

## Bereavement Support Group

The death of a loved one, for many reasons, is always a difficult time for those who remain and grief can continue for a long while after.

We are pleased to announce that we will be running a 6-week bereavement support group throughout March, open to any over 18 years of age (of any faith or none) who would like to join in. Your bereavement may be recent, or from some while ago but it is recommended you leave a three-month gap between any recent death and attending this group.

The group will meet on a Wednesday evening on Zoom from 7.30-9.30 pm and will be hosted by Jan Payne and Claire Brockelsby, both of whom have received training in bereavement counselling and support. Sessions 1-5 will be held on 3, 10, 17, 24 and 31 March and the final (optional) session will be on Wednesday, 7 April. It is desirable to attend all of the sessions 1-5 if at all possible. Places will be limited, so please book early. For further information, or to reserve your place, email [jan.payne@northstowe.church](mailto:jan.payne@northstowe.church)

## Video Thought for Lent

Lucy offers a brief reflection on the Lord's Prayer which is the focus of our Lent Groups this year. Go to [https://5folds.online/Lucy\\_Lent2021](https://5folds.online/Lucy_Lent2021)

## Praying for one another

It is good remember one another before our Lord. Please do be in touch with a member of the Ministry Team if you have particular prayer requests at any point in the months ahead. We will gladly prayer through them in our times of collective prayer on Zoom. At this time, we are asked to pray for the Turner family in Longstanton following the recent death of Pat.

## Ministry Team

Simon Gill 01954 230434 Email: [simon@5folds.org.uk](mailto:simon@5folds.org.uk)  
Lucy Cleland 01954 277758 Email: [lucy@5folds.org.uk](mailto:lucy@5folds.org.uk)  
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## Administration

The 5folds Parishes Office is currently closed during the week. Please contact Simon or Lucy with any questions.



# Welcome to our Church

Visit the website: [www.5folds.org.uk](http://www.5folds.org.uk)



**Sunday 21st February 2021**

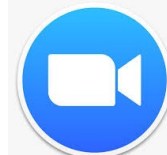
**Genesis 9:8-17     I Peter 3:18-end     Mark 1:9-15**

## The Collect for this week

Almighty God, whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin:  
give us grace to discipline ourselves in obedience to your Spirit;  
and, as you know our weakness, so may we know your power to save;  
through Jesus Christ your Son our Lord, who is alive and reigns with you,  
in the unity of the Holy Spirit, one God, now and for ever.

## Worshipping God together on Zoom in 5folds

Come and join us on Zoom for all or any of the services listed below. They each last up to 1 hour and are offered in addition to your weekly audio service.



### Date & Time

### 5folds Service

Sunday 21 February, 9.30am Sunday service of Morning Prayer  
Join in our familiar Sunday liturgy online

Sunday 7 March, 9.30am, 5folds All Age service

Note: You need to sign up in advance. Please email [lucy@5folds.org.uk](mailto:lucy@5folds.org.uk) to receive the Zoom link for any of these gatherings. Thank you.

## Lent Groups across 5folds

These are now starting to meet on Zoom, looking at The Lord's Prayer. Each of the 6 sessions lasts about 1 hour. Email Lucy to sign up if you still want to join one of the following groups:

### Day & Time

### Leaders

### Start date

Thursdays 2.30pm	Jenny Hill & Larry Amure	18 February
Thursdays 8pm	Simon Gill & Chris Westgarth	18 February
Mondays 8pm	Susan Meah & Claire Thorby	22 February
Tuesdays 8pm	Claire Brockelsby & Lucy Cleland	23 February