Sacred Encounter - Sanctuary



1pm, Saturday 14 February 2026

Join us in a sacred encounter

Immerse yourself in nature, celebrate, give thanks and gather as community in the beautiful surroundings of Rydal Hall.

In winter, nature can be raw and challenging. In such times, we seek shelter and warmth – a place of calm in the face of the storm. This encounter is all about drawing on the raw beauty and solace of Rydal, whilst retreating to a refuge of warmth and acceptance. In doing so, we not only equip ourselves to face the world outside, but carry a blessing which we can cascade onwards.

We will also gather as community in the sharing of food and conversation in the convivial (and warm!) environs of Rydal Hall. The Sacred Encounter is preceded by an opportunity to soak in nature through a walk, run, cycle or swim; or creative writing, reading or art.

What do I need

Please bring food to share for a Jacob's Join lunch.

Meeting Point

Rydal Hall Café entrance. NY 36594 06368. /// fired.spring.stiletto

Contact

info@beyondtheview.org.uk





About Sacred Encounters

Sacred Encounters are monthly gatherings to celebrate and reflect on the sacred wonder, beauty and awe to be found in nature as a community of friends. Each encounter embodies a Christian principle that enhances and sustains life in the everyday. Sacred Encounters are open to people of all faiths or none, whilst being informed by the Christian faith. It is an initiative of <u>Beyond The View</u>.

What should I expect?

Each event starts and finishes with a blessing, focusing on a theme such as hope, forgiveness, new life or bringing light to a dark world. We embody these themes through simple practices that connect us with each other and the sacred heart of nature. Our aim is to deepen these connections and our understanding of God by creating a contemplative space in the fells and woods surrounding Rydal. The exact content of each Sacred Encounter will vary, but common elements include the sharing of food, some form of symbolic practice, as well as curated times of conversation and discussion. Please read our <u>FAQs</u> before coming.



For reflection:

- What makes nature a sanctuary for you?
- Do you feel a sense of 'worship' (defined as a desire to express a deepfelt thanks and praise) in nature, and if so, how might you manifest this?
- What is holiness for you?



