

LewCAS foodbank is now helping over 40 families from various countries around the world suffering from conflict, and we are hugely grateful for all your help

THE MAIN ITEMS WE NEED ARE:
-EASY COOK RICE, PASTA, RED LENTILS
-TUNA, SARDINES, CORNED BEEF
-TINNED TOMATOES, BEANS, SWEETCORN
-TEA, COFFEE, SUGAR, OIL, FLOUR
-SOAP AND TOILET ROLLS

A BIG THANK YOU!

Please drop off or arrange for a collection: St John's Church, Lewisham Way SE8 4EA on Tuesday mornings between 9am-12pm