



# 19<sup>th</sup> August 2020 Newsletter

## 1745 - Holy Trinity - 2020

We are marking the amazing mission and ministry of our church for two and three quarter centuries with a year of prayer and reflective celebration for what has happened in the past and what could be in the future.

### Prayer for this week...

God of Glory,  
The end of our searching ,  
Help us lay aside  
All that prevents us from seeking your kingdom,  
And to give all that we have  
To gain the pearl beyond all price,  
Through our Saviour Jesus Christ.

**Amen**

### *A reflection from Catherine ...*

It's fair to say that this is not how I planned the start of my curacy! Ordination has been 20 plus years in the making for me so there's been plenty of time to imagine how it would be (not once did I think it would include a global pandemic or lockdown or zoom coffee!)

I thought I'd be ordained by now and I thought I'd have been able to meet so many more of you in person at this point, but yet here we are. Once again, as is so often true in my life, God surprises me. I have a plan and then God does something completely different and takes me by surprise.

And even amongst this pandemic, God continues to surprise me, and I catch glimpses of God's glory in totally unexpected ways: in the relationships beginning to form despite social distancing and face masks, in the incredible sense of joy I get from leading people in worship despite all the current restrictions, in conversations in the pub with people who never step foot in church, in yet another ice cream looking over the bay and marvelling at beauty of creation.

And then I realise I shouldn't be surprised at all. We serve a God who is faithful, who never forgets or abandons people, even in the darkest of times.

“The steadfast love of the Lord never ceases, his mercies never come to an end; they are new every morning; great is your faithfulness” (Lamentations 3:22-23)

# Notices

## APCM

The APCM will be held on the 13th September at 10:30 am.  
If you wish to attend in-person you will need to book a seat.

It will also be streamed live for those who cannot attend in person. If you are on the electoral roll and wish to vote online please request the Zoom information.

The community booklet and the Annual report is available on our website and in the church vestibule.

To Book, request further information or to submit any questions in advance please email [APCM2020@morecambeparish.church](mailto:APCM2020@morecambeparish.church)

## Magazine Task Force

The newsletter you are currently reading will be changing. From September it will be transforming from a weekly publication into a monthly magazine. Still the same great content just more of it.

### Could you help?

We need you to consider whether you could join our magazine task force to continue to develop the magazine and its content.

## Face Coverings compulsory

Due to government guidance it will now be compulsory to wear a face covering in church. This excludes people with a medical or accessibility issue who would be exempt.

## Booking a seat for a service

### Service times

Sunday 9:30am and 4pm

Wednesday 6:30 pm

**From 6th September these services will be a eucharist.**

**If you wish to attend, you must register by the Thursday before. Please enter the church through the west door (tower door) and exit through the east door (street door with porch).**

**Booking your place at church** by emailing [bookmyplace@morecambeparish.church](mailto:bookmyplace@morecambeparish.church) or calling the parish office on 01524 422 211. We will need the following information:

Preferred service time:

Name and contact number for each person:

Are you all members of the same household?

Does any member of your household need to be seated in the accessibility pews or near the Toilet?

**We will then reply with confirmation of which service we have available.**

# Ideas and Activities

## Challenge:

Our sixth creative prayer challenge is here. This week we consider that victory in teams is more than winning and raising a trophy! There are many things that make a team brilliant and victorious! Key verses will consider the importance of the Fruits of the Spirit and encouragement. We will notice that sometimes what the world sees as successful is not the same as success in God's eyes.

Paint, sculpt, draw, video, digital image, photo of a physical image...what ever you fancy. Deadline is Friday 14th August! So have fun with creating and submit your creations to 'Blackburn Diocese Board of education' via Facebook messenger.

Please include the name you're happy for us to share and age of child. They will then share the submissions over the following week on their Facebook page.

**Please only submit pictures you're happy for them to share on social media.**

## Looking at Qualities:

Create a colouring sheet with the following words on: love, joy, peace, forbearance (courage), kindness, goodness, faithfulness, gentleness, self-control, or use this version from the Flame Creative Blog: <http://flamecreativekids.blogspot.com/2014/08/fruit-ofspirit-reflective-colouring.html> Give the children coloured pencils or felt pens and invite them to colour in the qualities that they feel they already have, leaving uncoloured the things that perhaps need more practice.



## Connecting with God

*'Look to the Lord and his strength; seek his face always'*  
1 Chronicles 16:11

### Daily Bible Readings

Our Daily Bread: [www.odt.org](http://www.odt.org)

UCB Word for Today: [www.ucb.co.uk](http://www.ucb.co.uk)

### Prayer

As a church we are encouraging everyone to follow a pattern of prayer, at 9am, 2pm and 8pm each day. It's comforting to know we are praying together!

You can find some ideas here:

<https://www.churchofengland.org/prayer-and-worship/topical-prayers> which includes family prayers or use the Daily Prayer app from the Church of England.

If you would like us to send you some prayers in paper form, let us know.

## Encouragement Hearts:

Cut different sizes of heart shapes out of thin craft foam, or card and provide pens, stickers and ribbon. Ask your child(ren) to stick the hearts on top of each other in order of size to give a slightly 3D effect. You may wish to encourage the younger children to simply decorate the hearts whilst older children may like to write a message on their hearts as well as decorating them with the pens. Attach a loop of ribbon to the back so the hearts can be hung up.

## Foodbank Rectory Porch Collection

Thank you for all your donations. The foodbank is so grateful!

### Urgently needed food BANK items

- ◇ Shampoo/shower gel.
- ◇ Soap
- ◇ Loo Roll
- ◇ Nappies
- ◇ Feminine hygiene items
- ◇ Baby milk
- ◇ Coffee
- ◇ Pasta Sauce
- ◇ Tinned ravioli
- ◇ Tinned meat
- ◇ Sponge Puddings
- ◇ Tinned mac and cheese
- ◇ Wrapped Biscuits
- ◇ Tinned spaghetti
- ◇ Tinned beans with sausage

These items can be dropped off at the rectory and Rev Chris will deliver them to foodbank.

## Photos of the Week



**Nyle helping in the Rectory Gardens**  
- Clare Liver

### Sandcastles - Chelsie Collier



## Recipe corner - [Easy carrot cake](#)

### Ingredients

230ml vegetable oil, plus extra for the tin  
100g natural yogurt  
4 large eggs  
1½ tsp vanilla extract  
½ an orange, zested  
265g self-raising flour  
335g light muscovado sugar  
2½ tsp ground cinnamon  
¼ fresh nutmeg, finely grated  
265g carrots, grated  
100g sultanas or raisins  
100g walnuts or pecans, roughly chopped (optional)



### For the icing

100g slightly salted butter, softened  
300g icing sugar  
100g full-fat cream cheese

### Method

Heat oven to 180C/160C fan/gas 4. Oil and line the base and sides of two 20cm cake tins with baking parchment. Whisk the oil, yogurt, eggs, vanilla and zest in a jug. Mix the flour, sugar, cinnamon and nutmeg with a good pinch of salt in a bowl. Squeeze any lumps of sugar through your fingers, shaking the bowl a few times to bring the lumps to the surface.

Add the wet ingredients to the dry, along with the carrots, raisins and half the nuts, if using. Mix well to combine, then divide between the tins. Bake for 25-30 mins or until a skewer inserted into the centre of the cake comes out clean. If any wet mixture clings to the skewer, return to the oven for 5 mins, then check again. Leave to cool in the tins.

To make the icing, beat the butter and sugar together until smooth. Add half the cream cheese and beat again, then add the rest (adding it bit by bit prevents the icing from splitting). Remove the cakes from the tins and sandwich together with half the icing. Top with the remaining icing and scatter with the remaining walnuts. Will keep in the fridge for up to five days. Best eaten at room temperature.

## Readings for Sunday:

### Isaiah 51:1-6

The prophet Isaiah tells of God's comfort for his people, and the need for justice and righteousness. God's salvation is everlasting.

### Romans 12:1-8

Paul tells us not to get distracted by the world around us, but focus on the plans of God. He talks about the followers of Christ as a body, all with different gifts that we should use together.

### Matthew 16:13-20

Jesus asks the disciples who they think he is, and Peter declares that he is the Messiah, the Son of God. Jesus praises Peter for recognising this, and tells him that he will be instrumental in the building up of the church.



## Zoom Coffee

With the return of in-person services we are struggling with the timing of Zoom coffee and we have decided it is time for it to finish.

We hope that we will soon be able to meet and catch up as we are used to doing...

## VJ service on August 15th

They shall grow not old,  
as we that are left grow old;  
Age shall not weary them,  
nor the years condemn.



At the going down of the sun  
and in the morning,  
we will remember them.

**We will remember them**

## Eva's View in Wales

Eva wants all her friends and neighbours in our church family to know that she misses them all. While she is missing home and the beautiful Morecambe bay views, this peacock spreads his tail out below her window to remind her of God's magnificent creation wherever we are.





## Community Corner



**Lancaster District  
Support Line**

*Connecting volunteers to people in need*

**01524 582000**  
Lancasterdistrictcovid19.org.uk/get-help

LANCASTER CITY COUNCIL  
Lancaster District CVS  
hc hopechurch LANCASTER

If you would like to help support the work of the church:



Morecambe Parish Church  
Triodos Bank  
Acc. number: 21139776  
Sort Code: 16-58-10

HMRC Coronavirus Business Helpline  
**0800 0159559**

The UK Government Coronavirus  
WhatsApp - **07860 064422**



A free phone line of hymns, reflections and prayers

The Archbishop of Canterbury, Justin Welby, has launched a free national phone line as a simple new way to bring worship and

prayer into people's homes while church buildings are closed because of the coronavirus.

### Food Bank Help

If you or anyone in your household is struggling for food please get in touch with Rev Chris (Contact details overleaf) who can refer you for a Foodbank Parcel.

## COMMUNITY ACTION RESPONSE: COVID-19

5 things you can do to make a positive difference in your community

 <p><b>Think of others, consider your actions &amp; be kind</b></p> <p>People in every community will face the challenges of Covid-19 in some way – from needing basic provisions to help while they are unwell.</p>	 <p><b>Connect and reach out to your neighbours</b></p> <p>As self-isolation increases, we need to find new ways to stay connected and check in on one another for our physical and mental wellbeing. Share phone numbers and stay in touch.</p>	 <p><b>Make the most of local online groups</b></p> <p>Keep up to date, share information and be a positive part of your local community conversations.</p>	 <p><b>Support vulnerable or isolated people</b></p> <p>Different groups in our communities are at increased risk and social isolation and loneliness are key concerns for all ages. There are things you can do like volunteering for local support services or donating to food banks to help.</p>	 <p><b>Share accurate information and advice</b></p> <p>Support anyone who may be anxious about Covid-19. Sign post them to the correct advice from Public Health England and encourage people to follow the correct hygiene practices.</p>
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If you need any help due to self-isolation or would just like someone to contact you for a chat, please let us know:

Helpline@morecambeparish.church or Tel: 01524 410 941

### People to pray for...

#### Those that are ill

Mary Wilson, Leslie Morgan, Eileen Hutchinson, Owen, Petria Burns, Tracy Parker, Tina, Brenda Hunt, Pauline Sterritt, Coralie Shimmons, Janet Sensicall, Alison Longhurst, Stuart Whyte, Emily Mather, Neil Paton, Guy Heath, John Gibson.

#### Rest in Peace

Miriam Westall

#### In the Years' Mind

John Sandall, Lily Sandall

For future newsletters, find us at:

<http://www.morecambeparishchurch.org.uk/Newsletter.pdf>

**Find printed copies in the Church Porch.**

If you have any ideas for our newsletter please contact us on:

Newsletter@morecambeparish.church

**Facebook:** [www.facebook.com/MorecambeParCh/](http://www.facebook.com/MorecambeParCh/)

**Find our weekly services at :**Morecambeparish.church

### Parish Office

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### Licenced Lay Minister

Sue Kiernan

07810562827

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### Morecambe Parish Church

C/O Morecambe War Memorial Hall,

Church Walk,

MORECAMBE,

LA4 5PR.

Registered Charity Number: 1154323

[www.morecambeparishchurch.org.uk](http://www.morecambeparishchurch.org.uk)