



The Parish of Little Ilford

St Michael and All Angels with St Mary the Virgin

This week's notices

This weeks services and activities

Sunday 6th November - Third Sunday before

Advent

9:00am Morning Prayer at St Michael's
10:00am The Eucharist at St Michael's and live streamed

Monday to Friday

8:30am Morning Prayer at St Mary's
5:30pm Evening Prayer at St Mary's

Tuesday

10:30 – 12:00 Tuesday Chats in the café at St

Wednesday

7:00pm The Eucharist at St Mary's

Saturday

9:30-12:30 St Mary's working party

Sunday 13th November - Third Sunday before Advent / Remembrance Sunday

9:00am Morning Prayer at St Michael's
10:00am The Eucharist at St Michael's and live streamed

Prayer

Please pray for each other using the parish prayer resource.

Those who are ill:

Vineta, Jim, Anne, Den, Val, Lesley, Barbara, Simon, Jane, Dolly, Jackie W, Jenny and Bill, Martin, Christine, Joe, Joanne, Robert, Stuart, Andrew, Sophie, Carole, Cheryl

Those receiving further treatment or recuperating:

Flo, Charlie, Jackie, Jody, John

Recently Departed:

Tom, Rev'd Alison Clarke, Fr Crispin CR

Anniversaries:

7th Florence Goulding,
8th John Howard Bernard Wilkins,
10 Ethel Nixon,
11th Bill Herbert, Denis McCarthy,

Please also pray for:

- For Aston-Mansfield that the Froud Centre can be a blessing to the community
- Amy and Tobias on their separate journeys of discernment
- Our MP and local councillors
- Those anxious about rising costs of living, energy costs, mortgage costs
- All affected by the results of climate change
- The women of Iran and the protests there
- Peace in Ukraine, Sri Lanka, Sudan, Afghanistan, Israel and Palestine, Yemen, Myanmar, Syria, Ethiopia
- Migrants, refugees and asylum seekers

Powerful Green Tips

If you drink tea (or other hot beverages) you can save electricity by:

1. Only filling the kettle with just enough water.
2. Switching off the kettle as soon as it starts to boil instead of waiting for the auto switch-off.

The result will be:

We save money

We reduce our carbon footprint

We reduce steam generation, so reducing humidity and condensation in the home

We will help to prevent power cuts this winter

We support Ukraine

If you make two cups of tea, five times a day you can save about £11 and 16Kg CO2 each year. These are small savings, but every little helps.

St Mary's Working Party

Next Saturday (12th) we will be meeting at St Mary's as we postponed the session from the beginning of the month. This will be a chance to tidy up the church yard and clean the church before winter sets in properly. It would be lovely to see you there.

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The Church of England
in Essex and East London
Diocese of Chelmsford