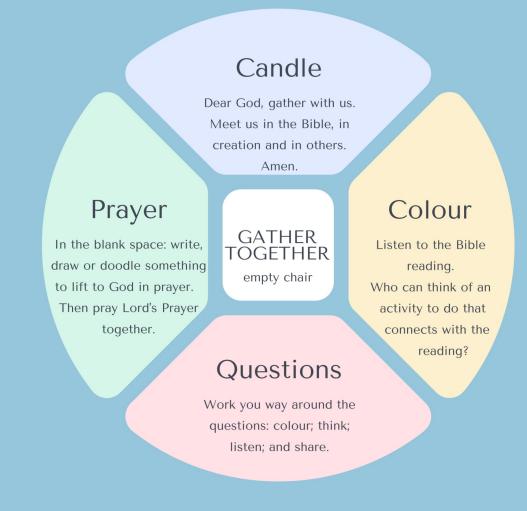
Whether you manage 5 minutes or 1 hour, it's time focussed on God at home

# Home Church Sunday

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil.
For thine is the kingdom, the power and the glory, for ever and ever.
Amen

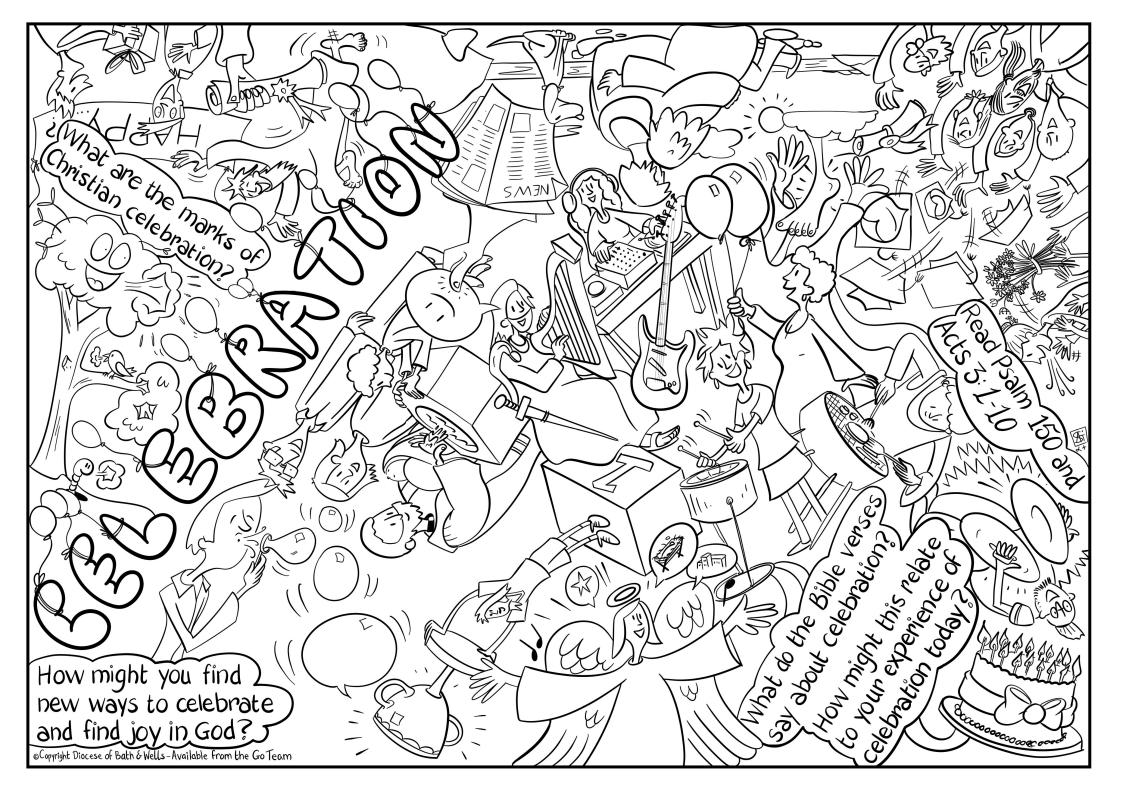




Chat Mat

## Indoors at Home or 'Out and About' - with family or a group of friends.

- Use this simple template with the Chat Mat.
- Use the 'Out and About' resource sheet.



### **Out and about**

- Plan a green field walk. Before going for your walk read Luke 2:8-18
- Go out for your walk.
- Remember to walk slowly and to take time to stop and look, really look at what ever captures your attention.
- Find a place to stop, looking across a green field, one with sheep would be great but any green pasture will do. Just stare across it for a while, looking for details to note.
- ♦ Then, as you look across the green field, let your mind wander. Think back to the reading and consider what comes to mind.
- As you continue to walk, pray about what's on your mind.
- Pray the Lord's Prayer together to end your Home Church.

#### Luke 2:8-18

<sup>8</sup> There were shepherds living out in the fields nearby. It was night, and they were taking care of their sheep. <sup>9</sup> An angel of the Lord appeared to them. And the glory of

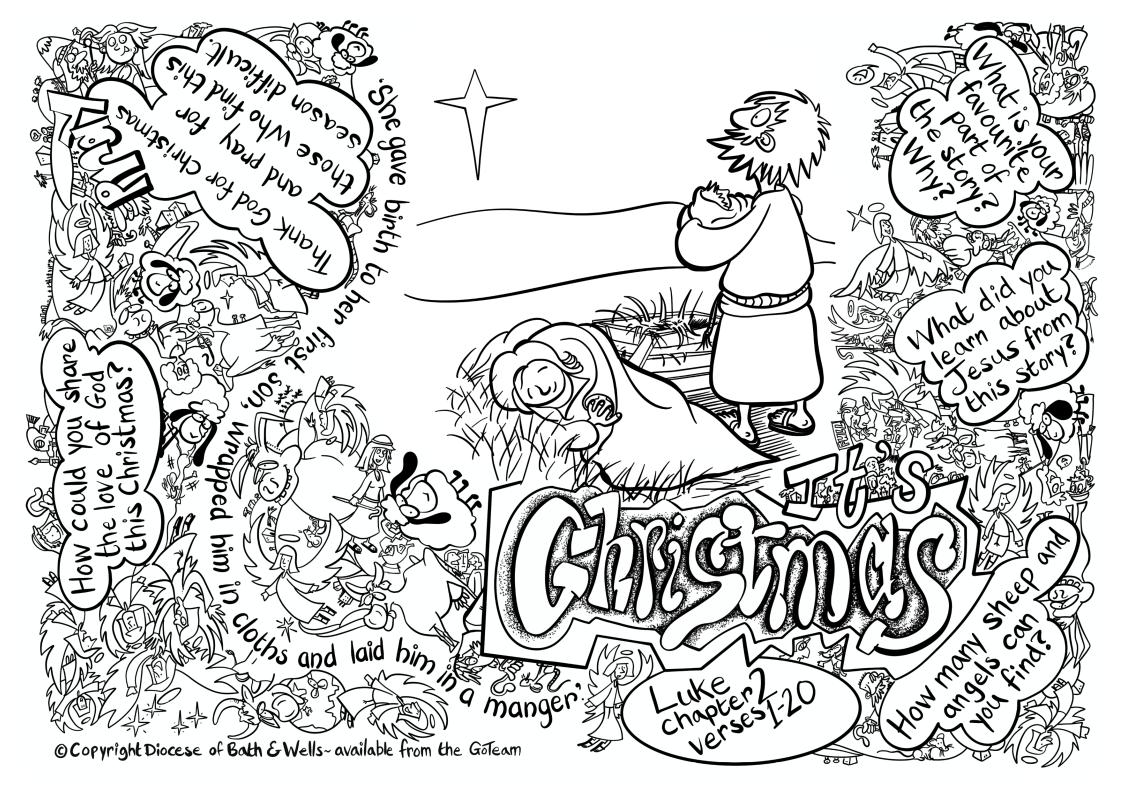
the Lord shone around them. They were terrified. <sup>10</sup> But the angel said to them, "Do not be afraid. I bring you good news. It will bring great joy for all the people. <sup>11</sup> Today in the town of David a Savior has been born to you. He is the Messiah, the Lord. <sup>12</sup> Here is how you will know I am telling you the truth. You will find a baby wrapped in strips of cloth and lying in a manger."



<sup>&</sup>lt;sup>13</sup> Suddenly a large group of angels from heaven also appeared. They were praising God. They said,

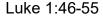
<sup>&</sup>lt;sup>14</sup> "May glory be given to God in the highest heaven! And may peace be given to those he is pleased with on earth!"

<sup>&</sup>lt;sup>15</sup> The angels left and went into heaven. Then the shepherds said to one another, "Let's go to Bethlehem. Let's see this thing that has happened, which the Lord has told us about." <sup>16</sup> So they hurried off and found Mary and Joseph and the baby. The baby was lying in the manger. <sup>17</sup> After the shepherds had seen him, they told everyone. They reported what the angel had said about this child. <sup>18</sup> All who heard it were amazed at what the shepherds said to them.



### **Out and about**

- This time, you need to plan a river walk. Before going for your walk read Luke
   1:46-55
- Go out for your walk.
- Remember to walk slowly and to take time to stop and look, really look at what ever captures your attention.
- Find a place to stop by a flowing stream or river and just watch it for a while, looking for details to note.
- As you look upon the flowing water, let your mind wander. Think back to the reading and consider what comes to mind.
- As you continue to walk, pray about what's on your mind.
- Pray the Lord's Prayer together to end your Home Church.



<sup>&</sup>lt;sup>46</sup> And Mary said, 'My soul magnifies the Lord,

Surely, from now on all generations will call me blessed; <sup>49</sup> for the Mighty One has done great things for me, and holy is his name. <sup>50</sup> His mercy is for those who fear him from generation to generation.

<sup>55</sup> according to the promise he made to our ancestors, to Abraham and to his descendants for ever.'



<sup>&</sup>lt;sup>47</sup> and my spirit rejoices in God my Saviour, <sup>48</sup> for he has looked with favour on the lowliness of his servant.

<sup>&</sup>lt;sup>51</sup> He has shown strength with his arm; he has scattered the proud in the thoughts of their hearts.

<sup>&</sup>lt;sup>52</sup> He has brought down the powerful from their thrones, and lifted up the lowly; <sup>53</sup> he has filled the hungry with good things, and sent the rich away empty. <sup>54</sup> He has helped his servant Israel, in remembrance of his mercy,