



5th August 2020 Newsletter

1745 - Holy Trinity - 2020

We are marking the amazing mission and ministry of our church for two and three quarter centuries with a year of prayer and reflective celebration for what has happened in the past and what could be in the future.

A reflection from Mary and David Bolster...

275 years ago, a blacksmith in Poulton named Francis Bowes provided the legacy that enabled the building of our church and school in Poulton. I (Mary) sometimes try to imagine what this man would think if he was to come back today and see the results of his generosity. I think he would be thrilled to see that the church that he set on its way is still living and growing and serving the community, a beacon of light in Morecambe.

During lockdown the two of us have been thinking about the church in the Book of Acts. In chapter 2 verse 42, we read that the believers “devoted themselves to the apostles teaching and fellowship, the breaking of bread and prayers.” We also read that they were often together, and shared their possessions generously with needy people. Here are 4 marks of a living church; the bible was taught, there was loving fellowship, worship and compassionate outreach.

In recent months, deprived of our building, we have all had to discover how to be a living church in new ways. Worship in the home, self-study of the Bible, zoom and front gate fellowship, foodbank trailer, shopping for one another. Those 4 essentials have not been lost. They may even have been strengthened? Both of us often reflect on our experiences of church in other places. Each church has been different, and yet those 4 marks have always been true.

In Acts the apostles were always on the lookout for opportunities to serve the Lord Jesus. For example, when asked for money by a lame beggar, they brought healing in the name of Jesus. As the new church grew they became so busy that they had to appoint more leaders especially to deal with the practical outworking of their care for the poor.

And so the stories go on and on as the apostles and teachers travelled around the known world to preach and teach and build new congregations. Yet, during all of this time, they had no church buildings, and often they were ‘locked out’ of their local synagogues.

You might wonder whether our Church in Morecambe would be in danger of shrinking in those months of being locked out, and now having so many restrictions when meeting together. Actually, our Church has been growing. Many people who don’t come regularly have been using the weekly meditations on Facebook and YouTube.

As we face an uncertain future concerning the coronavirus, we want to continue to show the marks of a ‘living and growing church’. I am sure Frances Bowes would want to see that too.

Prayer for this week...

Lord God,
your Son left the riches of heaven and became poor for our sake:
when we prosper save us from pride,
when we are needy save us from despair,
that we may trust in you alone,
through Jesus Christ our Lord.

Amen

Notices

Could those people that Audrey and Carol have spoken to about helping out at the 9.30am service please book and stay behind on Sunday 9th August after the 9.30 service.

This will be a short briefing.

Thank you
Audrey and Carol

Magazine Task Force

The newsletter you are currently reading will be changing. From September it will be transforming from a weekly publication into a monthly magazine. Still the same great content just more of it. Could you help? We need you to consider whether you could join our magazine task force to continue to develop the magazine and its content.

Face Coverings compulsory

Due to government guidance it will now be compulsory to wear a face covering in church. This excludes people with a medical or accessibility issue who would be exempt.

Booking a seat for a service

Service times

Sunday 9:30am and 4pm

Wednesday 6:30 pm

If you wish to attend, you must register by the Thursday before. Please enter the church through the west door (tower door) and exit through the east door (street door with porch). The distance between seating will be 1.75m all facing the same way— away from each other please keep turning around to a absolute minimum. Please also note that the toilet will be available by request only as this is tricky to keep on top of otherwise.

Booking your place at church by emailing bookmyplace@morecambe-parish.church or calling the parish office on 01524 422 211. We will need the following information:

Preferred service time:

Name and contact number for each person:

Are you all members of the same household?

Does any member of your household need to be seated in the accessibility pews or near the Toilet?

We will then reply with confirmation of which service we have available.

Ideas and Activities

Challenge:

Invite your Child(ren) to think about something that they do regularly that they find difficult, for example maths homework, or tidying their bedroom.

These are things that they have to persevere with in order to get them done! When they face these tasks this week, ask the children to remember that God tells us to keep going because when we do, we will be rewarded.

Challenge the children to persevere and even try extra hard with the things they might feel like giving up on.

This week we consider that the Bible talks about life being like a race. The Bible story will look at Philip running to catch up with someone to tell them about Jesus. The key Bible verses will be Hebrews 12:1 'Run the race with perseverance' and Philippians 3:14 'Press on towards the goal'.

Paint, sculpt, draw, video, digital image, photo of a physical image...what ever you fancy. Deadline is Friday 7th August! So have fun with creating and submit your creations to 'Blackburn Diocese Board of education' via Facebook messenger. Please include the name you're happy for us to share and age of child. They will then share the submissions over the following week on their Facebook page. Please only submit pictures you're happy for them to share on social media.



Lockdown project

Mary and David mentioned on the front page "self-study of the Bible". One of David's projects has been to write bible studies for both beginners and those who have been reading the bible for years.

If you would like to do some self-study go to the page 'Individual bible study' on his website.

biblestudydavidbolster.com

Also in lockdown he wrote about how he deals with his 'doubts', which you will find on the 'home page'.

Paperchain Teachers

Prepare paperchains of people (4 or 5) holding hands for each child.

Give each child a paperchain of people and ask them to make each person into someone who is important to them and who helps them to learn about Jesus.

This could be family, friends, church members. See here for guidance on how to create your paperchains:

<https://www.youtube.com/watch?v=pocc2DdmrF4>

Connecting with God

'Look to the Lord and his strength; seek his face always'

1 Chronicles 16:11

Daily Bible Readings

Our Daily Bread: www.odb.org

UCB Word for Today:
www.ucb.co.uk

Prayer

As a church we are encouraging everyone to follow a pattern of prayer, at 9am, 2pm and 8pm each day. It's comforting to know we are praying together!

You can find some ideas here:

<https://www.churchofengland.org/prayer-and-worship/topical-prayers>

which includes family prayers or use the Daily Prayer app from the Church of England.

If you would like us to send you some prayers in paper form, let us know.

Foodbank Rectory Porch Collection

Thank you for all your donations. The foodbank is so grateful!

Urgently needed food BANK items

- ◇ Shampoo/shower gel.
- ◇ Soap
- ◇ Loo Roll
- ◇ Nappies
- ◇ Feminine hygiene items
- ◇ Baby milk
- ◇ Coffee
- ◇ Pasta Sauce
- ◇ Tinned ravioli
- ◇ Tinned meat
- ◇ Sponge Puddings
- ◇ Tinned mac and cheese
- ◇ Wrapped Biscuits
- ◇ Tinned spaghetti
- ◇ Tinned beans with sausage

These items can be dropped off at the rectory and Rev Chris will deliver them to foodbank.

Photos of the Week



Peekaboo - Chelsie Collier



Walking Retreat - Chris Krawiec

Recipe corner - [Easy risotto with bacon & peas](#)



Ingredients

- 1 onion
- 2 tbsp olive oil
- knob of butter
- 6 rashers streaky bacon, chopped
- 300g risotto rice
- 1l hot vegetable stock
- 100g frozen peas
- freshly grated parmesan, to serve

Method

Finely chop 1 onion. Heat 2 tbsp olive oil and a knob of butter in a pan, add the onions and fry until lightly browned (about 7 minutes).

Add 6 chopped rashers streaky bacon and fry for a further 5 minutes, until it starts to crisp.

Add 300g risotto rice and 1l hot vegetable stock, and bring to the boil. Stir well, then reduce the heat and cook, covered, for 15-20 minutes until the rice is almost tender.

Stir in 100g frozen peas, add a little salt and pepper and cook for a further 3 minutes, until the peas are cooked.

Serve sprinkled with freshly grated parmesan and freshly ground black pepper.

Readings for Sunday:

I Kings 19:9-18

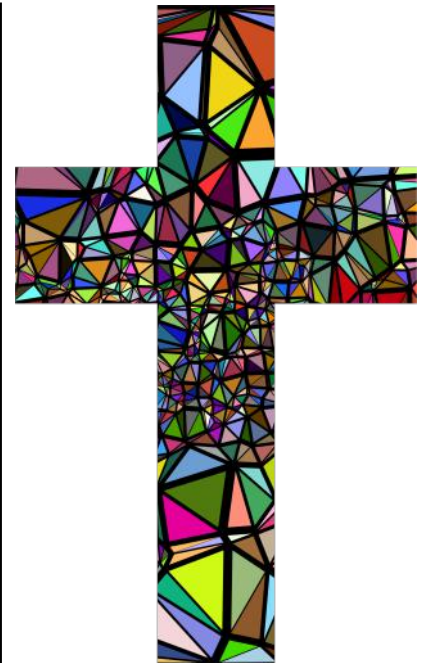
Where did Elijah find the presence of God? In the great wind, or the earthquake, or the fire? God is found in the sound of sheer silence.

Romans 10:5-15

Paul talks about where the word of faith is found- on your lips and in your heart.

Matthew 14:22-33

After a long day teaching and some solitude Jesus walks on water and Peter steps out of the boat to join him, shifts his focus from Jesus and begins to sink, Jesus saves Peter and the others.



“Virtual after Church” Coffee

We really enjoyed seeing everyone that was able to join us on Sunday so we've decided to do it every Sunday at 11:30 am until further notice. It'd be lovely to see you!

Meeting ID: 586 504 5556 Password: Aslan

To dial in on your phone try these numbers – if you need help getting online ring Rev Chris
+44 131 460 1196 +44 203 051 2874 +44 203 481 5237 +44 203 481 5240

Meeting ID: 586 504 5556

Password: 078730

Good News story ...Kate visits Baby Basics UK in Sheffield to launch initiative

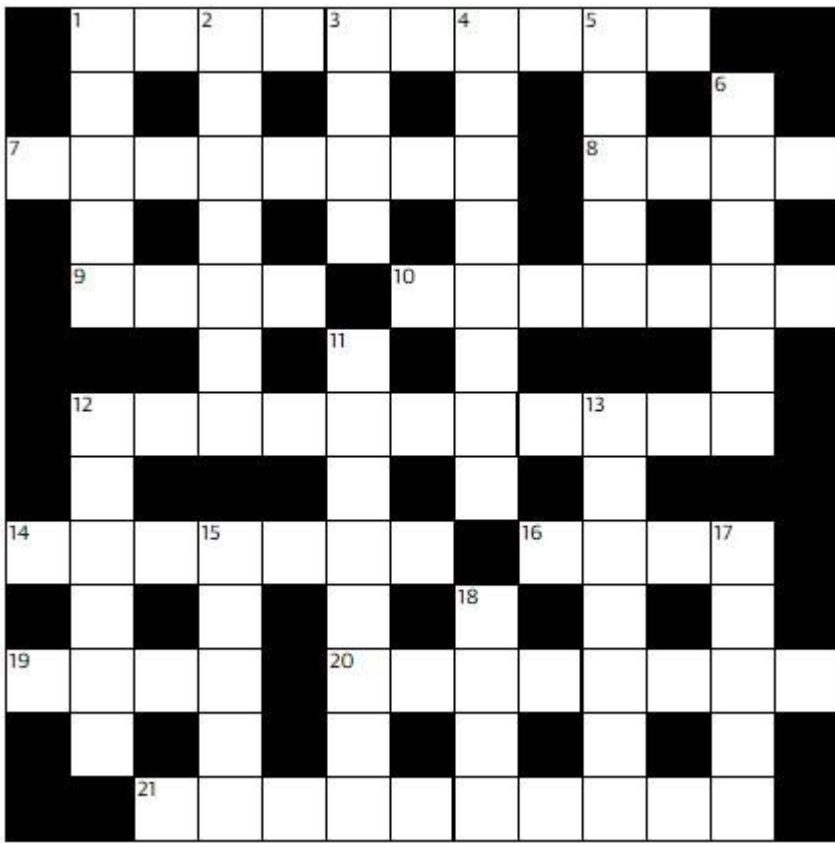
The Duchess of Cambridge donned a mask, apron and gloves today as she launched a major initiative to support vulnerable babies and children. On a visit to the baby bank charity Baby Basics UK in Sheffield, she revealed how she was moved to tears by the stories of families she met during visits to its West Norfolk branch near her Anmer Hall home.

Determined to help, Kate has now persuaded 19 British brands to donate more than 10,000 new items to more than 40 baby banks across the UK. As she unloaded pallets and unpacked the first deliveries at the charity's temporary distribution centre, she told volunteers: "It can get very emotional. I remember a couple of the families I met from King's Lynn and I went home and literally burst into tears, their stories were so moving. The struggles they have gone through, the bravery they have shown...in extraordinary circumstances. Helping their families through extraordinary times."

Volunteer-run baby banks provide essentials such as nappies, clothing and bedding to vulnerable families who are referred by health visitors, midwives and social workers. But while baby banks across the UK have seen an increase in demand during the Covid-19 outbreak, many have been unable to accept second-hand donations because of health and safety concerns....

For more: <https://www.hellomagazine.com/royalty/2020080494779/kate-middleton-visits-sheffield-baby-bank/>





<https://www.theguardian.com/crosswords/quick/15673>

Across

- 1 Regiment of the Household Cavalry (4,6)
- 7 Norwegian parliament (8)
- 8 Cosy corner (4)
- 9 Dilapidated building (4)
- 10 Legal pardon (7)
- 12 Where performers are congratulated by the audience (7,4)
- 14 Tailor-made (7)
- 16 Pleased (4)
- 19 Unpleasant child (4)
- 20 Hot spell (4,4)
- 21 African country founded in 2011 (5,5)

Down

- 1 By and by (5)
- 2 Horseshoer (7)
- 3 Grasp securely (4)
- 4 Altercation (8)
- 5 Reel, say (5)
- 6 Special website bringing together information from diverse sources in a uniform way (6)
- 11 Impertinent rejoinder (8)
- 12 Fruit with a stone (6)
- 13 Permitted (7)
- 15 Paved area next to a house (5)
- 17 English county (5)
- 18 Felines (4)

Sudoku

Complete the Sudoku puzzle so that each and every row, column, and region contains the numbers one through nine only once.

	8		9	2	5	4	7	3
				4		2		
7		2	1					5
4				1				
	6	9	7		2	1	3	
				9				7
9					1	3		8
		8		6				
6	7	3	2	8	4			9

Last Week's Solutions

H	A	B	I	T	A	T	H	T	L	
Y	A	I	B	I	R	O	N	O	R	E
D	E	C	A	M	P	S	T	B	S	
R	K	E	S	C	H	L	O	S	S	
A	T	S	E	A	U	E	O	E		
O	F	R	E	M	A	N	T	L	E	
G	T	D	I							
C	O	P	E	R	A	T	E	N		
R	P	R	I	D	E	P	O	T		
A	S	T	U	T	E	R	N	O	I	
B	O	I	B	R	E	A	K	I	N	
B	R	U	M	M	I	E	S	E	G	
Y	T	E	D	E	S	E	R	V	E	

5	1	2	1	1	2	2	5	4		
1	4	2	4	2	2	1	1	1		
3	3	1	2	9	2	6	7	8	1	12
8	3									
2	7									
1	5									
1	1	4								
1	3	2	2							
2	3	3	1							
5	1	1								
5	4									
2	2	4								
1	3	2								
1	3	2								
1	3	3								
4	4									
2	4									
2	5									

Joke of the week...

I bought the world's worst thesaurus yesterday.

Not only is it terrible, it's terrible.

Community Corner



Lancaster District Support Line

Connecting volunteers to people in need

01524 582000

Lancasterdistrictcovid19.org.uk/get-help

LANCASTER CITY COUNCIL
Promoting City, Coast & Countryside

Lancaster District CVS

hc hopechurch LANCASTER

If you would like to help support the work of the church:



Morecambe Parish Church
Triodos Bank
Acc. number: 21139776
Sort Code: 16-58-10

HMRC Coronavirus Business Helpline
0800 0159559

The UK Government Coronavirus
WhatsApp - **07860 064422**



A free phone line of hymns, reflections and prayers

The Archbishop of Canterbury, Justin Welby, has launched a free national phone line as a simple new way to bring worship and

prayer into people's homes while church buildings are closed because of the coronavirus.

Food Bank Help

If you or anyone in your household is struggling for food please get in touch with Rev Chris (Contact details overleaf) who can refer you for a Foodbank Parcel.

COMMUNITY ACTION RESPONSE: COVID-19

5 things you can do to make a positive difference in your community

 <p>Think of others, consider your actions & be kind</p> <p>People in every community will face the challenges of Covid-19 in some way – from needing basic provisions to help while they are unwell.</p>	 <p>Connect and reach out to your neighbours</p> <p>As self-isolation increases, we need to find new ways to stay connected and check in on one another for our physical and mental wellbeing. Share phone numbers and stay in touch.</p>	 <p>Make the most of local online groups</p> <p>Keep up to date, share information and be a positive part of your local community conversations.</p>	 <p>Support vulnerable or isolated people</p> <p>Different groups in our communities are at increased risk and social isolation and loneliness are key concerns for all ages. There are things you can do like volunteering for local support services or donating to food banks to help.</p>	 <p>Share accurate information and advice</p> <p>Support anyone who may be anxious about Covid-19. Sign post them to the correct advice from Public Health England and encourage people to follow the correct hygiene practices.</p>
---	---	--	---	--



If you need any help due to self-isolation or would just like someone to contact you for a chat, please let us know:

Helpline@morecambeparish.church or Tel: 01524 410 941

People to pray for...

Those that are ill

Mary Wilson, Leslie Morgan, Eileen Hutchinson, Owen, Petria Burns, Tracy Parker, Tina, Brenda Hunt, Pauline Sterritt, Coralie Shimmons, Janet Sensicall, Alison Longhurst, Stuart Whyte, Emily Mather, Neil Paton, John Gibson.

Rest in Peace

In the Years' Mind

Andrew Rodger, Sarah Hargreaves, Jim Nightingale, Rita Carroll, Elsa Collis, George Boad, Harold Smith, Shirley Matthews

For future newsletters, find us at:

<http://www.morecambeparishchurch.org.uk/Newsletter.pdf>

Find printed copies in the Church Porch.

If you have any ideas for our newsletter please contact us on:

Newsletter@morecambeparish.church

Facebook: www.facebook.com/MorecambeParCh/

Find our weekly services at : Morecambeparish.church

Parish Office

Chelsie Collier

01524 422211

Admin@morecambeparish.church

Rector

Rev Chris Krawiec

01524 410941

RevChris@morecambeparish.church

Curate

Catherine Haydon

07723642973

Curate@morecambeparish.church

Honorary Associate Priest

Rev Anne Cunliffe

01524 422509

RevAnne@morecambeparish.church

Licenced Lay Minister

Sue Kiernan

07810562827

Sue.Kiernan@morecambeparish.church

Morecambe Parish Church

C/O Morecambe War Memorial Hall,

Church Walk,

MORECAMBE,

LA4 5PR.

Registered Charity Number: 1154323

www.morecambeparishchurch.org.uk