# The North Walsham Benefice <br> Sunday $24^{\text {th }}$ March 2024 <br> Palm Sunday 

Transformed by Christ: Prayerful, Pastoral, Prophetic
8.00am
Holy Communion
St Nicholas
9.30am
Holy Communion
All Saints'
10.15am Holy Communion (Beginning at market Cross) *St Nicholas

Hymns @ St Nicholas': NEH 509omit*, 79, 84, 86omit*
Organ Voluntary: Herzlich tut mich verlangen Op. 122/IO - Brahms
5.00pm Choral Stations of the Cross St Nicholas

Organ Voluntary: Mensch, bewein dein Sunde grofs BWV 622 - J.S. Bach

Loop System installed (centre aisle seats at St Nicholas, south pews at St Mary's) please advise us if this is not operating correctly.
Gluten free wafers are available at the High Altar (St Nicholas) If you would like to receive Communion in your place, please advise a welcomer/churchwarden.
*Live streamed services
*Morning Prayer 9.00 am said daily Monday - Friday at St Nicholas

| Monday 8.30am | $25^{\text {th }}$ March - Holy Monday <br> Holy Communion | *St Nicholas |
| :---: | :---: | :---: |
| 11.00 am | Chrism Mass | Norwich Cathedral |
| 7.00pm | APA training | St Nicholas Room |
| $\begin{aligned} & \text { Tuesday } \\ & \text { 9.00am } \end{aligned}$ | $\mathbf{2 6}^{\text {th }}$ March - Holy Tuesday <br> Holy Communion | * St Nicholas |
| Wednesday 9.00am | 27 ${ }^{\text {th }}$ March - Holy Wednesday <br> Holy Communion | * St Nicholas |
| $\begin{aligned} & \text { Thursday } \\ & \text { 9.00am } \\ & \text { 9.30am } \end{aligned}$ | $\mathbf{2 8}^{\text {th }}$ March - Maundy Thursday <br> Morning Prayer <br> Coffee Morning for | * St Nicholas St Nicholas Room |
| 10.30 am | Holy Communion | St Nicholas |
| 12.30 pm | Lent lunch | Salvation Army Hall |
| 2.30pm | Lent Pilgrim Group | Val Hayward's |
| 7.30pm | Liturgy \& Washing of feet | *St Nicholas |
| Friday | 29 ${ }^{\text {th }}$ March - Good Friday |  |
| 9.00 am | Morning Prayer | * St Nicholas |
| 9.30 am | Walk of Witness | Start at the Market Cross |
| 12.00 noon | Worship | St Mary's |
| 2.00pm | Liturgy | *St Nicholas |
| 6.00pm | Worship | All Saints' |


| Saturday <br> 7.30pm | 30 th <br> Easter Vigil |  |
| :---: | :--- | :---: |
| Sunday | $\mathbf{3 1}^{\text {st }}$ March - Easter Sunday | *St Nicholat |
| 5.45am | Dawn Vigil |  |
| 8.00am | Holy Communion (1662) | All Saints' |
| 9.15am | Holy Communion | St Nicholas |
| 10.30am | Holy Communion | St Mary's' |
| 5.00pm | Choral Evensong | *t Nicholas |
|  | St Nicholas |  |

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## Notices

On Maundy Thursday we shall wash feet during the 7.30pm service, as Jesus did if you'd like to be volunteer for this powerful and moving opportunity, please let David know!

Due to a change of timings at the Methodist church, the Good Friday Walk of Witness will now begin at 9.30am at the Market Cross.

Like last year, during Lent we encourage gifts to our flower funds at all our churches. If you'd like to make a donation, please pass it to Susan at Worstead, Sue at Edingthorpe, and either the office or the collection box (on Sundays) at North Walsham. At Easter we shall display a list of those people in whose honour or memory the donations have been made - there will be one list to cover all of the churches, which will be displayed at all of the churches - please forward the names to Sheila in the Benefice office by $28^{\text {th }}$ March at the latest.
First Communion will be this morning at the 10.30am service, for the Children who have been preparing for their first communion. We hold them in our prayers.

Funeral details - The funeral of our dear churchwarden Roger Buck will be held at St Nicholas on Friday $5^{\text {th }}$ April at II.00am. We hold Lorna, Amy and Judi in our prayers.
Lent Reading group meeting on Wednesday $27^{\text {th }}$ 3 pm at 5 Jubilee Terrace. Cromer, speak to Nigel if you need a lift.

Contacts if anyone needs the ministry of a priest at any time, day, or night, please contact David directly.

Priest in charge: The Rev’d David Warner 01692 218906 / 07506723946 davidnorthwalsham@gmail.com
The Rev'd Nigel Paterson 01263 5I5607
The Rev'd Valerie Watts 01692 405II9
Safeguarding Officer Lois Sherman 01692402802
Benefice office at St Nicholas - 9.00am-2.00pm Thurs:
Sheila - 01692 40897I saintnicholasnw@gmail.com
Website www.saint-nicholas.org.uk
Twitter @northwalshbenef @stmarysworstead Facebook @stnicksnorthwalsham

## Collect.

Almighty and everlasting God, who in your tender love towards the human race sent your Son our Saviour Jesus Christ to take upon him our flesh and to suffer death upon the cross:
grant that we may follow the example of his patience and humility, and also be made partakers of his resurrection;
through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

## Amen.

## A reading from the book of Isaiah 50: (4-9a)

${ }^{4}$ The Lord GOD has given me the tongue of a teacher, that I may know how to sustain the weary with a word. Morning by morning he wakens- wakens my ear to listen as those who are taught. ${ }^{5}$ The Lord GOD has opened my ear, and I was not rebellious, I did not turn backwards. ${ }^{6}$ I gave my back to those who struck me, and my cheeks to those who pulled out the beard; I did not hide my face from insult and spitting. ${ }^{7}$ The Lord GOD helps me; therefore, I have not been disgraced; therefore, I have set my face like flint, and I know that I shall not be put to shame; ${ }^{8}$ he who vindicates me is near. Who will contend with me? Let us stand up together. Who are my adversaries? Let them confront me. ${ }^{9}$ It is the Lord GOD who helps me; who will declare me guilty? All of them will wear out like a garment. the moth will eat them up.

## Psalm 3 I: (9-16)

$9 \quad$ Have mercy on me, Lord, for I am in trouble; my eye is consumed with sorrow, my soul and my body also.
10 For my life is wasted with grief, and my years with sighing; my strength fails me because of my affliction, and my bones are consumed.

II I have become a reproach to all my enemies and even to my neighbours, an object of dread to my acquaintances; when they see me in the street they flee from me.

## I2 I am forgotten like one that is dead, out of mind; I have become like a broken vessel.

I3 For I have heard the whispering of the crowd； fear is on every side； they scheme together against me， and plot to take my life．

## 14 But my trust is in you，O Lord． I have said，＇You are my God．

15 ＇My times are in your hand； deliver me from the hand of my enemies， and from those who persecute me．

## 16 ＇Make your face to shine upon your servant， and save me for your mercy＇s sake．＇

## A reading from The Letter of Paul to the Philippians 2：（5－II）

${ }^{5}$ Let the same mind be in you that was in Christ Jesus，${ }^{6}$ who，though he was in the form of God，did not regard equality with God as something to be exploited， ${ }^{7}$ but emptied himself，taking the form of a slave，being born in human likeness． And being found in human form，${ }^{8}$ he humbled himself and became obedient to the point of death－even death on a cross．${ }^{9}$ Therefore God also highly exalted him and gave him the name that is above every name，${ }^{10}$ so that at the name of Jesus every knee should bend，in heaven and on earth and under the earth，＂and every tongue should confess that Jesus Christ is Lord，to the glory of God the Father．

## The Gospel according to Matthew 27：（1－54）

## Post Communion Prayer．

Lord Jesus Christ， you humbled yourself in taking the form of a servant， and in obedience died on the cross for our salvation：give us the mind to follow you and to proclaim you as Lord and King，to the glory of God the Father．

## Amen



