

## Contact details:-

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Services		Reading List
4 <sup>th</sup> February – 2 <sup>nd</sup> before Lent	9am – Holy Communion at Parracombe 11am – Holy Communion at Lynton	Proverbs 8.1, 22-31 Colossians 1.15-20
11 <sup>th</sup> February – Sunday next before Lent	9am – Holy Communion at Martinhoe 11am – Holy Communion at Lynton	2 Kings 2.1-12 2 Corinthians 4.3-6
14 <sup>th</sup> February – Ash Wednesday	10am – Eucharist with Ashing at Lynton	
VVCuncoddy	11am – Holy Communion at Lynton	Genesis 9.8-17
18 <sup>th</sup> February – Lent 1	9am – Morning Worship at Parracombe (self led)	1 Peter 3.18-End
25 <sup>th</sup> February – Lent 2	11am – Holy Communion at Martinhoe 11am – Holy Communion at Lynton	Genesis 17.1-7, 15-16 Romans 4.13-End

## **Prayers**



Prayers for those that have passed away recently and for their families and friends



Prayers for Treasurers and PCCs as they are preparing for the Annual Parish Committee Meetings



Prayers for the businesses as they begin to prepare for the holiday season



Prayers for those that are struggling, in pain or suffering

## **Parish News and Updates**

- Saturday 10<sup>th</sup> February coffee morning at Caffyns Farm, Lynton
- Tuesday 13<sup>th</sup> February 10 12pm Coffee Morning at Christ Church, Parracombe
- Saturday 24<sup>th</sup> February coffee morning at Café No. 1, Lee Road
- Thursday 8<sup>th</sup> February Barbrook Village Hall Community Coffee Morning, Barbrook Village Hall from 10.30am

## **Lent Lunches**

Lent Lunches will be held at Martinhoe on the following Wednesdays:-

14th February

28th February

13<sup>th</sup> March

27<sup>th</sup> March

all are welcome

Please forward comments, events, submissions or ideas by 10<sup>th</sup> of the month to <u>lynvalleymissionoffice@gmail.com</u>.

Thank you.