



...is being busy for Jesus doing good things?...a good thing?

1

A prayer as we begin Hello dear God our Lord Jesus Christ

The noise around us- the news we hear – the visions we witness there seems a never-ending sense of unease and unrest. Let us have a moment to have the presence of the Lord.

Lord teach us to silence our own beating minds that we may let the Holy Spirit in and feel your presence in the depths of our being.

.....**Amen.**

2

Bless the Lord oh my soul

- ❖ **Teach us to pause, and reflect**
- ❖ On text before us, and on what we see
- ❖ **Cleanse our soul with strong belief, to steer our feelings and thinking**
- ❖ As we pause to reflect, may our actions be in faith
- ❖ **May our actions be proudly Christian**

Bless the Lord oh my soul

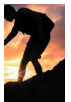
.....**Amen.**

3

Lord, we pray that You would make Your presence known in our life, giving us tangible sense of Your nearness, even when we struggle to feel it.

Lord, as I walk through this day, lead me into Your presence and unfailing love. Open my soul to become more aware of Your presence throughout the day, and help me trust that You are with me, even when I struggle to feel so.

Amen



4

For I desire mercy, not sacrifice,

and acknowledgment of God rather than burnt offerings (Hosea 6.6)

Bless the Lord Oh my soul – We call upon the Holy Spirit to guide and help us

Amen.

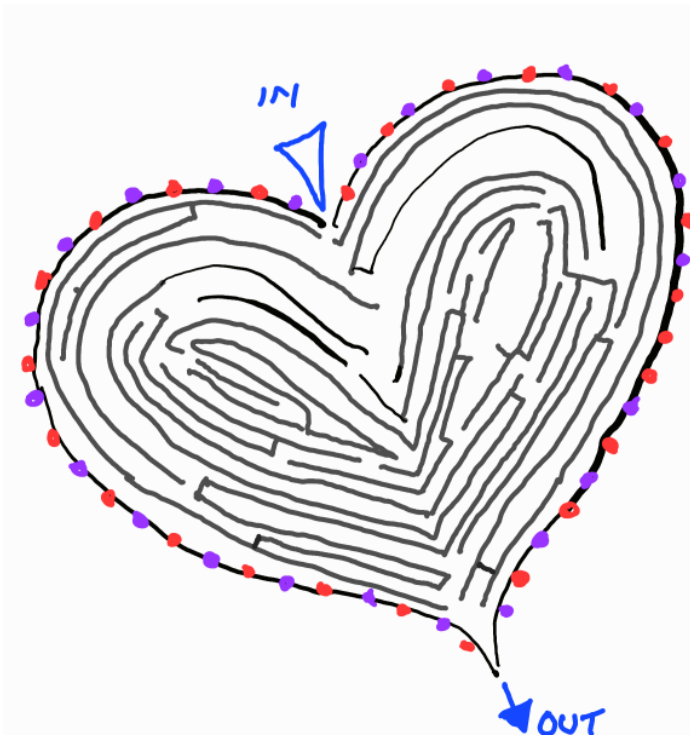
**peace,
love
& joy**



Jesus Christ and Holy Spirit and Father God: the words we use to call our Lord; Our spiritual creator and life giver. When we recognise the Lords Glory through Faith, we are free.



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5

**Eternal Spirit, Earth-maker, Pain Bearer, Life-Giver,
Source of all that is and that shall be.**

**Father and Mother of us all,
Loving God, in whom is heaven:**

The hallowing of your name echo through the universe!

The way of your justice be followed by the peoples of the world!

Your heavenly will be done by all created beings!

Your commonwealth of peace and freedom sustain our hope and come on earth.

With the bread we need for today, feed us.

In the hurts we absorb from one another, forgive us.

In times of temptation and test, strengthen us.

From trials too great to endure, spare us.

From the grip of all that is evil, free us.

For your reign in the glory of the power that is love, now and forever.

Amen.



6

May God's blessing be upon you now,

May you know of his great love for you.

May God's blessing be upon you now, right where you are.

7, May the presence and peace of the Lord Jesus Christ go with us all, may through Jesus Christ name we are guided through the wilderness and protected through the storms. May Gods will bring us freedom from our stresses and failures. May we pray each morning and evening to turn to God in all we do.