



26th August 2020 Newsletter

1745 - Holy Trinity - 2020

We are marking the amazing mission and ministry of our church for two and three quarter centuries with a year of prayer and reflective celebration for what has happened in the past and what could be in the future.

This is the Last weekly newsletter

we will be continuing as a monthly magazine.

A new magazine will be available on the last Wednesday of every month.

A reflection from Rev'd Anne...

Every end is a new beginning...

Though this is the last weekly newsletter, we hope that towards the end of September a new monthly newsletter/magazine will emerge.

Firstly, we give thanks that since March and the beginning of lockdown, Chelsie and Rev Chris have produced this weekly newsletter; we give thanks for the time they have given to doing this and to everyone who has contributed. We hope that it has been a reminder that believing and belonging go together and are so important as we greet each new day in these challenging times. For the thoughts, recipes, pictures and other interesting and helpful things shared - thank you.

Now we hope others will feel called to work together and produce a monthly issue. Not necessarily something that is bigger but something that reflects the love and life of God in our midst and his continuing work of creation.

That may also be a reminder that every new beginning will have an ending and we need to learn to let go; so we are not looking to create the magazine as it was rather looking forward a new creation!

Creator God,
be the beginning and end of all that we think and say and do.

Prompt our actions with your grace
and complete them with your all powerful help;
through Jesus Christ our Lord.

Amen

Prayer for this week...

God of constant mercy,
Who sent your Son to save us,
Remind us of your goodness, Increase your grace within us,
That our thankfulness may grow,
Through Jesus Christ our Lord.
Amen

Notices

APCM

The APCM will be held on the 13th September at 10:30 am.
If you wish to attend in-person you will need to book a seat.

It will also be streamed live for those who cannot attend in person. If you are on the electoral roll and wish to vote online please request the Zoom information.

The community booklet and the Annual report is available on our website and in the church vestibule.

To Book, request further information or to submit any questions in advance please email APCM2020@morecambeparish.church

Face Coverings compulsory

Due to government guidance it will now be compulsory to wear a face covering in church. This excludes people with a medical or accessibility issue who would be exempt.

Booking a seat for a service

Service times

Sunday 9:30am and 4pm
Wednesday 6:30 pm

From 6th September these services will be a eucharist.

If you wish to attend, you must register by the Thursday before. Please enter the church through the west door (tower door) and exit through the east door (street door with porch).

Booking your place at church by emailing bookmyplace@morecambeparish.church or calling the parish office on 01524 422 211. We will need the following information:

Preferred service time:

Name and contact number for each person:

Are you all members of the same household?

Does any member of your household need to be seated in the accessibility pews or near the Toilet?

We will then reply with confirmation of which service we have available.

Ideas and Activities

Apple boats

You will need:

Apples
cocktail sticks
Felt-tip pens
coloured foam sheets
a water tray (filled with water)
a knife (to cut the apples)
towels to keep the floor dry



Before the session, thinly slice the apples in round pieces. For the activity, individuals or groups cut a wind sail shape out of the foam and decorate it. Then attach the foam sail to the cocktail stick, as shown in the photo, and stick it into the centre of the apple slice. Float the boat on the water and splash gently to simulate stormy water.

Talk about how Jesus calming the storm in Mark 4:35–41 reveals the power of God. Have we known of God's power for a long time in our life, or is today the first time we are hearing about it? Is there something going on in our lives that we want Jesus to calm or transform?

Put some dried pasta shapes in a bowl (e.g. penne) and then add in one piece that is a different shape (e.g. fusilli). Give each person in the family 5 seconds to put their hand in the bowl and try to find the 'stand out' piece of pasta.

Say the following prayer once found:

Lord, help me to be special like you Jesus, and to be prepared to be your disciple, even if it means being different to those around me. Amen

Connecting with God

'Look to the Lord and his strength; seek his face always'
1 Chronicles 16:11

Daily Bible Readings

Our Daily Bread: www.odb.org

UCB Word for Today: www.ucb.co.uk

Prayer

As a church we are encouraging everyone to follow a pattern of prayer, at 9am, 2pm and 8pm each day. It's comforting to know we are praying together!

You can find some ideas here:

<https://www.churchofengland.org/prayer-and-worship/topical-prayers> which includes family prayers or use the Daily Prayer app from the Church of England.

If you would like us to send you some prayers in paper form, let us know.

Recipe corner - [Rocky Road](#)

Ingredients

200g digestive biscuits
135g butter or margarine
200g dark chocolate
2-3 tbsp golden syrup
100g mini marshmallows
icing sugar, to dust

Optional (up to 100g)

raisins, dried cranberries or any dried fruit/nuts
popcorn
honeycomb, broken into pieces

Method

Grease and line an 18cm square brownie tin with baking paper. Place 200g digestive biscuits in a freezer bag and bash with a rolling pin or just the side of your fist until they're broken into a mixture of everything between dust and 50p-sized lumps. Set aside.

In a large saucepan melt 135g butter or margarine, 200g dark chocolate and 2-3 tbsp golden syrup over a gentle heat stirring constantly until there are no or almost no more lumps of chocolate visible, then remove from the heat. Leave to cool.

Take the biscuits, 100g mini marshmallows and up to 100g of additional ingredients (dried fruit, nuts, popcorn, honeycomb), if you like, and stir into the chocolate mixture until everything is completely covered.

Tip the mixture into the lined baking tin, and spread it out to the corners. Chill for at least 2 hrs then dust with icing sugar and cut into 12 fingers.



Poet Corner...

Looking Upward

When I daily look up,
And never look down,
I find that my cup
Is filled to the crown;
Whatever is wanted
Into my breast flows;
'Tis when the heart's lifted,
God kindly bestows.

When I grovel in dust,
And murmur and fret,
How few and how meagre
The blessings I get! '
'Tis only when upward
I prayerfully turn,
That favors are granted,
And wisdom I learn.

Poet: [Daniel C. Colesworthy](#)

Foodbank Rectory Porch Collection

Thank you for all your donations. The foodbank is so grateful!

Urgently needed food BANK items

- ◇ Shampoo/shower gel.
- ◇ Soap
- ◇ Loo Roll
- ◇ Feminine hygiene items
- ◇ Nappies
- ◇ Baby milk
- ◇ Pasta Sauce
- ◇ Tinned mac and cheese
- ◇ Tinned ravioli
- ◇ Tinned meat
- ◇ Sponge Puddings
- ◇ Coffee
- ◇ Wrapped Biscuits
- ◇ Tinned spaghetti
- ◇ Tinned beans with sausage

These items can be dropped off at the rectory and Rev Chris will deliver them to foodbank.

Readings for Sunday:

Jeremiah 15:15-21

Jeremiah reminds God of his obedience to him, and God tells Jeremiah that he will serve as God's mouth. God promises to protect Jeremiah

Romans 12:9-21

Paul gives instructions for how to live a good and godly life. He tells people to love one another, including those who hurt you

Matthew 16:21-28

Jesus predicts his own death, and tells the disciples what will happen. He declares that those who wish to be his followers must take up their cross and follow him

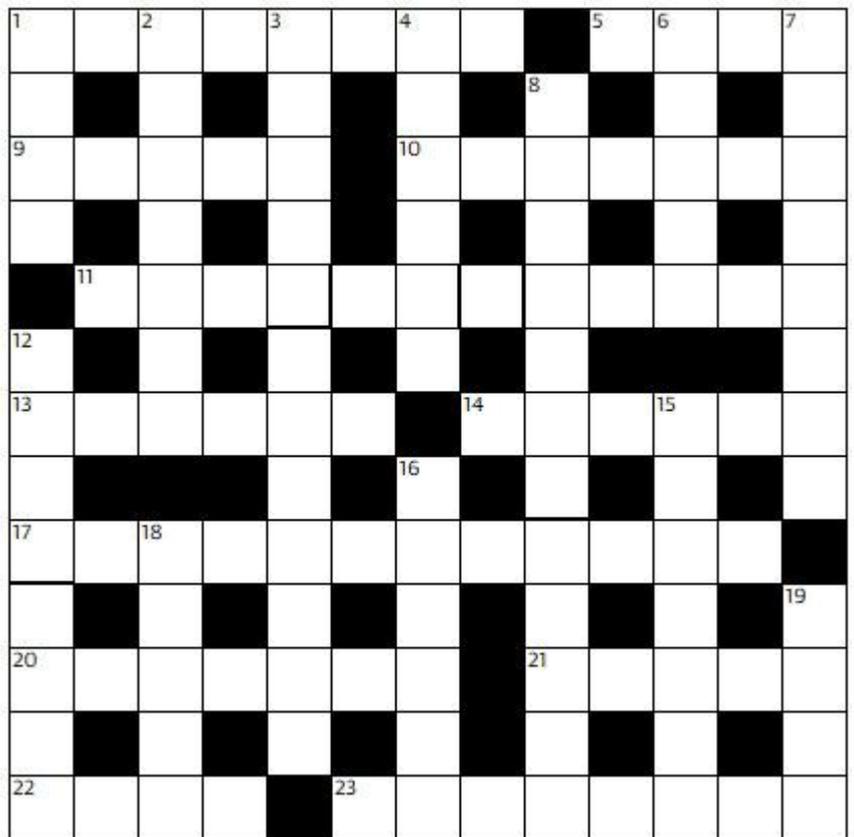


The Krawiec's Holiday



Across

- 1 Rump (8)
- 5 Trick (4)
- 9 Something unusual and worth collecting (5)
- 10 Chucker-out (7)
- 11 Try something out (4,2,1,5)
- 13 Medicine that induces vomiting (6)
- 14 Neckwear (6)
- 17 Computer jargon? (12)
- 20 Plain and without any extras (informal) (7)
- 21 Amount consumed (5)
- 22 Actor's part (4)
- 23 (Of writing) not changed (8)



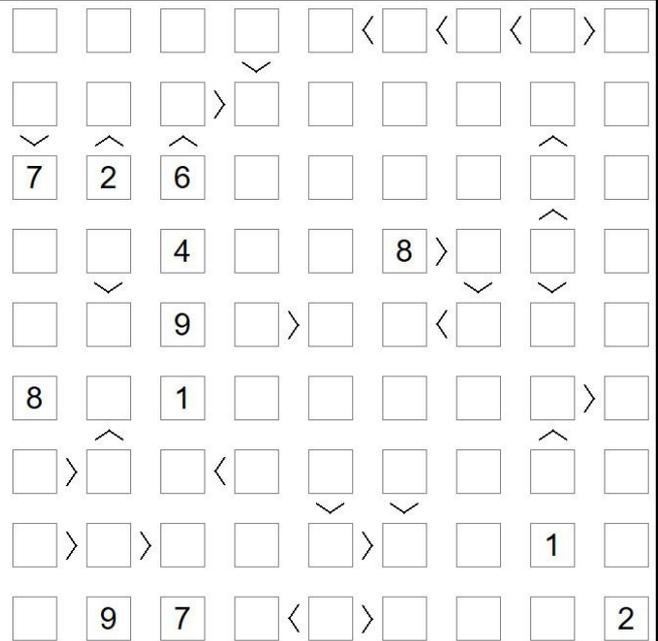
<https://www.theguardian.com/crosswords/quick/15693>

Down

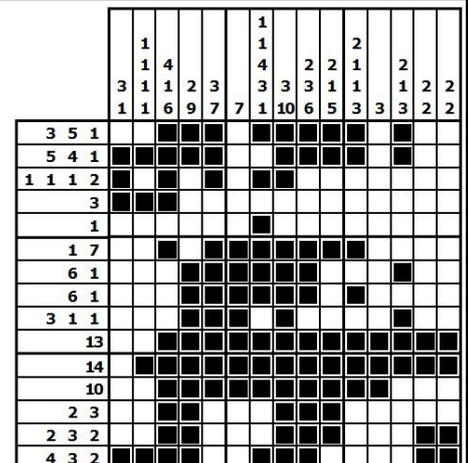
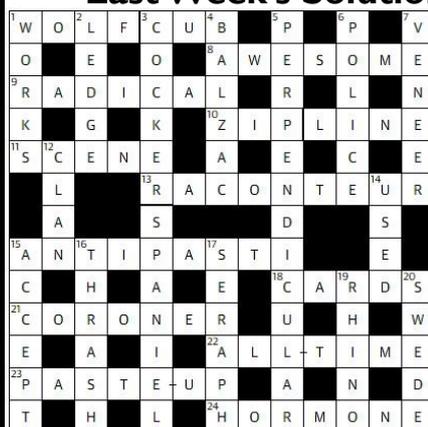
- 1 Dollar (informal) (4)
- 2 Explosive compound (7)
- 3 Indications of someone's intentions (5,7)
- 4 Discussion (6)
- 6 Succulents (5)
- 7 Concern with the distinction between right and wrong (8)
- 8 Departing (7,5)
- 12 Remaining (4,4)
- 15 Brave (7)
- 16 Procure (6)
- 18 Waterway (5)
- 19 Curve (4)

Futoshiki

The purpose of the game is to discover the digits hidden inside the board's cells; each cell is filled with a digit between 1 and the board's size. On each row and column each digit appears exactly once. At the beginning of the game some digits might be revealed. The board will also contain some inequalities between the board cells; these inequalities must be respected and can be used as clues in order to discover the remaining hidden digits.



Last Week's Solutions



Joke of the week...

What bow can't be tied?

A rainbow!

Community Corner



Lancaster District Support Line

Connecting volunteers to people in need

01524 582000

Lancasterdistrictcovid19.org.uk/get-help

If you would like to help support the work of the church:



Morecambe Parish Church
Triodos Bank
Acc. number: 21139776
Sort Code: 16-58-10

HMRC Coronavirus Business Helpline
0800 0159559

The UK Government Coronavirus
WhatsApp - **07860 064422**



A free phone line of hymns, reflections and prayers

The Archbishop of Canterbury, Justin Welby, has launched a free national phone line as a simple new way to bring worship and

prayer into people's homes while church buildings are closed because of the coronavirus.

Food Bank Help

If you or anyone in your household is struggling for food please get in touch with Rev Chris (Contact details overleaf) who can refer you for a Foodbank Parcel.

COMMUNITY ACTION RESPONSE: COVID-19

5 things you can do to make a positive difference in your community

 <p>Think of others, consider your actions & be kind</p> <p>People in every community will face the challenges of Covid-19 in some way – from needing basic provisions to help while they are unwell.</p>	 <p>Connect and reach out to your neighbours</p> <p>As self-isolation increases, we need to find new ways to stay connected and check in on one another for our physical and mental wellbeing. Share phone numbers and stay in touch.</p>	 <p>Make the most of local online groups</p> <p>Keep up to date, share information and be a positive part of your local community conversations.</p>	 <p>Support vulnerable or isolated people</p> <p>Different groups in our communities are at increased risk and social isolation and loneliness are key concerns for all ages. There are things you can do like volunteering for local support services or donating to food banks to help.</p>	 <p>Share accurate information and advice</p> <p>Support anyone who may be anxious about Covid-19. Sign post them to the correct advice from Public Health England and encourage people to follow the correct hygiene practices.</p>
---	---	--	---	--



If you need any help due to self-isolation or would just like someone to contact you for a chat, please let us know:

Helpline@morecambeparish.church or Tel: 01524 410 941

People to pray for...

Those that are ill

Mary Wilson, Leslie Morgan, Eileen Hutchinson, Owen, Petria Burns, Tracy Parker, Tina, Brenda Hunt, Pauline Sterritt, Coralie Shimmons, Janet Sensicall, Alison Longhurst, Stuart Whyte, Emily Mather, Neil Paton, Guy Heath, John Gibson.

Rest in Peace

In the Years' Mind

Katie Porteus, Mary Armistead, Tom Hargreaves

For future newsletters, find us at:

<http://www.morecambeparishchurch.org.uk/Newsletter.pdf>

Find printed copies in the Church Porch.

If you have any ideas for our newsletter please contact us on:

Newsletter@morecambeparish.church

Facebook: www.facebook.com/MorecambeParCh/

Find our weekly services at : Morecambeparish.church

Parish Office

Chelsie Collier

01524 422211

Admin@morecambeparish.church

Rector

Rev Chris Krawiec

01524 410941

RevChris@morecambeparish.church

Curate

Catherine Haydon

07723642973

Curate@morecambeparish.church

Honorary Associate Priest

Rev Anne Cunliffe

01524 422509

RevAnne@morecambeparish.church

Licenced Lay Minister

Sue Kiernan

07810562827

Sue.Kiernan@morecambeparish.church

Morecambe Parish Church

C/O Morecambe War Memorial Hall,

Church Walk,

MORECAMBE,

LA4 5PR.

Registered Charity Number: 1154323

www.morecambeparishchurch.org.uk