



*St Thomas of
Canterbury, the
Parish Church for
Brentwood*

The Order of Mass with
Holy Baptism &
Confirmation

Thursday 12th
February 2025

These prayers are suitable as preparation for Mass

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen

From the Book of Common Prayer

Almighty and ever-living God, I approach the sacrament of Your only-begotten Son Our Lord Jesus Christ, I come sick to the doctor of life, unclean to the fountain of mercy, blind to the radiance of eternal light, and poor and needy to the Lord of heaven and earth. Lord, in your great generosity, heal my sickness, wash away my defilement, enlighten my blindness, enrich my poverty, and clothe my nakedness. May I receive the bread of angels, the King of kings and Lord of lords, with humble reverence, with the purity and faith, the repentance and love, and the determined purpose that will help to bring me to salvation. May I receive the sacrament of the Lord's Body and Blood, and its reality and power.

Kind God, may I receive the Body of Your only-begotten Son, our Lord Jesus Christ, born from the womb of the Virgin Mary, and so be received into His mystical body and numbered among His members. Loving Father, as on my earthly pilgrimage I now receive Your beloved Son under the veil of a sacrament, may I one day see him face to face in glory, who lives and reigns with You for ever. Amen

St Thomas Aquinas

It is our custom to keep a prayerful silence before Mass

During the sacrament of Confirmation, the candidates confirm their baptismal promises and profess their faith in Jesus Christ. The bishop calls them by name, lays hands upon them and anoints them with the Oil of Chrism.

As we prepare to join in this worship, please hold the candidates in your prayers.

Presented by Lesley Lynn

Candidates for Baptism & Confirmation

Lucas Buonora
Reece Lawrence

Harrison Jacobs
Gita Mackintosh

Candidates for Confirmation

Kaylea Adams
Poppy Mattock

Heaven Lee
Chloe Nelder

Almighty God, whose Holy Spirit equips the Church with a rich variety of gifts, grant that we may use them to bear witness to Christ by lives built on faith and love. Make us ready to live his gospel and eager to do his will, that we may share with all your Church in the joys of eternal life; through Jesus Christ our Lord. Amen.

Lord, make us instruments of your peace. Where there is hatred, let us sow love; where there is injury, let there be pardon; where there is discord, union; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy; for your mercy and for your truth's sake. Amen.

Baptism marks the beginning of a journey with God, which continues for the rest of our lives, the first step in response to God's love. For all involved, particularly the candidates but also parents, godparents and sponsors, it is

a joyful moment when we rejoice in what God has done for us in Christ, making serious promises and declaring the faith. The wider community of the local church and friends welcome the new Christian, promising support and prayer for the future. Hearing and doing these things provides an opportunity to remember our own baptism and reflect on the progress made on that journey, which is now to be shared with this new member of the Church.

The service paints many vivid pictures of what happens on the Christian way. There is the sign of the cross, the badge of faith in the Christian journey, which reminds us of Christ's death for us. Our 'drowning' in the water of baptism, where we believe we die to sin and are raised to new life, unites us to Christ's dying and rising. Water is also a sign of new life, as we are born again by water and the Spirit. This reminds us of Jesus' baptism. And as a sign of that new life, there may be a lighted candle, a picture of the light of Christ conquering the darkness of evil. Everyone who is baptized walks in that light for the rest of their lives.

As you pray for the candidates, picture them with yourself and the whole Church throughout the ages, journeying into the fullness of God's love.

We STAND to sing this hymn when the bell rings and the sacred ministers enter and the altar is censed.

**1 O Thou who camest from above,
The pure celestial fire to impart,
Kindle a flame of sacred love
On the mean altar of my heart.**

**2 There let it for thy glory burn
With inextinguishable blaze,
And trembling to its source return
In humble prayer, and fervent praise.**

**3 Jesus, confirm my heart's desire
To work, and speak, and think for thee;
Still let me guard the holy fire,
And still stir up the gift in me.**

**4 Ready for all thy perfect will,
My acts of faith and love repeat,
Till death thy endless mercies seal,
And make my sacrifice complete.**

Charles Wesley 1707-1788

The Gathering

✠ In the name of the Father, and of the Son, and of the Holy Spirit.
Amen.

The Greeting

Peace be with you
and also with you.

Words of welcome or introduction may be said.

Gloria in Excelsis

Glory to God in the highest, and peace to his people on earth. Lord God, heavenly King, Almighty God and Father, we worship you, we give you thanks, we praise you for your glory.

Lord, Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sins of the world, have mercy on us; you are seated at the right hand of the Father, receive our prayer.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

The Collect

The Bishop introduces a period of silent prayer with the words 'Let us pray':

Heavenly Father, by the power of your Holy Spirit you give your faithful people new life in the water of baptism./Guide and strengthen us by the same Spirit, that we who are born again may serve you in faith and love, and grow into the full stature of your Son, Jesus Christ, who is alive and reigns with you in the unity of the Holy Spirit now and for ever.

Amen

THE LITURGY OF THE WORD

SIT

Isaiah 63:1-10, 17, 64:1-4

A reading from the book of the prophet Isaiah.

I will recount the gracious deeds of the LORD, the praiseworthy acts of the LORD, because of all that the LORD has done for us, and the great favour to the house of Israel that he has shown them according to his mercy, according to the abundance of his steadfast love. For he said, 'Surely they

are my people, children who will not deal falsely'; and he became their saviour in all their distress. It was no messenger or angel but his presence that saved them; in his love and in his pity he redeemed them; he lifted them up and carried them all the days of old. But they rebelled and grieved his holy spirit; therefore, he became their enemy; he himself fought against them. Why, O lord, do you make us stray from your ways and harden our heart, so that we do not fear you? Turn back for the sake of your servants, for the sake of the tribes that are your heritage. O that you would tear open the heavens and come down, so that the mountains would quake at your presence – as when fire kindles brushwood and the fire causes water to boil – to make your name known to your adversaries, so that the nations might tremble at your presence! When you did awesome deeds that we did not expect, you came down, the mountains quaked at your presence. From ages past no one has heard, no ear has perceived, no eye has seen any God besides you, who works for those who wait for him.

This is the word of the Lord.

Thanks be to God.

Please listen as the choir sings the verses, and we join in the response.

Psalm 27:1-10



R The Lord is my light and my help.

The Lord is my light and my salvation; whom then shall I fear? the Lord is the strength of my life; of whom then shall I be afraid? When evildoers came upon me to eat up my flesh, it was they, my foes and my adversaries, who stumbled and fell. **R**

Though an army should encamp against me, yet my heart shall not be afraid;
And though war should rise up against me, yet will I put my trust in him. **R**

One thing have I asked of the Lord; one thing I seek; that I may dwell in the
house of the Lord all the days of my life; To behold the fair beauty of the
Lord and to seek him in his temple. **R**

For in the day of trouble he shall keep me safe in his shelter; he shall hide
me in the secrecy of his dwelling and set me high upon a rock. **R**

Even now he lifts up my head above my enemies round about me; Therefore
I will offer in his dwelling an oblation with sounds of great gladness; I will
sing and make music to the Lord. **R**

Hearken to my voice, O Lord, when I call; have mercy on me and answer
me. **R**

1 Corinthians 2:7-12

A reading from the first letter of Paul to the Corinthians.

But we speak God's wisdom, secret and hidden, which God decreed before
the ages for our glory. None of the rulers of this age understood this; for if
they had, they would not have crucified the Lord of glory. But, as it is
written, 'What no eye has seen, nor ear heard, nor the human heart
conceived, what God has prepared for those who love him' – these things
God has revealed to us through the Spirit; for the Spirit searches everything,
even the depths of God. For what human being knows what is truly human
except the human spirit that is within? So also no one comprehends what
is truly God's except the Spirit of God. Now we have received not the spirit
of the world, but the Spirit that is from God, so that we may understand
the gifts bestowed on us by God.'

This is the word of the Lord.

Thanks be to God.

We STAND to greet the gospel.

Alleluia, alleluia, alleluia.

Alleluia, alleluia, alleluia.

My sheep hear my voice, says the Lord. I know them, and they follow me.

Alleluia, alleluia, alleluia.

The Lord be with you

And also with you.

✠ Hear the Gospel of our Lord Jesus Christ according to St Mark.

Glory to you, O Lord.

Mark: 1:4-11

John the baptizer appeared in the wilderness, proclaiming a baptism of repentance for the forgiveness of sins. And people from the whole Judean countryside and all the people of Jerusalem were going out to him, and were baptized by him in the river Jordan, confessing their sins. Now John was clothed with camel's hair, with a leather belt around his waist, and he ate locusts and wild honey. He proclaimed, 'The one who is more powerful than I is coming after me; I am not worthy to stoop down and untie the thong of his sandals. I have baptized you with water; but he will baptize you with the Holy Spirit.' In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, 'You are my Son, the Beloved; with you I am well pleased.' r.

This is the Gospel of the Lord.

Praise to you, O Christ.

Alleluia, alleluia, alleluia.

SIT.

The Rt Revd Luke Irvine-Capel, Bishop of Richborough

After the sermon, Bishop Luke invites all the candidates to come to the front of the church.

Presentation of the Candidates

The bishop asks those to be baptised.

Do you wish to be baptised?

I do.

The bishop asks the candidates for confirmation who have been baptised.

Have you been baptised in the name of the Father, and of the Son and of the Holy Spirit?

I have.

The bishop asks all candidates.

Are you ready with your own mouth and from your own heart to affirm your faith in Jesus Christ?

I am.

The bishop then asks everybody this question:

Faith is the gift of God to his people. In baptism the Lord is adding to our number those whom he is calling. People of God, will you welcome these candidates and uphold them in their new life in Christ?

With the help of God, we will.

The Decision

The bishop addresses all the candidates.

In baptism, God calls us out of darkness into his marvellous light. To follow Christ means dying to sin and rising to new life with him. Therefore I ask:

Do you reject the devil and all rebellion against God?

I reject them.

Do you renounce the deceit and corruption of evil?

I renounce them.

Do you repent of the sins that separate us from God and neighbour? I
repent of them.

Do you turn to Christ as Saviour?

I turn to Christ.

Do you submit to Christ as Lord?

I submit to Christ.

Do you come to Christ, the way, the truth and the life?

I come to Christ.

Signing with the Cross

The bishop makes the sign of the cross on those to be baptised, using the Oil of Baptism as he says:

Christ claims you for his own. Receive the sign of his cross.

Do not be ashamed to confess the faith of Christ crucified.

Fight valiantly as a disciple of Christ against sin, the world and the devil, and remain faithful to Christ to the end of your life.

May almighty God deliver you from the powers of darkness, restore in you the image of his glory, and lead you in the light and obedience of Christ.

Amen.

STAND as the bishop and candidates make their way to the font as we sing,

**Come, Holy Ghost, our souls inspire,
And lighten with celestial fire;
Thou the anointing Spirit art,
Who dost thy sevenfold gifts impart:**

**Thy blessed unction from above
Is comfort, life, and fire of love;
Enable with perpetual light
The dullness of our blinded sight:**

Once at the font, where the water has been blessed before the service, the bishop leads us in the;

Profession of Faith

Brothers and sisters, I ask you to profess together the faith of the Church.

Do you believe and trust in God the Father?

I believe in God, the Father almighty, creator of heaven and earth.

Do you believe and trust in his Son Jesus Christ?

I believe in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

Do you believe and trust in the Holy Spirit?

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

N, I BAPTISE YOU IN THE NAME OF THE FATHER, AND OF THE SON, AND OF THE HOLY SPIRIT. AMEN.

The newly baptised are clothed with a white robe.

You have been clothed with Christ. As many as are baptised into Christ have put on Christ.

The bishop sprinkles the candidates for confirmation with water from the font before he says this prayer.

Almighty God, we thank you for our fellowship in the household of faith with all who have been baptised into your name. Keep us faithful to our baptism, and so make us ready for that day when the whole creation shall be made perfect in your Son, our Saviour Jesus Christ. **Amen.**

The bishop and candidates return to the front of the church, as we sing.

**Anoint and cheer our soiled face
With the abundance of thy grace:
Keep far our foes, give peace at home;
Where thou art guide no ill can come.**

**Teach us to know the Father, Son,
And thee, of Both, to be but One;
That through the ages all along
This may be our endless song,**

**Praise to thy eternal merit,
Father, Son, and Holy Spirit.
Amen.**

John Cosin 1594-1672

Based on Veni, creator Spiritus

At the end of the hymn, please SIT, and the candidates stand.

The Confirmation

The bishop stands before those who are to be confirmed and says:

Our help is in the name of the Lord.

Who has made heaven and earth.

Blessed be the name of the Lord.

Now and for ever. Amen.

The bishop extends his hands and prays:

Almighty and ever-living God, you have given these your servants new birth in baptism by water and the Spirit, and have forgiven them all their sins. Let your Holy Spirit rest upon them;

The Spirit of wisdom and understanding; **Amen.**

The Spirit of counsel and inward strength; **Amen.**

The Spirit of knowledge and true godliness; **Amen**

And let their delight be in the fear of the Lord. **Amen.**

Family and friends are invited to STAND to support their candidate.

Each candidate is presented to the bishop.

The bishop addresses each candidate by name.

N, GOD HAS CALLED YOU BY NAME AND MADE YOU HIS OWN.

The bishop then lays his hand on the head of each candidate, saying:

CONFIRM, O LORD, YOUR SERVANT N WITH YOUR HOLY SPIRIT.

Amen.

The bishop then anoints each candidate with the oil of Chrism, saying:

N, BE SEALED WITH THE GIFT OF THE HOLY SPIRIT.

Amen.

Peace be with you.

And also with you.

The bishop invites the congregation to pray for the newly confirmed.

Defend, O Lord, these your servants with your heavenly grace, that they may continue yours for ever, and daily increase in your Holy Spirit more and more, until they come to your everlasting kingdom. Amen.

The congregation greet the newly baptised and confirmed.

The Peace

STAND as we prepare to share the peace

God has made us one in Christ. He has set his seal upon us, and, as a pledge of what is to come, has given the Spirit to dwell in our hearts.

The peace of the Lord be always with you
and also with you.

Let us offer one another a sign of peace.

THE LITURGY OF THE EUCHARIST

The Offertory

A collection is taken at this celebration. If you don't have cash or are not part of our planned giving scheme and would like to support the ministry costs of St Thomas' please scan the QR code on the back of the chair in front of you, to be taken to the online donations page where you can easily donate to support the work of St Thomas' and complete the details allowing the reclamation of Gift Aid on your donation. We STAND to sing this hymn while the altar is prepared.

**1 Be thou my vision, O Lord of my heart,
Be all else but naught to me, save that thou art,
Be thou my best thought in the day and the night,
Both waking and sleeping, thy presence my light.**

**2 Be thou my wisdom, be thou my true word
Be thou ever with me, and I with thee, Lord,
Be thou my great Father, and I thy true son,
Be thou in me dwelling, and I with thee one.**

**3 Be thou my breastplate, my sword for the fight,
Be thou my whole armor, be thou my true might,
Be thou my soul's shelter, be thou my strong tower,
O raise thou me heavenward, great Power of my power.**

**4 Riches I heed not, nor man's empty praise,
Be thou my inheritance now and always,
Be thou and thou only the first in my heart,
O Sovereign of heaven, my treasure thou art.**

**5 High King of heaven, thou heaven's bright Sun,
O grant me its joys after vict'ry is won,
Great Heart of my own heart, whatever befall,
Still be thou my vision, O Ruler of all.**

Irish c 8th century

Tran. Mary Byrne 1880-1931

Versified Eleanor Hull 1860-1935

The Preparation of the Altar

After all have been censed, the bishop says;

Pray, my brothers and sisters, that this my sacrifice and yours may be acceptable to God the almighty Father.

May the Lord accept the sacrifice at your hands, for the praise and glory of his name, for our good, and the good of all his Church.

O Lord, our God, who once established these created things to sustain us in our frailty, grant, we pray, that they may become for us now the Sacrament of eternal life. Through Christ our Lord. **Amen.**

The Preface

The Lord be with you
and also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give him thanks and praise.

Father, we give you thanks and praise
through your beloved Son Jesus Christ, your living Word,
through whom you have created all things;
who was sent by you in your great goodness to be our Saviour.

By the power of the Holy Spirit he took flesh;
as your Son, born of the blessed Virgin,
he lived on earth and went about among us;
he opened wide his arms for us on the cross;
he put an end to death by dying for us;
and revealed the resurrection by rising to new life;
so he fulfilled your will and won for you a holy people.

And now we give you thanks
because by water and the Holy Spirit
you have made us a holy people in Jesus Christ our Lord,
you raise us to new life in him
and renew in us the image of your glory.

Therefore with angels and archangels,
and with all the company of heaven,
we proclaim your great and glorious name,
for ever praising you and saying:

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest.

✠ Blessed is he who comes in the name of the Lord. Hosanna in the highest.

We KNEEL after the Sanctus and Benedictus.

Lord, you are holy indeed, the source of all holiness; grant that by the power of your Holy Spirit, and according to your holy will, these gifts of bread and wine may be to us the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed, took bread and gave you thanks; he broke it and gave it to his disciples, saying:

TAKE, EAT; THIS IS MY BODY WHICH IS GIVEN FOR YOU;
DO THIS IN REMEMBRANCE OF ME. ✠

In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying:

DRINK THIS, ALL OF YOU; THIS IS MY BLOOD OF THE NEW COVENANT, WHICH IS
SHED FOR YOU AND FOR MANY FOR THE FORGIVENESS OF SINS. DO THIS, AS
OFTEN AS YOU DRINK IT, IN REMEMBRANCE OF ME. ✠

After the consecration, the following acclamation is said:

Let us proclaim the mystery of faith:

Christ has died:

Christ is risen:

Christ will come again.

And so, Father, calling to mind his death on the cross, his perfect sacrifice made once for the sins of the whole world; rejoicing in his mighty resurrection and glorious ascension, and looking for his coming in glory, we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving, we bring before you this bread and this cup and we thank you for counting us worthy to stand in your presence and serve you.

Send the Holy Spirit on your people and gather into one in your kingdom all who share this one bread and one cup, so that we, in the company of the Blessed Virgin Mary, St Joseph her spouse, St Thomas of Canterbury and all the saints, may praise and glorify you for ever, through Jesus Christ our Lord;

by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory be yours, almighty Father, for ever and ever.

Amen

COMMUNION RITE

As our Saviour taught and commanded us, we are bold to say:

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever.

Amen.

We break this bread to share in the body of Christ.

Though we are many, we are one body, because we all share in one bread.

We sing the Agnus Dei:

**Lamb of God, you take away the sins of the world,
have mercy on us.**

**Lamb of God, you take away the sins of the world,
have mercy on us.**

**Lamb of God, you take away the sins of the world,
grant us peace.**

The bishop invites the people to communion

✠ Behold the Lamb of God who takes away the sin of the world. Blessed are those who are called to his supper.

**Lord, I am not worthy to receive you, but only say the word,
and I shall be healed.**

Please follow the direction of the celebrant and sidespersons to come forward and receive communion. Those who are confirmed are welcome to make their communion at our celebration today. Otherwise, please come forward for a blessing with your hands crossed across your chest. We have returned to receiving communion in both kinds. The response after receiving a blessing is

Amen

Anthem

The Choir sing – ‘God is a Spirit’ – by Lindley, arranged by Lynn

Act of Spiritual Communion

My Jesus, I believe that you are present in the Most Blessed Sacrament. I love you above all things, and I desire to receive you into my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there, and I unite myself wholly to you. Never permit me to be separated from you. **Amen.**

St Alphonsus Liguori

Post Communion

STAND as the bishop says the post-communion prayer:

God of mercy, by whose grace alone we are accepted and equipped for your service: stir up in us the gifts of your Holy Spirit and make us worthy of our calling; that we may bring forth the fruit of the Spirit in love and joy and peace; through Jesus Christ our Lord. **Amen.**

Almighty God, we thank you for feeding us with the body and blood of your Son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your Spirit to live and work to your praise and glory. Amen.

Banns and Notices

We SIT while any Banns of Marriage are published, and brief notices are given out.

Commission

The bishop invites the candidates to join him at the front.

Those who are baptised are called to worship and serve God. Will you continue in the apostles' teaching and fellowship, in the breaking of bread, and in the prayers? With the help of God, I will.

Will you persevere in resisting evil, and, whenever you fall into sin, repent and return to the Lord? With the help of God, I will.

Will you proclaim by word and example the good news of God in Christ? With the help of God, I will.

Will you seek and serve Christ in all people, loving your neighbour as yourself? With the help of God, I will.

Will you acknowledge Christ's authority over human society, by prayer for the world and its leaders, by defending the weak, and by seeking peace and justice? With the help of God, I will.

May Christ dwell in your hearts through faith, that you may be rooted and grounded in love and bring forth the fruit of the Spirit. **Amen.**

Giving of a Lighted Candle

God has delivered us from the dominion of darkness and has given us a place with the saints in light. You have received the light of Christ; walk in this light all the days of your life.

Shine as a light in the world to the glory of God the Father.

Blessing and dismissal

We STAND for the final blessing and dismissal.

The Lord be with you.

And also with you.

The God of all grace, who called you to his eternal glory in Christ Jesus, establish, strengthen and settle you in the faith; and the blessing of God almighty, the Father, ✠ the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

The Mass is ended, go in the peace of Christ.

Thanks be to God.

The sacred ministers and the candidates leave as we sing the following hymn.

**1 O Jesus, I have promised
To serve thee to the end;
Be thou for ever near me,
My Master and my Friend;
I shall not fear the battle
If thou art by my side,
Nor wander from the pathway
If thou wilt be my guide.**

**2 O let me hear thee speaking
In accents clear and still,
Above the storms of passion,
The murmurs of self-will;
O speak to reassure me,
To hasten or control;
O speak, and make me listen,
Thou guardian of my soul.**

**3 O Jesus, thou hast promised
To all who follow thee,
That where thou art in glory
There shall thy servant be;
And Jesus, I have promised
To serve Thee to the end;
O give me grace to follow,
My Master and my Friend.**

**4 O let me see thy footmarks,
And in them plant mine own;
My hope to follow duly
Is in thy strength alone;
O guide me, call me, draw me,
Uphold me to the end;
And then in heaven receive me,
My Saviour and my Friend.**

John Bode 1816-74

Candidates return to the church with the Bishop for photographs.

Certificates of Baptism and Confirmation will be handed out along with boxes to keep the candles in.

Private Devotions during Communion or after Mass

We do not presume to come to this thy table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy table. But thou art the same Lord, whose property is always to have mercy: grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. Amen.

From the Book of Common Prayer

Soul of Christ, sanctify me
body of Christ, save me
blood of Christ, inebriate me
water from Christ's side, wash me
passion of Christ, strengthen me.

O good Jesus, hear me
within thy wounds hide me.

Suffer me not to be separated from thee.

From the malicious enemy defend me.

In the hour of my death call me and bid me come unto thee that I may praise thee with thy saints and with thy angels forever and ever. Amen

Hail holy Queen, Mother of Mercy, our life, our sweetness and our hope!
To thee do we cry, poor banished children of Eve; to thee do we send up
our sighs, mourning and weeping in this vale of tears. Turn then, O most
gracious advocate, thine eyes of mercy towards us, and after this our exile,
show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O
sweet Virgin Mary.

The Salve Regina

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