The**InHarmony Ash Wednesday online service** is now ready to view, and can be seen at <https://stedscathedral.org/music/inharmony/>

The service has been created by individuals from churches across the Diocese. It includes a wide range of music and spoken word, and involves clergy and lay people, young and old.

A short video showing how to prepare ashes at home is also on the site.

If you would like to include the service in your church's schedule for next week, please feel free to link to the video from your website or social media. Alternatively, if you would like the actual video file to embed in your own page, I will be happy to send it (the file exceeds 2Gb so you will need good broadband).

I am grateful to all who have given their time to contribute to this service, either as leaders, readers, singers, musicians, digital creatives or ashing assistents. I am especially grateful to the singers - it takes a great deal of time and courage to video oneself singing alone at home, with no others to help you find your note and give confidence. They have done a great job!

Thanks also go to William Saunders and the Buriensi Consort for their excellent contributions recorded in the cathedral.

After Ash Wednesday I will be releasing more videos of music for Lent and Easter, and commissiong new virtual choir recordings using singers from across Suffolk.

I pray that this resource will be a blessing.