

17 July 2022:
Fifth Sunday after Trinity
Proper 11
Year C

The Parish of East Preston with Kingston

St Mary the Virgin

NOTICE SHEET



Today's **hymns** are from the BLUE book (HON): 194; 25; 163; 557; 164; 604.

Today we publish the banns between Levi Doe and Sasha Smith. This is for the first time of asking.

Today **Sun 17 July** is All Age Worship at 10am. This is not a 'Family service', it is instead an opportunity for all ages to worship together.

Rev'd Emma has been appointed Priest-in-Charge at Preston St John with Brighton St Augustine and St Saviour. Her final Sunday here will be **Sun 14 Aug**.

Please come along to a **Dementia Friends** information session in the Spire Room on **Wed 20 July 2pm** or **Mon 5 Sept 7:30pm**. During this friendly and interactive session we'll learn more about dementia, how it affects a person and what we can do to help people affected by dementia in our community.

Diary Dates:

Mon **1 Aug** 7:30pm Kyiv Classic Accordion Duo, St Peter & St Paul's, Rustington

Tue **2 Aug** 7pm PCC meeting

Sat **6 Aug** 10am Cleaning party!

Fri **26 & Sat 27 Aug** 7:30pm Melons at the Parsonage Arundel Lido

Sat **3 Sept** 1:30pm Support Ukraine Lunch and Afternoon Event, Angmering Community Centre

Sat **19 Nov** Fundraising Concert in memory of Mandy Paine

Fri **9-Sun 11 Dec** Christmas Tree Festival

Joy, Mabs, June, Mavis and Jennie at Green Willow would like to invite their friends from St Mary's to join them for afternoon tea at Green Willow on **Thur 18 Aug 3pm**. This will be a monthly event on either the 3rd or 4th Thursday of each month.

Alison Grant writes: **Thanksgiving Service** to celebrate the life of Doug Medhurst is at 1pm on **Sat 10 Sept**, at St Mary's followed by tea & cake at East Preston Village Hall. All welcome & please pass on to anyone who knew Doug. Dress code - colourful! Retiring cash collection in aid of RNLI. There will be a live link and recording via St Mary's Church Facebook Live page <https://www.facebook.com/stmarysep/> for those unable to join us in person. This is a public page so there is no need to have a Facebook account. My sincere thanks to Pauline McLelland and the St Mary's church team for organising refreshments. Please do contact Pauline (01903 412961) if you would like to bring a cake to share! Many thanks, Alison (Doug's daughter)

The **bird feeders** in the churchyard have all gone missing . . . if you have any unwanted/unused bird feeders, please

consider donating them to St Mary's so that we can replace them.

Thanks to all who have been recycling printer cartridges with **Recycle4Charity**. St Mary's raised £20.15 during the period of 1 Apr - 30 June 2022. In the past year, £54.55 has been donated. Thanks too to Jenny for organising this initiative.

Chris Wood writes: We'd like a few more **Welcomers** to greet people as they arrive. You just need to arrive at Church at 9.30am, carry out a few small tasks and then be ready with your Big Smile! It will only be once a month.

I would also like to put together a small group of 3 or 4 people, ladies or gentlemen, to help me to keep a check on the **fabric** of the Church. We will meet monthly for no more than an hour. Please see me at Church, or call me on 01903 784206, or email chris.stmarys@gmail.com

ECO HINT for July: HAVE YOU EVER THOUGHT OF . . . When you peel your potatoes for roasting and even your carrots, don't throw away the peelings. Instead lay them on a baking tray, drizzle with olive oil, a little seasoning and roast until crisp. They are nice as crisps or cut the peel up to make croutons for salad or soup.

Please remember in your prayers those in special need especially: Adrian; Mo; Alison; David; Chris; Gordon; Sue Ralph; Lucy Parkes; baby Luke Wells; Ness; Joan; Joan Smith; June Robbins; Ray Hand; Ray Bone; Mary; Sister Lucia CSP; Steven.

We remember those who've died recently: Keith Puttock; Sister Lucia; Den Blaydes

and those whose anniversary falls this coming week: Walter Cane; Faith Cane; Daniel Allen Wilfred; Douglas Medcalf; Dennis Cooper; Gerald Adkins; Frank Edwin Cates; Alice Turnbull; Lucie Fisher; Albert Ruston; Dennis Beckenham; Marie Wilson.

Fr Andrew is taking Study Leave until **6 August**, and so will not be around - during this time Rev'd Emma will be in charge of all parish matters.

If you're able to make a regular donation to St Mary's, you can do so here: <https://www.parishgiving.org.uk/donors/find-your-parish/east-preston-st-mary-littlehampton/>

Readings for next Sunday: (24 July: Trinity 6, Proper 12): Hosea 1:2-10; Colossians 2:6-15; Luke 11:1-13.

Using your smartphone this QR code enables you to support St Mary's via a debit or credit card:



Vicar: Fr Andrew Perry : The Vicarage, 33 Vicarage Lane, East Preston BN16 2SP : 01903 78 33 18 : revajperry@btinternet.com
Curate: Rev Emma Ham-Riche : 20 The Ridings, East Preston BN16 2TN : 01903 783958 : ehamriche@gmail.com
Safeguarding Representative: Tracey Hammond 07751323253 : safeguardingstmarys@btinternet.com

www.stmarysep.org.uk : www.facebook.com/groups/stmaryseastpreston (Monday is Rev Emma's day off: Friday is Fr Andrew's day off)
St Mary's is a Registered Charity and our number is: 1180544

Collect: Almighty and everlasting God, by whose Spirit the whole body of the Church is governed and sanctified: hear our prayer which we offer for all your faithful people, that in their vocation and ministry they may serve you in holiness and truth to the glory of your name; through our Lord and Saviour Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

A reading from the book of Genesis

The Lord appeared to Abraham* by the oaks* of Mamre, as he sat at the entrance of his tent in the heat of the day. ²He looked up and saw three men standing near him. When he saw them, he ran from the tent entrance to meet them, and bowed down to the ground. ³He said, 'My lord, if I find favour with you, do not pass by your servant. ⁴Let a little water be brought, and wash your feet, and rest yourselves under the tree. ⁵Let me bring a little bread, that you may refresh yourselves, and after that you may pass on—since you have come to your servant.' So they said, 'Do as you have said.' ⁶And Abraham hastened into the tent to Sarah, and said, 'Make ready quickly three measures* of choice flour, knead it, and make cakes.' ⁷Abraham ran to the herd, and took a calf, tender and good, and gave it to the servant, who hastened to prepare it. ⁸Then he took curds and milk and the calf that he had prepared, and set it before them; and he stood by them under the tree while they ate. They said to him, 'Where is your wife Sarah?' And he said, 'There, in the tent.' ¹⁰Then one said, 'I will surely return to you in due season, and your wife Sarah shall have a son.' And Sarah was listening at the tent entrance behind him.

A reading from the letter to the Colossians:

He is the image of the invisible God, the firstborn of all creation; ¹⁶for in* him all things in heaven and on earth were created, things visible and invisible, whether thrones or dominions or rulers or powers—all things have been created through him and for him. ¹⁷He himself is before all things, and in* him all things hold together. ¹⁸He is the head of the body, the church; he is the beginning, the firstborn from the dead, so that he might come to have first place in everything. ¹⁹For in him all the fullness of God was pleased to dwell, ²⁰and through him God was pleased to reconcile to himself all

things, whether on earth or in heaven, by making peace through the blood of his cross.

²¹ And you who were once estranged and hostile in mind, doing evil deeds, ²²he has now reconciled* in his fleshly body* through death, so as to present you holy and blameless and irreproachable before him— ²³provided that you continue securely established and steadfast in the faith, without shifting from the hope promised by the gospel that you heard, which has been proclaimed to every creature under heaven. I, Paul, became a servant of this gospel. I am now rejoicing in my sufferings for your sake, and in my flesh I am completing what is lacking in Christ's afflictions for the sake of his body, that is, the church. ²⁵I became its servant according to God's commission that was given to me for you, to make the word of God fully known, ²⁶the mystery that has been hidden throughout the ages and generations but has now been revealed to his saints. ²⁷To them God chose to make known how great among the Gentiles are the riches of the glory of this mystery, which is Christ in you, the hope of glory. ²⁸It is he whom we proclaim, warning everyone and teaching everyone in all wisdom, so that we may present everyone mature in Christ.

A reading from the gospel according to St Luke:

Now as they went on their way, he entered a certain village, where a woman named Martha welcomed him into her home. ³⁹She had a sister named Mary, who sat at the Lord's feet and listened to what he was saying. ⁴⁰But Martha was distracted by her many tasks; so she came to him and asked, 'Lord, do you not care that my sister has left me to do all the work by myself? Tell her then to help me.' ⁴¹But the Lord answered her, 'Martha, Martha, you are worried and distracted by many things; ⁴²there is need of only one thing.* Mary has chosen the better part, which will not be taken away from her.'

Post Communion:

Grant, O Lord, we beseech you, that the course of this world may be so peaceably ordered by your governance, that your Church may joyfully serve you in all godly quietness; through Jesus Christ our Lord.