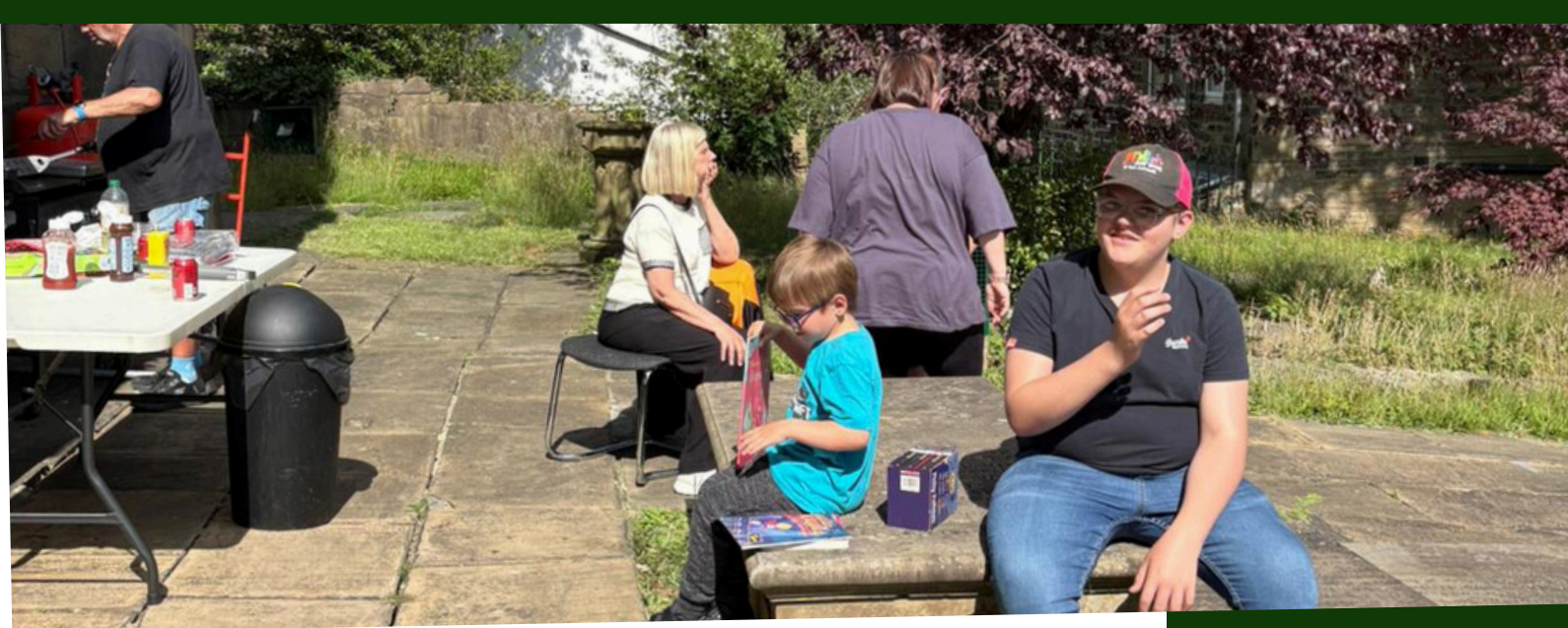


CHRIST CHURCH, SOWERBY BRIDGE

WEEKLY NEWS



Growing community

GALATIANS 6.(1-6),7-16

Paul concludes his letter to the Galatians by reminding them to look out for one another and bear each other's burdens while not shirking their individual responsibility to live a life of freedom and love. We are all called to care for and nurture one another so that we all grow in the love of Christ.

Carrying your own load but sharing your burden sounds complicated! But responsible members of a community work well together and help each other. Carrying our own load does not mean we can't also ask for help.

Why you should drink coffee

When you drink your morning cup of coffee, you are not the only one who is enjoying it.

Recent studies have found that the billions of friendly microbes living in your gut are also given a cheering boost. And that means better overall health for you – and even a longer life.

It seems that coffee not only contains compounds that nourish our probiotic beneficial bacteria, but the caffeine even helps them to increase in number. Coffee also contains polyphenols, plant compounds which acts as anti-inflammatory antioxidants.

But is there a best way to prepare and serve your coffee? Scientists believe that black coffee is the best for you, while coffee with cream and sugar is the worst. The study appeared in the journal *Nutrients*.

SUNDAY 6TH
JULY 2025
TRINITY 3

FIRST READING

ISAIAH 66.10-14

PSALM

PSALM 66.1-9

SECOND READING

GALATIANS 6.(1-6),7-16

GOSPEL

LUKE 10.1-11,16-20

SERVERS

PETER HENRY

SCOTT ORMROD

FIRST READING

ALYSSA HARGREAVES

PSALM

FIONA LAMB

SECOND READING

PETER HENRY

INTERCESSIONS

DAVE GILL

SIDES PERSON

PAULINE CHESLETT & LINDA
FIRTH

Collect Trinity 3

God our saviour,
look on this
wounded world in
pity and in power;
hold us fast to your
promises of peace
won for us by your
Son, our Saviour
Jesus Christ.

THIS WEEKS HYMNS

Processional

Glorious things of
thee are spoken

Gradual

Immortal, invisible,
God only wise

Offertory

I, the Lord of sea
and sky

Communion

How deep the
Father's love
Faithful one
Be still for the
presence

Recessional

Action Song

Public consultation about the next Bishop of Leeds launches

The Diocese of Leeds has launched its public consultation looking for the views of all people across our region about the next Bishop of Leeds.

We are asking for people to answer three questions about our new bishop and the future of our diocese, which are:

- *What are your three hopes for the future of the church in your community?*
- *What three words describe the main skills and qualities the next Bishop of Leeds needs to have, to help us grow in confidence as a diocese?*
- *What is the one thing you want to say to the next Bishop of Leeds?*

These questions can be answered by filling in our online form, which can be found here, or by scanning the QR code below.

The Rt Revd Toby Howarth, Bishop of Bradford and the chair of our Vacancy in See committee, said: "This is a major moment for our diocese as we look forward with confidence to the next stage of our shared future.

"In doing so we would really like to hear what people think.

"Our prayer is these questions enable everyone in our diocese to have their say and to feel part of the process."

As part of the consultation process, we have produced postcards with the questions on them which are being sent to every church, which can be filled in by hand and are pre-addressed to be posted back to Church House in Leeds.

Alongside these we have produced and are sending a poster advertising the consultation to every church, with a QR code to access the online form on it.



Proposals to enhance pensions mark a major step in supporting clergy well-being

A major step in a significant package of proposals for clergy well-being has been announced, which if implemented will increase future pension benefits for existing and future pensioners.

The improvements include restoring the target pension level to two-thirds of pensionable stipend, coupled with an increase to pensions that have come into payment since 2011.

General Synod will be asked to consider these proposals, which will require changes to the scheme rules, this July, with potential implementation after April 2026.

Further work is also underway to increase support and choice for clergy retirement housing, including measures to help clergy get on the housing ladder during stipendiary ministry.

In your prayers this week....

Anne and her family; Ant Wilkins; Anthony; Jean Angell; Lesley; Denise Edge; Piper Fletcher; Geoffrey Green; Alyson Healey; Peter & Margaret Jeffery; Terry Marsden; Michael Parker; Maralyn Pawson; Ruben; Carol Sharp; Karen Spencer; Vanessa Starsmore; Christopher, Stella and Will Streidling; Victor Smyth; Kelly Swift; Christine Russell; Lisa White; Peter Wilkins.



This weeks flowers are in memory of Margaret Boyd

If you would like flowers in church either in memory of a loved one or to celebrate a special day please speak to Angela W

From the Parish Prayer list:

Pupils staff and Governors of Tuel Lane Infant School; Nurseries and child-care providers; Church Bank; Church View; Claremont Street; Claremont Villas; Clay Street; Clement Street; Cleveleys Avenue; Cleveleys Garden.



Feeling flush?

Fitting a Flushsaver in your toilet could save 1.2 litres with every flush.

Use less with a bowl

We know it's tempting to throw everything in the dishwasher but using a washing up bowl saves lots of water. If you really hate the idea of rolling up your sleeves, make sure your dishwasher is full and use the eco setting if you have one.

Quotes

There is a way of winning by losing, a way of victory in defeat, which we are going to discover. - Laurens van der Post

Thou, O God, dost sell us all good things at the price of labour. - Leonardo da Vinci



"It's not a new stained-glass window - the Youth Club put its skateboard ramp too close to the church's west wall!"

Next week

SUNDAY 6TH JULY 2025
TRINITY 3

FIRST READING

DEUTERONOMY 30.9-14

PSALM

PSALM 25.1-10

SECOND READING

COLOSSIANS 1.1-14

GOSPEL

LUKE 10.25-37

SERVERS

SCOTT ORMROD

ANTHEA GEE

FIRST READING

FIONA LAMB

PSALM

DAVE TOWLER

SECOND READING

SCOTT ORMROD

INTERCESSIONS

ALYSSA HARGREAVES

SIDES PERSON

DARRELL & JENNIFER INGALL

DIARY

Monday

Tuesday

10am Digital Cafe & Coffee Morning

11.30am Mid week Communion

1pm Knit & Natter

Wednesday

Thursday

Friday

Saturday

10am Coffee Morning

Sunday

10.30am Holy Communion

Look Back Look Forward

The month began with Rebecca, Malcolm, Rhys, Rosie, Neo, Hayley and Tabitha getting Confirmed. It was a beautiful service and great to see so many people across the diocese getting Baptised and Confirmed and it was really special seeing our own candidates go forward.

We had the joy of James and Lauren's wedding in July. It was a wonderful (and very hot!) day and we will keep them and all their family in our prayers. The music for their service was provided by the Friendly Brass band, and they played wonderfully. Peter was able to build connections with them and it appears we will have them playing in our Church in the future.

Dave Callighan blessed us with his preaching skills this month. Dave delivered a powerful and thought-provoking sermon with confidence, and I hope he realises just how well he did. We all have gifts to serve God and please reflect on what you feel God is calling you to do.

Over the summer we will not be holding Messy Church and we went out with a good one. There were some new families there as well as some familiar faces. Anthea put together a great Messy Church service around Peters betrayal of Jesus. We built boats, fed sheep, made sheep biscuits and made fish.

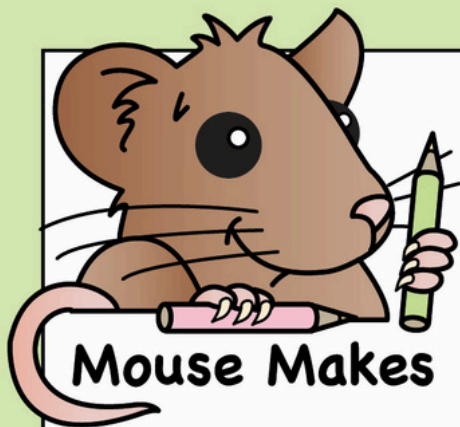
As we approach the end of the school year we spoke to New Road School and Christ Church year 6's about moving schools. We partnered with St. Pauls to go through and hand out the Its your move books for New Road school and Anthea and I did the same for Christ Church.

We have also made some changes to Junior Church. Liturgy has been introduced to help the Children not only learn the faith but understand what it means to be in Church. Going Forward for All Age the families will sit together rather than have the children in Junior Church.

We took part in Sowerby Bridge festive with beer, books and BBQ. The food was lovely and we had a steady stream of people and were able to make about £200 and still have some food left over for other events.

Looking forward I am looking forward to the Mothers Union on 17th July, but have mixed emotions about the Christ Church leavers service. I am off on the 20th, 27th and 3rd August, and although I will miss you all I am looking forward to it. It is a real blessing knowing I can take time off and trust the Wardens and leaders to keep things running.

Revd. Tommy



"Now Jesus was praying in a certain place, and when He had finished, one of His disciples said to Him, "Lord, teach us to pray..." And He said to them, "When you pray, say..."



Our _____
in _____,
hallowed be your
_____, your
_____ come,
your _____ be done,
on _____ as it is in
_____.

Give us today our daily
_____.
_____ us our
S _____ as we forgive
those who sin against us.
Lead us not into

_____ but _____
us from _____.

For the kingdom,
the _____ and
the _____ are
yours now and forever.
Amen

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| D | T | E | O | P | R | G | O | D |
| F | E | E | B | R | E | A | D | I |
| O | M | G | T | O | P | P | G | S |
| R | P | W | R | T | E | O | L | C |
| G | T | L | E | E | N | W | O | I |
| I | A | O | S | C | T | E | R | P |
| V | T | R | P | T | A | R | Y | L |
| E | I | D | A | I | N | A | M | E |
| N | O | S | S | O | C | D | A | S |
| E | N | P | S | N | E | V | F | W |
| S | K | P | E | V | I | L | A | I |
| S | I | R | S | I | N | S | T | L |
| Y | N | A | E | A | R | T | H | L |
| G | Y | H | E | A | V | E | N | |
| I | D | E | L | I | V | E | R | E |
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| A | M | E | N | W | O | R | L | D |
| I | L | F | L | J | E | S | U | S |



Fill in the missing words of the Lord's Prayer then find them and these extra words in the word search:
LORD'S PRAYER
DISCIPLES
JESUS
GOD
WORLD
NEEDS
FORGIVENESS
TRESPASSES
PROTECTION
REPENTANCE



The versions of **The Lord's Prayer** we say today come from the Gospels of Matthew and Luke.
Which version do you use in your church?



Read
Matthew 6:9-15
and
Luke 11:1-4





Mothers Union Annual Summer Lunch

This years Summer lunch is on Thursday 17th July at the Winterburn. Our MU would like to invite you to this lunch, if your intrested and would like to book a place please speak to Glenis or Angela .

Rushbearing – Saturday 6th September

It's that time of year again as we begin preparations for Rushbearing 2025! As always, we'll be running our raffle, tombola, and bottle stalls, and we're now kindly asking for donations to help stock them. If you have any items you'd like to contribute, please speak to Angela W or Janet T.

Also, don't forget about our popular holiday hampers! If you're heading off on holiday or visiting somewhere special, why not bring back a small gift or treat to include in one of our hampers? If donating food or sweets, please ensure the expiry date is well beyond September.

Details about how to book your own stall at the event will be shared next month.

Rushbearing Stalls– Saturday 6th September

If you would like a stall at this years Rushbearing please speak to Rebecca Lumb

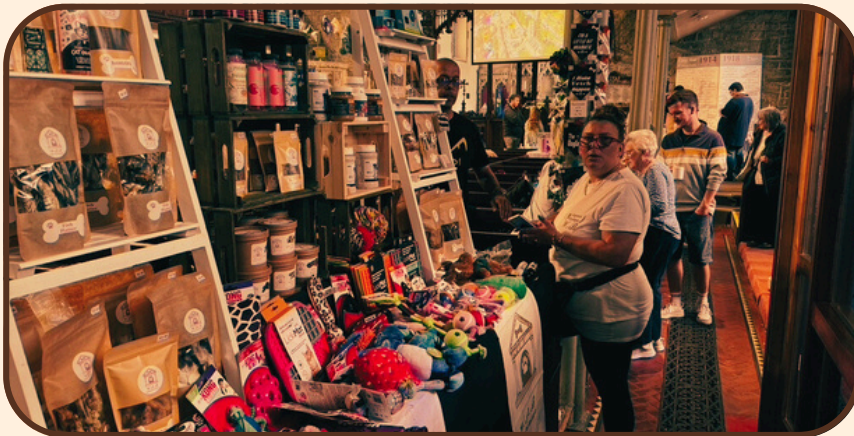
Reviewing Our Prayer List

We are currently reviewing the church prayer list. If there is someone you would like to add or remove, please speak to Peter. Thank you for helping us keep our prayers up to date and meaningful.

Home Visits

If you know someone who would appreciate a home visit—whether just for a chat or to receive communion—please add their name to the list at the back of church. Let's continue to care for one another in every season.

SOWERBY BRIDGE RUSHBEARING 2025 CRAFT FAIR - YOUR CREATIONS DESERVE A CROWD—BOOK YOUR STALL TODAY!



DATE & TIME

6 SEPT 2025

FROM 10 AM - 4 PM

LOCATION

CHRIST CHURCH,
SOWERBY BRIDGE
WHARF STREET, HX6 2LW

FEE

£20

PER STALL

WWW.CHRISTCHURCHSB.ORG.UK

Find us on
www.christchurchsb.org.uk



Using your smart device,
scan the QR code to join
'Hebrews Coffee' Wi-Fi

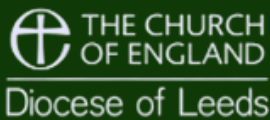


Once connected
scan the QR code
below



Captions* will appear once
the Service / Event starts.

*Captions are auto
generated and will include
errors

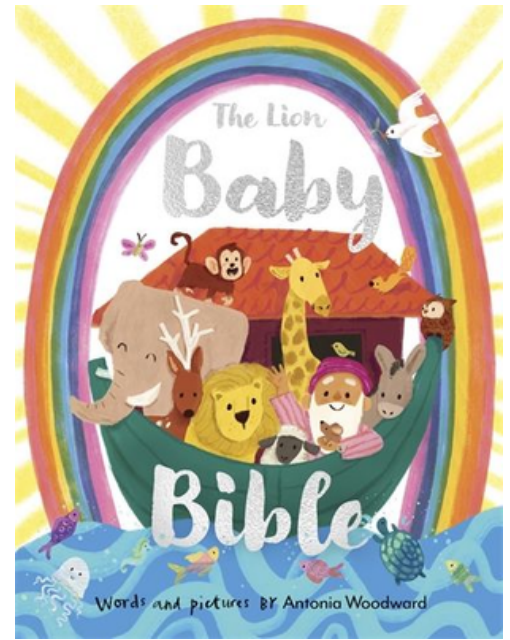


The Lion Baby Bible By *Antonia Woodward, SPCK,* £11.99

This beautifully illustrated first children's Bible for the very young (0 to 2-year-olds) would make the ideal gift for a newborn baby as a Christening, Dedication, or Baptism present.

The Lion Baby Bible includes 45 stories from the Old and New Testaments. Each story is simply and beautifully retold in a very few words, with a biblical truth about God's love for the world and our special relationship as His children.

This book will help you to share precious moments with your young child, as you enjoy showing them the illustrations, and introducing key events, people, and Jesus' teaching from the Bible.



Smile Lines

Baptism

The vicar announced that an additional font would soon be placed in the church, so that babies could be baptised at both ends.

Vote carried

The vicar was ill in hospital and so the churchwarden went to visit. Trying to cheer him up, the churchwarden said: "We missed you at PCC last night. We even put forward a resolution to wish you a speedy recovery. It was passed by 14 votes to 12."

Church News 2025 Year C

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CCLI License Number 295704

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Mr Dave Gill 07400 373 902 dave@christchurchsb.org.uk

**Ordinary people Sharing God's love in our world.
Growing in faith. Living by prayer. Loving God's word.
Living Loving Learning.**