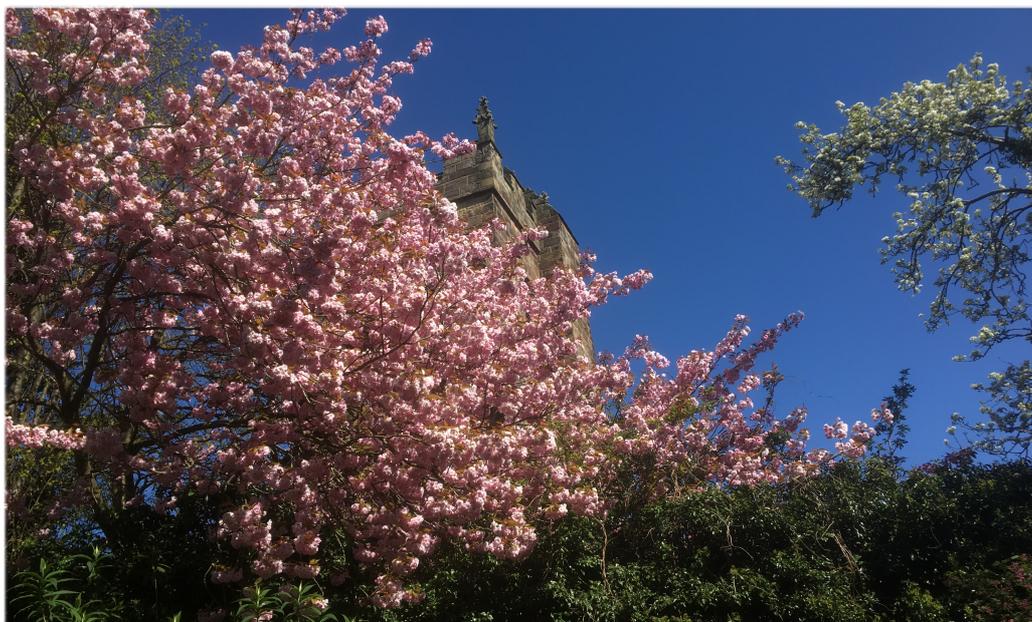


C&T Parish Newsheet

St Anne's, Catterick and Holy Trinity, Tunstall



Stories of the Resurrection

Coming soon:
Sunday 2nd May

Pastoral Groups



to help us stay in touch and encourage one another by telephone



Social media

Facebook, A Church Near You, St Anne's Catterick Podcast, and hopefully coming soon iknowchurch

Faith in times of crisis: journeying through the wilderness...

Lockdown continues for the foreseeable future. Just at the time when the church community would be celebrating Easter festival all the way to the beginning of June... just as we most want to reach out to people coping with enormous hardship and isolation... our buildings are locked and we're banished indoors.

I doubt things will be 'back to normal' anytime soon. I doubt in fact that we will be able to go back, instead we will need to both stay present in this situation, finding new ways of being and start to look forward to a future that may be very different from the one we expected.

1

STAY HOME

Wash your hands regularly, keep 2m distance if you are out. Don't visit others.

2

PROTECT THE NHS

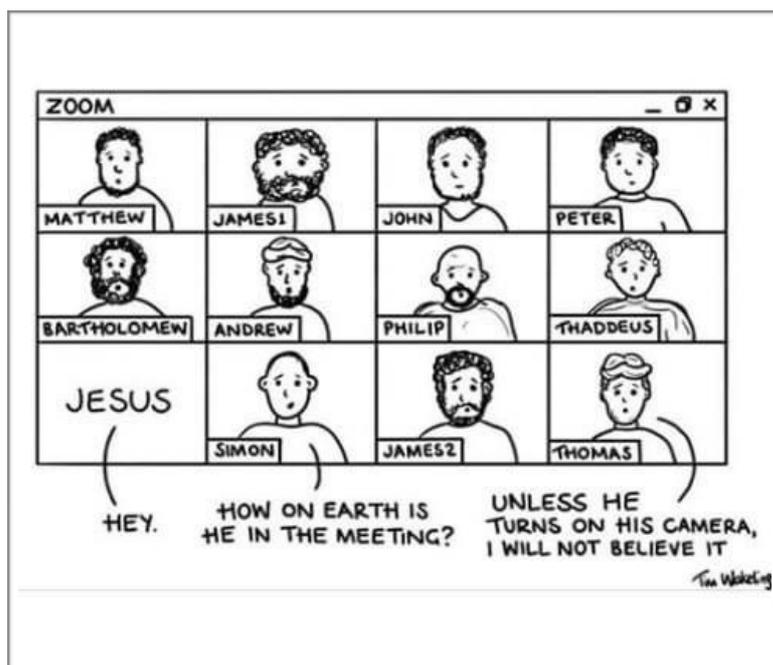
If you have the virus and need help call 111

3

SAVE LIVES

Everyone is precious in God's sight and we are called to protect the vulnerable.

Oddly enough the first Easter began a lot like this... Just because Jesus was resurrected didn't mean it was business as usual. There was a lot of hiding away, a lot of confusion worry and fear, a lot of trying to go back to the way things were before Jesus, a lot of waiting around and wondering what would happen next. Many things got harder for those early followers of Jesus rather than easier... and yet they were known not for despair but for their courage, perseverance, faith, hope and love for one another. Present and new generations of Christians will now have to discover how we also can be faith bearers, hope - bringers, people who bear witness to God's love and the transformative power of the Christ's resurrection in the days and months ahead.



C&T ONLINE

REGULAR SUNDAY WORSHIP

Via Zoom 9.00 for 9.15am start Join Zoom Meeting <https://us02web.zoom.us/j/81818055673?pwd=ZVd5NGJicUhTRUZZUk5DaFNjNTRRZz09> (more information including dial in telephone numbers on a later page....

Via Facebook Live 10.30am <https://www.facebook.com/The-Parish-of-Catterick-with-Tunstall-478916738880633/>

WEDNESDAY EVENING COMPLINE AND CONVERSATION

This is a short contemplative form of Night prayer followed by social chat 7am for 7.15pm start on Zoom <https://us02web.zoom.us/j/82154027403?pwd=TEhDVjFhRUpQZEJpeGVaN0JUOENCUT09>
Meeting ID: 821 5402 7403 Password: 623413

SOCIAL

How about a Coffee and Tea online social?
or perhaps a Community Quiz Night?

We're discovering there's lots we CAN do together even while self - isolating, so watch this space...



There are already things emerging that I, like many, hope we will take forward into the future -

- ◆ Our growing appreciation and respect for those who put their own life and security on the line for the sake of others, whether in care homes or hospitals, in supermarkets, emergency services or keeping all the stuff we take for granted and rely on working - bin collections, fresh water and sanitation, electricity and communications.
- ◆ The sheer creativity and ingenuity of businesses and individuals in adapting what they used to do, to what is needed in these times.
- ◆ The outpouring of co-operation, mutual support and the kindness of strangers who look out for the most vulnerable.
- ◆ The commitment, perseverance and selflessness of those who simply stay at home to protect others.
- ◆ An environment beginning to recover from the effects of pollution...

...I'm sure you can add to that list!

Perhaps we will also find the courage to tackle some of the significant economic and social injustices of our world that have meant it is, once again, the most vulnerable among us who suffer the most from the virus.

For now, I suspect the hardest thing is not to succumb to is our natural the fear of death. Whether our own death or that of someone we love. I'm finding the Psalms give voice to the strange rollercoaster of emotions I feel at this time. Below are some words from Psalm 16 that I have pinned up by my kettle where I can pray them each time I make a cup of tea (quite frequently at the moment.)

May your love for others and God's love for you cast out fear. May we rest assured in hope, may we see ahead of us the paths that lead to life and may we know God's presence with us so profoundly that, even in these dark times, we are filled with joy.

**“ ‘And I, mortal though I am,
will rest assured in hope,
because you will not abandon me in the world of the dead;
you will not allow your faithful servant to rot in the grave.
You have shown me the paths that lead to life,
and your presence will fill me with joy.’**

Psalm 16

PASTORAL SUPPORT GROUPS:

PASTORAL SUPPORT GROUPS have been set up, each group has a person acting as a Pastoral Support Group Contact who will regularly call and keep in touch. Everyone on the church electoral roll is in one - **if you haven't heard from your pastoral support contact do call Rev Lindsay Southern who'll put you in touch with them.**



People in the wider community who wish to be part of a pastoral support group can also join up by speaking to Lindsay 01748 811462 email: licensetobless@gmail.com.

For GDPR reasons, they will need to give us their name, contact details and permission for the church to be in contact.

Reflection by Steve Jackson (Reader)

The Lord lifts up those who are bowed down; the Lord loves the righteous; The Lord watches over the stranger in the land; he upholds the orphan and widow; but the way of the wicked he turns upside down. The Lord shall reign for ever, ♦ your God, O Zion, throughout all generations.
Alleluia.

Psalm 146 verses 8-10.

A Happy and Joyous Easter to you all. Here we go again the end of the third week of lock down. I'm writing this attached firmly to the ceiling, the house is cleaner than it's been for some time. How have you managed to cope in quarantine? One of the joys of Easter day was sharing worship with others via a program called Zoom. Someone sets up the session (called a meeting) and others can join in. You need to be running TLS 1.1 and 1.2 (supported from Windows 7 service pack 1) and ideally have a video camera and microphone though if you don't you can still hear the service, you just can't join in. We intend to run a regular Sunday service starting at 9:00 with the service beginning at 9:15. It won't be a communion – there are theological reasons against, notably some confusion as to where and when consecration takes place. However it will at least allow us to get together and worship, with time for a chat afterwards if you want. If you want to join let me know and I'll pass you a link, all you need to do is click on it, the difficult

stuff is done by the person setting up the meeting and the software.

We think we have things tough at the moment with the lock down, but I'll just share a story. In the mid 1960's my mother was teaching in a small village school in Hatfield Woodhouse (I think) on the Yorkshire/Lincolnshire border south of Thorne, East of Hatfield and North of Doncaster. The headmaster found a school log book dating back to the Victorian era, which recorded the return of a family of children after a year's quarantine for Scarlet fever. I hope the lockdown won't last that long. They had the same problem with Scarlet fever and other diseases that we do with Coronavirus and for the same reasons, transmission was easy and there were no effective medications, all they could do was give supportive care and hope. Hope is the key so stay inside, keep warm and fit, and occupied. May you all be safe and I look forward to seeing either through Zoom or in the flesh, in due course.

“ Hope is the key so stay inside, keep warm and fit, and occupied.”



Green shoots of hope or the Vicar's attempts to grow spinach?

If you have a friend or neighbour who would like to receive this newsletter you are welcome to send it on and share it.

What do we want you to know about the church?

We are holding you all in our prayers. Every day.

Please ask us - if we can help we will. We (the church community) are still very much here for everyone in the parish, regardless of whether or not our buildings are shut! So let us know what you need and how we can journey with you in these strange and weird times. We have pastoral support groups in place phoning people (who have given us permission!) weekly and those who can are joining in with local and national groups to provide practical support. There's also an email newsletter you can sign up to receive; email: licensetobless@gmail.com

Funerals? - yes those are still taking place, either at the graveside or the crematorium. We plan to hold memorial services and bereavement services later once that is possible again. If you are unable to attend a funeral, please let us know and we will do everything we can to support you and help you find ways to say goodbye and grieve.

Weddings? We cannot offer weddings at the moment (this summer) until restrictions are lifted. We are taking bookings for next year. There is no deposit to pay so if you need to cancel, postpone or re-arrange you won't lose any money. Call T:01748 811462

Baptisms and Confirmation Sadly these are postponed for the foreseeable future. If you need an emergency baptism for someone at home please ask. If you'd like to be prepared for confirmation we can do that online as well - just ask.

Our Church App should be available by mid to end of May and this can be downloaded onto tablets and mobile phones. You'll need a log in name and password and you can request this by contacting Rev Lindsay Southern 01748 811462 or licensetobless@gmail.com

If you or someone you know needs financial help the MICHAEL SYDDALL CHARITY TRUST has a number of small grants to those in need if you live locally. The process is completely confidential. Please contact the Chair, Rev'd Lindsay Southern to see if you are eligible 01748 811462. If you want to give to this charity so that there are funds to support local people in the years ahead please also contact us.

Heartfelt thanks to everyone who has been in touch to offer help - those who have given food parcels passed on to those in need, to contact people isolated and yes those who have continued to give to the churches by standing order. You have helped the churches provide support for other people in these challenging times as well as meeting our own financial commitments.

Risen Christ,
for whom no door is locked, no
entrance barred:
open the doors of our hearts,
that we may seek the good of
others
and walk the joyful road of
sacrifice and peace,
to the praise of God the Father.

FUNERALS

If you would like to light a candle online in memory of someone who has died, you can do so at this website...

<https://www.churchofengland.org/life-events/funerals/light-candle-remember-someone>

Gracious and loving God,
we thank you that you have made each of us
in your own image, and given us gifts and
talents with which to serve you.

We thank you for N,
the years we shared with him/her,
the good we saw in him/her,
the love we received from him/her.

Now give us strength and courage
to leave him/her in your care,
confident in your promise of eternal life
through Jesus Christ our Lord.

All Amen.

We remember in our prayers the family and
friends of Robert Robertson, Barbara Ellenor,
Russell and Wendy Marks

PARISH COUNCIL SUPPORT

CATTERICK VILLAGE PARISH COUNCIL want to help all those that are struggling with such things as shopping. If family, friends or neighbours are unable to help please contact one of the following people:

Flo Campbell 01748 811022/07754251070

Diane Kirkham 01748 811267 07752164766

Simon Young 078417 00666

Ann Claypole 07702695614

Bob Rafferty 01748 810236 0798628418

Graham Bannister 01748 811915

ZOOM SUNDAY WORSHIP

Rev'd Lindsay Southern is inviting you to a scheduled Zoom meeting.

Topic: Sunday Morning Worship

St Anne's Catterick and Holy Trinity Tunstall

Time: Sunday 19 April, 2020 09:15 London

Every week on Sun,

Apr 19, 2020 09:15

Apr 26, 2020 09:15

May 3, 2020 09:15

May 10, 2020 09:15

Join Zoom Meeting

<https://us02web.zoom.us/j/81818055673?pwd=ZVd5NGJicUhTRUZZUk5DaFNjNTRRZz09>

Meeting ID: 818 1805 5673

Password: 262333

One tap mobile

02034815240,,81818055673# United Kingdom

0441314601196,,81818055673# United Kingdom

Dial by your location

0203 481 5240 United Kingdom

0131 460 1196 United Kingdom

0203 051 2874 United Kingdom

0203 481 5237 United Kingdom

Meeting ID: 818 1805 5673

Find your local number: <https://us02web.zoom.us/j/81818055673?pwd=ZVd5NGJicUhTRUZZUk5DaFNjNTRRZz09>

<https://www.churchofengland.org/more/media-centre/church-online>

PRAYER

Praying, whether alone or together is central to the life of Christians, it is the oil in our engine! And it can be even more vital to maintain that connection with the divine as we wrestle with such profound changes and challenges to our lives. I suspect, however, I'm not alone in finding it a struggle as my daily routine changes and I'm apart from many of those I usually pray with.

If you're finding it a challenge too...if your mind flits about ...or you feel demoralised and disengaged, you are not alone. The Good news is that God is far more pleased with persistence than success!

In the same way, the Spirit helps us in our weakness. For we do not know how we ought to pray, but the Holy Spirit intercedes for us with groans too deep for words.

Romans 8.26

I'm always struck by the radical honesty of Henry Abbott Williams, Dean of Trinity College Cambridge and then a monk at the Community of the Resurrection Mirfield.

'Hello it is me, your old friend and your old enemy, your loving friend who often neglects you, your complicated friend, your utterly perplexed and decidedly resentful friend, partly loving, partly hating, partly not caring. It is me.'

'O God I am hellishly angry; I think so and so is a swine; I am tortured by worry about this or that; I am pretty certain that I have missed my chances in life; this or that has left me feeling terribly depressed. But nonetheless here I am, like this, feeling both bloody and bloody-minded. I am going to stay here for ten minutes. You are most unlikely to give me anything. I know that. But I am going to stay for the ten minutes nonetheless.'

Tips for prayer that I've found useful when I'm struggling

Little and often is better than long but infrequent!

- ◆ Put up a favourite prayer or bible passage somewhere you spend short but regular amounts of time. For example near your toothbrush or the toilet or the kettle... and whenever you are there simply pray it (aloud or silently)
- ◆ Silence AND Singing - Both can be prayer! Play a favourite hymn or praise song, sing along, dance around the room or meditate on the words.

or

- ◆ Find a quiet spot (challenging if you are isolating with others I know!) and simply stay there, still and silent for a while. Listen to the sounds around, to your own breath, you may wish to say a particular word silently over and over again to help keep your mind focused. 'Maranatha' or one of the Holy names of God can be helpful.
- ◆ Choose a well loved Bible story, read it slowly and pick out just a word or phrase that catches your attention. Stay with it - what interests you about it?
- ◆ Don't worry too much about emotions or distractions or lack of feeling or whether or not you feel close to God. Often with prayer as with life, it is simply the turning up and being present that is the significant thing.