Tuesdays and Thursdays during the summer and early autumn and help in the churchyard. Lots of fresh air, laughter, cheaper than a Gym! followed by tea, coffee and biscuits and sometimes even cake!



From the Registers

Funerals

On 5th July Joan Margaret Toynton Age 88 years
On 19th July Celia Brookes Age 81 years

"The Lord is my shepherd, I shall not be in want. He makes me lie down in green pastures, he leads me beside quiet waters, Surely goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever."

(23rd Psalm)

Church Collections for June 2025

••

Week Beginning	1st	£584.21
Week Beginning	8th	£1,184.32
Week Beginning	15th	£683.02
Week Beginning	22nd	£175.37
Week Beginning	29th	£229.85

Our thanks to everyone who has helped us by giving faithfully and generously towards our costs of mission, ministry and maintenance.

During this unprecedented challenging time, you can also keep up to date via our website where you can find out about our worship, church life, giving and accessing our monthly parish magazine.

Knitivity News

2025



Knitivity a call to rally the troops.

Hello everyone, can I say a great big thank you for all the knitting so far it's wonderful so many people are yet again answering our call for squares.

I've just been looking at the colours of the squares already sent in we have plenty of grey, but we need some *more yellow, white, and brown*.

I have already made a start on putting together some of the display and looking forward to October when the full Knitivity will be revealed to everyone.

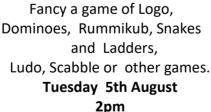
Please keep clicking and helping to make our display as wonderful as our previous ones, Noah and Creation, this is a community project that helps people to know where All Saints' Church Lawton is and what a wonderful community we are.

Many thanks again for everyone's efforts in helping with this arts project.

With love and blessings, Bev x





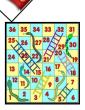


Then come and join us on Enjoy a challenge or teach others.









Laugh lines etcetera...

Fish and chips

Some tourists touring the north of England stopped to visit a Priory. The Prior gave them a tour of the buildings, ending in the kitchen, where one monk was making fish and chips. One tourist said brightly: "You must be the fish friar," to which the monk gravely replied, "No, I am the chip monk."



"We've had a tip-off that the sermon is going to over-run again."

August is the month of music and arts festivals....

Sounds

Music festival as parent drops off teenagers...

Daughter: Did you ever hear anything so amazing as that band? Father: Well, I once heard a collision between a milk float and a little van filled with ducks.

Go on

The critic started to leave in the middle of the second act of the play. "Don't go now," pleaded the producer. "I promise, there's a terrific kick in the next act."

"Fine," was the retort. "Give it to the author"

Music appreciation

The music critic enthused: "Here is Tchaikovsky at his best. Music so beautiful that it has to be heard to be appreciated."

A lot of music is like that.

Drama

"Did the play have an unhappy ending?"

"Oh no – everyone was glad when it was over."

The most fattening thing you can put in an ice cream sundae is a spoon.

You know you're getting older when you begin to realize that your parents were right, after all.



Just as the different parts

of our body need each

other to make a whole,

living person so

Christians need each

other to make a

whole living church!

"Just as a **body**, though **one**, has **many** parts, but all its many parts form one body. so it is with Christ. For we were all baptised by one **Spirit** so as to form one body... Even so, the body is not made

... Now you are the body of Christ, and each one of you is part of it."

up of one part but of many...

from 1 Corinthians 12:12-27



"Though we are many, we are one body in union with Christ, and we are joined to each other as different parts of one body.

from

Romans 12:1-7



BWSLEGSQEB Look in the Bible verses for the words written in **bold** then look for these words too!

GOD • TOGETHER • EQUAL • ALL • EVERY HEAD • EYES • EARS • MOUTH • TONGUE TEETH • NOSE • ARMS • HANDS • FINGERS LEGS • KNEES • FEET • TOES • GIFTS



Recycling & Green Living Tips

How To Reduce Your Exposure to Microplastics: A 2025 Update

Plastics are everywhere in food packaging, clothing, carpeting, personal care products, appliances, cars, and electronics. Humans have only been using plastics since the 1950s. Learning about microplastics is very recent but they are already widespread throughout the environment.

We cannot eliminate microplastic exposure entirely but there are some actions we can take such as avoiding bottled water, refraining from heating food in plastic, and opting for natural fibres. This can significantly reduce your intake of microplastics.

Researchers are finding microplastics, which are pieces of plastic smaller than 5 millimetres, in food, soil, water, and even the air we breathe. They vary in size and composition and can contain a range of polymers and additives, including flame retardants, plastic stabilisers, and colourants. Initially, scientists began to find microplastic pollution in marine habitats worldwide. Then, they began discovering them everywhere, including our bodies.

Recent research estimates that we consume between 74,000 and 121,000 particles annually, significantly higher than earlier estimates. A 2024 study found microplastics in every human placenta tested, and recent research reported that microplastic concentrations in human brains, kidneys, and livers have increased dramatically from 2016 to 2024.

A 2024 study found that people with microplastics in their arterial plaque face a 450% higher risk of heart attack, stroke, or death and may contribute to cancer, reproductive problems, and other health issues.

Where Do Microplastics Come From?

Primary sources can be such as glitter, microfibres used in the production of fleece, and microbeads in cosmetics. Secondary sources are bigger plastic items that break down into small pieces, e.g. plastic bags, straws, and fishing nets in the ocean.

How Can I Avoid Microplastics?

Carefully Select Tea Bags
Many tea bags are made from
plastic. Pouring boiling water over a
plastic bag to brew tea can release
billions of microplastics into the tea,
according to researchers. Another
issue is that synthetic tea bags are
not compostable. There are two
primary ways to avoid these issues.
One solution is to brew loose tea in a

reusable metal or glass strainer. The other is to carefully select tea brands that use natural fibres for their teabags. Both loose tea and natural fibre tea bags are safe to add to your compost pile.

Avoid Bottled Water

Drinking bottled water is a common way to ingest microplastics.
According to research, drinking

only bottled water can result in consuming 90,000 plastic particles annually compared to 4,000 from tap water. Recent studies confirm that bottled water contains an average of 94 microplastic particles per litre. If you have concerns about the quality of the tap water in your area, using a water filter might be a good idea.

Don't Heat Food in Plastic

Studies show that heating food or water in plastic causes it to release more microparticles. So, avoid microwaving food in plastic or washing plastics in the dishwasher. Likewise, putting hot food in plastic dishes and using plastic cooking utensils, such as a plastic spatula, can be cause for concern. Glass and metal make great alternatives; just be sure to avoid putting metal items in the microwave. Metal or wooden cooking utensils are an excellent alternative to plastic ones.

Be Cautious with Take-away Containers

Research shows that people who order take-aways four to seven times weekly may consume 12 to 203 microplastic particles from plastic food containers. Consider bringing glass takeout containers when picking up food or choosing restaurants that use compostable paper packaging.

Removing plastics from dental care

Instead of using disposable plastic manual toothbrushes, we can use bamboo toothbrushes. Bamboo is biodegradable and can be composted. Some toothpaste makes are using cardboard or aluminium packaging (e.g. Euthymol) as replacements for plastic tubes. Chewable toothpaste tablets also eliminate the need for plastic tubes. Silk dental floss is a great alternative to its plastic counterpart.

If you have an electric toothbrush companies like Live Coco (livecoco.com) sell tablets, bamboo brushes and also heads for electric brushes and will recycle them. They also sell other plastic-free products.

Happy recycling

Carol Henshaw

All Saints' Community Page





On Saturday 28th June the church held **A Pop Up Coffee Morning** to raise funds for new Altar clothes and Church Linen. It was a lovely summer morning choosing cakes and enjoying Bacon Baps or Oatcakes along with Tea and Coffee—not forgetting a go on the Tombola. Thank you to everyone who came and to those manning the stalls A fabulous £450 was raised in just 2 hours!

Churchyard Update

Thank you also for the very generous donation of a grass strimmer and leaf blower to the group.



It will really help us to keep tidy all round!

Its been a very busy time for the volunteers, from weeding and brushing the paths to tending and watering the plants. Improving the soil and look in the Memorial Gardens by spreading ground bark from the fallen trees, a great way to recycle in the churchyard even though we have now lost three trees this Summer!

Welcome to Christine and Brian who have joined the team this month. We still want to encourage young people before they go off to university, college or waiting to start employment to join us on a Tuesday and or Friday—an age gap is a good thing as we can all learn from each other—reverse mentoring comes to All Saints' would be wonderful so if you know any one do encourage them to join us.







The Bier House wall has also been repaired to. Thank you Michael Byde for coming along at short notice too.

All Saints' Community Page







After clearing the ivy and tree growth last Autmn and finding part of the wall had been very damaged, we finally have a rebuilt part of the wall. Thanks to Jordan and Rob from Traditional Bricklaying and Landscaping who have carefully redressed the bricks to rebuild the wall using as much as they could. We have an extra buttress now to strengthen the wall for the future.







All Saints' Church Lawton is open daily

The church is open daily for private prayer 10am to 4pm. Come in and spend a few quiet moments in the tranquil and peaceful setting. There is a prayer station at the front of the church or simply choose a pew.

Morning Prayer at All Saints'

Rev Sister Heather Kemball warmly invites you to join her for Morning Prayer at 9.30am on Monday, Wednesday and Friday

Midweek Communion at the Rectory

Every Wednesday morning at 11am, on the first Wednesday of each month it will be followed by an informal lunch.

First Wednesday of each month at 6.30pm followed by an informal supper.

Prayer Diary

Now available copies of the new monthly Prayer Diary with the names of all those on the electoral roll to enable us to pray regularly for one another.

Prayer for August

Heavenly Father, August – summer holidays and sunny skies. All should be well and yet, around the world all is not well!

Every day, it seems, new wars begin, catastrophes occur, world politicians play power games – and people suffer.

It can feel overwhelming and we want to bury our heads in the sand, rather than build sandcastles on the beach.

Help us Lord, to look up; to see things with Your perspective; to remember that Jesus warned us that in this world we will have trouble.

Then help us to remember that He told us to take heart, because He has overcome the world.

Father, help us to savor the summer, as we put our trust in You – our strength, our hope, our ultimate and unfailing security.

In Jesus name.

Amen.

By Daphne Kitching

Bible Readings for August Services

Date	Epistle	Gospel
3rd	Philippians 2 : 1 - 12	John 1: 1 - 14
10th	Daniel 12: 1 - 3	1 Corinthians 15: 1-5 12- 14, 20 - 26
17th	Psalm 46	John 15: 9 - 17
24th	Psalm 130	1 John 1: 15 - 10
31st	Romans 12: 9 - 21	John 17: 20 - 26

Teaser Answers

What word is pronounced the same if you take away four of

its five letters? Answer: Queue.

What can fill a room but takes up no

space?

Answer: Light.

What is so fragile that saying its name

breaks it? Answer: Silence

What five-letter word has one left when

two letters are removed?

Answer: Stone.

What has branches, but no fruit, trunk,

or leaves?

Answer: A bank.

What word contains 26 letters but has

only three syllables? Answer: The alphabet.

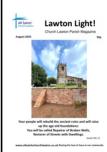
What can talk but will reply when

spoken to?

Answer: An echo.

What is taken before you can get it?

Answer: Your picture.



Please send any material for inclusion in the September edition of Lawton Light! By August5

10th

To Jane Baker 25 Dairylands Road, Church Lawton, ST7 3EU Telephone 01270 876363 or

email:

editor@allsaintschurchlawton.

co.uk

Services & Speakers August* 2025

8.30am	10.45am	6.00pm			
Trinty 7	Trinty 7				
Holy Communion	Holy Communion	Service of the Word			
Heather Kemball	Heather Kemball	Heather Kemball			
Trinity 8	Trinity 8				
	Praise & Prayer	Holy Communion			
	Heather Kemball	Heather Kemball			
Trinity 9	Trinity 9				
Holy Communion	Holy Communion	Evening Prayer			
Bev Boulton	Bev Boulton	Bev Boulton			
Trinity 10	Trinity 10				
	Praise & Prayer	Holy Communion			
	Margaret Cruxton	Margaret Cruxton			
Trinity 11					
	Holy Communion with Healing	Taizé			
	Bev Boulton	Bev Boulton			



August Rotas

Date	Time	Service	Readers	Prayers
3rd August	8.30am	Holy Communion BCP		
	10.45am	Holy Communion CW	Pat Lancaster	Bev Boulton
			Ruth Griffiths	
	6.00pm	Service of the Word	Harold Dowler Ken Newton	Bev Boulton
10th August	10.45am	Praise & Prayer	Janet Parker Di Williams	Bev Nixon
	6.00pm	Holy Communion CW	Chris Preston	Harold Dowler
			Kieran Hutchinson	
17th August	8.30am	Holy Communion CW		
	10.45am	Holy Communion C W	Linda Jones	Heather Kemball
			Margaret Mellor	
	6.00pm	Evening Prayer	Ken Newton	Heather Kemball
			Christine Hollins	
24th August	10.45am	Praise & Prayer	Ruth Griffiths	
			Paul Cruxton	Alan Kemball
	6.00pm	Holy Communion BCP	Chris Preston	Service Prayers
			Kieran Hutchinson	
31st August	10.45am	Holy Communion with Healing	Helen Mottram	
			Margaret Mellor	Margaret Cruxton
	6.00pm	Taizé	Harold Dowler	Margaret Cruxton
			Christine Hollins	





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