



**St Mary's**  
Parish Church  
**Frinton** 2025

I press on to reach the end of the race  
and receive the heavenly prize for which God,  
through Christ Jesus, is calling us.

Philippians 3:14

## Welcome!

Tea and coffee available from 10:30 at the back of the church.  
Time for a chat with friends, old and new.

**Sunday 29<sup>th</sup> June 2025**

### Parish Church Services (Sundays only)

9:30am **Traditional Service - BCP (HC)**

**Galatians 5:1, 13-25 & Luke 9:51-62**

11am **All-Age Service (also livestreamed)**

**Luke 9:51-62**

### Old Church Services

Sunday 6:30pm **Evening Service - CW**

Wednesday 11am **Holy Communion**

Hearing  
Loop  
available



Access via  
the Old  
Road  
Entrance



Our toilets are located by  
the Old Road entrance

**FOCUS**  
**ON THE**  
**JOURNEY**

#### Get in touch:

Rector: Rev Funmilayo Vaughan  
Tel: 01255 679164 Email: [Office@stmarysfrinton.org](mailto:Office@stmarysfrinton.org)  
Website: [www.stmarysfrinton.org](http://www.stmarysfrinton.org)  
St Mary's Parish Church, Church Office, Old Road,

**LIVE**

**STREAMING**

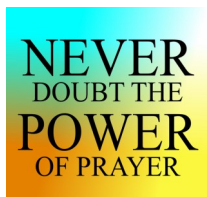


**Prayer requests for this sheet** should be made via the **Church Office**.

Tel: **01255 679164** Email: [Office@stmarysfrinton.org](mailto:Office@stmarysfrinton.org) Website: [www.stmarysfrinton.org](http://www.stmarysfrinton.org)

**Prayer requests for the Prayer Chain** (a group of church members who will pray, in complete confidence, for serious situations) Stewart and Mary Wilson: **01255 814 594**

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## **For our prayers during the week ...**

**... those who are unwell, and those who care for them:**

Gina Butler, David Chapman, Linda Halfacre, Kelsey Hawkins, Rosemary Heddle, David Kidney, Terry Puttick, and Cate Wilby.

**Church Family News:** It is with sadness that we have to let you know that our dear brother in Christ, Jerry Russell, died on Sunday, 15<sup>th</sup> June, held by his wife, Hilary. Jerry was a very active member of our church for many years. Please remember the family in your prayers. Further details will be provided in due time.

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## **Haven in Romania, Charity No.105136 – rep: Maggie Wilson**

Founded in 1991 by Frinton Christians, this charity partners with the Baptist Church in Piatra Neamt, Romania. Over its many years it has built strong relationships with local orphanages in and around the area, employing Romanians in ministries it founded. We help support the *Silvia Centre* which focuses on children with additional needs (not provided by the state). As well as financial and prayer support, over the years Dr Maggie Wilson and various other members of St Mary's have spent many weeks encouraging and training the Romanian staff to a high professional level, making the world of difference to so many lives.



## **London City Mission, Charity No. 247186 – rep: Lesley Holland**

LCM shares the Gospel alongside Christians in local churches in London, equipping them to bring the message of hope in Christ to those least likely to hear it. Historically, St Mary's donated toys at Christmas for children in families known by LCM, but now emphasis has changed to reaching the most marginalised, particularly the homeless. We support the Webber Street Day Centre, close to Waterloo Station, visited by around 70 homeless guests, primarily men, each day. This Christmas we will donate financially towards this work. Also, good quality second-hand men's clothes, suitable for the homeless, would be appreciated. More details in the autumn.



## **Sat 7, Charity No.1060612 – rep: Heather Ursell**

When we look at the MENA (the Middle East and North Africa) today, it can be hard to know how to pray, yet these are the lands that fill the pages of our Bibles, where Jesus walked and the Church itself was born. SAT-7 broadcasts the good news about Jesus, and how to follow him, right across these countries and far beyond. Broadcasts are 24/7, in Arabic, Persian, and Turkish, to children, youth, women, men and families, with content which is educational, and provides Christian teaching and entertainment. SAT-7 also provides a support service for viewers who contact them for advice or prayer. **PRAYER DIARIES** for July to September have arrived and are at the back and front of church. Please take one (or ask Heather for one) to help you pray for the Middle East.

## Homegroups available

Some of our groups are full, but some have room for more people. If you have been thinking about joining a group, this information might be helpful.

### These groups all have room at the moment:

Tue 11am, monthly, Old Hall Lane (Wendy Willis)  
Wed 2:30pm, weekly, Glebe Way (Mike Denny)  
Wed 3pm, weekly, Holland Road (Jean Allen)  
Wed 4pm, weekly, Harold Road (Andrew Rose)  
Wed 7pm, weekly, Old Road (Judy Morris)

And for those for whom online is more convenient: Wed 8:30pm, weekly (Dominic Gardner)

Please speak to Heather Ursell, or the group leader, if you are interested in joining any group. Speak to Heather if none of these times suit you and you'd like to find another group.



**Men's Breakfast** - Saturday, 12<sup>th</sup> July at 8:30am. If you are interested in joining the Men's Breakfast, please contact David Kidney or get in touch with the [Church Office](#). For catering purposes, we ask that you let Reception know if you wish to attend - or click [here](#)!

## Jaywick Project

Please consider donating towards the food parcels for Jaywick which we will be delivering through the school holidays to supplement families' supplies while the children do not have school meals. Monetary donations or packets and tins with a sell-by-date past September would be good. Items such as cereals, rice, pasta, tinned fruit or vegetables are ideal.

*Please also continue to pray for families and the elderly of Jaywick.*

Thank you for your support.

**Eleanor Young**



## Over 90's Group

Please note our *Over 90's Group* will be meeting on **Monday 7<sup>th</sup> July at 3pm** in the Church Lounge for tea, cake, and a chat. It will be great to see anyone in this age group, so please do join us. Contact Reception, if you'd like to know more, otherwise we look forward to seeing you there.

**Ruth and Tricia**

## Summer Concerts 2025 - Thursdays at 1:15pm

Light lunches (*supplied by Lilley's Bakery*) in the Church Hall 12:00-1:00pm

3<sup>rd</sup> July - Tuba & Euphonium: Marc Easener & Duncan Archard

10<sup>th</sup> July - Violin & Piano: Laure Chan & Siqian Li

17<sup>th</sup> July - Organ: Duncan Archard

*Retiring collection for St Helena Hospice and St Mary's Parish Church*



## Strawberry Cream Tea

Tickets £8.50 or £3.50 Children (under 12)  
Available from the Church Office weekday mornings

**Saturday,  
5 July 2025, 3pm**



# During the week ...

**Morning Prayer - 9am to 9:30 - Monday to Thursday - in the church - all welcome**

Wednesday 2<sup>nd</sup>    Wednesday Group 10am  
Holy Communion 11am (in the Old Church)  
Thursday 3<sup>rd</sup>    Smallsorts 10am  
Lunchtime Concerts 1:15pm  
Knit & Natter 1:30pm  
Friday 4<sup>th</sup>    Coffee Morning 10am  
Choir Practice 6pm  
Saturday 5<sup>th</sup>    Strawberry Cream Tea 3pm



## Sunday 6<sup>th</sup> July

9:30am Traditional Service - BCP (HC)  
11am All-Age Service (also livestreamed)  
6:30pm Evening Service - CW (Old Church)

Rotas for 2025 available on ChurchSuite. [Logins](#) available upon request.

## Secure Giving and Donations

We are members of the **Parish Giving Scheme** which means you can set up regular monthly giving, or leave a 'one-off gift'.

Giving regularly via PGS means (unlike other ways of giving) the Church receives 100% of your donation, plus Gift Aid - WITH NO BANK FEES!

Donors who would like to use the services of PGS can simply visit [parishgiving.org.uk/home](https://parishgiving.org.uk/home) and find our Church using the easy search tool. Then follow a few simple steps to set up your donation securely (or [click here](#)).

Or you can scan the QR code on this page, which will take you straight to our parish's landing page on the PGS website, where you can click on the 'one-off gift'. It couldn't be easier!

Alternatively, you can set up your regular gift by phoning the PGS team on 0333 002 1271, Monday to Friday, 9-5.

If you need any help, please get in touch with **Dominic Gardner, Operations Manager**



## DATES FOR YOUR DIARY

**Strawberry Cream Tea** - Sat. 5<sup>th</sup> July 3pm  
**Frinton Mission** - Sat. 27<sup>th</sup> July to Sun. 3<sup>rd</sup> August  
**Macmillan Coffee Morning** - Fri. 26<sup>th</sup> September 10am

## Find us on the web!



**Noticesheet Items:** please submit to the Church Office by noon Tuesday to [office@stmarysfrinton.org](mailto:office@stmarysfrinton.org)

**Homegroup Information:** Heather Ursell - 07882 402 768

**Media & PowerPoint items:** email to office before 6pm Wednesday

**Bookings for Church Premises:** [OpsMgr@stmarysfrinton.org](mailto:OpsMgr@stmarysfrinton.org)