



April 2024

The Newsletter

Powerless - how many feel about so much that's happening in the world at the moment. So many serious crises: so few obvious solutions. So much injustice and pain: so little hope or healing. Such a need for good leadership: so much mediocrity. What's to be done?

Start small. Don't discount the little things. The fact you've noticed counts quite a bit. Not everyone notices - and not everyone who notices cares. Give thanks for a soft heart: hard-heartedness is part of the tragedy.

Pray. Turn indignation (or hurt, frustration or rage) into words or thoughts addressed to heaven. It's more useful than sounding off. 'More things are wrought by prayer than this world dreams of.'

Bad policies are easy to spot: good ones less easy to find - whether Gaza, Russia, global warming, or small boats. But top jobs in government are not vacant. And even ministers of the Crown can feel overwhelmed.

There's so much I can't do. Democracy creates the illusion that I am more responsible than I really am. Instead perhaps I should just do as well as possible what I really can do. How do I tend my relationships? How diligent am I in my work? And how do I make myself accountable?

Most of us want to be active - to be in control. But most things in life are beyond me - someone else is in charge, makes the decision, does the action: We experience most things passively. That's simply how it has to be.

What else can I do? I can give. I can seek out like-minded people - join a movement. I can share in the spiritual wisdom of generations. That's what church is meant to be. Church allows me to be shaped by Jesus and his vision for humanity - what he called the kingdom of God. The credibility of church turns in part on how seriously I take my following and belonging.

It also means I can leave the big stuff to God. He sees what I do not. All the world's mess is ultimately his to resolve. Jesus is the saviour of the world - so I am not. That's deeply liberating: I just have to find out what he asks of me - 'the one thing needful'. And have the grace to do it.

Paul

For all enquiries or pastoral matters, please contact the Rector:
Revd Paul Burr, The Vicarage, The Common, Swardston, Norwich NR14 8EB
Tel: 01508 570550 Email: pburr100@gmail.com

Churchwardens

Intwood & Keswick: John Scotting 01603 452893 Richard Dannatt 01603 259537
Swardeston: Andrea Pithers 01508 570802 Lynn Hewitt: 01508 578767
Ketteringham: Mary Parker 01603 811330
East Carleton: No wardens — enquiries to Peter Riches 01508 571449 or to Vicar

Coffee Mornings

There will be a coffee morning on Saturday April 20th in the Cavell Room by Swardeston Church from 10.30 – 12 noon. All proceeds to *Embrace the Middle East* which supports Christian partners working against poverty, illness and injustice in the West Bank, East Jerusalem and Gaza. Please come and support this worthy cause. Also: Book Swap Coffee Mornings Tuesdays 2nd and 16th April 10.30am - 12 noon in the Cavell Room. All welcome to drop in for refreshments and books

Hornsea 3 Windfarm

Following months of disruption on the B1113, three members of Swardeston Parish Council met with Orsted and their main contractor at the Converter Station site. We were shown the temporary measures taken to resolve the road flooding issues and were given a project progress report. They promised closer liaison with local communities. Orsted are to attend the 11th April meeting of Swardeston PC in Swardeston Village Hall at 7.30pm. All are welcome to come and find out what's going on.

Swardeston Spring Litter Pick

Saturday April 20th from 10am meeting at Swardeston Village Hall car park. Please register in advance with Derek: 01508 570249 or email derek@enfield-house.co.uk Hi-viz, pickers and sacks will be provided: please bring your own gloves. We welcome new volunteers: if you can spare a couple of hours, please get in touch.

Swardeston Jubilee Club

We meet for refreshments and chat every second Tuesday (9th April) in the Social Club Lounge at Swardeston Village Hall from 10am to 12 noon - time to make new friends or reconnect with old ones. Drop in for a cuppa and slice of cake. No charge but donations welcomed to cover costs. If you need transport contact derek@enfield-house.co.uk or call 01508 570249 We'll assist if we can. Hope to see you there.

Swardeston Day Centre

The Day Centre currently has spaces. If you or a relative or friend or neighbour could benefit from a hot meal, entertainment and meeting new friends call Liz on 07823331562 or 01508 57826 Mondays & Wednesdays to arrange a home visit.

Keswick & Intwood Parish Council

Keswick & Intwood Parish Council is seeking an enthusiastic, community driven parishioner to fill its current vacancy for Parish Councillor. Please contact the Clerk at Keswick.intwood@gmail.com if you are interested.

The Council will be meeting at 7pm at the Reading Room on the following dates for the rest of 2024: Wednesdays 22nd May, 3rd July, 25th September, 20th November.

Keswick Duck Race

Save the Date! Keswick Duck Race and BBQ will be on the afternoon of Sunday 16th June at The Mill House, Keswick. More details next month.

Ketteringham & East Carleton History Group

The next meeting is on Saturday, 13th April at 10.30am in the Village Hall. All welcome.

Ladybelt Country Park

We are pleased to announce receiving grant funding from the Levelling up fund 'Pride in Place' Award supporting the Park, its volunteers and activities, including a series of walks and talks. We would love you to be a volunteer, in any way great or small.

Celebrating the Park's 10 year anniversary this July, we have our annual summer event including outdoor theatre, food and refreshments, games and local interest activities, crafts and skills for all ages to enjoy on Sunday 7th July.

Be involved that day as a volunteer or have a stall, bring a craft, a skill, a passion or cake to share with your community. Interest from local businesses welcomed with sponsorship or to advertise in our programme to help raise funds. Please contact Ingrid (01603 504400) - our events team would love to hear from you: email ladybeltcountryparkevents@gmail.com

Scything Course

If you would like to learn the ancient craft and skill of scything and help support the park as a volunteer. We have training available in May. Please contact Ingrid (details above)

Forthcoming event at Ladybelt Country Park: Pop up Breakfast Sunday 19th May 9.30am to 12.30pm

Annual Church Parochial Meetings

Annual Church Parochial Meetings are fixed as follows:

- For the Parish of Intwood and Keswick: on Sunday 14th April at 12 noon at Intwood Church after the 11am service
 - For the Parish of Swardeston: on Thursday 25th April at 7.30pm in Swardeston Church's Cavell Room
 - For the Parish of Ketteringham: on Wednesday 11th April at 10.30am in St Peter's.
- All parishioners welcome for appointment of churchwardens and review of church year.

Church Services: April 2024

Sunday 7th April Easter 1	9.30am	Morning Prayer	Swardeston Church
	11am	Holy Communion	Intwood Church
	6pm	Evening Prayer	East Carleton Church
Sunday 14th April Easter 2	9.30am	Holy Communion	Swardeston Church
	11am	Holy Communion	Intwood Church
	6pm	Evening Prayer	Ketteringham Church
Sunday 21st April Easter 3	9.30am	Morning Prayer	Swardeston Church
	9.30am	Morning Prayer	Keswick Church
	11am	Holy Communion	East Carleton Church
Sunday 28th April Easter 4	10.30am	Morning Prayer	Swardeston Church (Group Service)

Do not store up for yourselves treasures on earth,
where moths and vermin destroy,
and where thieves break in and steal.
But store up for yourselves treasures in heaven,
where moths and vermin do not destroy,
and where thieves do not break in and steal.
For where your treasure is,
there your heart will be also.

Words of Jesus from the Sermon on the Mount

*I arise today,
through God's strength to pilot me,
God's might to uphold me,
God's wisdom to guide me,
God's eye to look before me,
God's ear to hear me,
God's word to speak for me,
God's hand to guard me,
God's shield to protect me,
God's host to save me*

St Patrick, fifth century

To receive the Newsletter direct into your in-box, email your request to the editor at
thenewsletter@live.co.uk

Please email material for the April issue of the Newsletter to the editor by
Sunday 21st April 2024 also at **thenewsletter@live.co.uk**