

## Whilst public worship is suspended...

### Radio:

*During the week:* Daily Service 9.45am Radio 4 Long Wave Mon – Fri  
Choral Evensong 3.30pm Radio 3 Wednesday

*Sunday* Bells on Sunday 5.43am Radio 4  
Sunday Worship 8.10am Radio 4  
Choral Evensong 3.00pm Radio 3

### TV:

*Sunday* Songs of Praise 1.15pm BBC1

All the above are also available at [www.bbc.co.uk](http://www.bbc.co.uk)

### Apps:

*Free* Holy Bible (NIV) free access to the whole Bible in a modern translation  
Daily Prayer Morning, Evening and Night Prayer for each day

*Paid* Reflections for Daily Prayer a short reflection on one of the MP readings  
£11.99 per year  
Sunday Worship gives the readings and collect for Sundays and Saints' Days  
£1.99 per year

There are many others – these are just the CofE ones

### Internet:

[www.churchofengland.org](http://www.churchofengland.org) the latest coronavirus advice  
Morning Prayer and Night Prayer for each day that can be downloaded and printed off  
Personal prayers for those unable to attend church

[www.cofesuffolk.org](http://www.cofesuffolk.org) Bishop Martin and Bishop Mike broadcast live Morning Prayer from the Bishop's Oratory at 8.30am each day (prayers are for Suffolk parishes!)  
*also on the Bishop Martin and Bishop Mike Facebook page, where you can also access their weekly conversation about the Sunday readings*

[crosskeysmag.org.uk/?p=3306](http://crosskeysmag.org.uk/?p=3306) 'Thought for the Day' videos recorded by some of the senior clergy in Peterborough Diocese

### In the benefice:

*Sundays:* I will celebrate the Eucharist at home at 9.30am, with the Body being 'broken for all', and the Blood 'shed for all'.

### *A note about Spiritual Communion:*

In the Anglican tradition, the bread and wine are not strictly necessary in order to receive Communion.

To receive Communion spiritually :

prepare yourself in a quiet place, remembering God is with you

after a time of confession allow yourself to receive absolution from God

read the Bible and reflect on it

pray for those around you

remember and give thanks for Jesus's sacrifice,

prayerfully imagine taking in the Body and Blood of Jesus so that it becomes a part of you, spreading  
through every cell in your body

give thanks

### **BBC Easter schedule:**

#### **On Television**

***Songs of Praise:*** On Palm Sunday, Aled Jones accompanies a choir of young Christians as they visit the key holy sights for the first time, including the Garden of Gethsemane and the Church of the Holy Sepulchre, where they will also sing Easter hymns and songs.

On Easter Sunday Aled presents from Christianity's most sacred city - Jerusalem - where the programme explores the faith stories of Lion King star Shaun Escoffery, and renowned soprano Laura Wright.

Britain's ***Easter Story*** is a new two-part series on Good Friday and Easter Sunday with choir master Gareth Malone and gospel choir conductor Karen Gibson. They travel across the UK to explore the stories behind our Easter traditions, looking at how different celebrations have developed over the years, and how music remains a big part of those celebrations.

On Sunday mornings from 17 March a new eight-part series goes to the heart of the fascinating cultural and spiritual narratives found in our countryside. In ***Walks of Life***, each week, Mehreen Baig and JB Gill take viewers on a specially curated walk to explore modern attitudes to religion, belief, and society's relationship with the spectacular landscapes around us.

In ***Pilgrimage: Road To Rome*** on BBC Two we see eight famous faces, actor Les Dennis, comedian Katy Brand, Olympic athlete Greg Rutherford, actress Lesley Joseph, dancer Brendan Cole, comedian Stephen K Amos, journalist Mehreen Baig and Eurovision Song Contest winner Dana arrive at St Peter's Square in Rome, where they are granted a private audience with Pope Francis in this final episode on Good Friday.

***Easter Carols At King's.*** Music director, Stephen Cleobury lead the renowned King's College choir as they sing some of the best-loved choral music for the season, including *Crucifixus* (Lotti), *Were You There?* (arr. Cleobury) and *Hallelujah* (Handel, from *Messiah*). Mezzo soprano Jennifer Johnston joins the choir to perform the Easter Hymn from *Cavalleria Rusticana* (Mascangi).

To compliment these highlights, there will be ***live Easter service*** from St Mary's in Warwick and Pope Francis' Easter Sunday Message and Blessing - *Urbi et Orbi* - presented by Religion Editor Martin Bashir.

#### **On Radio**

BBC Radio highlights begin with ***Radio 4's continuing Lent Talks*** from Wednesday 3 April, 20:45. Sir Paul Coleridge, Candida Moss and Alison Cope reflect on the story of Jesus' ministry and Passion from the perspective of their own personal and professional experience. Lent Talks is produced by Dan Tierney.

In ***Luke, Acts, a two-part dramatisation on Radio 4*** starting Saturday 13 April at 2.30pm, poet Michael Symmons Roberts tells afresh one of the founding stories of our culture and of world history. Starring David Schofield, Verity Henry and more.

Musical celebrations begin on ***Radio 3 with EBU Day Of Holy Week Music:*** Part one on Sunday 14 April at 2pm, produced by Ellie Mant. Andrew McGregor presents Radio 3's annual day of music for Holy Week from around Europe, taking in concerts from Bulgaria, Latvia, Denmark, the Czech Republic, the Netherlands and Russia. Also on Radio 3 beginning Monday 15 April at ***10.45pm is The Essay***, a Holy Week series in which five writers of different faiths select a painting depicting Christ's passion or resurrection from the National Gallery collection in London as the starting point for their essay.

**Prayer For The Day**, a spiritual comment and prayer to begin the day, with the Bishop of Ripon, the Rt Rev Dr Helen-Ann Hartley, features on Radio 4, Good Friday at 5.40am, and Rt Rev Sarah Mullally, Bishop of London, will deliver her **Thought for the Day** at 7.50am.

**Radio 2's Pause For Thought** throughout the week in the run up to Easter Weekend will focus on the theme of New Life. Vanessa Feltz's show on Good Friday will feature a contribution from Reverend Michaela Youngson, the current President of the Methodist Conference.

To introduce the breadth and depth of the psalms Bishop James Jones' **Good Friday Meditation on Radio 4 at 3pm** reflects on Psalm 22, through readings, music and personal stories, including guest reader Maxine Peake. In a four-part special **The Psalms** read by Academy Award-winning actor Jeremy Irons follows at 3.30pm. The Psalms show a whole range of human emotion: here we find hymns, laments and songs of thanksgiving - produced by Sue Roberts.

As part of the Holy Week Festival at St. John's, Smith Square in London, Sir James Macmillan conducts the BBC Singers in a sequence of music for **Radio 3 In Concert: Music For Maundy Thursday at 7.30pm**. Performances continue on **Good Friday at 7.30pm with Radio 3 in Concert**: Verdi Requiem; Donald Macleod presents a concert live from the Chapel of King's College, Cambridge, as part of the Easter at King's Festival.

**At The Foot Of The Cross, presented by Dan Walker, returns to Radio 2 with songs of despair and hope for Good Friday, at 8pm**. The BBC Concert Orchestra is joined by London Contemporary Voices, The BBC Radio 2 Young Choristers Of The Year, and special guest stars including singer-songwriter Yola, to present a sequence of spiritual songs from stage and screen reflecting on the story of Good Friday, the day that Jesus died.

**Prayer for the Day on Radio 4 on Saturday 20 April, 5.40am**, features Juanita Francis, Praise and Worship leader and Youth Pastor at Ruach City Church, London.

**Sunrise Service, Sunday 12 April from 6.35am on Radio 4**, marks Easter as a festival of light - people stumbling upon a gloriously empty tomb as the day began, and light spilling into hearts and minds. Baptist minister the Revd Richard Littledale tells the Easter story as the sun rises. Sunrise Service is followed **by Easter Sunday Worship live from Southwell Minster**, then moving to **Radio 3 for Live Choral Evensong from Southwell Minster on Easter Sunday at 3pm**.

**Easter Sunday on BBC Radio 2 begins at 6am with Good Morning Sunday**. Joining Kate and Jason live from Canterbury, the Archbishop of Canterbury, Justin Welby, will be reflecting on why Easter is the most important day in the Christian calendar. Plus music from the Grammy winning Soweto Gospel Choir.

**Radio 3's Easter celebrations continue on Sunday at 5.30pm with Words And Music: Pilgrimage, produced by Chris Wines**. Actors Robert Powell and Josette Simon deliver an anthology of words with music reflecting the spirit and idea of pilgrimage through the ages, from Canterbury to Graceland.

#### **From the Archbishops:**

***'This is a defining moment for the Church of England. Are we truly a church for all, or just the church for ourselves? We urge you sisters and brothers to become a different sort of church in these coming months: hopeful and rooted in the offering of prayer and praise and overflowing in service to the world.'***