

# ALL SAINTS KESGRAVE

## NEWSLETTER

ISSUE NO 65 – 26.01.20

FEBRUARY 2020

### **THOUGHT FOR THE DAY**

We are now over the Christmas activities and life is getting back to the normal routine, the decorations have been packed away for another year. By now the children are losing interest with their presents and wanting something else to occupy their minds, those who wanted pets for Christmas are also losing interest in looking after them, the cleaning out of cages, taking puppies for walks etc. As we so often hear the rescue centres saying, puppies are for life not just for Christmas.

When we think about the Christmas decorations and what we are really celebrating, do we pack away all that it is about or do we continue to celebrate the birth of Jesus, the light of the world.

I wonder how many of you when you were young used a mirror to reflect the sunlight, trying to attract someone's attention. For this to happen we had to keep it towards the light, if anybody got in the way it would not work.

In John 1 it tells us that Jesus was the true light and was coming into the world, but not everybody recognised Him. John tells us that people need to look to Jesus for salvation. For us to reflect the life of Jesus we must turn to Him, just like the mirror needed to be pointed to the sun to reflect its light.

We are now in the season of Epiphany, a time of hope and of looking forward to the second coming. Over the past weeks our focus has been on the birth of Jesus the one who will give His life for the sins of the world and the wise men who brought their gifts to Him. He was born a Jew but from His birth His task was to reach out to everyone, but does everyone reach out to Him? When we follow Jesus we experience a rich and satisfying life.

As we look around us at this time it is difficult to see that with all the hurt and suffering that many people are going through. But, there is a hope as Paul tells us in Romans 8 'our present sufferings are not worth comparing with the glory that will be revealed in us'. Just as the mirror reflects the sun unless somebody gets in the way, so we should not let the worldly distractions come between us and living the life of Jesus.

Mike Bryer

## **READINGS**

**Sunday 2<sup>nd</sup> February 2020**

Candlemas

08.30am (HC)      Malachi 3:1- 4 & Luke 2:22-40

10.00am (HC)      1 Corinthians 10:14-17 & Luke 22:14-20

6.30pm (EP)      As 08.30am

## **Sunday 9<sup>th</sup> February 2020**

Third Sunday before Lent

Leprosy Sunday

08.30am (HC) 1 Corinthians 2:1-13 & Matthew 5:13-20

10.00am (HC) 2 Kings 5:8-14 & Matthew 8:1-13

6.30pm (HC) As 08.30am

## **Sunday 16<sup>th</sup> February 2020**

Second Sunday before Lent

08.30am (HC) Romans 8:22-28 & Matthew 6:25-34

10.00am (MP) As 08.30am

5.00pm (SP) Matthew 6:25-34

## **Sunday 23<sup>rd</sup> February 2020**

Sunday next before Lent. The Transfiguration.

08.30am (HC) Exodus 24:12-18 & Matthew 17:1-9

10.00am (HC) Exodus 24:12 & 15-18 & Matthew 17:1-9

6.30pm (ES) As 08.30am

<b>DATE</b>	<b>TIME</b>	<b>WHAT &amp; WHERE - If not Church</b>
Sat 1 <sup>st</sup> Feb	9.00am	Men's and Ladies Breakfast - Farmhouse
Sun 2 <sup>nd</sup> Feb	8.30am	Holy Communion
	10.00am	Holy Communion
	10.00am	FIG Communion – Hall
	5.00pm	After Hours - Martlesham
	6.30pm	Evensong
Mon 3 <sup>rd</sup> Feb	2.00pm	Silver Screen – “First Man”
Tue 4 <sup>th</sup> Feb	10.00am	Sing, Sign & Play – Hall
Wed 5 <sup>th</sup> Feb	9.30am	Morning Prayer
	10.30am	Coffee and Craft
Thur 6 <sup>th</sup> Feb	11.00am	Holy Communion – Chapel

Sun 9 <sup>th</sup> Feb	8.30am	Holy Communion
	10.00am	HC Family Communion
	12.00pm	Leprosy Sunday Lunch -Hall
	6.30pm	Holy Communion
Tue 11 <sup>th</sup> Feb	10.00am	Messy Church - Hall
Wed 12 <sup>th</sup> Feb	9.30am	Morning Prayer
	10.30am	Coffee and Craft
	7.00pm	Youth House Group
Thur 13 <sup>th</sup> Feb	11.00am	Holy Communion – Chapel
	3.30pm	After School Church - Gorseland
Sun 16 <sup>th</sup> Feb	8.30am	Holy Communion
	9.15am	Breakfast Special – Hall
	10.00am	Morning Prayer
	4.00pm	Silver Cafe
	5.00pm	Songs of Praise
Mon 17 <sup>th</sup> Feb	2.00pm	Silver Games
Wed 19 <sup>th</sup> Feb	9.30am	Morning Prayer
	10.30am	Coffee and Craft
Thur 20 <sup>th</sup> Feb	11.00am	Holy Communion – Chapel
	2.30pm	Ladies Bible Study – 56 Bell Lane
Sun 23 <sup>rd</sup> Feb	8.30am	Holy Communion
	10.00am	All Age Communion
	6.30pm	Evensong
Tues 25 <sup>th</sup> Feb	10.00am	Sing, Sign & Play – Hall
	2.15pm	Mother’s Union – Church
Wed 26 <sup>th</sup> Feb	9.30am	Morning Prayer for Ash Wednesday
	10.30am	Coffee and Craft
	7.30pm	Ash Wednesday Service at Playford
Thur 27 <sup>th</sup> Feb	11.00am	Holy Communion – Chapel
	3.30pm	After School Church – Gorseland

## **BAPTISMS**

15.12.19 - Theodora Susie Stevens

12.01.20 - Evanna Faith and Khaleesi Willow Budinger

## **FUNERAL**

09.01.20 - Pamela Smith

24.01.20 – Derek Chapman

## **MEN’S & LADIES BREAKFAST**

Our next breakfast will take place on 1<sup>st</sup> February 2020 at the Farmhouse. All ages are welcome - contact Gary Jones

## **SILVER SCREEN**

Our next Silver Screen will take place on 3<sup>rd</sup> February 2020 at 2.00pm – 4.00pm, we will be showing “First man”. Join us for the opportunity to spend time with like-minded people and enjoy tea, cake & themed snacks.

On the heels of their six-time Academy Award (R)-winning smash, La La Land, Oscar (R)-winning director Damien Chazelle and star Ryan Gosling reteam for Universal Pictures' First Man, the riveting story of NASA's mission to land a man on the moon, focusing on Neil Armstrong and the years 1961-1969. A visceral, first-person account, based on the book by James R. Hansen, the movie will explore the sacrifices and the cost on Armstrong and on the nation of one of the most dangerous missions in history.

For more details contact [parishadministrator@askesgrave.org](mailto:parishadministrator@askesgrave.org) or Natalie Lawrence on 07737821034

## **LEPROSY SUNDAY – SOUP LUNCH**

On Sunday 9th February we are having a Soup Lunch to celebrate and raise funds for World Leprosy Day. We will be offering a variety of homemade soups, along with bread, butter and cheese. If you would like to come please sign up on the list in Church. If you have young ones not yet into soup, do come along and bring a snack or lunch for them!

If you have a leprosy Mission collection box, please bring it to Church either beforehand or on the 9th. There will also be a Raffle on the day, £1 a ticket. Used stamps are collected by The Leprosy Mission to raise funds – if you have any unwanted stamps, please place them in the shoebox which is held in the vestry!

Thank you for your support.

Chris Tremlett

## **SILVER CAFÉ**

Our next Silver Café will take place on 16<sup>th</sup> February 2020 at 4.00pm. All welcome. It will be followed by our ever-popular Songs of Praise at 5.00pm

## **SILVER GAMES**

Our next Silver Games will be on Monday 17<sup>th</sup> February 2020. We would love for you to join us as usual from 2.00pm - 4.00pm, come along and enjoy an afternoon of traditional games. How about a game of draughts or scrabble OR why not try our new favourite – Mexican Train Dominos!?

Whatever your interest there is sure to be something for everybody. If you don't get too engrossed in your game there

will also be tea, coffee and cakes.

For more info contact Chris or Mike Bryer on 01473 611143

## **MOTHERS' UNION**

We meet again on Tuesday 25th February 2020 at 2.15pm.

The speaker this month will be Ruth Goudy from Kiln Farm Nursery. It should be a good afternoon. We welcome visitors to all our meetings. We will be collecting hats, neck warmers etc. and any gifts for FIND.

Jenny

## **ASH WEDNESDAY SERVICE**

This year on 26<sup>th</sup> February 2020 at 7.30pm we are having our evening Ash Wednesday Service at St Mary's Church, Playford as we thought it would be good opportunity for people to get to know one another. As many of you know, Playford and Little Bealings are now pastorally linked. If you would like to join us for this Service, please see me or contact me for further details such as arranging lift etc. The people of St. Mary's Church are very much looking forward to seeing people from All Saints Kesgrave and All Saints Little Bealings. For those who can't make the evening there will also be a simple Ash Wednesday ceremony in Morning Prayer that day (9.30am)

Gary

## **COFFEE & CRAFT**

Some years ago I had the idea of starting a craft group and I wondered where or when as I thought more about it I suddenly had an idea come to mind, why not in the time after Morning Prayer because quite a lot of the time people stayed for a

quick cuppa and a chat so it seemed logical to expand that and make it a craft time as well. We have now been running for a few years and we would love to see more people come to join us as we sit and natter with our knitting needles going, or crochet hooks or anything else we bring to do. The current project is knitted blanket squares for the babies in Uganda, these poor little mites have to sleep on the dirt floor of their huts without any covering of any sort and when I heard this I thought well I can't go abroad to help but I can knit and crochet and so far to date we have sent via Mission Direct (the charity that I found out about the babies from) in 2018, 30 blankets both knitted and crocheted in 2019, 38 and we also donated 12 knitted blankets to the Special Care Baby Unit in Ipswich Hospital, I must say that I didn't make all of these but they were made using knitted squares that others had made, if you see me in church I will be able to tell you all the details. We look forward to seeing you at the craft group on a Wednesday morning – especially if you have either a craft to share or a new skill you want to learn. For those whose “cup of tea” is not crafts why not simply come and enjoy a hot drink and / or play a game as we will have available the dominos / scrabble etc that we play at Silver Games

Chris Bryer

### **LENT SERIES 2020 (part one)**

Five Wednesday evenings: 4th March, 11th, 18th, 25th March and 1st April

Looking at Gerard Hughes Lent Journey book "Oh God Why"  
Arrive 7.15pm to have tea/coffee for 7.30pm start; finish at 8.45pm

Contribution just £3 to cover the cost of the book!

NB This is a series not a course so you are welcome to come to just one or two or all of them

Please speak to me if you would like a book so that I can pre-order

Sally Wainman      07807 984589

### **LENT SERIES 2020 (part two)**

On the six Monday afternoons of Lent (March 2<sup>nd</sup> to April 6<sup>th</sup>) we will be expanding our ever-popular “Silver Screen” sessions to link the film in with both Lent and clips from the life story of Jesus. Running from 2.00pm to 4.00pm (and including refreshments) we will be showing the following:-

Mar 2<sup>nd</sup> “RV” a comedy starring Robin Williams

Mar 9<sup>th</sup> “Shadowlands” Beautiful film about CS Lewis

Mar 16<sup>th</sup> “The Colditz Story” Film adaptation of TV Drama

Mar 23<sup>rd</sup> “Hail, Caesar!” George Clooney stars in a quirky film

Mar 30<sup>th</sup> “Coco” Touching cartoon about remembrance

Apr 6<sup>th</sup> “Valkyrie” True story of Hitler assassination attempt

### **OUR NEW WEBSITE**

Our new website is now up and running and can be found by visiting [www.asksgrave.org](http://www.asksgrave.org) Please do bear with us as this is still very much a work in progress but we felt it was important for it to begin to be rolled out as we all continue to make changes and improve on giving everyone as much access as possible to everything we have on offer.

As this will continue to be an ongoing project if anyone has any time/skills or advice that they can offer on the ongoing development and maintenance of our website then please do speak to Robin or email [parishadministrator@asksgrave.org](mailto:parishadministrator@asksgrave.org)

## **4 STEPS OF GIVING: PRAY \*\* REVIEW\*\* GIVE\*\*RECEIVE!**

Regular Giving forms the foundation of most charitable endeavours so please consider ordering a box of Weekly Envelopes or signing up to the Parish Giving Scheme (PGS) which is direct debit; a small regular direct debit helps a great deal and can always be 'topped up' through the loose collections or our newly improved Contactless Terminals.

All Saints Kesgrave reaches out to people of all ages and runs a host of different activities, only made possible by hours of voluntary effort, but we still need financial giving too.

As we prepare for Lent, please pray and review; if you have any questions at all or need help because you are in debt please speak to me.

Organisations like CAP (Christians Against Poverty) and StepChange can help and support you through difficult times.

I am not writing this in an empty theoretical way: in the 1990's our family was deep in debt with constant threats from card companies and bailiffs hovering, so it took many years and much prayer to start emerging into a better situation.

Whatever your situation (wealth or scarcity) please offer up your giving to God because he really does bless us and help us when we acknowledge his presence in this area of our lives

Sally Wainman Local Giving Advisor 07807 984589

## **THE ASK JOURNAL**

There's nothing like a big bowl of steaming hot soup to warm and comfort you on a cold, winter's day!

This February 9<sup>th</sup>, there will be a chance to sample a variety of homemade soups, as All Saints Church hosts its yearly

‘Leprosy Sunday Soup lunch’. I asked organiser Chris Tremlett to tell us more about the event, and how she came to be involved.

“The Leprosy Mission is an international Christian charity with 141 years of experience. It serves a population of 305 million people in around 30 leprosy-affected countries. I first realised that All Saints was supporting The Leprosy Mission in 2005, when Vicar Robin asked for someone to come forward and pick up the work from another member of the congregation who had been involved for many years. It felt like a definite 'call', as years before I'd seen an advertisement on the London Tube showing areas of the world where Leprosy was endemic. The shocking thing for me was that Australia (my homeland) was included! Now was the opportunity to do something to help.

Apart from funds raised in the collecting boxes on Leprosy Sunday, there were lots of cakes made and sold over the years. One year, a lady behind me in the supermarket queue marvelled at the large quantity of Christmas cake ingredients. I explained that I was baking to raise funds for charity and that led on to a chat about The Leprosy Mission while my shopping was swiped through. As I wished her goodbye, she pressed £10 into my hand, saying she had not really had time to do anything for anyone else at Christmas and would like to contribute. That was 14 years ago. In that time, although emphasis remains on cure, overcoming the stigma of the disease which prevents people seeking help is important, as well as ensuring that former sufferers have opportunities for work and housing.

Nowadays All Saints continues to support the charity by raising funds through the soup lunch (much healthier!) when World Leprosy Day is commemorated, as well as through the collection boxes and used stamps appeal (there's a shoebox for stamps in the vestry!) I'm very grateful for the level of support from All Saints - you've been wonderful".

Jennie Fidler

### **ALL SAINTS CONTACT DETAILS**

Vicar	Rev Robin Spittle	01473 623388 <a href="mailto:robinspittle@btinternet.com">robinspittle@btinternet.com</a>
Assistant Priest	Rev Chris Nunn	01473 622363 <a href="mailto:revchrisnunn@gmail.com">revchrisnunn@gmail.com</a>
Assistant Curate	Rev Gary Jones	01473 412329
Parish Administrator	Natalie Lawrence	07737821034 <a href="mailto:parishadministrator@askesgrave.org">parishadministrator@askesgrave.org</a>
Lay Readers	Martyn Shakespeare	01473 610367
	Sally Wainman	01473 414853
Youth Worker	Ollie Scase	07484 254534
Children's Worker	Jennie Fidler	07584420729 <a href="mailto:jenniefidler@yahoo.co.uk">jenniefidler@yahoo.co.uk</a>
Church Wardens	Karen Turner	01473 611472 <a href="mailto:Karenturner2303@gmail.com">Karenturner2303@gmail.com</a>
	Bob Bullamore	01473 729586 <a href="mailto:Bob.bullamore@gmail.com">Bob.bullamore@gmail.com</a>
Deputy Church Warden	Helen Wittgreffe	07825 004585 <a href="mailto:helen.wittgreffe@btinternet.com">helen.wittgreffe@btinternet.com</a>
Hall Bookings	Bob Theobald	01473 620709
Prayer Chain	Sybil Holbrook	01473 805304

## **KESGRAVE LIBRARY NEWS**

**Sunday Crafts (11 – 12 noon after Church)** – The following craft activities will be taking place during February:

**Sunday 2<sup>nd</sup>** – Did you know it's Harry Potter Night on the 6<sup>th</sup> of February? Pop along and make Hedwig to celebrate;

**Sunday 9<sup>th</sup>** – It's Valentine' Day on the 14<sup>th</sup> of February. Create a wonderful heart shape sun catcher;

**Sunday 16<sup>th</sup>** – Monday 17<sup>th</sup> of February is Random Acts of Kindness Day – Design a 'thank-you card' and surprise someone of your choice;

**Sunday 23<sup>rd</sup>**– Did you know that hedgehogs are becoming quite rare? Come along and create 'Spiky the Hedgehog' to brighten up your room.

Activities are free. Parents must stay with under eights. There's no need to book – just turn up and have a go.

**Free Wordplay Sessions – every Thursday.**

**Tot Rock - 9.45am – 10.15 am.**

**BabyBounce - 10.30am – 11.00am.**

**Free Story Time Sessions – every Friday 9.45 – 10.15 a.m. (term Time Only).** This session combines stories and rhymes. All welcome. Why not pop along?

## **Other Library Events for February 2020**

**Every Tuesday afternoon (Term Time) 3.45 – 4.45 p.m.**

**Lego Club.** Parents must stay with under 8s. The themes this month are 04/02 – Monster Trucks, 11/02 – Jedi Fighters,

22/02 – Free play. No need to book. Just pop along! This is a free activity.

**05/02 and 19/02/2020** – Knit and Natter - 2.30 p.m. £1.00 - tea, coffee and mince pies provided. Welcome to all new members.

**06/02/2020** – Afternoon Book Group - 2.45 p.m. They are currently reading *The Handmaid's Tale* by Margaret Atwood.

**27/02/2020** – Evening Book Group – 7.00 p.m. Their book is to be decided.

If you are interested in joining any of the groups, please ring or speak to a member of staff

**Evening Book Group** – Love reading but always read the same authors and genres? Why not try something different in the new year? We currently have spaces in our evening book group. The group meets one Thursday evening a month at 7.00 p.m. to discuss their current read and chose a new book for the next month. If you are interested, please contact the library.

**Lego Afternoon – Tuesday 18<sup>th</sup> February 3.00 – 4.30 p.m.** Looking for something to do over half-term? Why not pop along and take part in our free Lego afternoon. In this session we are designing the library of the future. What will yours look like?

**Used Stamps/coins – Can you help?** – To help raise funds for St Elizabeth's Hospice. Just bring them along and hand in to staff – it's as easy as that!

**100 Club** – Our Community Group has launched a 100 Club, to help with fund-raising and we have over 70 people who have signed up. For just £1.00 per month you could enter and have a chance of winning a cash prize plus knowing you are supporting your local library.

### **Get Connected IT Session on Saturday 22nd February**

**10.30 – 1.00 p.m.** – Are you having trouble getting to grips with a new piece of technology? Or would you like help downloading ebooks to your e-reader? A member of staff at the library; will be offering help sessions to all customers who would like some support using their iPads, smart phones, tablets, e-books, computers or need some general guidance using the internet. Just pop along to this help session and speak to a member of staff.

### **Library Opening Times**

Kesgrave Library, Kinsey House, Kays Close, Kesgrave will be open:

Monday	9am to 12 noon
Tuesday	9am to 12 noon & 2.30pm to 5pm
Wednesday	2.30pm to 6pm
Thursday	2.30pm to 8pm
Friday	9am to 12noon & 2.30pm to 6pm
Saturday	10am to 5pm
Sunday	10am to 3pm

Maggie Lusher

Kesgrave Library Manager

Tel: 01473 626103

[www.suffolklibraries.co.uk](http://www.suffolklibraries.co.uk)

## **FINAL WORD**

Thanks for taking the time to read this edition, please don't forget to provide us with feedback.

Due to the new legislation on May 25<sup>th</sup> we can only continue to send you information by email if you have granted permission. If you have previously received this by email and had not replied to say you wish to continue to receive it then you will no longer receive it in this way. If you would like to receive this Newsletter by email please email [parishadministrator@askesgrave.org](mailto:parishadministrator@askesgrave.org) to be added to the distribution list. You will be welcome to unsubscribe at any time. Your e-mail address will not be passed on to third parties.

Alternatively it is available on our website (see below) or, in paper form from either the Library or the 2nd Stop Shop.

For a further explanation of any of our activities please contact Rev Robin Spittle (623388) or [robinspittle@btinternet.com](mailto:robinspittle@btinternet.com)

Our Website-

<https://www.askesgrave.org>

You can also like us on Facebook –

<https://www.facebook.com/pages/All-Saints-Church-Kesgrave/583167891794217?fref=ts>

Or keep up to date with news and services on our A Church Near You Page –

<https://www.achurchnearyou.com/church/2061/>

Issue 66 available from 23<sup>rd</sup> February 2020 – please note should you wish to have something included in this issue the deadline is 18<sup>th</sup> February 2020.