

Heslington Forest Church!

STARTING
SEPTEMBER
16TH



Little Shoots
2:00- 3:00 PM



A relaxed hour of sensory mud play,
simple nature crafts, storytime, and
grounding in nature.
Price: £5 per child

Wild Oaks
3:15 - 4:15 PM



Practical forest school skills, shelter
building, tool use, and mindfulness
activities to unwind after the school day.
Price: £5 per participant
1:3 Adult to child ratio

Led by a certified Level 3 Forest School Leader from
Meadow & Oak Forest School, exploring nature,
mindfulness, and play in the church grounds.

Email sophie@meadowandoak.co.uk with any questions

Weekly Forest
Church Sessions
Every Wednesday
(Term-Time)

Book using the QR code
below:



MEADOW & OAK



HESLINGTON
CHURCH
ALL ARE WELCOME

Family Fun Day

Saturday 5th September
1:00 – 4:00 PM!

Heslington Church grounds

Competitions on the day!

Bring your entry with you - prizes for the winners!

Best
homemade
bug hotel

Best flower
posy in a
jam jar

Best
cupcake
decoration



All welcome

All proceeds go to Forest Church
equipment and sessions

**FREE
ENTRY**
DONATIONS
WELCOME

What to expect?

Join us in the beautiful church grounds for a mini-festival packed with nature, creativity, and fun for all the family:

-  The Nature Stage
-  The Cardboard Caricature Stall
-  Self-Led Forest Adventures
-  Competitions
-  Bake sale and refreshments



MEADOW & OAK