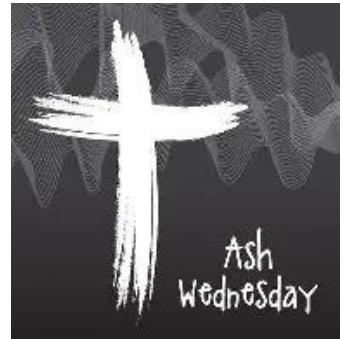




Newsletter

15 & 22 February 2026



Transfiguration 15 February

Ash Wednesday 18 February

Services for Sunday 15 February 2026 1 before Lent: Transfiguration

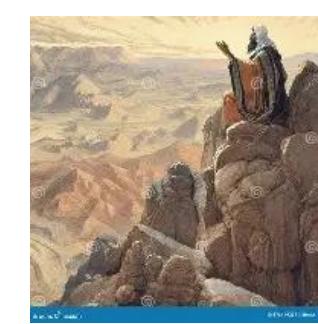
St Paul's 10am **All Age Worship** lead and preach Anthea Darlington

St Andrew's 11am **Holy Communion** preside and preach Rev Hilary Shedlock

Services for Sunday 22 February 2026 Lent 1

St Paul's 10am **Holy Communion** preach and preside Rev Mike Dyson

St Andrew's 11am **Thinking Day service with the uniformed organisations** lead and preach Rev Avis Gordon and Debs Smith



Readings for Sun 15 February

Exodus 24: 12-end(1) Moses on Mt Sinai

Matthew 17: 1-9 (2) The Transfiguration

Readings for Sun 22 February

Gen 2:15-17,3:1-7(3) The first sin and its punishment

Matt 4: 1-11 (4) Temptation of Jesus

Wed 18 Feb: Psalm 51: 1-18; Matt 6: 1-6,16-21; Wed 25 Feb: Psalm 77 Luke 11:29-32

Lent



The season of **Lent** begins this week on **Ash Wednesday**. Symbols of Lent include palm branches, ashes, the colour purple, the cross and the bread and wine. Here are some meaningful things to do during Lent.

- Aim to read the Bible every day
- Use the Parish Prayer Diary to pray for people and events
- Pray before starting something- work, cleaning, paperwork, having a rest
- Aim, if you can, to attend the Lent Course- important to do something together
- Put significant services in your diary (Ash Wednesday with Lisa Battye, Maundy Thursday evening meal and communion; Good Friday Walk of Witness and Reflection)
- Start a gratitude journal... write one line each day about something you are grateful for
- Take on doing something for 40 days- read a whole book, be selective about TV watching

