

Quiet Space

Explore your spiritual life together with others in a contemplative, relaxed and friendly setting. All are welcome and each of us has something to contribute. Different people take turns in leading us through varying themes.

**Tuesday the 4th of November 2025:
Grief and Compassion - in the season of All Souls and Remembrance**

**Tuesday the 2nd of December 2025:
Compassionate Self Awareness through Embodied Prayer.**

**Tuesday 6th of January 2026:
Gold, myrrh and frankincense – Epiphany with Godly Play**

Time 11.00-12.00

Place: St Augustine's Church



For more information contact: vicar@staugustinewhitton.com

