

Wednesday Bible Study Plan – Autumn 2025 (amended)

Following on from our study of Matthew 5:1-12, we will explore the rest of Jesus’ teaching in ‘the sermon on the mount’,
Matthew chapters 5 to 7.

Date	Passage	Theme	Lead	Notes
17 Sep	Matthew 5:13-16 and Matthew 5:17-20	Being like salt and light - making a difference in the world. Jesus relationship to the Old Testament law – fulfilment.	John	
24 Sep	Matthew 5: 21-32	“You have heard it said... but I say to you ...” Restoring God’s intention in the laws about anger, adultery and divorce.	John	(Nick not available)
1 Oct	Matthew 5: 33-48	“You have heard it said... but I say to you ...” Restoring God’s intention in the laws about speaking truthfully, revenge, and enemies.	John	
8 Oct	Matthew 6: 1-18	Freedom from hypocrisy – secret spirituality	John	
15 Oct	Matthew 6: 9-15	Freedom from striving – praying to the Father	John	
22 Oct	Matthew 6: 19- 34	Freedom from materialism & anxiety – simple trust	John	Nick away
29 Oct	Matthew 7: 1-12	Right relationships – with other people and with God	John	
5 Nov	Matthew 7: 13-28	Important choices – Which way? Who to believe? Who to obey?	John	

A typical session could look like this:

10:45	Arrivals / make drinks.
11:00	Welcome and opening prayer
11:05	Share highs & lows of the week
11:10	Set the scene – share something which relates to the theme e.g. something in news / a picture or photo / a short real-life story
11:15	Read the bible passage
11:20	Discussion
11:50	Round up - what will be your take-away from today?
11:55	Closing prayer
12:00	Finish

Useful resources to help with preparation:

The Bible Project video - [Introduction to the Sermon on the Mount](#) ... this sets the scene really well

The Bible Project video - [Matthew 5 - 7 Sermon Overview](#) ... this helps see the overall structure of the sermon on the mount.

Book: Rob Warner, The Sermon on the Mount (very readable)

Book: Tom Wright, Matthew for Everyone part 1 (very readable)