



*St. Thomas of
Canterbury, the
Parish Church for
Brentwood*

The Order of Mass

**The Second Sunday
of Lent**

Sunday 1st March 2026

These prayers are suitable as preparation for Mass

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen

From the Book of Common Prayer

Almighty and ever-living God, I approach the sacrament of Your only-begotten Son Our Lord Jesus Christ, I come sick to the doctor of life, unclean to the fountain of mercy, blind to the radiance of eternal light, and poor and needy to the Lord of heaven and earth. Lord, in your great generosity, heal my sickness, wash away my defilement, enlighten my blindness, enrich my poverty, and clothe my nakedness. May I receive the bread of angels, the King of kings and Lord of lords, with humble reverence, with the purity and faith, the repentance and love, and the determined purpose that will help to bring me to salvation. May I receive the sacrament of the Lord's Body and Blood, and its reality and power.

Kind God, may I receive the Body of Your only-begotten Son, our Lord Jesus Christ, born from the womb of the Virgin Mary, and so be received into His mystical body and numbered among His members. Loving Father, as on my earthly pilgrimage I now receive Your beloved Son under the veil of a sacrament, may I one day see him face to face in glory, who lives and reigns with You for ever. Amen

St Thomas Aquinas

It is our custom to keep a prayerful silence before Mass

Please STAND when the bell rings, at 8.00 our worship begins with the Angelus.

The Angel of the Lord brought tidings to Mary,
And she conceived by the Holy Spirit.

Hail Mary, full of grace, the Lord is with thee; Blessed art thou among women and blessed is the fruit of thy womb Jesus
Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

Behold the handmaid of the Lord.
Be it unto me according to thy Word.

Hail Mary, full of grace, the Lord is with thee; Blessed art thou among women and blessed is the fruit of thy womb Jesus
Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

And the Word was made flesh,
And dwelt among us.

Hail Mary, full of grace, the Lord is with thee; Blessed art thou among women and blessed is the fruit of thy womb Jesus
Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

Pray for us, O holy Mother of God.
That we may be made worthy of the promises of Christ.

Let us pray:

We beseech thee, O Lord, pour thy grace into our hearts; that as we have known the Incarnation of thy Son, Jesus Christ, by the message of an angel, so by his ✠ Cross and Passion we may be brought to the glory of his resurrection; through the same Jesus Christ our Lord. **Amen.**

At 10.00, we sing the entrance hymn as the sacred ministers enter and the altar is censed.

Processional Hymn

NEH 364(185)



All God is Love: let heav'n adore him;
God is Love: let earth rejoice;
Let creation sing before him,
And exalt him with one voice.
He who laid the earth's foundation,
He who spread the heav'ns above,
He who breathes through all creation,
He is Love, eternal Love.

God is Love: and he enfoldeth
All the world in one embrace;
With unfailing grasp he holdeth
Every child of every race.
And when human hearts are breaking
Under sorrow's iron rod,
Then they find that selfsame aching
Deep within the heart of God.

God is Love: and though With blindness
Sin afflicts the souls of men,
God's eternal loving-kindness
Holds and guides them even then.
Sin and death and hell shall never
o'er us final triumph gain;
God is Love, so Love for ever
O'er the universe must reign.

Words: Timothy Rees (1874-1939)

Music: Anthony Caesar (b. 1924)

The Gathering

✠ In the name of the Father, and of the Son, and of the Holy Spirit.

Amen.

The Greeting

The Lord be with you

And also with you.

The priest welcomes us and introduces the service.

Prayers of Penitence

Almighty God, our heavenly Father, we have sinned against you and against our neighbour in thought and word and deed, through negligence, through weakness, through our own deliberate fault. We are truly sorry and repent of all our sins. For the sake of your Son Jesus Christ, who died for us, forgive us all that is past and grant that we may serve you in newness of life to the glory of your name. Amen.

Absolution

Almighty God,
who forgives all who truly repent,
have mercy upon you
✠ pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord.

Amen.

Lord, have mercy.

Lord, have mercy

Christ, have mercy.

Christ, have mercy

Lord, have mercy.

Lord, have mercy

Kyrie eleison

Kyrie eleison

Christe eleison

Christe eleison

Kyrie eleison

Kyrie eleison

The Collect

The Celebrant introduces a period of silent prayer with the words 'Let us pray':

Almighty God, you show to those who are in error the light of your truth, that they may return to the way of righteousness: grant to all those who are admitted into the fellowship of Christ's religion, that they may reject those things that are contrary to their profession, and follow all such things as are agreeable to the same; through our Lord Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

THE LITURGY OF THE WORD

We SIT for the readings.

Genesis 12:1–4a

A reading from the book of Genesis.

Now the Lord said to Abram, 'Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed.' So Abram went, as the Lord had told him; and Lot went with him. Abram was seventy-five years old when he departed from Haran.

This is the word of the Lord.

Thanks be to God.

At 08.00, the psalm is said, while at 10.00 the choir sing the verses. We join in with the appropriate response.

Psalm 121

Peter Moger



My help comes from the Lord, the ma - ker of heav'n and earth.

R My help comes from the Lord, the maker of heaven and earth.

I lift up my eyes to the hills; from where is my help to come? My help comes from the Lord, the maker of heaven and earth. **R**

He will not let your foot be moved and he who watches over you will not fall asleep. Behold, he who keeps watch over Israel shall neither slumber nor sleep, **R**

The Lord himself watches over you; the Lord is your shade at your right hand, So that the sun shall not strike you by day, nor the moon by night. **R**

The Lord shall preserve you from all evil; it is he who shall keep you safe. The Lord shall watch over your going out and your coming in, from this time forth for evermore. **R**

Romans 4:1–5, 13–17

A reading from the letter of Paul to the Romans.

For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation. For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, ‘I have made you the father of many nations’)—in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

This is the word of the Lord.

Thanks be to God.

Gospel Reading

We STAND to greet the gospel.

David Rooke

Praise to you, — O Christ, King of e - ter - nal glo - ry.

The image shows a single line of musical notation on a five-line staff with a treble clef and a key signature of one sharp (F#). The melody consists of quarter and eighth notes. The lyrics are written below the staff, with a long horizontal line under 'you,' and hyphens under 'e - ter - nal' and 'glo - ry.' The piece ends with a double bar line.

Praise to you, O Christ, King of eternal glory.

(10.00) Praise to you, O Christ, King of eternal glory.

Compassion and forgiveness belong to the Lord our God, though we have rebelled against HIM.

Praise to you, O Christ, King of eternal glory.

The Lord be with you

And also with you.

✕ Hear the Gospel of our Lord Jesus Christ according to St John.

Glory to you, O Lord.

John 3:1–17

Now there was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, ‘Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.’ Jesus answered him, ‘Very truly, I tell you, no one can see the kingdom of God without being born from above.’ Nicodemus said to him, ‘How can anyone be born after having grown old? Can one enter a second time into the mother’s womb and be born?’ Jesus answered, ‘Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, “You must be born from above.” The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.’ Nicodemus said to him, ‘How can these things be?’ Jesus answered him, ‘Are you a teacher of Israel, and yet you do not understand these things? Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. For God so loved the world that he

gave his only Son, so that everyone who believes in him may not perish but may have eternal life. 'Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.

This is the Gospel of the Lord.

Praise to you, O Christ.

The Sermon

We SIT as the sermon is preached.

The Creed

We STAND to proclaim the Creed.

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven,

We BOW as we proclaim the Mystery of the Incarnation.

**WAS INCARNATE FROM THE HOLY SPIRIT
AND THE VIRGIN MARY AND WAS MADE MAN.**

For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of Intercession – Universal Prayers

We SIT or KNEEL for the prayers of intercession, after each petition we respond:

Lord in your mercy,
hear our prayer.

Or

Lord hear us,
Lord graciously hear us.

The intercessor may conclude the prayer for the faithful departed with;

Rest eternal grant to them O Lord
And let light perpetual shine upon them.

May they rest in peace. **Amen.**

The prayers may conclude with a collect to which all respond: **Amen.**

Or, by us saying together.

Merciful Father,
accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.

The Peace

We STAND as the Celebrant introduces the Peace:

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, who has given us access to his grace.

The peace of the Lord be always with you
And also with you.

Let us offer one another the sign of peace.

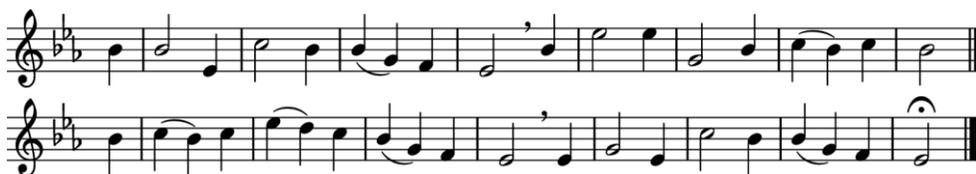
THE LITURGY OF THE EUCHARIST

The Offertory

A collection is taken at this celebration. If you don't have cash or are not part of our planned giving scheme and would like to support the ministry costs of St Thomas' please scan the QR code on the back of the chair in front of you, to be taken to the online donations page where you can easily donate to support the work of St Thomas' and complete the details allowing the reclamation of Gift Aid on your donation. At 10.00, we sing this hymn while the altar is prepared.

The Offertory Hymn

NEH 84



All It is a thing most wonderful,
Almost too wonderful to be,
That God's own Son should come from heaven,
And die to save a child like me.

And yet I know that it is true:
He chose a poor and humble lot,
And wept, and toiled, and mourned, and died
For love of those who loved him not.

But even could I see him die,
I could but see a little part
Of that great love, which, like a fire,
Is always burning in his heart.

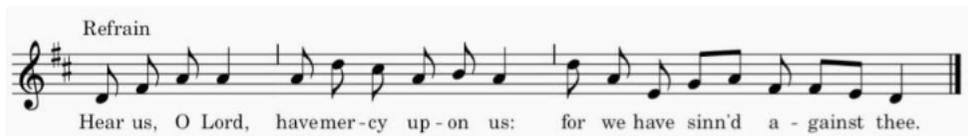
It is most wonderful to know
His love for me so free and sure;
But 'tis more wonderful to see
My love for him so faint and poor.

**And yet I want to love thee, Lord;
O light the flame within my heart,
And I will love thee more and more,
Until I see thee as thou art.**

Words: W. Walsham How (1823-97)
Music: Essex folk song arranged by R. V. W.

Lent Prose

NEH 507 v.2



Refrain

Hear us, O Lord, havemer-cy up-on us: for we have sinn'd a - gainst thee.

Choir O thou chief Corner-stone, Right Hand of the Father
Way of Salvation, Gate of Life Celestial
cleanse thou our sinful souls from all defilement. *[Refrain]*

All **Hear us, O Lord, have mercy upon us
for we have sinn'd against thee.**

The Preparation of the Altar

At 08.00 as the celebrant takes the bread and the wine, we pray;

Blessed are you, Lord God of all creation: through your goodness we have this bread to offer, which earth has given and human hands have made. It will become for us the bread of life.

Blessed be God for ever.

Blessed are you, Lord God of all creation: through your goodness we have this wine to offer, fruit of the vine and work of human hands. It will become our spiritual drink. **Blessed be God for ever.**

At 10.00, we STAND to be censed, at 8.00 we STAND as the Priest says;

Pray, my brothers and sisters, that this my sacrifice and yours may be acceptable to God the almighty Father.

May the Lord accept the sacrifice at your hands, for the praise and glory of his name, for our good, and the good of all his Church.

May this sacrifice, O Lord, we pray, cleanse us of our faults and sanctify your faithful in body and mind for the celebration of the paschal festivities. Through Christ our Lord. **Amen.**

The Preface

The Lord be with you
and also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give him thanks and praise.

It is indeed right and good to give you thanks and praise,
almighty God and everlasting Father,
through Jesus Christ your Son.

For in these forty days
you lead us into the desert of repentance
that through a pilgrimage of prayer and discipline
we may grow in grace and learn to be your people once again.

Through fasting, prayer and acts of service
you bring us back to your generous heart.
Through study of your holy word
you open our eyes to your presence in the world
and free our hands to welcome others
into the radiant splendour of your love.

As we prepare to celebrate the Easter feast
with joyful hearts and minds
we bless you for your mercy and join with saints and angels
for ever praising you and saying:
and join their unending song of praise:

We remain STANDING as we say/sing the Sanctus and the Benedictus:

Repeat each line after choir

Ho - ly, ho - ly, ho - ly Lord:
God of power and God of might.
Heaven and earth are full of thy glo - ry,
Ho - sa - na in the high - est.
Bless - ed is he who comes
in the name of the Lord most high.
Ho - san - - na,
Ho - san - - na,
ho - san - na in the high - est.

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest.

✕ Blessed is he who comes in the name of the Lord. Hosanna in the highest.

We KNEEL after the Sanctus and Benedictus.

Lord, you are holy indeed, the source of all holiness; grant that by the power of your Holy Spirit, and according to your holy will, these gifts of bread and wine may be to us the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed, took bread and gave you thanks; he broke it and gave it to his disciples, saying:

Take, eat; this is my body which is given for you;
do this in remembrance of me. ✠

In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying:

Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me. ✠

After the consecration, the following acclamation is said/sung:

Let us proclaim the mystery of faith:

Christ has died:

Christ is risen:

Christ will come again.

And so, Father, calling to mind his death on the cross, his perfect sacrifice made once for the sins of the whole world; rejoicing in his mighty resurrection and glorious ascension, and looking for his coming in glory, we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving, we bring before you this bread and this cup and we thank you for counting us worthy to stand in your presence and serve you.

Send the Holy Spirit on your people and gather into one in your kingdom all who share this one bread and one cup, so that we, in the company of the Blessed Virgin Mary, St Joseph her spouse, St Thomas of Canterbury and all the saints, may praise and glorify you for ever, through Jesus Christ our Lord;

by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory be yours, almighty Father, for ever and ever. **Amen.**

COMMUNION RITE

As our Saviour taught and commanded us we are bold to say:

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.

We break this bread to share in the body of Christ.

**Though we are many, we are one body,
because we all share in one bread.**

We sing the Agnus Dei:

**Lamb of God, you take away the sins of the world,
have mercy on us.**

**Lamb of God, you take away the sins of the world,
have mercy on us.**

**Lamb of God, you take away the sins of the world,
grant us peace.**

The Celebrant invites the people to communion.

Behold the Lamb of God who takes away the sin of the world. Blessed are those who are called to his supper.

**Lord, I am not worthy to receive you, but only say the word,
and I shall be healed.**

*Please follow the direction of the celebrant and sidespersons to come forward and receive communion. Those who are confirmed are welcome to make their communion at our celebration today. Otherwise, please come forward for a blessing with your hands crossed across your chest. We have returned to receiving communion in both kinds. The response after receiving a blessing is **Amen.***

Anthem

The Choir sings – ‘God so loved the world– by Sir John Stainer (1840–1901)

We SIT or KNEEL to sing the following hymn.

Communion Hymn

NEH 272



**All All for Jesus! all for Jesus!
This our song shall ever be;
For we have not hope nor Saviour
If we have not hope in thee.**

**All for Jesus! thou wilt give us
Strength to serve thee hour by hour:
None can move us from thy presence
While we trust thy love and power.**

**All for Jesus! at thine altar
Thou dost give us sweet content;
There, dear Saviour, we receive thee
In thy holy sacrament.**

**All for Jesus! thou hast loved us,
All for Jesus! thou hast died,
All for Jesus! thou art with us,
All for Jesus, glorified!**

**All for Jesus! All for Jesus!
This the Church's song shall be,
Till at last the flock is gathered
One in love, and one in thee.**

Words: W. J. Sparrow-Simpson (1859-1952)

Music: John Stainer (1840-1901)

Act of Spiritual Communion

My Jesus, I believe that you are present in the Most Blessed Sacrament. I love you above all things, and I desire to receive you into my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there, and I unite myself wholly to you. Never permit me to be separated from you. **Amen.**

St Alphonsus Liguori

Post Communion

We STAND as the priest leads the post-communion prayers:

Almighty God, you see that we have no power of ourselves to help ourselves: keep us both outwardly in our bodies, and inwardly in our souls; that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord. **Amen.**

Father of all, we give you thanks and praise, that when we were still far off you met us in your Son and brought us home. Dying and living, he declared your love, gave us grace, and opened the gate of glory. May we who share Christ's body live his risen life; we who drink his cup bring life to others; we whom the Spirit lights give light to the world. Keep us firm in the hope you have set before us, so we and all your children shall be free, and the whole earth live to praise your name; through Christ our Lord. Amen.

Banns and Notices

We SIT while any Banns of Marriage are published and brief notices are given out. We STAND for the final blessing and dismissal.

Blessing and dismissal

The Lord be with you.

And also with you.

Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow him; and the blessing of God almighty, the Father, ☩ the Son, and the Holy Spirit, be among you and remain with you always.

Amen.

The Mass is ended, go in the peace of Christ,

Thanks be to God.

The Angelus

At 08.00, the sacred ministers leave in silence. At the 10.00, the sacred ministers gather before the image of Our Lady for the Angelus.

The Angel of the Lord brought tidings to Mary,

And she conceived by the Holy Spirit.

Hail Mary, full of grace, the Lord is with thee; Blessed art thou among women and blessed is the fruit of thy womb Jesus

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

Behold the handmaid of the Lord.

Be it unto me according to thy Word.

Hail Mary, full of grace, the Lord is with thee; Blessed art thou among women and blessed is the fruit of thy womb Jesus

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

And the Word was made flesh,
And dwelt among us.

Hail Mary, full of grace, the Lord is with thee; Blessed art thou among women and blessed is the fruit of thy womb Jesus
Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

Pray for us, O holy Mother of God.
That we may be made worthy of the promises of Christ.

Let us pray:

We beseech thee, O Lord, pour thy grace into our hearts; that as we have known the Incarnation of thy Son, Jesus Christ, by the message of an angel, so by his ✠ Cross and Passion we may be brought to the glory of his resurrection; through the same Jesus Christ our Lord. **Amen.**

The sacred ministers then leave during the final hymn.

Recessional Hymn

NEH 485



**All Thy hand, O God, has guided
Thy flock, from age to age;
The wondrous tale is written,
Full clear, on every page;
Our fathers owned thy goodness,
And we their deeds record;
And both of this bear witness,
One Church, one Faith, one Lord.**

**Thy heralds brought glad tidings
To greatest, as to least;
They bade men rise, and hasten
To share the great King's feast;
And this was all their teaching,
In every deed and word,
To all alike proclaiming
One Church, one Faith, one Lord.**

**Through many a day of darkness,
Through many a scene of strife,
The faithful few fought bravely
To guard the nation's life.
Their gospel of redemption,
Sin pardoned, man restored,
Was all in this enfolded,
One Church, one Faith, one Lord.**

**And we, shall we be faithless?
Shall hearts fail, hands hang down?
Shall we evade the conflict,
And cast away our crown?
Not so: in God's deep counsels
Some better thing is stored;
We will maintain, unflinching,
One church, one Faith, one Lord.**

**Thy mercy will not fail us,
Nor leave thy work undone;
With thy right hand to help us,
The victory shall be won;
And then, by men and angels,
Thy name shall be adored,
And this shall be their anthem,
One Church, one Faith, one Lord.**

Words: Edward Plumptre (1821-91)

Music: Basil Harwood (1869-1949)

*A warm invitation is extended to all to stay for refreshments
after the 10.00 Sung Mass. Please make your way through into the hall
following the directions of the sidespersons.*

Private Devotions during Communion or after Mass

We do not presume to come to this thy table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy table. But thou art the same Lord, whose property is always to have mercy: grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. Amen.

From the Book of Common Prayer

ALMIGHTY God, Father of all mercies, we thine unworthy servants do give thee most humble and hearty thanks for all thy goodness and loving-kindness to us and to all men; [*particularly to those who desire now to offer up their praises and thanksgivings for thy late mercies vouchsafed unto them.] We bless thee for our creation, preservation, and all the blessings of this life; but above all for thine inestimable love in the redemption of the world by our Lord Jesus Christ, for the means of grace, and for the hope of glory. And we beseech thee, give us that due sense of all thy mercies, that our hearts may be unfeignedly thankful, and that we shew forth thy praise, not only with our lips, but in our lives; by giving up ourselves to thy service, and by walking before thee in holiness and righteousness all our days; through Jesus Christ our Lord, to whom with thee and the Holy Ghost be all honour and glory, world without end. Amen.

**This to be said when any that have been prayed for desire to return praise.*

From the Book of Common Prayer

Soul of Christ, sanctify me
body of Christ, save me
blood of Christ, inebriate me
water from Christ's side, wash me
passion of Christ, strengthen me.

O good Jesus, hear me
within thy wounds hide me.
Suffer me not to be separated from thee.
From the malicious enemy defend me.
In the hour of my death call me and bid me come unto thee that I may
praise thee with thy saints and with thy angels forever and ever. Amen

Hail holy Queen, Mother of Mercy, our life, our sweetness and our hope!
To thee do we cry, poor banished children of Eve; to thee do we send up
our sighs, mourning and weeping in this vale of tears. Turn then, O most
gracious advocate, thine eyes of mercy towards us, and after this our exile,
show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O
sweet Virgin Mary.

The Salve Regina