



Trinity 4 Year A 2020

Introduction: *'Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest.'*

Hymn: All creatures of our God and King

Gathering

We meet in the presence of the Living God who is, Father, Son, and Holy Spirit.

Amen.

Prayer

Gracious Father,
by the obedience of Jesus
you brought salvation to our wayward world:
draw us into harmony with your will,
that we may find all things restored in him,
our Saviour Jesus Christ. **Amen.**

Reading: Matthew 11.16-19, 25-30

“But to what will I compare this generation? It is like children sitting in the marketplaces and calling to one another, ‘We played the flute for you, and you did not dance; we wailed, and you did not mourn.’ For John came neither eating nor drinking, and they say, ‘He has a demon’; the Son of Man came eating and drinking, and they say, ‘Look, a glutton and a drunkard, a friend of tax collectors and sinners!’ Yet wisdom is vindicated by her deeds.”

At that time Jesus said, “I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. “Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.”

Reflection

Anthem: O God of hope and Lord of healing

Intercessions

The Lord's Prayer

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever. **Amen.**

The Peace

Christ is our peace.
He has reconciled us to God
in one body by the cross.
We meet in his name and share his peace.

The Peace of the Lord be always with you
And also with you.

Confession

Lord forgive us when we put our own needs first.

Jesus, lead us into life.

Lord forgive us when we choose to do wrong.

Jesus, lead us into life.

Lord, forgive us when we treat others badly

Jesus, lead us into life.

Lord, forgive us when we do nothing as others are treated badly or are in need.

Jesus, lead us into life.

Lord, set us free from sin, and teach us to serve you.

Jesus, lead us into life.

Almighty God,
who forgives all who truly repent,
have mercy upon *you*,
pardon and deliver *you* from all *your* sins,
confirm and strengthen *you* in all goodness,
and keep *you* in life eternal;
through Jesus Christ our Lord. **Amen.**

Act of Spiritual Communion

Thanks be to you, Lord Jesus Christ, for all the benefits you have given me, for all the pains and insults you have borne for me. Since I cannot now receive you sacramentally, I ask you to come spiritually into my heart. O most merciful redeemer, friend and brother, may I know you more clearly, love you more dearly, and follow you more nearly, day by day. **Amen.**

Conclusion

The peace of God, which passes all understanding,
keep our hearts and minds in the knowledge and love of God,
and of his son Jesus Christ our Lord;
and the blessing of god Almighty,
the Father, the Son and the Holy Spirit,
be among you and remain with you always. **Amen**

Hymn: The Spirit lives to set us free

All creatures of our God and King

All creatures of our God and King
lift up your voice and with us sing,
Alleluia, alleluia.

Thou burning sun with golden beam,
thou silver moon with softer gleam,

*O praise him, O praise him,
alleluia, alleluia, alleluia.*

Thou rushing wind that art so strong,
ye clouds that sail in heaven along,
O praise him, alleluia.

Thou rising morn, in praise rejoice,
ye lights of evening, find a voice;

Chorus

Thou flowing water, pure and clear,
make music for thy Lord to hear,
Alleluia, alleluia.

Thou fire so masterful and bright,
that givest us both warmth and light:

Chorus

Let all things their creator bless,
and worship him in humbleness;
O praise him, alleluia.

Praise, praise the Father, praise the Son,
and praise the Spirit, Three in One;

Chorus

William Henry Draper (1855-1933)

based on Laudato sii, O me signore St Francis of Assisi's Canticle of the Sun

O God of hope and Lord of healing

*O God of hope and Lord of healing, we come to you in prayer.
In our living and our dying, you promise to be there.*

For the weak we ask your courage, and your patience for the strong;
stay with those whose pain is sharpest and those enduring long.

Refrain

O provide for all the weary your precious gift of sleep;
with the glad let us be joyful, and weep with those who weep.

Refrain

By the grace of your forgiveness, by virtue of your word,
by the sacrament which brings us the comfort of our Lord.

Refrain

By the life he freely gave us, and the cross to which he came,
by the glory of his kingdom, the power of his name:

Come to meet your praying people, be with us as we kneel;
come to help us, God our Saviour, for you alone can heal.

Refrain

The Spirit lives to set us free

The Spirit lives to set us free,
walk, walk in the light.
He binds us all in unity,
walk, walk in the light.

*Walk in the light, walk in the light,
walk in the light, walk in the light of the Lord*

Jesus promised life to all,
walk, walk in the light.
The dead were wakened by his call,
walk, walk in the light.

Chorus

By Jesus' love our wounds are healed,
walk, walk in the light.
The Father's kindness is revealed,
walk, walk in the light.

Chorus

The Spirit lives in you and me,
walk, walk in the light.
His light will shine for all to see,
walk, walk in the light.

Chorus