TRANQUIL TONES
SOUND THERAPY

SOUND BATHS

Relax • Unwind • Rebalance

The Wilkinson Hall, Toddington

Friday 20th Nov 7pm-8pm
Friday 11th Dec 7pm-8pm
New Year's Day 7pm-8pm

Chalton Village Hall

Sunday 29th Nov 6pm-7pm
Sunday 20th Dec 6pm-7pm

ONLY
£16
per session

Sound baths use the soothing sounds and vibrations of singing bowls and other instruments to help you relax, reduce stress, improve sleep and find inner calm.

BOOK NOW
tranquiltonessoundtherapy.com