

Sacred Encounter - New Beginnings



1pm, Saturday 10 January 2026

Join us in a sacred encounter

Immerse yourself in nature, celebrate, give thanks and gather as community in the beautiful surroundings of Rydal Hall.

The beginning of the year is a time to look forward - a time of resolution to change. It is also the season of winter with its attendant cold, darkness and testing. This encounter will look at how nature re-invigorates and reforms, helping us to think about those things that we might need to renew, re-imagine or rethink.

We will also gather as community in the sharing of food and conversation in the convivial (and warm!) environs of Rydal Hall. The Sacred Encounter is preceded by an opportunity to soak in nature through a walk, run, cycle or swim; or creative writing, reading or art.

What do I need

Please bring food to share for a Jacob's Join lunch.

Meeting Point

Rydal Hall Café entrance. NY
36594 06368. ///
fired.spring.stiletto

Contact

info@beyondtheview.org.uk

About Sacred Encounters

Sacred Encounters are monthly gatherings to celebrate and reflect on the sacred wonder, beauty and awe to be found in nature as a community of friends. Each encounter embodies a Christian principle that enhances and sustains life in the everyday. Sacred Encounters are open to people of all faiths or none, whilst being informed by the Christian faith. It is an initiative of [Beyond The View](#).

What should I expect?

Each event starts and finishes with a blessing, focusing on a theme such as hope, forgiveness, new life or bringing light to a dark world. We embody these themes through simple practices that connect us with each other and the sacred heart of nature. Our aim is to deepen these connections and our understanding of God by creating a contemplative space in the fells and woods surrounding Rydal. The exact content of each Sacred Encounter will vary, but common elements include the sharing of food around a campfire, some form of symbolic practice, as well as curated times of conversation and discussion. Please read our [FAQs](#) before coming.



For reflection:

Imagine new beginnings of life in the darkness of the soil. Imagine the green shoots of Spring where all is now bare. Notice the nip of winter as a stimulus. Look for the beauty in the harshness. What new beginnings have emerged from dark or cold periods of your life? What might need to be composted for future growth? Where is God in the bitterness and testing of winter?