

Join our new Julian Meeting!

Along the lines of the successful Still Waters services in Lent, here is something new for anyone looking for a dedicated time to pause, reflect and pray.

Julian Meetings are named after Julian of Norwich who was a fourteenth century female mystic. The meetings are an opportunity to sit with others to practice contemplative prayer in the Christian tradition.

The meetings begin with music and a short reading followed by uninterrupted silence. The quiet stillness helps us to be aware of God's presence.

A reading and music concludes the meeting.

The half hour meetings will take place at 7 pm on the first Monday of each month in St Nicholas' Church, East Grafton.

The first meeting is on Monday 3rd August at 7pm. All are welcome.

