

If you would like to donate items at the Harvest Service on 4<sup>th</sup> October here is our shopping list:

|                       |                   |                  |
|-----------------------|-------------------|------------------|
| Tinned Meat & Fish    | Tinned Vegetables | Cooking Sauce    |
| Long-Life Fruit Juice | Tea & Coffee      | Tinned Soup      |
| Tinned Potatoes       | Jam/Honey/Spreads | Chopped Tomatoes |
| Biscuits              | Instant Noodles   | Rice Pudding     |
| Custard               | Long-Life Milk    |                  |
| Deodorant             | Shower Gel        | Shampoo          |

Reminder – thanks, but we don't need pasta, rice or baked beans

If you would prefer to make a monetary donation, please use this JustGiving QR code:



NewHope

Here are some things that we need please:



PREVENTING HOMELESSNESS. TRANSFORMING LIVES.

#### Baby and Child

Aptamil formula  
Branded nappies from size 3 onwards e.g. Pampers  
Jars of baby food with long shelf life  
Nappy sacks  
Wipes - sensitive or water based

#### Drinks

Cans of fizzy drinks  
Coffee  
Fruit juice:  
individual cartons and large cartons of long-life juice  
Instant hot chocolate  
Long-life milk  
Small bottles of water  
Squash  
Tea

#### Groceries

Baked beans  
BBQ sauce  
Biscuits  
Breakfast cereals/ porridge pots  
Brown sauce  
Cereal bars  
Chocolate spread  
Chutney/pickle  
Cooking oil (not olive)  
Cup a Soups  
Dried herbs, (chilli, oregano, thyme, parsley, mint)  
Individual bags of crisps  
Individual chocolate bars/biscuits  
Jam  
Ketchup  
Marmite  
Mayonnaise

Mug shots  
Pasta  
Pasta sauces  
Peanut butter (smooth)  
Pot noodles/ super noodles/ pasta pots  
Salad cream  
Salt and pepper  
Stock cubes  
Sugar  
Supermarket vouchers  
Tinned tomatoes  
Tinned tuna

#### Household

Air freshener  
Antibacterial multi-purpose cleaner  
Dishwasher tablets  
Kitchen foil/cling film  
Kitchen rolls  
Scourers/cloths

Washing powder  
Washing up liquid  
Wooden disposable cutlery

#### Toiletries

Brushes  
Combs  
Conditioner  
Moisturiser  
Paper towels  
Pump soaps  
Sanitary towels  
Shampoo  
Shaving gel/foam  
Shower gel/body wash  
Spray deodorant (male and female)  
Sun cream (30+)  
Toilet rolls  
Toothbrushes  
Toothpaste  
Women's razors

For further details

visit [newhope.org.uk/harvest](http://newhope.org.uk/harvest)

contact Frazer at [fansell@newhope.org.uk](mailto:fansell@newhope.org.uk)

or call 01923 227 132

You can also donate money online to our **Fresh Food Fund**  
[newhope.org.uk/freshfoodfund](http://newhope.org.uk/freshfoodfund)

New Hope Foodbank is a registered charity. All donations are gratefully received and will be used to support the work of the foodbank. For more information, please contact the foodbank on 01923 227 132.