

# Lectionary

You are invited to follow the first two readings while seated, and as is the custom, to just listen, standing if possible, as the Holy Gospel is proclaimed.

## Midweek 1st April 2026 (Holy Week)

### The Collect

Almighty and everlasting God,  
who in your tender love towards the human race  
sent your Son our Saviour Jesus Christ to take upon  
him our flesh and to suffer death upon the cross:  
grant that we may follow the example of his pa-  
tience and humility, and also be made partakers of  
his resurrection; through Jesus Christ your Son our  
Lord, who is alive and reigns with you, in the unity  
of the Holy Spirit,  
one God, now and for ever. **Amen.**

### First reading: Isaiah 50:4-9a

*A reading from the book of Isaiah.*

The Lord God has given me the tongue of a teacher,  
that I may know how to sustain the weary with a  
word. Morning by morning he awakens— awakens my  
ear to listen as those who are taught. The Lord God  
has opened my ear, and I was not rebellious, I did not  
turn backwards. I gave my back to those who struck  
me, and my cheeks to those who pulled out the beard;  
I did not hide my face from insult and spitting.  
The Lord God helps me; therefore I have not been  
disgraced; therefore I have set my face like flint, and I  
know that I shall not be put to shame; he who vindic-  
ates me is near. Who will contend with me? Let us  
stand up together. Who are my adversaries? Let them  
confront me. It is the Lord God who helps me; who  
will declare me guilty? All of them will wear out like a  
garment; the moth will eat them up.

This is the word of the Lord,

**All: Thanks be to God.**

### Second Reading: Hebrews 12:1-3

*A reading from the letter to the Hebrews.*

Therefore, since we are surrounded by so great a  
cloud of witnesses, let us also lay aside every weight  
and the sin that clings so closely, and let us run with  
perseverance the race that is set before us, looking to  
Jesus the pioneer and perfecter of our faith, who for  
the sake of the joy that was set before him endured  
the cross, disregarding its shame, and has taken his  
seat at the right hand of the throne of God.  
Consider him who endured such hostility against him-  
self from sinners, so that you may not grow weary or  
lose heart. '

This is the word of the Lord,

**All: Thanks be to God.**

### The Holy Gospel: John 13:21-32

*Hear the Gospel of our Lord Jesus Christ*

*according to John.*

After saying this Jesus was troubled in spirit, and de-  
clared, 'Very truly, I tell you, one of you will betray  
me.' The disciples looked at one another, uncertain of  
whom he was speaking. One of his disciples—the one  
whom Jesus loved—was reclining next to him; Simon  
Peter therefore motioned to him to ask Jesus of whom  
he was speaking. So while reclining next to Jesus, he  
asked him, 'Lord, who is it?' Jesus answered, 'It is the  
one to whom I give this piece of bread when I have  
dipped it in the dish.' So when he had dipped the piece  
of bread, he gave it to Judas son of Simon Iscariot. Af-  
ter he received the piece of bread, Satan entered into  
him. Jesus said to him, 'Do quickly what you are going  
to do.' Now no one at the table knew why he said this  
to him. Some thought that, because Judas had the com-  
mon purse, Jesus was telling him, 'Buy what we need  
for the festival'; or, that he should give something to  
the poor. So, after receiving the piece of bread, he im-  
mediately went out. And it was night.

When he had gone out, Jesus said, 'Now the Son of  
Man has been glorified, and God has been glorified in  
him. If God has been glorified in him, God will also  
glorify him in himself and will glorify him at once.'

This is the Gospel of the Lord.

**All: Praise to you, O Christ.**

### Post Communion Prayer

Lord Jesus Christ,  
you humbled yourself in taking the form of a servant,  
and in obedience died on the cross for our salvation:  
give us the mind to follow you and to proclaim you as  
Lord and King,  
to the glory of God the Father. **Amen.**

