



*St Thomas of  
Canterbury, the  
Parish Church for  
Brentwood*

The Order of Mass

SS Peter and Paul  
Apostles

Sunday 28<sup>th</sup> June 2026

*These prayers are suitable as preparation for Mass*

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen

*From the Book of Common Prayer*

Almighty and ever-living God, I approach the sacrament of Your only-begotten Son Our Lord Jesus Christ, I come sick to the doctor of life, unclean to the fountain of mercy, blind to the radiance of eternal light, and poor and needy to the Lord of heaven and earth. Lord, in your great generosity, heal my sickness, wash away my defilement, enlighten my blindness, enrich my poverty, and clothe my nakedness. May I receive the bread of angels, the King of kings and Lord of lords, with humble reverence, with the purity and faith, the repentance and love, and the determined purpose that will help to bring me to salvation. May I receive the sacrament of the Lord's Body and Blood, and its reality and power.

Kind God, may I receive the Body of Your only-begotten Son, our Lord Jesus Christ, born from the womb of the Virgin Mary, and so be received into His mystical body and numbered among His members. Loving Father, as on my earthly pilgrimage I now receive Your beloved Son under the veil of a sacrament, may I one day see him face to face in glory, who lives and reigns with You for ever. Amen

*St Thomas Aquinas*

*It is our custom to keep a prayerful silence before Mass*

*Please STAND when the bell rings. At 08.00, the sacred minister STANDS before the image of Our Lady to greet her in the words of the Angelus.*

The Angel of the Lord brought tidings to Mary,  
**And she conceived by the Holy Spirit.**

Hail Mary, full of grace, the Lord is with thee; Blessed art thou among women and blessed is the fruit of thy womb Jesus

**Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.**

Behold the handmaid of the Lord.  
**Be it unto me according to thy Word.**

Hail Mary, etc...

And the Word was made flesh,  
**And dwelt among us.**

Hail Mary, etc...

Pray for us, O holy Mother of God.  
**That we may be made worthy of the promises of Christ.**

Let us pray:

We beseech thee, O Lord, pour thy grace into our hearts; that as we have known the Incarnation of thy Son, Jesus Christ, by the message of an angel, so by his ✠ Cross and Passion we may be brought to the glory of his resurrection; through the same Jesus Christ our Lord. **Amen.**

*At 10.00 we sing the entrance hymn as the sacred ministers enter and the altar is censed.*

## Processional Hymn

NEH 197



**All** For all the Saints who from their labours rest,  
Who thee by faith before the world confest.  
Thy name, O Jesu, be for ever blest.  
Alleluya! Alleluya!

Thou wast their Rock, their Fortress, and their  
Might;  
Thou, Lord, their Captain in the well fought fight;  
Thou in the darkness drear their one true Light.  
Alleluya! Alleluya!

O may thy soldiers, faithful, true, and bold,  
Fight as the Saints who nobly fought of old,  
And win, with them, the victor's crown of gold.  
Alleluya! Alleluya!

O blest communion! fellowship divine!  
We feebly struggle, they in glory shine;  
Yet all are one in thee, for all are thine.  
Alleluya! Alleluya!

And when the strife is fierce, the warfare long,  
Steals on the ear the distant triumph-song,  
And hearts are brave again, and arms are strong.  
Alleluya! Alleluya!

**The golden evening brightens in the west;  
Soon, soon to faithful warriors cometh rest:  
Sweet is the calm of Paradise the blest.  
Alleluya! Alleluya!**

**But lo! there breaks a yet more glorious day;  
The Saints triumphant rise in bright array:  
The King of glory passes on his way.  
Alleluya! Alleluya!**

**From earth's wide bounds, from ocean's farthest  
coast,  
Through gates of pearl streams in the countless  
host,  
Singing to Father, Son, and Holy Ghost.  
Alleluya! Alleluya!**

*Words: W. Walsham How (1823-1897)*

*Music: R. Vaughan Williams (1872-1958)*

## **The Gathering**

*We stay **STANDING** for the gathering, prayers of penitence, Gloria and collect.*

✠ In the name of the Father, and of the Son, and of the Holy Spirit.

**Amen.**

## **The Greeting**

The Lord be with you

**And also with you.**

*The priest welcomes us and introduces the service.*

## **Prayers of Penitence**

*The priest introduces the prayers of penitence.*

**Almighty God, our heavenly Father, we have sinned against you and against our neighbour in thought and word and deed, through negligence, through weakness, through our own deliberate fault. We are truly sorry and repent of all our sins. For the sake of your Son Jesus Christ, who died for us, forgive us all that is past and grant that we may serve you in newness of life to the glory of your name. Amen**

### **Absolution**

Almighty God, who forgives all who truly repent, have mercy upon you ✠ pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. **Amen.**

*Kyries and Gloria are said at 08.00 and sung at 10.00.*

Lord, have mercy.

**Lord, have mercy**

Christ, have mercy.

**Christ, have mercy**

Lord, have mercy.

**Lord, have mercy**

Kyrie eleison

**Kyrie eleison**

Christe eleison

**Christe eleison**

Kyrie eleison

**Kyrie eleison**

### **Gloria in Excelsis**

**Glory to God in the highest, and peace to his people on earth. Lord God, heavenly King, Almighty God and Father, we worship you, we give you thanks, we praise you for your glory.**

**Lord, Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sins of the world, have mercy on us; you are seated at the right hand of the Father, receive our prayer.**

**For you alone are the Holy One, you alone are the Lord, you alone are the Most High Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.**

**[GLORIA]**

(org.) *f* Glo-ry to God in the high-est, and peace to his peo-ple on earth.

Lord God, hea-ven-ly King, Al - migh-ty God and Fa - ther, we wor - ship you, we

give you thanks, we praise you for—your glo-ry. (org.) *f*

*mf* Lord Je - sus Christ, on - ly Son of the Fa - ther, Lord God,

Lamb of God, you take a - way the sin of the world: have mer - cy on

us; You are sea-ted at the right hand of the Fa - ther: re - ceive— our—

prayer. For you a-lone are the Ho - ly one, You a-lone are the Lord,

You a-lone are the Most High, Je - sus Christ, with the Ho - ly Spi-rit, in the

glo-ry of God the— Fa - - ther. A - men. A - men. A - - - men. *ff*

Duration 20"

## The Collect

*The Celebrant introduces a period of silent prayer with the words 'Let us pray':*

Almighty God, whose blessed apostles Peter and Paul glorified you in their death as in their life: grant that your Church, inspired by their teaching and example, and made one by your Spirit, may ever stand firm upon the one foundation, Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

## THE LITURGY OF THE WORD

*Acts 12:1-11*

A reading from the Acts of the Apostles.

About that time King Herod laid violent hands upon some who belonged to the church. He had James, the brother of John, killed with the sword. After he saw that it pleased the Jews, he proceeded to arrest Peter also. (This was during the festival of Unleavened Bread.) When he had seized him, he put him in prison and handed him over to four squads of soldiers to guard him, intending to bring him out to the people after the Passover. While Peter was kept in prison, the church prayed fervently to God for him. The very night before Herod was going to bring him out, Peter, bound with two chains, was sleeping between two soldiers, while guards in front of the door were keeping watch over the prison. Suddenly an angel of the Lord appeared and a light shone in the cell. He tapped Peter on the side and woke him, saying, 'Get up quickly.' And the chains fell off his wrists. The angel said to him, 'Fasten your belt and put on your sandals.' He did so. Then he said to him, 'Wrap your cloak around you and follow me.' Peter went out and followed him; he did not realize that what was happening with the angel's help was real; he thought he was seeing a vision. After they had passed the first and the second guard, they came before the iron gate leading into the city. It opened for them of its own accord, and they went outside and walked along a lane, when suddenly the angel left him. Then

Peter came to himself and said, 'Now I am sure that the Lord has sent his angel and rescued me from the hands of Herod and from all that the Jewish people were expecting.'

This is the word of the Lord.

**Thanks be to God.**

*The psalm is said at 08.00, while at 10.00, the choir sing the verses of the psalm, and we join in with the response.*

*Psalm 125*

David Rooke



**R Show your goodness, O Lord, to those who are good.**

Those who trust in the Lord are like Mount Zion, which cannot be moved, but stands fast for ever. The hills stand about Jerusalem; so does the Lord stand round about his people, from this time forth for evermore. **R**

The sceptre of the wicked shall not hold sway over the land allotted to the just, so that the just shall not put their hands to evil. Show your goodness, O Lord, to those who are good and to those who are true of heart. As for those who turn aside to crooked ways, the Lord will lead them away with the evildoers; but peace be upon Israel. **R**

*2 Timothy 4:6-8, 17-18*

A reading from the second letter of Paul to Timothy.

As for me, I am already being poured out as a libation, and the time of my departure has come. I have fought the good fight, I have finished the race, I have kept the faith. From now on there is reserved for me the crown of righteousness, which the Lord, the righteous judge, will give to me on that day, and not only to me but also to all who have longed for his appearing. But the Lord stood by me and gave me strength, so that through me the

message might be fully proclaimed and all the Gentiles might hear it. So I was rescued from the lion's mouth. The Lord will rescue me from every evil attack and save me for his heavenly kingdom. To him be the glory for ever and ever. Amen.

This is the word of the Lord.

**Thanks be to God.**

## Gospel Reading

*We STAND to greet the gospel. At 10.00, the choir leads the acclamation.*

David Rooke adapted from Plainchant



Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia.

Alleluia, alleluia, (alleluia. **Alleluia, alleluia, alleluia.**)

I have called you friends, says the Lord, for all that I have heard from my Father I have made known to you.

**Alleluia, (alleluia, alleluia.)**

The Lord be with you

**And also with you.**

✠ Hear the Gospel of our Lord Jesus Christ according to St Matthew.

**Glory to you, O Lord.**

*Matthew 16:13-19*

When Jesus came into the district of Caesarea Philippi, he asked his disciples, 'Who do people say that the Son of Man is?' And they said, 'Some say John the Baptist, but others Elijah, and still others Jeremiah or one of the prophets.' He said to them, 'But who do you say that I am?' Simon Peter answered, 'You are the Messiah, the Son of the living God.' And Jesus answered him, 'Blessed are you, Simon son of Jonah! For flesh and blood has not revealed this to you, but my Father in heaven. And I tell you, you are Peter, and on this rock I will build my church, and the gates of Hades

will not prevail against it. I will give you the keys of the kingdom of heaven, and whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven.'

This is the Gospel of the Lord.

**Praise to you, O Christ.**

**(Alleluia, alleluia, alleluia.)**

## **The Sermon**

*We SIT as the sermon is preached.*

## **The Creed**

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven,**

*We BOW as we proclaim the Mystery of the Incarnation.*

**WAS INCARNATE FROM THE HOLY SPIRIT  
AND THE VIRGIN MARY AND WAS MADE MAN.**

**For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

### **Prayers of Intercession – Universal Prayers**

*We KNEEL or SIT for the prayers of intercession, after each petition, we respond:*

Lord in your mercy,  
**hear our prayer.**

*Or*

Lord hear us,  
**Lord graciously hear us.**

*The intercessor may conclude the prayer for the faithful departed with;*

Rest eternal grant to them O Lord  
**And let light perpetual shine upon them.**

May they rest in peace. **Amen.**

The prayers may conclude with a collect to which all respond:  
**Amen.**

Or, by us saying together.

Merciful Father, **accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.**

## The Peace

*We STAND as the Celebrant introduces the Peace:*

May the God of peace sanctify you: may he so strengthen your hearts in holiness that you may be blameless before him at the coming of our Lord Jesus with his saints.

The peace of the Lord be always with you

**And also with you.**

Let us offer one another the sign of peace.

## THE LITURGY OF THE EUCHARIST

*A collection is taken at this celebration. If you don't have cash or are not part of our planned giving scheme and would like to support the ministry costs of St Thomas' please scan the QR code on the back of the chair in front of you, to be taken to the online donations page where you can easily donate to support the work of St Thomas' and complete the details allowing the reclamation of Gift Aid on your donation. At 10.00, we sing this hymn while the altar is prepared.*

### The Offertory Hymn

NEH 484



**All    The Church's one foundation  
Is Jesus Christ, her Lord;  
She is his new creation  
By water and the word:  
From heaven he came and sought her**

**To be his holy Bride,  
With his own blood he bought her,  
And for her life he died.**

**Elect from every nation,  
Yet one o'er all the earth,  
Her charter of salvation  
One Lord, one faith, one birth;  
One holy name she blesses,  
Partakes one holy food,  
And to one hope she presses  
With every grace endued.**

**\*Though with a scornful wonder  
Men see her sore opprest,  
By schisms rent asunder,  
By heresies distress,  
Yet saints their watch are keeping,  
Their cry goes up, 'How long?'  
And soon the night of weeping  
Shall be the morn of song.**

**'Mid toil, and tribulation,  
And tumult of her war,  
She waits the consummation  
Of peace for evermore;  
Till with the vision glorious  
Her longing eyes are blest,  
And the great Church victorious  
Shall be the Church at rest.**

**Yet she on earth hath union  
With God the Three in One,**

**And mystic sweet communion  
With those whose rest is won:  
O happy ones and holy!  
Lord, give us grace that we  
Like them, the meek and lowly,  
On high may dwell with thee.**

*Words: Samuel Stone (1839-1900)*

*Music: A. T. Batts (1900-1978)*

## **The Preparation of the Altar**

*At 08.00 as the celebrant takes the bread and the wine, we pray;*

Blessed are you, Lord God of all creation: through your goodness we have this bread to offer, which earth has given and human hands have made. It will become for us the bread of life.

**Blessed be God for ever.**

Blessed are you, Lord God of all creation: through your goodness we have this wine to offer, fruit of the vine and work of human hands. It will become our spiritual drink.

**Blessed be God for ever.**

*At 10.00, after all have been censed, the Priest says;*

Pray, my brothers and sisters, that this my sacrifice and yours may be acceptable to God the almighty Father.

**May the Lord accept the sacrifice at your hands, for the praise and glory of his name, for our good, and the good of all his Church.**

May the prayer of the Apostles, O Lord, accompany the sacrificial gift that we present to your name for consecration, and may their intercession make us devoted to you in celebration of the sacrifice. Through Christ our Lord.

**Amen.**

The Lord be with you  
**and also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give him thanks and praise.**

It is truly right and just, our duty and our salvation,  
always and everywhere to give you thanks,  
Lord, holy Father, almighty and eternal God.

For by your providence  
the blessed Apostles Peter and Paul bring us joy:  
Peter, foremost in confessing the faith,  
Paul, its outstanding preacher,  
Peter, who established the early Church from the remnant of Israel,  
Paul, master and teacher of the Gentiles that you call.

And so, each in a different way  
gathered together the one family of Christ;  
and revered together throughout the world,  
they share one Martyr's crown.

And therefore, with all the Angels and Saints,  
we praise you, as without end we acclaim:

*We remain STANDING as we say the Sanctus and the Benedictus:*

**Holy, holy, holy Lord, God of power and might, heaven and  
earth are full of your glory. Hosanna in the highest.**

**✠ Blessed is he who comes in the name of the Lord. Hosanna in  
the highest**

*We KNEEL after the Sanctus and Benedictus.*

Lord, you are holy indeed, the source of all holiness; grant that by the power of your Holy Spirit, and according to your holy will, these gifts of bread and wine may be to us the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed, took bread and gave you thanks; he broke it and gave it to his disciples, saying:

Take, eat; this is my body which is given for you;  
do this in remembrance of me. ✠

In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying:

Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me. ✠

*After the consecration, the following acclamation is said:*

Let us proclaim the mystery of faith:

**Christ has died:**

**Christ is risen:**

**Christ will come again.**

And so, Father, calling to mind his death on the cross, his perfect sacrifice made once for the sins of the whole world; rejoicing in his mighty resurrection and glorious ascension, and looking for his coming in glory, we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving, we bring before you this bread and this cup and we thank you for counting us worthy to stand in your presence and serve you.

Send the Holy Spirit on your people and gather into one in your kingdom all who share this one bread and one cup, so that we, in the company of the Blessed Virgin Mary, St Joseph her spouse, St Thomas of Canterbury and all the saints, may praise and glorify you for ever, through Jesus Christ our Lord;

by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory be yours, almighty Father, for ever and ever.

**Amen**

## **COMMUNION RITE**

As our Saviour taught and commanded us, we are bold to pray:

**Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.**

We break this bread to share in the body of Christ.

**Though we are many, we are one body, because we all share in one bread.**

*We say/sing the Agnus Dei:*

**Lamb of God, you take away the sins of the world, have mercy on us.**

**Lamb of God, you take away the sins of the world, have mercy on us.**

**Lamb of God, you take away the sins of the world, grant us peace.**

*The Celebrant invites the people to communion.*

Behold the Lamb of God who takes away the sin of the world. Blessed are those who are called to his supper.

**Lord, I am not worthy to receive you, but only say the word, and I shall be healed.**

*Please follow the direction of the celebrant and sidespersons to come forward and receive communion. Those who are confirmed are welcome to make their communion at our celebration today. Otherwise, please come forward for a blessing with your hands crossed across your chest. The response after receiving a blessing is **Amen.***

### **Anthem**

The Choir sings – ‘Give us the wings of faith’ – by Ernest Bullock (1890–1979)

*After the anthem, we remain SEATED to sing the communion hymn.*

### **Communion Hymn**

*NEH 294*



**All** Just as I am, without one plea  
But that thy blood was shed for me,  
And that thou bidd'st me come to thee,  
O Lamb of God, I come.

**Just as I am, though tossed about  
With many a conflict, many a doubt,  
Fightings within, and fears without,  
O Lamb of God, I come.**

**Just as I am, poor, wretched, blind;  
Sight, riches, healing of the mind,  
Yea all I need, in thee to find,  
O Lamb of God, I come.**

**Just as I am, thou wilt receive,  
Wilt welcome, pardon, cleanse, relieve:  
Because thy promise I believe,  
O Lamb of God, I come.**

**Just as I am (thy love unknown  
Has broken every barrier down),  
Now to be thine, yea thine alone,  
O Lamb of God, I come.**

**Just as I am, of that free love  
The breadth, length, depth and height to prove,  
Here for a season then above,  
O Lamb of God, I come.**

*Words: Charlotte Elliott (1789-1871)*

*Music: Arthur Henry Brown (1830-1926)*

## **Act of Spiritual Communion**

My Jesus, I believe that you are present in the Most Blessed Sacrament. I love you above all things, and I desire to receive you into my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there, and I unite myself wholly to you. Never permit me to be separated from you. **Amen.**

*St Alphonsus Liguori*

## Post Communion

*The priest says the post-communion prayer:*

Almighty God, who on the day of Pentecost sent your Holy Spirit to the apostles with the wind from heaven and in tongues of flame, filling them with joy and boldness to preach the gospel: by the power of the same Spirit strengthen us to witness to your truth and to draw everyone to the fire of your love; through Jesus Christ our Lord.

**Amen.**

**Almighty God, we thank you for feeding us with the body and blood of your Son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your Spirit to live and work to your praise and glory.**

**Amen.**

## Banns and Notices

*We SIT while the Clubhouse present their work and any Banns of Marriage are published, before brief notices are given out. We STAND for the final blessing and dismissal.*

## Blessing and dismissal

The Lord be with you.

**And also with you.**

God give you grace to follow his saints in faith and hope and love; and the blessing of God almighty, the Father, ✠ the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

The Mass is ended, go in the peace of Christ,

**Thanks be to God.**

## The Angelus

*At 10am the sacred ministers gather before the image of Our Lady for the Angelus.*

The Angel of the Lord brought tidings to Mary,  
**And she conceived by the Holy Spirit.**

Hail Mary, full of grace, the Lord is with thee; Blessed art thou among women and blessed is the fruit of thy womb Jesus

**Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.**

Behold the handmaid of the Lord.  
**Be it unto me according to thy Word.**

Hail Mary, etc...

And the Word was made flesh,  
**And dwelt among us.**

Hail Mary, etc...

Pray for us, O holy Mother of God.  
**That we may be made worthy of the promises of Christ.**

Let us pray:

We beseech thee, O Lord, pour thy grace into our hearts; that as we have known the Incarnation of thy Son, Jesus Christ, by the message of an angel, so by his ✠ Cross and Passion we may be brought to the glory of his resurrection; through the same Jesus Christ our Lord. **Amen.**

*The sacred ministers leave during the final hymn.*

## Recessional Hymn

NEH 478



**All**    **Ye watchers and ye holy ones,  
Bright Seraphs, Cherubim and Thrones,  
Raise the glad strain, Alleluya!  
Cry out Dominions, Princedoms, Powers,  
Virtues, Archangels, Angels' choirs,**

**Refrain:**

**Alleluya, Alleluya,  
Alleluya, Alleluya, Alleluya!**

**O higher than the Cherubim,  
More glorious than the Seraphim,  
Lead their praises, Alleluya!  
Thou Bearer of the eternal Word,  
Most gracious, magnify the Lord, [Refrain]**

**Respond, ye souls in endless rest,  
Ye Patriarchs and Prophets blest,  
Alleluya, Alleluya!  
Ye holy Twelve, ye Martyrs strong,  
All Saints triumphant, raise the song [Refrain]**

**O friends, in gladness let us sing,  
Supernal anthems echoing,  
Alleluya, Alleluya!  
To God the Father, God the Son,  
And God the Spirit, Three in One, [Refrain]**

*Words: Athelstan Riley (1858-1945)*

*Music: R. Vaughan Williams (1872-1958)*

Organ Voluntary: Toccata, Symphony V - *Charles-Marie Widor (1844–1937)* (played by *Alexander Evans*)

*After the organ voluntary, please make your way through to the hall for refreshments.*

## Private Devotions during Communion or after Mass

We do not presume to come to this thy table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy table. But thou art the same Lord, whose property is always to have mercy: grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. Amen.

*From the Book of Common Prayer*

ALMIGHTY God, Father of all mercies, we thine unworthy servants do give thee most humble and hearty thanks for all thy goodness and loving-kindness to us and to all men; [\*particularly to those who desire now to offer up their praises and thanksgivings for thy late mercies vouchsafed unto them.] We bless thee for our creation, preservation, and all the blessings of this life; but above all for thine inestimable love in the redemption of the world by our Lord Jesus Christ, for the means of grace, and for the hope of glory. And we beseech thee, give us that due sense of all thy mercies, that our hearts may be unfeignedly thankful, and that we shew forth thy praise, not only with our lips, but in our lives; by giving up ourselves to thy service, and by walking before thee in holiness and righteousness all our days; through Jesus Christ our Lord, to whom with thee and the Holy Ghost be all honour and glory, world without end. Amen.

*\*This to be said when any that have been prayed for desire to return praise.*

*From the Book of Common Prayer*

Soul of Christ, sanctify me  
body of Christ, save me  
blood of Christ, inebriate me  
water from Christ's side, wash me  
passion of Christ, strengthen me.

O good Jesus, hear me  
within thy wounds hide me.  
Suffer me not to be separated from thee.  
From the malicious enemy defend me.  
In the hour of my death call me and bid me come unto thee that I may  
praise thee with thy saints and with thy angels for ever and ever. Amen

Hail holy Queen, Mother of Mercy, our life, our sweetness and our hope!  
To thee do we cry, poor banished children of Eve; to thee do we send up  
our sighs, mourning and weeping in this vale of tears. Turn then, O most  
gracious advocate, thine eyes of mercy towards us, and after this our exile,  
show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O  
sweet Virgin Mary.

*The Salve Regina*



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