



**The Parish Churches of Christ the King, Bowburn
& St. Andrew's Tudhoe Grange, Spennymoor**



Parish Priest: Fr. John Livesley SSC Tel: 01388 814817

Sunday 14th June 2020: 1st Sunday after Trinity

We're still here!! Jesus said of his church that 'the gates of hell cannot prevail against it.' (Matthew 16) and though we deeply regret that we cannot meet for worship, we are still praying together, supporting one another and tending the flame of faith in our hearts in these difficult times.

TODAY: -10am Mass livestreamed on St. Andrew's Facebook Page:
www.facebook.com/St.Andrewschurchtudhoe You don't need to be on Facebook to view this so please tune in if you can. Please find today's readings and information about Spiritual Communion below. After mass you are welcome to join us for a virtual chat by following this link:
https://msngr.com/3uWiqoOuH_Z_tBLh



-Remember to light your candle this evening at 7pm.

-Until the church buildings reopen for worship, **mass will be livestreamed** on the St. Andrew's page on **Sundays at 10am and Wednesdays at 7pm**, plus major Feast Days as announced. Daily reflections and prayers are also posted on the St. Andrew's page.

- **Evening Prayer** is being livestreamed on the Christ the King Facebook page on Tuesdays and Fridays at 5.15pm



-You will also find 'Messy Church' activities for all the family on the Facebook pages of both churches: stories, crafts, songs etc. You can download and use these at any time: a new way for Messy Church to meet whilst we continue in lockdown.

From this week our churches will now be OPEN FOR PRIVATE PRAYER (only) at the times listed:

**St. Andrew's: Sundays 11am-12.30pm & 5pm-6.30pm; Tuesdays 7pm-8.30pm;
Thursdays 9.30am-12.30pm; Fridays 9.30am-11am;**

Christ the King: Sundays 11am-12.30pm; Wednesdays: 9.30am-11am; Fridays 6pm-7.30pm

The Blessed Sacrament will be exposed as a focus for our prayer, and votive candles will be available to light. Volunteers to act as stewards are needed: the more we have the longer we can keep church open. Thank you.

Please pray for *the sick and others in need*: Ann Meakin, Geoffrey Lomas, Evelyn Paddom, Jean Hart, Paul Stephenson, Janine Busbridge, Andrew Johnson, John Colledge, Deborah & Sheila Curtiss, John Cooke, Nancy Purvis, David Linford, Nora Wallace, Kieran Cant, Sylvia Cant, Ann Foster, Peter Wilson, Rita Patchett, John Atkin, Ann and Eric Snowball, Reg King, Andrew Rutherford, Gillian Masters, Jean Oliver, Peter Johnson, Joyce Jones, Laurence Skoropinski, Ella Thompson, Helen Fairish, Olga Huntley (SA)



and Janet Punshon, Bill Cook, Maeve Strawbridge, Jan Cobby, Stephen Hopkins, Julie Normanton, Helen Richardson, Rose Docherty, Mike Ingham, Elsie Blackett (CK)

and all those affected by coronavirus throughout the world

Those who have died recently: Shirley Fleetham, Jean Hart, Brian Matthews, Peter Judge

Those whose year's minds are this week, including:

(SA) Tom Laidler, Emma Pollard (Sun), Joe Gardner (Mon), Ena Hall, Jack Hamilton, Violet Rhodes, David Walters (Tues) Mary Dobson (Fri)

(CK) Alfred Swainston (Mon), Dorothy Walker (Tues), Jane Morgan, Madge Malkin (Wed), Jonathan Dunning, Dennis Kirkup (Thurs), Esther Pluck, Ann Taylor, Edna Lockwood (Fri)

Pastoral Care-

Every household/family on the electoral rolls should be receiving regular phone calls or texts from someone at church to keep in touch and to check on well-being. Please note that we have divided up the electoral rolls for this purpose, so your caller will not necessarily be Father John. But callers will pass on any urgent needs to him.

Please do not hesitate to call any of the following people if you are in practical or spiritual/emotional need or just want a chat!

Fr. John: 01388 814817; Fr. Keith Wassall: 0191 377 8709; Edward Gunn: 07926 086537

Pamela Watson (SA): 07788 863512; Helen Smith (SA): 07703 192726; Pauline Cant (SA): 07815 911657

Heather Kelly (CK): 07775 763589; Marina Gunn (CK): 07397 993182, Marina has also been trained by Cruse as a bereavement counsellor.

Offerings- we need if at all possible to keep up the church's income at this difficult time. If you give by weekly envelopes, please, if you can, put them through the Vicarage door (SA) or the church letterbox (CK). **Thank you very much to all who have responded so generously to this plea, which has improved our financial position.** New envelopes will be sent out when we can. Or please consider moving to standing order. Bank details are:

St. Andrew's PCC, account no: 50773204, sort code 20-09-44 (Barclays);

Cassop cum Quarrington PCC, account no: 70244260, sort code 20-27-41 (Barclay's);

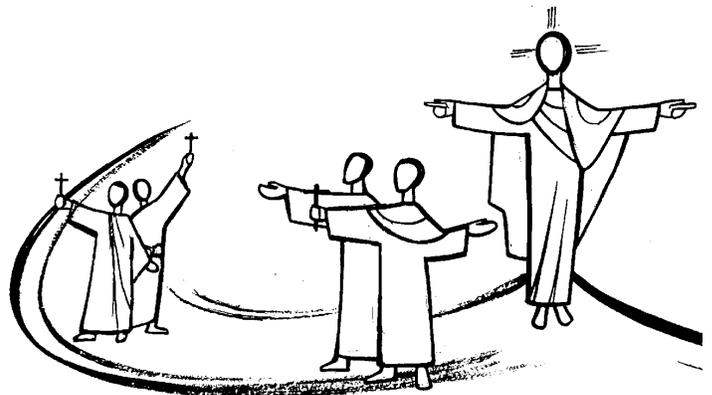
Thank you

Betty Barber is making and selling jam to raise money for kitchen improvements at Christ the King. If you would like some jam, please phone Sue Maxwell on 07791 575745 who will be able to give you prices and deliver the jam to your door.

READINGS FOR THE FIRST SUNDAY AFTER TRINITY

The Collect

O God, the strength of all those who put their trust in you, mercifully accept our prayers and, because through the weakness of our mortal nature we can do no good thing without you, grant us the help of your grace, that in the keeping of your commandments we may please you both in will and deed; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen



LITURGY OF THE WORD

First Reading Exodus 19: 2 – 8a

A reading from the book of Exodus.

The Israelites had journeyed from Rephidim, entered the wilderness of Sinai, and camped in the wilderness; Israel camped there in front of the mountain. Then Moses went up to God; the LORD called to him from the mountain, saying, ‘Thus you shall say to the house of Jacob, and tell the Israelites: You have seen what I did to the Egyptians, and how I bore you on eagles’ wings and brought you to myself. Now therefore, if you obey my voice and keep my covenant, you shall be my treasured possession out of all the peoples. Indeed, the whole earth is mine, but you shall be for me a priestly kingdom and a holy nation. These are the words that you shall speak to the Israelites.’

So Moses came, summoned the elders of the people, and set before them all these words that the LORD had commanded him. The people all answered as one: ‘Everything that the LORD has spoken we will do.’

This is the word of the Lord.

Thanks be to God.

Responsorial Psalm 100

Response: O be joyful in the Lord, O be joyful, all the earth.

O be joyful in the Lord, all the earth;
serve the Lord with gladness
and come before his presence with a song. **R**

Know that the Lord is God;
it is he that has made us and we are his;
we are his people and the sheep of his pasture. **R**

Enter his gates with thanksgiving;
and his courts with praise;
give thanks to him and bless his name. **R**

For the Lord is gracious;
his steadfast love is everlasting;
and his faithfulness endures from generation to generation. **R**

Second Reading Romans 5: 1 – 8

A reading from the letter of Saint Paul to the Romans.

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God’s love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time, Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person – though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us.

This is the word of the Lord.

Thanks be to God.

The Gospel Acclamation: Alleluia, alleluia, alleluia

The Gospel Matthew 9: 35 – 10: 8

The Lord be with you.

And also with you.

Hear the Gospel of our Lord Jesus Christ according to Matthew.

Glory to you, O Lord.

Then Jesus went about all the cities and villages, teaching in their synagogues, and proclaiming the good news of the kingdom, and curing every disease and every sickness. When he saw the crowds, he had compassion for them, because they were harassed and helpless, like sheep without a shepherd. Then he said to his disciples, ‘The harvest is plentiful, but the labourers are few; therefore ask the Lord of the harvest to send out labourers into his harvest.’

Then Jesus summoned his twelve disciples and gave them authority over unclean spirits, to cast them out, and to cure every disease and every sickness. These are the names of the twelve apostles: first, Simon, also known as Peter, and his brother Andrew; James son of Zebedee, and his brother John; Philip and Bartholomew; Thomas and Matthew the tax-collector; James son of Alphaeus, and Thaddaeus; Simon the Cananaean, and Judas Iscariot, the one who betrayed him.

These twelve Jesus sent out with the following instructions: ‘Go nowhere among the Gentiles, and enter no town of the Samaritans, but go rather to the lost sheep of the house of Israel. As you go, proclaim the good news, “The kingdom of heaven has come near.” Cure the sick, raise the dead, cleanse the lepers, cast out demons. You received without payment; give without payment.

This is the Gospel of the Lord.

Praise to you, O Christ.

LITURGY OF THE EUCHARIST

Prayer over the Gifts:

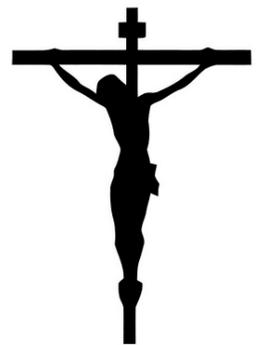
Wise and gracious God, you spread a table before us. Nourish your people with the word of life and the bread of heaven. **Amen.**

Remember: as the priest offers the gifts, we offer ourselves to God even though we aren't present physically.

Prayer for Spiritual Communion at Communion Time:

People: My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen

Prayer after Communion: Eternal Father, we thank you for nourishing us with these heavenly gifts: may our communion strengthen us in faith, build us up in hope, and make us grow in love; for the sake of Jesus Christ our Lord. **Amen**



Spiritual Communion- what is it?

If you are unable to attend Mass because of measures to halt the spread of the coronavirus or are otherwise homebound, consider making an act of Spiritual Communion. Saints down through the ages have recommended this simple practice.

“If we are deprived of Sacramental Communion, let us replace it, as far as we can, by spiritual communion, which we can make every moment; for we ought to have always a burning desire to receive the good God,” said St. Jean-Marie Vianney. “Communion is to the soul like blowing a fire that is beginning to go out, but that has still plenty of hot embers; we blow, and the fire burns again. After the reception of the Sacraments, when we feel ourselves slacken in the love of God, let us have recourse at once to spiritual communion. When we cannot go to the church, let us turn towards the tabernacle; no wall can separate us from the good God.”

St. Thomas Aquinas described Spiritual Communion as “an ardent desire to receive Jesus in the Holy Sacrament and a loving embrace as though we had already received Him.”

“What a source of grace there is in spiritual Communion!” declared St. Josemaría Escrivá. “Practise it frequently and you’ll have more presence of God and closer union with him in your life.”

“When you do not receive communion and you do not attend Mass, you can make a spiritual communion, which is a most beneficial practice,” wrote St. Teresa of Jesus, “by it the love of God will be greatly impressed on you.”