



Hearts *and* Crafts

CREATING HEARTS • SHARING LOVE • SUPPORTING OUR COMMUNITY

Take a Leaflet and Join In

Please take a leaflet, choose a pattern, and help us create Hearts Full of Love for this year's Christmas Tree Festival. Knit, crochet, sew or craft a heart in your own style, then return it to us to be shared as part of the festival.

Our crafting group meets on the **4th Tuesday of each month at 2pm** at All Saints Church, and everyone is very welcome. But if you can't make the gatherings, you can still join in from home. Simply make your hearts and send them back to us. There are more heart pattern links available on our website for anyone looking for further inspiration.

Please return completed hearts to:

All Saints Church, Church Street, Helmsley, York, YO62 5AD

Every heart will help support All Saints Church, Helmsley Together and the British Heart Foundation. Handmade with love, shared with joy.

Thank You!



Simple Fabric and Felt Hearts



These little hearts can
different ways and are perfect

be made in many
for adding your own creativity.

You will need: Fabric or felt, Heart template, Scissors or pinking shears,
Needle and thread or sewing machine, Stuffing, Ribbon, wool or string for a
hanging loop. Optional embellishments: buttons, embroidery, lace, fabric scraps,
beads or decorative stitching

1. Cut out your hearts

Using the template, cut two heart shapes from fabric or felt,
with scissors or pinking shears.

2. Add any decoration first

If you would like to add embroidery, appliqué, buttons, stitched
details or other embellishments, it is easiest to do this before
sewing the heart together.

3. Add the hanging loop

Make a small loop of ribbon, or wool and place it at the
top of the heart between the two layers, with the ends tucked
inside.

4. Sew the heart

Fabric hearts

If cut with pinking shears, place the two shapes wrong sides together and
sew around the edge for a rustic handmade look.

or

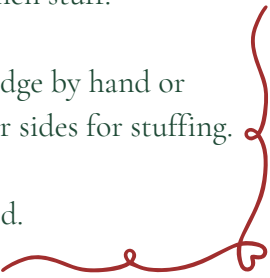
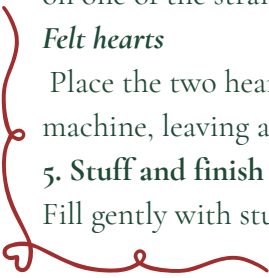
Place right sides together and sew around the edge, leaving a small gap
on one of the straighter sides. Turn right side out, then stuff.

Felt hearts

Place the two hearts together and sew around the edge by hand or
machine, leaving a small gap on one of the straighter sides for stuffing.

5. Stuff and finish

Fill gently with stuffing, then sew the opening closed.



Knitted Heart

You will need:

Double knitting yarn
3.25mm knitting needles
Stitch holder or spare yarn
Scissors
Tapestry needle
Toy stuffing
Ribbon for hanging

Abbreviations:

st(s) = stitch(es)
k = knit
p = purl
M1 = make one stitch
ssk = slip, slip, knit
k2tog = knit 2 together

Pattern - Make 2 heart pieces

Cast on 3 stitches

Row 1: Purl

Row 2: K1, M1, K1, M1, K1 (5 sts)

Row 3: Purl

Row 4: K1, M1, knit to last stitch, M1, K1 (7 sts)

Repeat rows 3 and 4, increasing on every knit row, until you have 21 stitches.

Knit 2 rows.

Shape left side

Row 1: K10, ssk, K9 (20 sts)

Row 2: P10, turn work. Place remaining 10 stitches on a holder.

Row 3: ssk, K6, k2tog (8 sts)

Row 4: Purl

Row 5: ssk, K4, k2tog (6 sts)

Row 6: Purl

Row 7: ssk, K2, k2tog (4 sts)

Cast off.

Shape right side

Return to the 10 stitches on the holder.

Join yarn and repeat the shaping rows above.

Cast off.

Make the second heart

Knit a second matching piece.

Making up

Place the two hearts together with right sides facing out. Sew around the edge, stuffing as you go. Leave a small gap until nearly finished, then close securely.

Sew a small loop of ribbon to the top or back for hanging.



Crocheted Heart

Use double knit wool and 4mm hook or Arran wool and 5mm hook Can be done in all one colour or change colours at the end of the round.

Instructions are in UK terms with (US/Canada terms in brackets)



UK	US/Canada	Abbreviations	Term
slip stitch (ss)	slip stitch (sl st)	♥	chain stitch
double crochet (dc)	single crochet (sc)	♥	chain space
treble (tr)	double crochet (dc)	♥	
double treble (dtr)	treble (tr)		

To get started: Make a magic circle (MC - alternative is ch 3 and work back into 1st ch-sp) and then ch 3

Round 1: Into the MC crochet 3 x double treble dtr (tr yarn over twice), 3 x treble (dc yarn over once), ch 1, 1 dtr (tr), ch 1, 3 x tr (dc), 3 x dtr (tr), ch 3 and slipstitch ss (sl st) into MC, pull thread to close MC



Round 2: ch 2, 1 x double crochet dc (sc) into large space, 3 x tr (dc) into top of first dtr (tr) from round 1, 3 x tr (dc) into top of next 2 stitches, 1 x tr (dc) into next 3 stitches, 1 x tr (dc) and 1 x dtr (tr) into

ch-sp, 1 dtr (tr) into next stitch, 1 dtr (tr) and 1 tr (dc) into ch-sp, 1 tr (dc) in next 3 stitches, 3 x tr (dc) in last 3 stitches, 1 dc (sc) into ch, ch 2, ss (sl st) into circle.

Make 2 identical hearts this way and knot together any loose ends



Round 3: Holding the 2 hearts together, wrong side facing inwards, pick up a matching stitch on each heart, you can work through both loops at the top of the stitch or just the back loops to give a pretty effect.

Work around using dc (sc), ch 1, a picot stitch ch 3, ss (sl st) into 1st ch can be used to make the bottom pointy (but its not essential) when $\frac{3}{4}$ of the way round, tuck ends in and lightly stuff, continue dc (sc), ch 1 to end and ss (sl st) into start of round, ch 30 and ss (sl st) back into the heart to make the hanging loop.