

## MAKING A SPIRITUAL COMMUNION

*A time of silent prayer where these words may be helpful.*

*Jesus said, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.'*

*Thanks be to you, Lord Jesus Christ, for all the benefits you have given me, for all the pains and insults you have borne for me. Since I cannot now receive you sacramentally, I ask you to come spiritually into my heart. O most merciful redeemer, friend and brother, may I know you more clearly, love you more dearly, and follow you more nearly, day by day. Amen.*

## RESPONDING TO THE GIFT OF COMMUNION

**Living God,  
your Son made himself known to his disciples  
in the breaking of bread:  
open the eyes of our faith,  
that we may see him in all his redeeming work;  
who is alive and reigns, now and for ever.**

## GOING OUT TO SHARE GOD'S LOVE

## BLESSING

Go in the peace of Christ. Alleluia, Alleluia.  
**Thanks be to God. Alleluia, Alleluia.**

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## ST MARY'S PLATT HOLY COMMUNION



## GATHERING TOGETHER

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

Alleluia Christ is risen. **He is risen indeed. Alleluia.**

There is one body and one spirit.

**There is one hope to which we were called;**  
one Lord, one faith, one baptism,  
**one God and Father of all.**

Alleluia. Christ is risen. **He is risen indeed. Alleluia!**

## OPENING PRAYER

### ASKING FOR GOD'S FORGIVENESS

Like Mary at the empty tomb, we fail to grasp the wonder of your presence...

Lord have mercy. **Lord have mercy.**

Like the disciples behind locked doors we are afraid to be seen as your followers...

Christ, have mercy. **Christ have mercy.**

Like Thomas in the upper room, we are slow to believe...

Lord, have mercy. **Lord have mercy.**

*We are assured of God's forgiveness...*

## LISTENING FOR GOD'S WORD

*Readings are shared, ending...*

**Thanks be to God and then Praise to you O Christ**

## RESPONDING TO GOD'S WORD

### ADDRESS

#### WE SHARE OUR FAITH

**We believe in God the Father, from whom every family in heaven and on earth is named.**

**We believe in God the Son, who lives in our hearts through faith, and fills us with his love.**

**We believe in God the Holy Spirit, who strengthens us with power from on high.**

**We believe in one God; Father, Son and Holy Spirit.**

**Amen**

### PRAYERS OF INTERCESSION

Lord, in your mercy, **hear our prayer.**

Merciful Father, **accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.**

### SHARING GOD'S PEACE

*An introduction ends...* The peace of the Lord be always with you **and also with you.**

### SHARING IN COMMUNION

The Lord be with you **and also with you.**

Lift up your hearts. **We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

*We praise God for his mighty acts ending with*

*... for ever praising you and saying:*

**Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory.**

**Hosanna in the highest.**

*We recall the Last Supper ending...* Great is the mystery of faith:

**Christ has died: Christ is risen: Christ will come again.**

*We offer ourselves, ending ...* in songs of everlasting praise:

**Blessing and honour and glory and power**

**be yours for ever and ever. Amen.**

THE LORD'S PRAYER... As our Saviour taught us, so we pray:

**Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those who sin against us.**

**Lead us not into temptation but deliver us from evil.**

**For the kingdom, the power, and the glory are yours now and for ever. Amen.**

### BREAKING OF THE BREAD

We break the bread of life, and that life is the light of the world.

**God here among us, light in the midst of us, bring us to light and life.**

### GIVING OF COMMUNION

Alleluia. Christ our passover is sacrificed for us.

**Therefore let us keep the feast. Alleluia.**