



"The Newsletter" For MARTLESHAM & BRIGHTWELL



Sunday 6 June 2021



The Runway HAS NOW RE-OPENED
to its normal
Tuesday, Thursday, Friday
& Saturdays
9.00 – 12.00

Cakes, Scones, Coffee & friendship
Could you ask for more?

POP-UP Shop
Now twice a month
Next shop
Sunday 13 June



Services and Lectionary Readings

Sunday 6 June 10.00am Holy Communion With Junior Church
- face to face at St Michael's
Online with Facebook & YouTube

Genesis 3.8-15
Psalm 130
2 Corinthians 4.13 - 5.1
Mark 3.20-35

5pm After hours service – zoom

Wednesday 9 June
10.00am Morning Prayer - Online with Facebook & YouTube

Psalm 34
Job 15
Romans 8.1-11

Sunday 13 June
10.00am Morning Worship - face to face at St Michael's
Online with Facebook & YouTube

Ezekiel 17.22-24
2 Corinthians 5.6-10 [11-13]14-17
Mark 4.26-34

11.00am Holy Communion – face to face at St Mary's
Readings, as above

6.30pm Evening Prayer - face to face at St John's

Wednesday 16 June
10.00am Morning Prayer Online with Facebook & YouTube

Psalm 119.57-80
Job 22
Romans 10.1-10

National Lockdown

We have now started up some face-to-face services and will be starting at St Mary's and St John's in June. The 10am service from St Michael's will continue to be livestreamed.

<https://en-gb.facebook.com/>

[pages/category/Church/Martlesham-Benefice-392285008216057/](https://en-gb.facebook.com/pages/category/Church/Martlesham-Benefice-392285008216057/)

<https://www.youtube.com/channel/UCotQ-hXSan3sj5ij2e-2qvA>

“Reasons to be cheerful” – Toby Tate

Writing for the Martlesham Monthly this time last year, I wrote about hearing Ian Drury’s song ‘Reasons to be cheerful part 3’ and how we need to look for the good in our daily life because God is good all the time.

Driving home on Monday evening having had a great bank holiday visiting family, this came on the radio, and we sang along as a family, badly mashing the words because actually we only knew the chorus. But it made me think what a difference there was between this year and last year. Certainly, visiting family for the bank holiday wasn’t an option last year, so things have improved. And whilst the rumours of a third wave continue to dominate headlines, the easing of lockdowns has meant that there is much to celebrate – in a cautious way.

And what I said last year is still true, because God doesn’t change – He is constant and eternal and good. So, we can look for the good in our daily lives still – because God is still good and the psalmist’s exhortation that ‘This is the day that the Lord has made; let us rejoice and be glad in it’ (Psalm 118:24) is as true today as it was when it was written thousands of years ago.

So, I pray that as you enjoy the sunshine and the respite from the wintry weather of a few weeks ago, you too can see the good in the day and praise God for it.

Toby

Roadmap to reopening churches.

We are now holding service at St Mary’s and St John’s, as well as continuing the pattern of face-to-face services that are live streamed from St Michael’s. The evening, online only services on the second and fourth Sundays will stop, although After Hours and the Reflective service will continue.

St Mary’s: Holy Communion services on the second and fourth Sunday at 11am.

St John’s: Evening prayer (BCP) services on the second and fourth Sundays at 6.30pm. When congregational singing is allowed again, this will change to evensong.

If you can offer to help with any of these services, please contact Lynn Wilder (St Mary’s) or Sandie Little (St John’s)

St Michael’s needs your help!

As things reopen, the church building is being used for hirers once again. This is great news, but it does mean that the church cannot stay set up for services during the week and so, once again, we need help to set up to use as a church. There are also plenty of opportunities for ministry in the services - could you fill the gaps?

Find the rota and sign up at:

<https://drive.google.com/file/d/1F4J4lgk5WxmSR3fZ5IIU9X31cwv6cRUo/view?usp=sharing>

There are spaces for:

Service warden: Open up, set up chairs, unlock fire escapes, set up contactless giving device. After service put chairs away, lock fire escapes, return giving device to the vestry. Hopefully others can help with the clear up, but it would be good to get people to set up as currently this falls on the service leader.

Musicians: Until we are allowed congregational singing, please indicate if you are happy to sing or play.

Readers: Read the bible readings. Can be done in person, via zoom, or pre-recorded video.

Intercessors: Lead the intercessions. Can be done in person, via zoom, or pre-recorded video.

Welcomer: Be a friendly face as people arrive. Ensure use of hand sanitiser and test and trace details, point people to seats, ensure visitors are welcomed especially.

Sound: Set up microphones, run the sound desk during the service, put away at the end.

Tech: Set up camera and computer. Run the livestream, move PowerPoint slides on during the service. Put away at the end.

Once we return to coffee after services there will also be spaces for this on the rota, as well as other roles such as flower arranging and any I have missed!

My hope is that those volunteering can be used just once a month, or even every six weeks so the more people who volunteer, the less each one has to do. Please feel free to pass this onto anyone else who might be able to take a role.

Thank you

Toby

Intercessions Trinity Sunday 6 June 2021

Almighty God we ask for your guidance to inspire the people of your kingdom, to be people who are bridge builders amongst those who would only focus on the differences amongst communities. Draw close to all those who feel that they are out of reach of your love, the marginalised, those who believe that they are not good enough, because of the enormity of past mistakes, poverty, disease or of any other belief.

Lord in your mercy, hear our prayer.

Creator God, teach us humility, so that we can recognise our own unique part in bringing about change to those around us. Where tension is present, lead us to be peace makers. Guide those in positions of authority to be kind and caring in their decision making. We pray for our Royal family as they undertake their tasks of leading and of being wise examples to many. We pray for our Prime Minister and his wife on the occasion of their marriage.

Lord in your mercy, hear our prayer.

We pray for the families to which we belong, those who share a faith and for those who do not. Be present at our encounters with them, that we will be kind and gentle in our approach to others, that you Lord might be honoured.

Lord in your mercy, hear our prayer.

Loving God we pray for those who suffer in body mind and in spirit. Give healing to all, that suffering can be manageable, and a peace reached, that a calmness might be experienced by the distressed. Grant wisdom to those who care for the dying the lonely and the homeless.

Lord in your mercy, hear our prayer.

Merciful God, your love is more powerful than our own, but it is by you we are called to intercede, draw close to those facing death, and to those who grieve for loved ones. By bedside, by roadside, in disaster, or on the field of battle, bring comfort to the dying, that with the Saints we too will share in eternity.

accept these prayers,
for the sake of your Son,
our Saviour Jesus Christ.
Amen.

Cathy Bourner

Fancy a chat?

Like everyone else, I have found that the restrictions have made meeting people challenging. Now the restrictions have eased, and the weather has improved, it is possible, and even pleasant, to meet in gardens and for walks. I have had some great visits to people recently and would love to do more. If you would like a visit to talk about anything, or nothing, do get in touch. I would love to meet with you and chat and pray with and for you – socially distanced of course. And it doesn't have to be on a screen.

Toby

Are you missing something in your life?

Maybe what you're looking for is an opportunity to have coffee together on a Sunday morning. On Sunday June 20th the pastoral care team will be on the Green outside St Michaels with our chairs and flasks of coffee from 11am. Why not come along, with your own drink and join us. Being outside means we can have up to 30 people in one group and we recognise that some people feel safer meeting outside than being in the church building. There is no pressure to have been at the church service first. Simply come and join us for a chat if you'd like to. It is possible to borrow a chair from inside the church or bring your own if you prefer, but you will need to provide your own drink and biscuits.

Christine

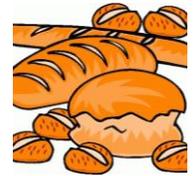
Catch Up Corner!

Toby and his team work extremely hard putting together many services on-line, this new feature puts together an index of many of the services and other items currently available to view. If you have a YouTube link you would like to share, please post to Ed on newsletter@martleshamcofe.org.uk

Pentecost Sunday
<https://youtu.be/5WnBc-Z-aGE>

Sunday evening worship 23rd May
<https://youtu.be/d1VFSj45Ssc>

Train video mentioned in the Sunday evening service
<https://www.youtube.com/watch?v=rvpCmKUo1Aw>



Pop Up Shop
St Michael & All Angels
Church
The Green
Martlesham Heath
Every 2nd & 4th Sunday of
the month 1-2pm

*Finding food bills a challenge?
Come and fill one of our carrier bags for £2*

13 & 27 June

11 & 25 July

8 & 22 August



Our next "ZOOM" meeting will be on Wednesday 7 July. 2.15 for 2.30pm

Our speaker will be Brenda Green Who will talk about how she became a Botanical Artist

Please contact Mary Stalley for further information.

marystalley@yahoo.co.uk

Supporting Local Charities

Many of our local charities are struggling both financially and for volunteers to carry on their work due to the Covid restrictions, if you would like a mention in our Newsletter please send a note to Ed., handwritten or via email!

St Elizabeth Hospice – John is an ambassador for the St Elizabeth's Hospice, and he can act as a link for the community to this great cause. People can contact me on 07717171568 or email on jimg.hammond@msn.com.

Charity Shops in our area

Having seen virtually no activity during the past twelve months, therefore not raising any money to contribute to their charities, they are now opening. Initially to sell stock they already have and then they need their shops replenished. So please support our local Charity Shops both in spending and giving.

Donations to FIND – via box at the Rectory.

Home Start Suffolk

"Home-Start in Suffolk is the county's largest family support charity. Our vision is that every child in Suffolk is given the best start in life because of the love, support and guidance they receive from their parents, guardians or the people performing the role of their parents." Home-Start Suffolk have just been awarded The Queens Award for Voluntary Services.

To find out more about Home Start Suffolk or make a donation visit their web page on www.homestartinsuffolk.org

Thoughts and Prayers - Thank God and help us pray.

- Prayers about the pandemic
 - Pray that in the UK we may now have reached the worst of the pandemic, but also for others in the world where it has not reached its peak.
 - Pray for the continuing positive news of the Covid-19 vaccines. Pray that it is effective, that enough people will accept it, that it is delivered efficiently and fairly, and that the poorer nations of the world are equally protected.
 - Pray that we will all continue to be conscious that those of us who have now been vaccinated or are immune, consider the ongoing risks to those who are currently not protected and how we must protect them.
 - Pray for all the service workers and their families who continue putting themselves on the front line, wherever that “front-line” may be.
 - Pray for those who are finding the continued restrictions a challenge and dealing with their personal decisions on meeting others and all those who support them.
 - Pray for all those involved in education, those being educated, their educators and all the support staff that make our education system work.
 - Pray with those who are finding it financially and emotionally difficult before the current crisis and those who are struggling further with the economic and social pressures as the crisis has deepened.
 - Pray for those who must make the difficult decisions in balancing earning for their families against public health, when they feel that they are not being financially supported by the rest of the community.
 - Pray for those who have not seen or touched their families for months and pray that these sacrifices can be accepted as they are helping others.
 - Pray that the spotlights generated by the pandemic will continued to be shone on all areas of our society after the medical emergency has passed.
- Prayers for those individuals and families who are grieving or having to make difficult life changing decisions.
 - Pray for those families who are bereaved and for those whose friends or family are in hospital, hospices, nursing homes or ill and lonely at home.
 - Pray for the family of Sarah Christine Blundell whose funeral was held at St Michael and All Angels on 3 June.
- Prayers for our leaders
 - Pray that our local, national and world leaders act wisely and do not forget the third world countries.
 - Pray for all foreign countries that are currently struggling with their democratic systems
 - Pray for those attending the G7 Summit, that they may be both wise and generous
- Pray for all those who are doing “little bits of kindness” to others
 - Pray for all the charities
 - Pray for the continuing generosity of people to the Foodbanks.
 - Pray for all those who do so much good work but are struggling for funds in these difficult times.
- Pray for all refugees/asylum seekers and other displaced people that they can be humanely guided through any difficult paths they follow.
- Pray for all those who live or work in our community: The Paddocks, The Square, The Stirrups, The Street, Thirling Court. For people who suffer from mental health issues. Pray for the children in our churches, for those who lead Junior Church and for new leaders to come forward.
- Pray for those who are not at home, including Ann Burgh who has decided to make her home in The Alice Grange, Kesgrave and Mary Pratt who is also spending a few weeks there.
- Pray for the hardships faced by so many people living abroad and for their families in the UK worrying about them.
- Pray for those in prison, detention centre, or asylum hostels and their families and friends: Lord God we pray with those who have lost their freedom and are lonely and anxious. Ask that they may use prayer to share their feelings, seek consolation and receive blessings through prayer.
- **Pray for all our local groups**, who are managing during the pandemic, but need our prayers and thoughts now and when they get going fully again.
 - Mothers Union; The Golden Girls; Lunch Club; The Junior Church; Brightstars; Women together; Prayer groups
 - Musicians and singers who enhance our services

If you would like a prayer or would wish us to remember someone in our prayers, please send to the Editor for inclusion in the Newsletter



Staying in Touch

We all need cheering up and perhaps reminding ourselves that we are a community, so if you have a prayer, poem, interesting reflection or anything else you would like to share please email me on newsletter@martleshamcofe.org.uk

As this is an "E version" I have more space and can use colour.

If you have anyone that you would wish to be remembered in our prayers, please let me know.

There are a few folk who cannot receive this via email, so we need a few "buddies" to deliver printed copies of *The Newsletter, to your neighbours.*

If you wish to share "*The Newsletter*" with others than our Church community, please feel free to email it on.

Any ideas please just email, I am in need of inspiration *Editor!*

A free phone line of hymns, reflections and prayers

The Pastoral team are always available, please feel free to call if you need any of them.

The pastoral care team If you would like a visit from the pastoral team, or you would like to let us know about a pastoral situation for prayer please get in touch. Christine can be contacted on christine.pinder@btinternet.com or more details. 07555 748345.

Facebook page Google [Martlesham Benefice - Home | Facebook](#) and follow the link.

The Newsletter is published on the web on Fridays, why not get an advance read by going to <http://www.martleshamcofe.org.uk/church-newsletter>

If you have a prayer you think others would like to share, please send me a copy to newsletter@martleshamcofe.org.uk or 01473 624160 **Richard Boother.**

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