



**Hand drumming sessions for
Adults for Relaxation, Therapy,
Empowerment & Fun!**

ST MICHAEL'S CHURCH
Milton Road South Beddington Wallington SM6 9RP

WEEKLY SESSIONS:
From Wednesday 22nd April 2026
from 2 to 3 pm
(Term Time Only)

EVERYONE WELCOME!

**We are keen to help people who might become lonely and
isolated.**

**Working with other Charities, Local Councils, Schools, Community
Groups**

Specialised in working with those with disabilities, special needs.

Funded by:  **COMMUNITY
FUND**

*"It's all about
the heartbeat"*



CONTACT US FOR FURTHER INFORMATION

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