**Morning Prayer during Lent**

**Preparation**

O Lord, open our lips  
**and our mouth shall proclaim your praise.**

Hear our voice, O Lord, according to your faithful love,  
**according to your judgement give us life.**

**Prayer of Thanksgiving**

Blessed are you, God of compassion and mercy, to you be praise and glory for ever. In the darkness of our sin, your light breaks forth like the dawn and your healing springs up for deliverance. As we rejoice in the gift of your saving help, sustain us with your bountiful Spirit and open our lips to sing your praise.  
Blessed be God, Father, Son and Holy Spirit.

**Blessed be God for ever.**

**A Song of Penitence**

1Have mercy on me, O God, in your great goodness; *♦*

according to the abundance of your compassion blot out my offences.

2Wash me thoroughly from my wickedness *♦* and cleanse me from my sin.

3For I acknowledge my faults *♦* and my sin is ever before me.

4Against you only have I sinned *♦* and done what is evil in your sight,

5So that you are justified in your sentence *♦* and righteous in your judgement.

6Cast me not away from your presence *♦* and take not your holy spirit from me.

7Give me again the joy of your salvation *♦* and sustain me with your gracious spirit;

8Then shall I teach your ways to the wicked *♦* and sinners shall return to you.

9Deliver me from my guilt, O God, the God of my salvation, *♦*

and my tongue shall sing of your righteousness. *Psalm 51.1-5, 12-15*

**Glory to the Father and to the Son and to the Holy Spirit;  
as it was in the beginning is now and shall be for ever. Amen.**

The night has passed, and the day lies open before us; let us pray with one heart and mind.

*Silence is kept.*

As we rejoice in the gift of this new day, so may the light of your presence, O God,  
set our hearts on fire with love for you; now and for ever. **Amen.**

**The Word of God**

**Psalmody:** *The appointed psalmody is said. Each psalm or group of psalms may end with*

**Glory to the Father and to the Son and to the Holy Spirit;  
as it was in the beginning is now and shall be for ever. Amen.**

**Canticle: The Song of Manasseh**

***Refrain****: Full of compassion and mercy and love is God, the Most High, the Almighty.*

1Lord almighty and God of our ancestors, *♦* you who made heaven and earth in all their glory:

2All things tremble with awe at your presence, *♦* before your great and mighty power.

3Immeasurable and unsearchable is your promised mercy, *♦* for you are God, Most High.

4You are full of compassion, long-suffering and very merciful, *♦* and you relent at human suffering.

5O God, according to your great goodness, *♦*

you have promised forgiveness for repentance to those who have sinned against you.

6The sins I have committed against you *♦* are more in number than the sands of the sea.

7I am not worthy to look up to the height of heaven, *♦* because of the multitude of my iniquities.

8And now I bend the knee of my heart before you, *♦* imploring your kindness upon me.

9I have sinned, O God, I have sinned, *♦* and I acknowledge my transgressions.

10Unworthy as I am, you will save me, *♦* according to your great mercy.

11For all the host of heaven sings your praise, *♦* and your glory is for ever and ever. *From Manasseh 1-15*

**Glory to the Father and to the Son and to the Holy Spirit;  
as it was in the beginning is now and shall be for ever. Amen.**

***Refrain****: Full of compassion and mercy and love is God, the Most High, the Almighty.*

**Scripture Reading**

**Responsory**

To you, O Lord, I lift up my soul;

**O my God, in you I trust.**  
You are the God of my salvation,  
**To you, O Lord, I lift up my soul.**  
In you I hope all the day long.  
**O my God, in you I trust.**  
Remember, Lord, your compassion and love, for they are from everlasting.  
**To you, O Lord, I lift up my soul; O my God, in you I trust.** *from Psalm 25*

**Gospel Canticle: The Benedictus (The Song of Zechariah)**

***Refrain*** *Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.*

1Blessed be the Lord the God of Israel, *♦* who has come to his people and set them free.

2He has raised up for us a mighty Saviour, *♦* born of the house of his servant David.

3Through his holy prophets God promised of old *♦*

to save us from our enemies, from the hands of all that hate us,

4To show mercy to our ancestors, *♦* and to remember his holy covenant.

5This was the oath God swore to our father Abraham: *♦* to set us free from the hands of our enemies,

6Free to worship him without fear, *♦* holy and righteous in his sight all the days of our life.

7And you, child, shall be called the prophet of the Most High, *♦*

for you will go before the Lord to prepare his way,

8To give his people knowledge of salvation *♦* by the forgiveness of all their sins.

9In the tender compassion of our God *♦* the dawn from on high shall break upon us,

10To shine on those who dwell in darkness and the shadow of death, *♦*

and to guide our feet into the way of peace. *Luke 1.68-79*

**Glory to the Father and to the Son and to the Holy Spirit;  
as it was in the beginning is now and shall be for ever. Amen.**

***Refrain:*** *Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.*

**Prayers of Intercession**

Lord, in your mercy

**hear our prayer**

**The Collect, followed by The Lord’s Prayer**

Trusting in the compassion of God, let us pray with confidence as our Saviour has taught us

**Our Father, who art in heaven, hallowed be thy name;  
thy kingdom come; thy will be done; on earth as it is in heaven.  
Give us this day our daily bread. And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation; but deliver us from evil.  
For thine is the kingdom, the power and the glory, for ever and ever. Amen.**

**The Conclusion**

May God our Redeemer show us compassion and love.

**Amen.**

Let us bless the Lord.

**Thanks be to God.** *©*[*The Archbishops' Council of the Church of England, 2000-2005*](https://www.churchofengland.org/prayer-worship/join-us-in-daily-prayer/copyright.aspx)