



**St Mary's**  
Parish Church  
**Frinton** 2025

I press on to reach the end of the race  
and receive the heavenly prize for which God,  
through Christ Jesus, is calling us.

Philippians 3:14

## Welcome!

Tea and coffee available from 10:30 at the back of the church.  
Time for a chat with friends, old and new.

**Sunday 22<sup>nd</sup> June 2025**

### Parish Church Services (Sundays only)

9:30am **Traditional Service - BCP (HC)**

**Galatians 3:23-29 & Luke 8:26-39**

11am **All-Age Service (also livestreamed)**

**Luke 8:26-39**

### Old Church Services

Sunday 6:30pm **Evening Service - CW**

Wednesday 11am **Holy Communion**

Hearing  
Loop  
available



Access via  
the Old  
Road  
Entrance



Our toilets are located by  
the Old Road entrance

**TELL HOW  
MUCH JESUS  
HAS DONE  
FOR YOU**

Luke 8:26-39



### Get in touch:

Rector: Rev Funmilayo Vaughan

Tel: 01255 679164 Email: [Office@stmarysfrinton.org](mailto:Office@stmarysfrinton.org)

Website: [www.stmarysfrinton.org](http://www.stmarysfrinton.org)

St Mary's Parish Church, Church Office, Old Road,

Frinton-on-Sea, Essex CO13 9BX

We are a registered charity (1127647) in England and Wales.

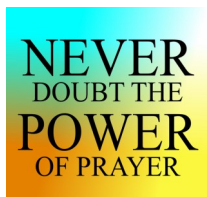


Prayer requests for this sheet should be made via the **Church Office**.

Tel: 01255 679164 Email: [Office@stmarysfrinton.org](mailto:Office@stmarysfrinton.org) Website: [www.stmarysfrinton.org](http://www.stmarysfrinton.org)

**Prayer requests for the Prayer Chain** (a group of church members who will pray, in complete confidence, for serious situations) Stewart and Mary Wilson: 01255 814 594

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**For our prayers during the week ...**

**... those who are unwell, and those who care for them:**

Gina Butler, David Chapman, Linda Halfacre, Kelsey Hawkins,  
Rosemary Heddle, David Kidney, Terry Puttick, and Cate Wilby.

**Church Family News:** It is with sadness that we have to let you know that our dear brother in Christ, Jerry Russell, died on Sunday, 15<sup>th</sup> June, held by his wife, Hilary. Jerry was a very active member of our church for many years. Please remember the family in your prayers. Further details will be provided in due time.

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Jesus had to flee persecution as a child when his parents escaped to Egypt. Throughout his life and in his death Jesus faced horrors we can't imagine, and he knew what it was to be without a home. In Matthew 8:20 he said, 'Foxes have dens and birds have nests, but the Son of Man has no place to lay his head.'

*The Week of Prayer for Refugees and Displaced People* has been from 14<sup>th</sup> to 22<sup>nd</sup> June, including the annual *World Refugee Day* on 20<sup>th</sup> June. Just as Jesus walked alongside people in crisis, with compassion and mercy, **may we remember the plight of refugees and displaced people in our prayers.**

Read stories on [www.tearfund.org/stories/all-stories](http://www.tearfund.org/stories/all-stories) of people who had to flee their homes because of conflict, from places such as South Sudan, the Democratic Republic of Congo, Syria, and Gaza, and other inspiring stories of resilience and courage from around the world.

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Our **Church Directory and Prayer Diary** has been updated and is ready to order from the Office. Directories cost £2 and you will *need to be in the directory* to obtain a copy. If you are not in the directory and would like to be, please contact the Church Office.

*Please return any old directories so they can be shredded and disposed of responsibly.*

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**Update re Foundations** (3&4 year olds group at *Frinton Mission*)

We have not been able to find new leaders for this age group and therefore this year we are going to run the group in a different way.

We have decided to combine the *Under 3s* and *Foundations* groups to make a brand new group for 0-4 year olds called 'Stay and Play.'

All children who have not yet started school will be in this group and

their parents/carers will be required to stay with them for the whole session. The group will meet in St Mary's Church Hall from 9:45-11:30am, Monday to Friday during Mission week. We would like to encourage you to volunteer for this exciting new team, which will be led by *Yoyis Higgins*, who has done a wonderful job leading the *Under 3s* team for the last few years. Application forms are now available online at [www.frintonmission.net](http://www.frintonmission.net) for all those who would like to volunteer to help this or any other team.



## Homegroups available

Some of our groups are full, but some have room for more. If you have been thinking about joining a group, this information might be helpful.

### These groups all have room at the moment:

Tue 11am, monthly, Old Hall Lane (Wendy Willis)  
Wed 2:30pm, weekly, Glebe Way (Mike Denny)  
Wed 3pm, weekly, Holland Road (Jean Allen)  
Wed 4pm, weekly, Harold Road (Andrew Rose)  
Wed 7pm, weekly, Old Road (Judy Morris)



And for those for whom online is more convenient: Wed 8:30pm, weekly (Dominic Gardner)

Please speak to Heather Ursell, or the group leader, if you are interested in joining any group. Speak to Heather if none of these times suit you and you'd like to find another group.

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## Being Welcoming

Currently we could really do with one or two more welcomers, at both 9:30 and 11am services, usually on duty with a team once a month.

Please speak to Heather if you would like to know more, or to volunteer.



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## Training, Outreach, and Evangelism Action Group (aka TOE)

Our next meeting is at 9:45am on Tuesday 24<sup>th</sup> June 2025 in Rooms 3/4. Please do try and come along if you can and be part of the strategic thinking for our church on this important subject. Please contact Peter Wood if you would like to know more.

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## SUMMER CONCERTS 2025 - Thursdays at 1:15pm

Light lunches (*supplied by Lilley's Bakery*) in the Church Hall 12:00-1:00pm

26<sup>th</sup> June - Piano: Nick Venner

3<sup>rd</sup> July - Tuba & Euphonium: Marc Easener & Duncan Archard

10<sup>th</sup> July - Violin & Piano: Laure Chan & Siqian Li

17<sup>th</sup> July - Organ: Duncan Archard

*Retiring collection for St Helena Hospice and St Mary's Parish Church*



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## Strawberry Cream Tea

Tickets £8.50 or £3.50 Children (under 12)  
Available from the Church Office weekday mornings

**Saturday,  
5 July 2025, 3pm**



# During the week ...

**Morning Prayer - 9am to 9:30 - Monday to Thursday - in the church - all welcome**

Tuesday 24<sup>th</sup> T.O.E. Action Group 9:45am  
Wednesday 25<sup>th</sup> Holy Communion 11am (in the Old Church)  
Wednesday Group 12 noon  
Thursday 26<sup>th</sup> Smallsorts 10am  
Lunchtime Concerts 1:15pm  
Knit & Natter 1:30pm  
Friday 27<sup>th</sup> Coffee Morning 10am



## Sunday 29<sup>th</sup> June

9:30am Traditional Service - BCP (HC)  
11am All-Age Service (also livestreamed)  
6:30pm Evening Service - CW (Old Church)

Rotas for 2025 available on ChurchSuite. [Logins](#) available upon request.

**Please note: No Choir Practice on Friday 27<sup>th</sup> June.**

## Secure Giving and Donations

We are members of the **Parish Giving Scheme** which means you can set up regular monthly giving, or leave a 'one-off gift'.

Giving regularly via PGS means (unlike other ways of giving) the Church receives 100% of your donation, plus Gift Aid - WITH NO BANK FEES!

Donors who would like to use the services of PGS can simply visit [parishgiving.org.uk/home](http://parishgiving.org.uk/home) and find our Church using the easy search tool. Then follow a few simple steps to set up your donation securely (or [click here](#)).

Or you can scan the QR code on this page, which will take you straight to our parish's landing page on the PGS website, where you can click on the 'one-off gift'. It couldn't be easier!

Alternatively, you can set up your regular gift by phoning the PGS team on 0333 002 1271, Monday to Friday, 9-5.

If you need any help, please get in touch with ***Dominic Gardner, Operations Manager***



## DATES FOR YOUR DIARY

**Strawberry Cream Tea** - Sat. 5<sup>th</sup> July 3pm  
**Frinton Mission** - Sat. 27<sup>th</sup> July to Sun. 3<sup>rd</sup> August  
**Macmillan Coffee Morning** - Fri. 26<sup>th</sup> September 10am

## Find us on the web!



**Noticesheet Items:** please submit to the Church Office by noon Tuesday to [office@stmarysfrinton.org](mailto:office@stmarysfrinton.org)

**Homegroup Information:** Heather Ursell - 07882 402 768

**Media & PowerPoint items:** email to office before 6pm Wednesday

**Bookings for Church Premises:** [OpsMgr@stmarysfrinton.org](mailto:OpsMgr@stmarysfrinton.org)