



Stop and Stare

A Reflective Lent Group

This Lent you are warmly invited to slow down, pause and reflect.

Stop and Stare is a gentle, prayerful course, about
finding ourselves in God

as we take time to notice, reflect, and be still in God's presence.

When and Where

Wednesdays, starting 25th February

Time: 7.00 - 8.00 pm

Venue: In the Church

Each session last one hour and is followed by a light supper

Course Sessions

Week 1 Full of Care? In our busyness and worries, how can we find God-given peace?

Week 2 No Time? Reflecting on our attitude towards time

Week 3 Streams Full of Stars: What truly matters in our daily lives?

Week 4 Nature's Dance :Where do we notice the beauty of God's creation?

Week 5 Stand and Stare: Being Still and recognising the presence of God

Sign up

Everyone is welcome, but please sign up in advance.

Email vicar@stmichaelew.co.uk or scan here to register



Come as you are. Take time to stop. Take time to stare.
Let Lent be a season of deeper awareness of God