

# The Parish of Louth and Deanery of Louthesk

Weekly notes and information for  
7th March 2021: Third Sunday of Lent



[www.teamparishoflouth.org.uk](http://www.teamparishoflouth.org.uk)

## Collect Prayer at Daily Prayer during the week



Almighty God,  
whose most dear Son went not up  
to joy but first he suffered pain,  
and entered not into glory before  
he was crucified:  
mercifully grant that we, walking  
in the way of the cross,  
may find it none other than the  
way of life and peace;  
through Jesus Christ.  
Amen.

## Our churches: opening as places for prayer and reflection in our communities

The Parish Church of Louth St James will be open for private prayer between  
**10am and 1pm**

**Mondays, Wednesdays, Fridays and Saturdays**

*Please see pages 2 and 3 for details of other churches that are open for private prayer  
across the Deanery of Louthesk*

# DIARY OF PRAYER & WORSHIP THIS WEEK...

Services marked \* are broadcast via [www.facebook.com/louthchurch](http://www.facebook.com/louthchurch)

<b>Sunday 7<sup>th</sup></b>	9 30am	<b>Morning Service</b> at Great Carlton via Zoom
Third Sunday of Lent		Please contact John S 328369
	9 30am	<b>Morning Service</b> at Covenham
	10am	<b>SUNG EUCHARIST</b> at St James'* Psalm 19 Exodus 20.1-17; 1 Corinthians 1.18-25; John 2.13-22
	10am	<b>Holy Communion</b> at North Thoresby
	10am	<b>Morning Service</b> at Marshchapel
	10 30am	<b>Morning Service</b> at Grimoldby
	11 15am	<b>Holy Communion</b> at Legbourne
	6pm	<b>PLAINSONG EVENSONG</b> at St James'* Psalm 11, 12; Exodus 5.1-6.1; Philippians 3.4b-14
<b>Monday 8<sup>th</sup></b>	9 15am	<b>MORNING PRAYER</b> at St James'* Psalm 7; Jeremiah 11.1-17; John 7.37-52
	10am	St James' open for private prayer until 1pm
	11am	<b>Funeral</b> at Stewton
<b>Tuesday 9<sup>th</sup></b>	9 15am	<b>MATINS</b> at St James'* Psalm 9; Jeremiah 11.8-12.6; John 7.53-8.11
	11am	<b>HOLY COMMUNION</b> at St James'*
	11 45am	Praying with the imagination (Ignatian) Go to: <a href="http://www.zoom.us/join">www.zoom.us/join</a> or 'phone 0203 481 5240, and enter the Meeting ID: 847 0617 4009 and Password: 562604.
	1pm	<b>Funeral</b> at North Thoresby
<b>Wednesday 10<sup>th</sup></b>	9 15am	<b>MORNING PRAYER</b> at St James'* Psalm 38; Jeremiah 13.1-11; John 8.12-30
	10am	St James' open for private prayer until 1pm
	10am	<b>Funeral</b> at Marshchapel
	12 30pm	Outreach Post Office at Fotherby Church, which is also open for private prayer 'til 2 30pm
	2pm	<b>Funeral</b> at Grainsby
	7pm	Soul Songs Lent Course Go to: <a href="http://www.zoom.us/join">www.zoom.us/join</a> or 'phone 0131 460 1196, and enter the Meeting ID 842 4999 6840 and password 379263.
	8pm	<b>COMPLINE</b> from Louth Rectory*
<b>Thursday 11<sup>th</sup></b>	9 15am	<b>MORNING PRAYER</b> at St James'* Psalm 56; Jeremiah 14; John 7.1-13
	11am	<b>Mass</b> at St Michael's

<b>Friday 12<sup>th</sup></b>	9 15am	<b>MORNING PRAYER</b> at St James’* Psalm 22; Jeremiah 15.10-end; John 8.48-end
	10am	St James’ open for private prayer until 1pm
	12 30pm	<b>Funeral</b> at Louth Cemetery
<b>Saturday 13<sup>th</sup></b>	10am	St James’ open for private prayer until 1pm
	12 30pm	<b>MIDDAY PRAYER</b> at St James’*
<b>Sunday 14<sup>th</sup></b> Mothering Sunday	10am	<b>SUNG EUCHARIST</b> at St James’* Psalm 127.1-4 1.20-end; Colossians 3.12-17; John 19.25b-27
	10am	<b>Morning Service</b> at North Thoresby
	10 30am	<b>Holy Communion</b> at Manby
	10 30am	<b>Morning Service</b> at Grimoldby
	11am	<b>Holy Communion</b> at North Somercotes
	11am	<b>Mothering Sunday Service</b> at Ludborough
	11 15am	<b>Matins</b> at Legbourne
	12 30pm	<b>Baptism</b> at St James’
	3pm	<b>Holy Communion</b> at Fotherby
	6pm	<b>PLAINSONG EVENSONG</b> at St James’* Psalm 13,14; Exodus 6.2-13; Romans 5.1-11

## JOINING IN WORSHIP

All our worship is being streamed on the Parish of Louth facebook page. You do not need a Facebook account to view these services – just click on ‘Not now’ when it asks you to sign up. [www.facebook.com/louthchurch/live](http://www.facebook.com/louthchurch/live)

 Watch Louth CofE Services as live streams (and previously recorded) on Facebook. No account needed

## DETAILS OF CHURCHES OPEN

**Binbrook:** Please ‘phone the keyholder on 07778 316486 for access

**Covenham:** Please ‘phone the Churchwarden on 01507 363508 for access.

**Fulstow:** closed, please ‘phone 07825 293389 for access.

**Fotherby:** The Outreach Post Office is open on Wednesdays from 12.30pm to 2.30pm

**Great Carlton:** Please ‘phone the Churchwardens on 01507 328369 or 450527 for access

**Grimoldby:** Please ‘phone the churchwarden on 01507 328917

**Louth, St James:** Monday, Wednesdays, Fridays and Saturdays, 10am to 1pm.

**Ludborough:** Please ‘phone the churchwarden on 01472 840505 for access.

**Manby:** Please ‘phone the churchwarden on 01507 327199 for access.

**Marshchapel:** temporarily closed for Private Prayer

**North Thoresby:** Please ‘phone a churchwarden on 01472 840698 or 840160 for access.

**Utterby:** Please ‘phone the churchwarden on 07802 182756 for access.

# An Order of Service for the Eucharist this Sunday

- *We open our hearts to God, that we might be transformed by his love*
- *We listen to God's Word, and seek to find out how we may grow to understand God's will for us more fully*
- *We gather around the table to share a symbolic meal, a meal that joins us with our brothers and sisters throughout the world; the saints who have lived in all times and places*
- *We pray that we go out as lights that shine with God's love wherever we might go*

## **The Gathering**

### *The GREETING and PREPARATION*

In the name of the Father and of the Son, and of the Holy Spirit.

**Amen.**

Together we pray...

**Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.**

*As the Ministers enter, organ music may be played or a psalm sung.*

Grace, mercy and peace from God our Father and the Lord Jesus Christ be with you  
**and also with you.**

### The PRAYERS OF PENITENCE

*A Minister introduces the Prayers of Penitence.*

The sacrifice of God is a broken spirit; a broken and contrite heart God will not despise. Let us come to the Lord, who is full of compassion, and acknowledge our transgressions in penitence and faith.

**Most merciful God,  
Father of our Lord Jesus Christ,  
we confess that we have sinned in thought, word and deed.  
We have not loved you with our whole heart.  
We have not loved our neighbours as ourselves.  
In your mercy forgive what we have been,  
help us to amend what we are, and direct what we shall be;  
that we may do justly, love mercy, and walk humbly with you, our God.  
Amen**

*The Priest pronounces Absolution.*

Almighty God, who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord.

**Amen.**

*The COLLECT prayer*

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

**Amen.**

***The Liturgy of the Word***

**Old Testament Reading: Exodus 20.1-17**

A reading from the book of Exodus.

Then God spoke all these words: I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me. You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them; for I the Lord your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, but showing steadfast love to the thousandth generation of those who love me and keep my commandments. You shall not make wrongful use of the name of the Lord your God, for the Lord will not acquit anyone who misuses his name. Remember the sabbath day, and keep it holy. For six days you shall labour and do all your work. But the seventh day is a sabbath to the Lord your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days the Lord made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the Lord blessed the sabbath day and consecrated it. Honour your father and your mother, so that your days may be long in the land that the Lord your God is giving you. You shall not murder. You shall not commit adultery. You shall not steal. You shall not bear false witness against your neighbour. You shall not covet your neighbour's house; you shall not covet your neighbour's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbour.

Reader: This is the word of the Lord.

All: **Thanks be to God.**

## **New Testament Reading: 1 Corinthians 1.18-25**

A Reading from Paul's first letter to the Corinthians.

For the message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, 'I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart.' Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe.

For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

Reader: This is the word of the Lord.

All: **Thanks be to God.**

## **Gospel Reading: John 2.13-22**

Reader: Hear the Gospel of our Lord Jesus Christ according to John. All: **Glory to you, O Lord.**

The Passover of the Jews was near, and Jesus went up to Jerusalem. In the temple he found people selling cattle, sheep, and doves, and the money-changers seated at their tables. Making a whip of cords, he drove all of them out of the temple, both the sheep and the cattle. He also poured out the coins of the money-changers and overturned their tables. He told those who were selling the doves, 'Take these things out of here! Stop making my Father's house a market-place!' His disciples remembered that it was written, 'Zeal for your house will consume me.' The Jews then said to him, 'What sign can you show us for doing this?' Jesus answered them, 'Destroy this temple, and in three days I will raise it up.' The Jews then said, 'This temple has been under construction for forty-six years, and will you raise it up in three days?' But he was speaking of the temple of his body. After he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word that Jesus had spoken.

Reader: This is the Gospel of the Lord.

All: **Praise to you, O Christ.**

*There will be a HOMILY and period for reflection, after which the service continues with the NICENE CREED:*

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come.**

**Amen.**

*The INTERCESSIONS, which may include the following bidding and response:*

Lord, in your mercy

**Hear our prayer**

*And may end with:*

Merciful Father,

**accept these prayers,**

**for the sake of your Son,**

**our Saviour Jesus Christ.**

**Amen.**

## ***The Liturgy of the Sacrament***

*The PEACE*

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, who has given us access to his grace. The peace of the Lord be always with you.

**And also with you.**

*A CHANT may be sung, or the organ played, as the altar is prepared.*

PREPARATION OF THE TABLE

*The prayer at this point may include the following response:*

**Blessed be God for ever.**

The EUCHARISTIC PRAYER

The Lord be with you.

**and also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

*The president praises God for his mighty acts, ending with:*

**Holy, holy, holy Lord,**

**God of power and might,**

**heaven and earth are full of your glory.**

**Hosanna in the highest.**

**[Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.]**

*The president recalls the Last Supper, after which the following acclamation may be used:*

Great is the mystery of faith:

**Christ has died:**

**Christ is risen:**

**Christ will come again.**

*The Prayer continues and leads into the doxology, to which all respond boldly*

**Amen.**

*We sit or kneel for the LORD'S PRAYER*

Let us pray with confidence as our Saviour has taught us

**Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.**

*The BREAKING OF THE BREAD*

We break this bread to share in the body of Christ

**Though we are many, we are one body, because we all share in one bread.**

*The GIVING OF COMMUNION*

God's holy gifts for God's holy people.

**Jesus Christ is holy, Jesus Christ is Lord, to the glory of God the Father.**

*The AGNUS DEI*

**Lamb of God, you take away the sin of the world, have mercy on us.**

**Lamb of God, you take away the sin of the world, have mercy on us.**

**Lamb of God, you take away the sin of the world, grant us peace.**

*Communion is distributed.*

*The PRAYERS AFTER COMMUNION.*

*The priest leads the congregation in prayer:*

Merciful Lord, grant your people grace to withstand the temptations of the world, the flesh and the devil, and with pure hearts and minds to follow you, the only God; through Jesus Christ our Lord.

**Amen.**

*Following this prayer, all join in:*

**We thank you, Lord, that you have fed us in this sacrament, united us with Christ, and given us a foretaste of the heavenly banquet prepared for all peoples.**

**Amen.**

***The Dismissal***

*We stand, and the priest proclaims God's BLESSING and we are sent into His world...*

Christ crucified draw you to himself, to find in him a sure ground for faith, a firm support for hope, and the assurance of sins forgiven; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always.

**Amen.**

Go in peace to love and serve the Lord.

**In the name of Christ. Amen.**

*We stand as the Ministers leave.*

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# Sunday Evensong: An Order of Service

*If used in the context of a family or household the words in **bold** are said by all. If said alone, all words are spoken by the individual praying.*

**Almighty and most merciful Father; We have erred, and strayed from thy ways like lost sheep. We have followed too much the devices and desires of our own hearts. We have offended against thy holy laws. We have left undone those things which we ought to have done; And we have done those things which we ought not to have done; And there is no health in us. But thou, O Lord, have mercy upon us miserable offenders. Spare thou them, O God, that confess their faults. Restore thou them that are penitent; According to thy promises declared unto mankind in Christ Jesu our Lord. And grant, O most merciful Father, for his sake, that we may hereafter live a godly, righteous and sober life, to the glory of thy holy name. Amen.**

*At other time the service may be begin with the opening responses:*

O Lord, open thou our lips.

**And our mouths shall shew forth thy praise.**

O God, make speed to save us.

**O Lord, make haste to help us.**

Glory be to the Father, and to the Son, and to the Holy Ghost.

**As it was in the beginning, is now, and ever shall be, world without end. Amen.**

Praise ye the Lord.

**The Lord's name be praised.**

## ***The Word of God***

*Say the appointed psalm from the Book of Common Prayer, or listen as it is sung*

### **Psalm 11, 12**

- 1 In the Lord have I taken refuge;  
how then can you say to me,  
‘Flee like a bird to the hills,
- 2 ‘For see how the wicked bend the bow  
and fit their arrows to the string,  
to shoot from the shadows at the true of heart.
- 3 ‘When the foundations are destroyed,  
what can the righteous do?’
- 4 The Lord is in his holy temple;  
the Lord’s throne is in heaven.
- 5 His eyes behold,  
his eyelids try every mortal being.
- 6 The Lord tries the righteous as well as the wicked,  
but those who delight in violence his soul abhors.

7 Upon the wicked he shall rain coals of fire  
and burning sulphur;  
scorching wind shall be their portion to drink.

8 For the Lord is righteous;  
he loves righteous deeds,  
and those who are upright shall behold his face.

1 Help me, Lord, for no one godly is left;  
the faithful have vanished from the whole human race.

2 They all speak falsely with their neighbour;  
they flatter with their lips, but speak from a double heart.

3 O that the Lord would cut off all flattering lips  
and the tongue that speaks proud boasts!

4 Those who say, 'With our tongue will we prevail;  
our lips we will use; who is lord over us?'

5 'Because of the oppression of the needy,  
and the groaning of the poor,  
I will rise up now,' says the Lord,  
'and set them in the safety that they long for.'

6 The words of the Lord are pure words,  
like silver refined in the furnace  
and purified seven times in the fire.

7 You, O Lord, will watch over us  
and guard us from this generation for ever.

8 The wicked strut on every side,  
when what is vile is exalted by the whole human race.

**Glory be to the Father, and to the Son, and to the Holy Ghost.**

**As it was in the beginning, is now, and ever shall be, world without end. Amen.**

## **Old Testament Reading: Exodus 5.1-6.1**

Afterwards Moses and Aaron went to Pharaoh and said, 'Thus says the Lord, the God of Israel, "Let my people go, so that they may celebrate a festival to me in the wilderness." 'But Pharaoh said, 'Who is the Lord, that I should heed him and let Israel go? I do not know the Lord, and I will not let Israel go.' Then they said, 'The God of the Hebrews has revealed himself to us; let us go a three days' journey into the wilderness to sacrifice to the Lord our God, or he will fall upon us with pestilence or sword.' But the king of Egypt said to them, 'Moses and Aaron, why are you taking the people away from their work? Get to your labours!' <sup>5</sup>Pharaoh continued, 'Now they are more numerous than the people of the land and yet you want them to stop working!'

That same day Pharaoh commanded the taskmasters of the people, as well as their supervisors, 'You shall no longer give the people straw to make bricks, as before; let them go and gather straw for themselves. But you shall require of them the same quantity of bricks as they have made previously; do not diminish it, for they are lazy; that is why they cry, "Let us go and offer sacrifice to our God." Let heavier work be laid on them; then they will labour at it and pay no attention to deceptive words.'

So the taskmasters and the supervisors of the people went out and said to the people, 'Thus says Pharaoh, "I will not give you straw. Go and get straw yourselves, wherever you can find it; but your work will not be lessened in the least." ' So the people scattered throughout the land of Egypt, to gather stubble for straw. The taskmasters were urgent, saying, 'Complete your work, the same daily assignment as when you were given straw.' And the supervisors of the Israelites, whom Pharaoh's taskmasters had set over them, were beaten, and were asked, 'Why did you not finish the required quantity of bricks yesterday and today, as you did before?'

Then the Israelite supervisors came to Pharaoh and cried, 'Why do you treat your servants like this? No straw is given to your servants, yet they say to us, "Make bricks!" Look how your servants are beaten! You are unjust to your own people.' He said, 'You are lazy, lazy; that is why you say, "Let us go and sacrifice to the Lord." Go now, and work; for no straw shall be given you, but you shall still deliver the same number of bricks.' The Israelite supervisors saw that they were in trouble when they were told, 'You shall not lessen your daily number of bricks.' As they left Pharaoh, they came upon Moses and Aaron who were waiting to meet them. They said to them, 'The Lord look upon you and judge! You have brought us into bad odour with Pharaoh and his officials, and have put a sword in their hand to kill us.' Then Moses turned again to the Lord and said, 'O Lord, why have you mistreated this people? Why did you ever send me? Since I first came to Pharaoh to speak in your name, he has mistreated this people, and you have done nothing at all to deliver your people.' Then the Lord said to Moses, 'Now you shall see what I will do to Pharaoh: Indeed, by a mighty hand he will let them go; by a mighty hand he will drive them out of his land.'

*We say, sing, or hear sung the **Magnificat***

My soul doth magnify the Lord: and my spirit hath rejoiced in God my Saviour.  
For he hath regarded: the lowliness of his handmaiden.  
For behold, from henceforth: all generations shall call me blessed.  
For he that is mighty hath magnified me: and holy is his Name.  
And his mercy is on them that fear him: throughout all generations.  
He hath shewed strength with his arm:  
he hath scattered the proud in the imagination of their hearts.  
He hath put down the mighty from their seat: and hath exalted the humble and meek.  
He hath filled the hungry with good things: and the rich he hath sent empty away.  
He remembering his mercy hath holpen his servant Israel  
As he promised to our forefathers, Abraham and his seed for ever.

**Glory be to the Father, and to the Son: and to the Holy Ghost. As it was in the beginning, is now, and ever shall be: world without end. Amen.**

### **New Testament Reading: Philippians 3.4b-14**

Even though I, too, have reason for confidence in the flesh. If anyone else has reason to be confident in the flesh, I have more: circumcised on the eighth day, a member of the people of Israel, of the tribe of Benjamin, a Hebrew born of Hebrews; as to the law, a Pharisee; as to zeal, a persecutor of the church; as to righteousness under the law, blameless. Yet whatever gains I had, these I have come to regard as loss because of Christ. More than that, I regard everything as loss because of the surpassing value of knowing Christ Jesus my Lord. For his sake I have suffered the loss of all things, and I regard them as rubbish, in order that I may gain Christ and be found in him, not having a righteousness of my own that comes from the law, but one that comes through faith in Christ, the righteousness from God based on faith. I want to know Christ and the power of his resurrection and the sharing of his sufferings by becoming like him in his death, if somehow I may attain the resurrection from the dead. Not that I have already obtained this or have already reached the goal; but I press on to make it my own, because Christ Jesus has made me his own. Beloved, I do not consider that I have made it my own; but this one thing I do: forgetting what lies behind and straining forward to what lies ahead, I press on towards the goal for the prize of the heavenly call of God in Christ Jesus.

*We say or hear sung the **Nunc Dimittis**:*

Lord, now lettest thou thy servant depart in peace: according to thy word. For mine eyes have seen: thy salvation; Which thou hast prepared: before the face of all people; To be a light to lighten the Gentiles: and to be the glory of thy people Israel.

Glory be to the Father, and to the Son: and to the Holy Ghost. As it was in the beginning, is now, and ever shall be: world without end. Amen.

### ***The Creed***

*You may wish to stand to say the Apostles' Creed:*

**I believe in God the Father almighty,  
maker of heaven and earth:  
and in Jesus Christ his only Son our Lord,  
who was conceived by the Holy Ghost,  
born of the Virgin Mary, suffered under Pontius Pilate,  
was crucified, dead and buried.  
He descended into hell; the third day he rose again from the dead;  
he ascended into heaven,  
and sitteth on the right hand of God the Father almighty;  
from thence he shall come to judge the quick and the dead.  
I believe in the Holy Ghost; the holy catholic Church;  
the communion of saints; the forgiveness of sins;  
the resurrection of the body, and the life everlasting.  
Amen.**

### ***The Lesser Litany, Lord's Prayer and Prayers:***

The Lord be with you.

**And with thy spirit.**

Let us pray.

Lord, have mercy upon us.

**Christ, have mercy upon us.**

Lord, have mercy upon us.

Our Father **which art in heaven, Hallowed be thy name, Thy kingdom come, Thy will be done, in earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. Amen.**

O Lord, shew thy mercy upon us.

**And grant us thy salvation.**

O Lord, save the Queen.

**And mercifully hear us when we call upon thee.**

Endue thy ministers with righteousness.

**And make thy chosen people joyful.**

O Lord, save thy people.

**And bless thine inheritance.**

Give peace in our time, O Lord.

**Because there is none other that fighteth for us,  
but only thou, O God.**

O God, make clean our hearts within us.

**And take not thy Holy Spirit from us.**

WE beseech thee, Almighty God, look upon the hearty desires of thy humble servants, and stretch forth the right hand of thy Majesty, to be our defence against all our enemies; through Jesus Christ our Lord. **Amen.**

Almighty and everlasting God, you hate nothing that you have made and forgive the sins of all those who are penitent: create and make in us new and contrite hearts that we, worthily lamenting our sins and acknowledging our wretchedness, may receive from you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

O God, from whom all holy desires, all good counsels, and all just works do proceed; give unto thy servants that peace which the world cannot give; that both, our hearts may be set to obey thy commandments, and also that, by thee, we being defended from the fear of our enemies may pass our time in rest and quietness; through the merits of Jesus Christ our Saviour. **Amen.**

Lighten our darkness, we beseech thee, O Lord; and by thy great mercy defend us from all perils and dangers of this night; for the love of thy only Son, our Saviour, Jesus Christ. **Amen.**

*After any further prayers, there may be a time for reflection including the singing of an anthem or evening hymn. If using this material at home, you may find this a good time to play a piece of recorded music or listen to one of the podcasts/video meditations.*

## ***The Conclusion***

*The service ends with either a **Blessing**, or by praying the **Grace**:*

The grace of our Lord Jesus Christ, the love of God and the fellowship of the Holy Ghost be with us now and evermore. **Amen.**

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# THIS WEEK'S SOUL SONG REFLECTION

Each week during Lent, a member of the ministry team will reflect on a particular psalm that is important to them. This week Jenny Ballantyne introduces **Psalm 4**. Here in the parish notes, alongside the psalm, you will find some brief remarks of hers, as well as some questions to reflect upon yourself. If you wish to listen to the full presentation, then do join in the zoom on Wednesday 10<sup>th</sup> March, at 7pm.

## **Psalm 4**

HEAR me when I call, O God of my righteousness : thou hast set me at liberty when I was in trouble; have mercy upon me, and hearken unto my prayer.

2 O ye sons of men, how long will ye blaspheme mine honour : and have such pleasure in vanity, and seek after leasing?

3 Know this also, that the Lord hath chosen to himself the man that is godly : when I call upon the Lord he will hear me.

4 Stand in awe, and sin not : commune with your own heart, and in your chamber, and be still.

5 Offer the sacrifice of righteousness : and put your trust in the Lord.

6 There be many that say : Who will show us any good?

7 Lord, lift thou up: the light of thy countenance upon us.

8 Thou hast put gladness in my heart : since the time that their corn and wine and oil increased.

9 I will lay me down in peace, and take my rest : for it is thou, Lord, only, that makest me dwell in safety.

I chose this psalm as I have been praying it weekly on our Benefice's Zoom Compline since April last year. It has sunk into my bones, as it were.

For me, the psalm contains several different aspects. Part of it is about supplication, asking God for help in our troubling times. Some of the words speak of lament for our own life and that of the world's and finally it instils confidence, knowing that God has helped us in the past and will continue to do so.

It talks of prayer, asking God to hear our prayer, of communing with our own hearts and being still in God's presence. It recognises the pressures of the world, of our false gods, our vanity in thinking that we can do everything ourselves and our propensity for hearing a confident lie to a hesitant truth.

And yet it gives us confidence, that we, as faithful servants, will be heard. It reminds us to put our trust, the whole of it, in God. The world may celebrate its wealth, in terms of richness of resources but we, as Christians celebrate the deep joy that comes with following in the steps of our Lord Jesus.

Finally, it talks of security, of the knowledge that in God, we can be at peace and dwell safely. Our lives may not be peaceful, we may be distressed by our mental or physical health or our isolation from others however the psalmist knows in the core of his being, that God is utterly trustworthy and upholds him in his love. May God's steadfast love be with each one of us as we journey through Lent this year and always.

## **For further reflection**

Part of the psalm talks about “standing in awe and sin not”. In other translations, ‘stand in awe’ becomes ‘be angry’ or ‘tremble’. The psalmist may be saying that even if the outside world is attacking us, we can be angry, or trembling but we should not take revenge. Instead, we should think on God in the quietness of our hearts. So, what do we do when we are angry or upset? Does this psalm show us another way of handling our distress?

The psalm starts with “Hear me when I call” How confident are we that God hears our prayers? Have we ever had an answer to prayer? What does prayer mean to you? During this time of Lent, we are encouraged to grow in our faith through prayer. May we all be able to say with confidence, “when I call upon the Lord, he **will** hear me.”

# **WORSHIP RESOURCES FOR USE AT HOME**

A range of spiritual resources remain available across the deanery as follows:

- **Parish of Louth on Facebook:**  
All services are being streamed on Facebook Live (you do not need to be a registered facebook user):  
<https://www.facebook.com/louthchurch>
- **Parish of Louth website:**  
Downloadable resources (including this leaflet), an uploaded broadcast of Sunday Eucharist from St James, and regular video meditations:  
[www.teamparishoflouth.org.uk](http://www.teamparishoflouth.org.uk)
- **Deanery of Louthesk: The Confraternity of St Herefrith**  
Video and other prayer resources will be available from the confraternity’s website, including a regular meditations by members of the clergy serving the Deanery of Louthesk.  
<https://herefrith.org/confraternity-resources/video/>
- **‘Praying with...’**  
Online sessions, available live via Zoom (see Parish Notes for details) or as a video on the Parish of Louth facebook page.
- **St Andrew’s Stewton Church Community** welcomes everyone. Since March 2020 we have produced an email ‘Post’ every Sunday morning to sustain the life of our church community on-line. You can access these Posts via the web site [www.standrewsstewton.co.uk](http://www.standrewsstewton.co.uk) or have your email address added to our circulation list on request to [windhover22@live.co.uk](mailto:windhover22@live.co.uk)



# NOTES AND NOTICES

- We will be assembling Holy Week & Easter Craft Bags to distribute to Messy Church families and beyond for the start of the Easter Holidays on Thursday 1st April. If you would like to participate in the planning and assembly of the materials for these, or the packing of the bags, please let Arabella know. Also if you know of families who would benefit from one who might not be known to us.
- This Easter we are hoping to put together an Easter Pot Garden outside the North Door of St James (Westgate side). We hope this will be a visible symbol of our Resurrection joy for the town! If you would like to contribute a potted plant or flower, please bring it on Good Friday or Easter Saturday. Remember that we can take no responsibility for the risk of accident or damage, so no rare orchids or precious stoneware please!
- The Guild of St. James' Church Trip  
It is time we got together! Hoping to organise an outing to the Walked Gardens, Baumber to celebrate liberation from Covid lockdowns. Date: Thursday 8th July, 2020 to arrive there at mid-day in time for a light lunch/coffee or a cream tea. It closes at 4p.m., which would be the return time. At this stage, I just want numbers, please. Partners and friends welcome to join us. Please ring me if you would like to join us. Jeannie Gurnham 609622 or message me on 07581511220.

~ SOUL SONGS ~  
A REFLECTIVE COURSE FOR LENT  
ON THE PSALMS



Each week one of the Deanery ministry team will reflect upon a psalm that means something to them. We will then have a chance to pray the psalm together & discuss how it speaks to us before taking the 'soul song' into our week to come.

**Wednesdays in Lent at 7pm finishing in time for the live-streamed Compline at 8pm.**

17th March - PSALM 121 - Daphne King  
24th March - PSALM 27 - Arabella Milbank Robinson  
31st March (Holy Week) - PSALM 22 - Alan Hayday

You can join in person on Zoom using your computer or telephone. Go to: [www.zoom.us/join](http://www.zoom.us/join) or 'phone 0131 460 1196 and enter the Meeting ID 842 4999 6840 and password 379263. Alternatively you can watch the video recordings at any time. Go to: [www.facebook.com/louthchurch/videos](https://www.facebook.com/louthchurch/videos) or [www.teamparishofouth.org.uk](http://www.teamparishofouth.org.uk).

The Notes sent out from St James around the Deanery will also include a worksheet form of the reflection each week.



## Holy Week at St James'

*'I am the way, and the truth, and the life. No one comes to the Father except through me.'* (John 14.6)

### Holy Monday

11am Eucharist and Reflection

### Holy Tuesday

11am BCP Eucharist and Reflection

### Holy Wednesday

11am Eucharist and Reflection

### Maundy Thursday

7pm Eucharist of the Last Supper

### Good Friday

2pm Liturgy of the Cross

7.30pm Online Broadcast of Stainer's 'Crucifixion'

### Holy Saturday

Making of the Easter Garden

12.30pm Midday Prayer

### Easter Sunday

6am Sunrise Eucharist

10am Sung Eucharist for Easter

6pm Easter Evensong

# COVID -19 REMINDERS

**We can only continue holding public worship if we all adhere very closely to the guidance in place to prevent the spread of the virus.**

Here are some reminders of how this should affect our behaviour in church.

- **Social distancing remains as important as ever**, sadly, as even post-vaccination we may be able to transmit the virus. Please do remember to keep the 2m distance from one another, vergers and clergy at all times, inside and outside.
- **Mask-wearing is also essential**, unless you are medically exempt. A visor on its own does not protect others from potential transmission
- **Before the service**, once we have given track & trace details and sanitised our hands (letting them air-dry, not wiping off the gel) we proceed directly to our seats.
- **After the service**, we make our way directly and immediately out onto the cobbles where the priest will already have gone to bid the congregation farewell and hear any pastoral needs or concerns.
- **Orders of Service** (Parish Notes) should be taken with you after the service, in order that the vergers do not have to handle them.

## In our prayers this week...

**All those affected by the current pandemic**

**The Sick and those in need:** Marguerite Baillie, Peggy Baillie, Anne-Marie Bidwell, Helen Blakey, Paul Clifford, Ed Cox, Hildegard Dettmer-Beecroft, Rosemary Huke, Fr James Drayton, Jennie Levick, Mal Locking, Bob Lewis, Anna Mamwell, Mary Oxley, Alan Pounds, Sylvia Pounds, Eileen Robinson, Enid Spicer, Joyce Terrett, John Troughton, Charles Wakeley, Pauline Watson, Stuart Watson

**Those who have died:** Phyllis Coulson, Greta Rainthorpe, Leonard Jacklin, Mary Padison, Jack Sykes, Hazel Allen, Doreen Borrill, Thomas Stone, Sylvia Nicholls, Dorothy Dennis, Peter Hill, Jean Milbank, Doris Tuxworth, Shirley Humphries.

## PARISH AND DEANERY CONTACTS

At this time, if you are aware of anyone in urgent pastoral need please e-mail

[louthparishpastoral@gmail.com](mailto:louthparishpastoral@gmail.com) or 'phone 01507 604215.

**Deanery Office 01507 610247**

[louthesk@lincoln.anglican.org](mailto:louthesk@lincoln.anglican.org)

For Baptisms, Weddings, Funerals  
and other enquiries

**Trinity Centre 01507 605803**

[trinity@teamparishoflouth.org.uk](mailto:trinity@teamparishoflouth.org.uk)

For matters relating to activities at Trinity Centre

**Safeguarding concerns 01507 610752**

For information about how to respond to safeguarding concerns,  
or for sources of support, please see Safeguarding Notices in church porches

[www.teamparishoflouth.org.uk](http://www.teamparishoflouth.org.uk)